



Below, please indicate the reasons you want be selected as the coaches representative at the Virginia Swimming Eastern Zone Swim Team. What do you expect to contribute? What do you expect to derive from the experience?

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I understand that all Virginia Swimming Coaches accepted for participation at the Eastern Zone Meet must be coach members of USA Swimming and must abide by the Code of Conduct. I attest that the above information is true and accurate.

Coach’s Signature: \_\_\_\_\_ Date: \_\_\_\_\_