



AMENDED
AREA 2 B/C CHAMPIONSHIP
 February 18-20, 2005
 SANCTION NO. VS-05-38



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-05-38						
LOCATION:	Riverside Wellness & Fitness Center, 11621 Robious Road, Midlothian, VA 23113						
FACILITY:	The pool is 25 yards long with 8 lanes. Each lane is 8 feet wide with Kieffer-McNeil non-turbulent lane markers. A Colorado Timing system will be used.						
MEET DIRECTOR:	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Julie and Billy Chenault</td> <td style="width: 50%;">Maria and Joe Maltby</td> </tr> <tr> <td>Phone: (804) 320-1256</td> <td>Phone: (804) 379-5090</td> </tr> <tr> <td>Email: jjchenault@hotmail.com</td> <td>Email: maltbyva@aol.com</td> </tr> </table>	Julie and Billy Chenault	Maria and Joe Maltby	Phone: (804) 320-1256	Phone: (804) 379-5090	Email: jjchenault@hotmail.com	Email: maltbyva@aol.com
Julie and Billy Chenault	Maria and Joe Maltby						
Phone: (804) 320-1256	Phone: (804) 379-5090						
Email: jjchenault@hotmail.com	Email: maltbyva@aol.com						
ELIGIBILITY:	<ul style="list-style-type: none"> • Open to all USA Swimming/VSI registered swimmers in Area 2. Teams assigned to area 2 are: BAC, DC, NOVA, SQST, VACS, PSDN, RACE. • All swimmers participating in this meet must be registered by the first day of the meet. • No on deck registration will be permitted. • 8 & Younger swimmers may participate regardless of classification in 8 & younger events. • 8 & Younger swimmers entered in 10 and younger events may not have a 10&U "BB" or faster time in the event entered. • 9 and older swimmers may compete in any event and relay strokes in which they have a "B" or "C" Time. • Swimmers 15 and older will use the 15-16 "B" and "C" standard for qualification into this meet. • 10, 12, & 14 year old swimmers aging up between February 18 and February 25, 2005 with times too fast to qualify for this championship will be allowed to compete under the following conditions: <ul style="list-style-type: none"> ○ Any 10, 12, & 14 year old swimmer who does not qualify in their new age group at the Regional A/BB Championship may enter the event. ○ 10, 12, & 14 year old swimmers aging up between championships will be seeded correctly by time, however will swim exhibition only and will not be eligible to receive an award. • 2005-2008 NAG top 16 based times are in effect. • Age on February 18, 2005 will determine age for the entire meet. 						
FORMAT:	<ul style="list-style-type: none"> • All 10 & Younger swimmers will swim on Saturday and Sunday morning. • All 11 & Older swimmers will swim on Saturday and Sunday afternoon. • All events will be timed finals. • Friday distance session: Warm-ups at 4:00 PM; competition starts at 5:15 PM. • Morning sessions: Warm-ups at 7:00 AM; competition starts at 8:15 AM. • Afternoon sessions: Warm-ups at 12:00 PM; competition starts at 1:15 PM. • Sunday distance session: The pool will be opened for 15 minutes of open warm-ups immediately following the finish of the afternoon session, with the 1650 freestyle competition starting 5 minutes thereafter. The approximate start time for the distance sessions will be posted on the Poseidon website, www.poseidonswimming.org no later than Tuesday, February 15, and will also be emailed to the contact person of the participating clubs. The distance sessions will start no earlier than the estimated times. • Lane assignment and warm-up times for individual clubs will be posted on the Poseidon website no later than February 15, and will also be emailed to the contact person of the participating clubs. • If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. 						
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, FEBRUARY 8, 2005.</p> <ul style="list-style-type: none"> • Entries must be submitted in Short Course Yards times using Hy-Tek Team Manager and 						

	<p>Commlink-2 software, or on a VSI master entry sheet.</p> <ul style="list-style-type: none"> • Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk. • A Team Manager printout of entries must be included or the VSI meet summary sheet (available at VSI website, www.virginiawimming.org) with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. • Non-conforming times will be converted to Short Course Yards times prior to seeding. • Coaches Times (CT) will be accepted for events in which a swimmer does not have a time of record. Coaches' times may not exceed a "B" time. All entry times other than Coaches Times must have been achieved in USA Swimming sanctioned or approved competition. • No Time (NT) entries will not be accepted. If a swimmer does not have a time of record the swimmer must be entered with a CT. • Swimmers may enter a maximum of 3 individual events and 1 relay event per day. • Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. • The Meet Director reserves the right to combine heats and events, which actions may require reseeding. • Email entries to: poseidonva@aol.com (Marla Shreve) • Mail entries to: Marla Shreve Poseidon, RWFC/11621 Robious Road Midlothian, VA 23113 • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
FEES:	<p>Individual events: \$3.60 Relay events: \$12.00 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Checks should be made payable to: Poseidon Swimming. • Payment must be received by February 15th for email entries. Payment must be included with all mailed entries.
AWARDS:	<ul style="list-style-type: none"> • Individual events will be awarded medals for first through fourth place and ribbons will be awarded for fifth through eighth place. • 8 & Younger events will be given separate awards for 8 year olds and 7 & Younger age groups. • 13 & Older events will be given separate awards for 13-14 and 15 & older age groups. • The 12 & Younger 500 freestyle will be given separate awards for 11-12 and 10 and Younger age groups. • 11 & Older events will be given separate awards for 11-12, 13-14 and 15 & older age groups. • Heat winner ribbons will be awarded for all individual events for 10 & Younger swimmers. • Relay events will be awarded ribbons for first through fourth place.
SEEDING:	<ul style="list-style-type: none"> • All events, except events 1, 2, 3, 4, 5, 6, 27, 28, 107, 108 will be pre-seeded. • Swimmers in all sessions should report directly to the blocks for their events for those events that are pre-seeded. • Events 1, 2, 3, 4 (500 Free), 5, 6 (400 IM), 27, 28 (10 & Y 200 Free), 107, & 108 (1650 Free) will require a positive check-in to swim. • Positive check-in will close at 4:45 PM for events 1, 2, 3 & 4 (500 free); 5:00 PM for events 5 & 6 (400 IM); 8:30 AM for events 27 & 28 (200 free); 1:30 PM for events 107 & 108 (1650 free). • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. • Events 107 & 108 will be swum fastest to slowest and alternating heats of girls and boys • Late entries will be accepted. A fee of \$10 per event prior to the first day of the meet and \$25 per event on or after the first day of the meet will be charged in addition to the regular entry fee for any entry received after the entry deadline. If received prior to the printing of the heat sheet, the swimmer will be seeded into the event; if after, he/she will go in the slowest heat in an empty lane. If needed, a heat will be added.
PENALTIES:	Penalties for entries using fraudulent and/or non-verifiable entry times:

	<ul style="list-style-type: none"> • Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The 2004 USA Swimming Rules and Regulations will apply. • The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. • In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Curt Ramsdell Email: gcramsdell@erols.com Phone: (804) 379-5559</p> <ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Al Thompson (officials coordinator) no later than February 8, 2005. • There will be a brief coached meeting prior to the start of each session
SAFETY:	VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
TIMERS:	Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the Poseidon web site no later than February 15, 2005, and will also be emailed to the contact person of each of the individual clubs.
GENERAL:	<ul style="list-style-type: none"> • Hospitality: Lunch will be provided on Saturday and Sunday. • Concessions: None. All food and drink (other than water) must be consumed outside of the pool area. • Heat sheets: \$8.00 • Disco Sports will be at the meet on Saturday and Sunday. • Parking is available at Riverside for the Friday evening session only. Saturday and Sunday, please park in the medical parking lots adjacent to Riverside. Parking attendants will be available to assist you.
FACILITY RULES:	<ul style="list-style-type: none"> • No swim meet participants or spectators are permitted to use any Riverside Wellness and Fitness Center facilities other than the pool locker rooms. • No food or drink (with the exception of water) will be allowed in the pool area.

Order of Events:

Friday, February 18, 2005

Warm-ups: 4:00 PM

Girls	Events	Boys
1	13 & older 500 freestyle	2
3	12 and younger 500 freestyle	4
5	13 & older 400 IM	6

Saturday, February 19, 2005

Warm-ups: 7:00 AM

Warm-ups: 12:00 PM

AM Session

Girls	Events	Boys
7	9 - 10 50 Freestyle	8
9	8 & Younger 25 Freestyle	10
11	9 - 10 100 Butterfly	12
13	8 & Younger 50 Butterfly	14
15	9 - 10 100 IM	16
17	8 & Younger 100 IM	18
19	9 - 10 50 Breaststroke	20
21	8 & Younger 25 Breaststroke	22
23	9 - 10 100 Backstroke	24
25	8 & Younger 50 Backstroke	26
27	10 & Younger 200 Freestyle	28
29	8 & Younger 100 Free Relay	30
31	9 - 10 200 Free Relay	32

PM Session

Girls	Events	Boys
33	11 - 12 100 Freestyle	34
35	13 & older 100 Freestyle	36
37	11 - 12 50 Butterfly	38
39	11 & older 200 Butterfly	40
41	11 - 12 200 IM	42
43	13 & older 200 IM	44
45	11 - 12 50 Breaststroke	46
47	11 & older 200 Breaststroke	48
49	11 - 12 100 Backstroke	50
51	13 & older 100 Backstroke	52
53	11 - 12 200 Free Relay	54
55	13 & older 200 Free Relay	56

Sunday, February 20, 2005

Warm-ups: 7:00 PM

Warm-ups: 12:00 PM

AM Session

Girls	Events	Boys
57	9 - 10 100 Freestyle	58
59	8 & Younger 50 Freestyle	60
61	9 - 10 50 Butterfly	62
63	8 & Younger 25 Butterfly	64
65	9 - 10 200 IM	66
67	8 & Younger 50 Breaststroke	68
69	9 - 10 100 Breaststroke	70
71	8 & Younger 25 Backstroke	72
73	9 - 10 50 Backstroke	74
75	8 & Younger 100 Freestyle	76
77	9 - 10 200 Medley Relay	78
79	8 & Younger 100 Med. Relay	80

PM Session

Girls	Events	Boys
81	11 - 12 200 Freestyle	82
83	13 & older 200 Freestyle	84
85	11 - 12 100 Butterfly	86
87	13 & older 100 Butterfly	88
89	11 - 12 100 IM	90
91	13 & older 100 Breaststroke	92
93	11 - 12 100 Breaststroke	94
95	11 & older 200 Backstroke	96
97	11 - 12 50 Backstroke	98
99	13 & older 50 Freestyle	100
101	11 - 12 50 Freestyle	102
103	13 & older 200 Medley Relay	104
105	11 - 12 200 Medley Relay	106
	15 Minute Break	
107	13 & older 1650 Freestyle	108