

Safety Tip of the Month – April 2008
VSI Safety Committee

“Shaving at Swim Meets”

Recently, there have been several reports of swimmers shaving on deck and in the bathrooms at Virginia Swimming sanctioned swim meets.

This practice leads to exposure of blood and body fluids to other swimmers at the meet. With this exposure, there is a risk to the other athletes of MRSA and other blood and body fluid borne diseases.

This practice is very unsightly (shaving), leaves a mess at the venue, and leaves a risk of sharp objects (razors) on the deck and in bathrooms for other athletes to get injured from.

Shaving prior to a swim meet may be part of your standard competitive preparation, however the shaving **MUST** be done at home or the hotel in which you are staying.

It should also be understood that it is against Virginia Swimming Inc. safety policy and procedures to allow shaving at the swim meet venue. This action will result in swimmers being barred from further competition in the meet.