

HIGH PERFORMANCE SWIM CLINIC

BUTTERFLY

Peter Verhoef and High Performance Swim Training are teaming up to offer swimmers an opportunity to learn the secrets of butterfly technique and speed. Peter was an NCAA All-American and Team Captain at the University of Georgia. He represented the USA in 2005 and 2007 as a member of the World University Games team and finished in the top 8 at Olympic Trials in 2004 and 2008 in his best event, the 100 Fly.

June 5th 9:00-11:00am, ages 13-18

June 6th 9:00-11:00am, ages 7-12

Hidenwood pool (Newport News)

\$35 per swimmer

For registration information, please contact Mark at highperformanceswimming@gmail.com.