

VIRGINIA SWIMMING
Assistant Zone Team Coach
2006 Short Course All-Star Zone Meet in Long Island, NY
****PLEASE SUBMIT NLT MAR 4, 2006****

I, _____ hereby apply for consideration as an Assistant Zone Team Coach. I understand that I must be available from March 30, 2006 – April 1, 2005. I also understand that I will receive equipment, transportation to and from the meet, meals and hotel accommodations as appropriate. I will also receive a monetary stipend for my services as designated by the VSI Board of Directors. I understand that should I be selected, I will be representing our LSC, Virginia Swimming, Inc. and in doing so will be expected to demonstrate professionalism, sportsmanship and adherence to the Code of Behavior at all times. I further understand that I will remain with the team both on deck and reside at the team hotel with the team.

By submitting this application I attest that I am in good standing with USA Swimming and have all of the appropriate training and credentials up to date.

Full Name: _____ Male/Female: _____

Address: _____

E-mail: _____

Phone Number: _____ Club You Represent: _____

Expirations dates for: CPR _____ First Aid _____ Coaches Safety _____

I would like to coach the following age group: (Please designate your preference by 1, 2, & 3)

10&U Boys _____	10&U Girls _____
11-12 Boys _____	11-12 Girls _____
13-14 Boys _____	13-14 Girls _____
15-18 Boys _____	15-18 Girls _____

Have you ever been a zone team coach? _____ If yes, when? _____

Please list your zone coaching experience (if any) and your reasons for wanting to coach the zone team _____

Please circle sizes:

T-shirt Size Adult Small, Medium, Large, XL, XXL

Collared Knit Shirt Size Adult Small, Medium, Large, XL, XXL

Jacket Size Adult Small, Medium, Large, XL, XXL

Sweatshirt Size Adult Small, Medium, Large, XL, XXL

Mail or E-mail completed application to:

R. Stuart Faux, Head Coach
Quantico Sharks Swim Team
200 Grosvenor Lane, #202
Stafford, VA 22556
540-840-6800
coachfaux@qsst.org