

AST –

Brief history of AVST/AST

Started in 1989 by Judy Read and WTS, International. WTS is the management company that runs the Ashburn Village Sports Pavilion for the Ashburn Village HOA. WTS's headquarters are in Bethesda, MD and their address was used as the official team address for the first 5-7 years. I was a full time employee of WTS until 2000 when the team was separated from the management company. AVST changed its corporate name in 2004 to AST. If you would like a more detailed history or more specific information, let me know.

OCCS –

Attached is as much of the history of OCCS as I could come up with after talking with a number of people who were involved with the team in the late 80s and 90s. Unfortunately, there is very little in the way of any written history, so a lot of what I found is from recollection only, although mostly from individuals who were involved with the team for an extended period.

A lot of what I found is, more or less, "ancient" history and I'm not sure how much value it has except to reinforce the fact that we have always been a PVS team and we started swimming in the PVS geographic area. The fact that Occoquan practices solely in Prince William County pools is largely related to the fact that the metropolitan area had changed dramatically over the last 15 years.

The attachment follows:

Occoquan Swimming (OCCS) Historical Background

Occoquan Swimming was founded in about 1986 as an attempt to provide a small, year-round program for the Ridgewood (located in Woodbridge) summer swim team. It was founded by Bryon Snyder and Marty Olsen. It initially started as a one-day per week stroke clinic at the Mount Vernon Recreation Center in Alexandria. There is no record that OCCS ever being associated with the PWSC Amberjax. The first three to four-years of the team's existence were all spent swimming at the Mount Vernon site and, for some shorter period, at George Washington University. At the time, OCCS had a strategy of not recruiting from other year-round teams, but rather build on a base of summer league swimmers. OCCS has only been associated with Potomac Valley Swimming throughout its history.

Bob Lindberg was recruited as a coach sometime in 1988 when OCCS was comprised of 60-80 swimmers, swimming primarily on Saturdays at the Mount Vernon site. Dave Tonnesen was recruited by Snyder and Olsen in the spring/summer of 1990 as the head coach and he developed a five year plan for Occoquan. By the fall of 1990, Occoquan had the program at Mount Vernon, a 5-day a week program at the Dale City Recreation Center, and about 200 swimmers. The Mount Vernon program continued until about 1994, when the Mount Vernon

site coach left and OCCS could not find a replacement. By that time, OCCS had started making significant contributions to Potomac Valley Swimming, including meet hosting, officials, etc. Dave Tonnesen served in several capacities in the PVS governing structure.

Occoquan continued to grow and expand, swimming in the 1990s and into 2000 at Dale City, Chinn (after it opened in 1991) and at Freedom Center at George Mason's Prince William County campus. The program continued to grow and, at a maximum, had about 380-400 swimmers. During the 1990's, there have been several previous challenges to Occoquan's LSC membership, initiated by Virginia Swimming teams (QDD and PWSC). Occoquan Swimming started as a Potomac Valley team, based initially solely in Alexandria, and has always maintained a mailing address within the LSC.

Currently, OCCS is coached by Joel "Cy" Cyganiewicz and swims at the Dale City Rec Center, Chinn Fitness and Aquatics, and at the Freedom Center. This year we have approximately 255 swimmers. We currently have approximately 25 swimmers at Dale City, 115 at Chinn and 115 at Freedom.

Makos –

The Mason Makos is a USA Swimming team founded at the George Mason University Aquatics and Fitness Center in Fairfax County, VA in 1998. In 2004, we expanded our operations to the George Mason University Freedom Center in Prince William County, VA. Today, we have approximately 600 team members -- the majority of which swim at our Fairfax location.

PM –

Potomac Marlins Satellite Program in Woodbridge, VA

To all concerned:

The Potomac Marlins were contacted by James Trammel in mid-September regarding his offer to have his new, unregistered swim team becoming a part of Potomac Marlins Swim Team. Potomac Marlins contacted Mr. Trammel the following day to discuss the possibility of this merger. After a brief phone conversation, Potomac Marlins set up a meeting between the two owners of the Potomac Marlins and Mr. Trammel. The meeting was held at the Woodbridge Sport & Health Club where Mr. Trammel is the Aquatics Director. After a brief tour of the facility, we sat down and discussed Mr. Trammel's proposal and ways that both parties could make it work. Nothing was decided at this meeting but both parties felt comfortable with the proposal. Mr. Trammel indicated that he wanted to associate his new team with a well established and reputable team. He had contacted one or two other PVS clubs with the same offer but Potomac Marlins were the first ones to call him back. We were not really looking to expand but when the offer came to us Potomac Marlins decided to pursue it.

A few days later PVS held its September Coaches Competition Meeting where the

boarder disputes were discussed. I gathered as much information as I could on what was going on with the other teams in question and it sounded as if our potential merger with Mr. Trammel was a different situation than what was being discussed about the other teams involved with the border dispute. After returning home from the PVS Competition Meeting, Potomac Marlins called Mr. Trammel to discuss the situation with the VA LSC and Potomac Marlins asked Mr. Trammel for a few more days to fact find with USA Swimming before making a decision as it was possible we may not be able to merge at all.

Potomac Marlins then contacted USA Swimming's Ira Klein. Ira was asked to investigate if this merger was legal to do based on current USA swimming rules and if the new swimmers can register in PVS under Potomac Marlins. Mr. Klein contacted USA Swimming attorney, Well's O'brien several times, on behalf of Potomac Marlins, gathering information and e-mailing it back to Potomac Marlins. According to the final e-mail Potomac Marlins received from Mr. O'brien, (see page 2) Potomac Marlins was indeed okay to pursue the merger with Mr. Trammel's unregistered swim team. It was indicated that this was a legal merger under current USA Swimming rules and that the swimmers from Mr. Trammel's team can register in PVS under Potomac Marlins.

Potomac Marlins then contacted Mr. Trammel and informed him that this looked like it was legal according to USA Swimming and that the merger could proceed. A few days later, Mr. Trammel's team became part of Potomac Marlins and Potomac Marlins registered the new swimmers with PVS.