



AMENDED
AREA 3 B/C CHAMPIONSHIP
February 18-20, 2005
SANCTION NO. VS-05-37

Hosted by:
CCA
MARLINS

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| SANCTION: | Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-05-37 |
| LOCATION: | Carter Athletic Center at North Cross School, 4254 Colonial Avenue SW, Roanoke, VA 24018. Telephone: (540) 989-7284 |
| FACILITY: | 25 Yard, 6 Lane Pool, with non-turbulent lane lines, decking and bleachers for viewing meet, gym area for swimmers, Colorado timing system. Indoor. |
| MEET DIRECTOR: | Margaret Beazley Email: msbeazley@cox.net Home/office Phone: (540) 989-6101 Cell Phone: (540) 797-7787 |
| ELIGIBILITY: | <ul style="list-style-type: none">• Open to all USA Swimming/VSI registered swimmers in Area 3. Teams in Area 3 are: BSF, CCA, CYAC, GATR, HA, HMCH, LASO, LY, RATS, RSTC, SCAT, SMAC, SWAT.• All swimmers participating in this meet must be registered by the first day of the meet.• No on deck registration will be permitted.• 8 & Younger swimmers may participate regardless of classification in 8 & younger events.• 8 & Younger swimmers entered in 10 and younger events may not have a 10&U "BB" or faster time in the event entered.• 9 and older swimmers may compete in any event and relay strokes in which they have a "B" or "C" Time.• Swimmers 15 and older will use the 15-16 "B" and "C" standard for qualification into this meet.• 10, 12, & 14 year old swimmers aging up between February 18 and February 25, 2005 with times too fast to qualify for this championship will be allowed to compete under the following conditions:<ul style="list-style-type: none">○ Any 10, 12, & 14 year old swimmer who does not qualify in their new age group at the Regional A/BB Championship may enter the event.○ 10, 12, & 14 year old swimmers aging up between championships will be seeded correctly by time, however will swim exhibition only and will not be eligible to receive an award.• 2005-2008 NAG top 16 based times are in effect.• Age on February 18, 2005 will determine age for the entire meet. |
| FORMAT: | <ul style="list-style-type: none">• All 10 & Younger swimmers will swim on Saturday and Sunday morning.• All 11 & Older swimmers will swim on Saturday and Sunday afternoon.• All events will be timed finals.• Friday afternoon session: Warm-ups at 4:30 PM; competition starts at 5:30 PM.• Morning sessions: Warm-ups at 7:30 AM; competition starts at 8:30 AM.• Afternoon sessions: Warm-ups at 12:30 PM; competition starts at 1:30 PM.• Sunday Distance sessions: The pool will be opened for 15 minutes of open warm-ups immediately following the finish of the afternoon sessions, with the distance session competition starting 5 minutes thereafter. The approximate start time for the distance sessions will be posted on the CCA Marlins (www.ccamarlins.org) website no later than and will also be emailed to the contact person of the participating clubs. The distance sessions will start no earlier than the estimated times.• Lane assignment and warm-up times for individual clubs will be posted on the CCA Marlins website (www.ccamarlins.org) no later than Monday, February 14, 2005 and will also be emailed to the contact person of the participating clubs.• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. |
| ENTRIES: | DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, FEBRUARY 8, 2005. <ul style="list-style-type: none">• Entries must be submitted in short course yard times using Hy-Tek Team Manager and |

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| | <p>Commlink-2 software, or on a VSI master entry sheet.</p> <ul style="list-style-type: none"> • Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½” computer disk. • A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. • Non-conforming times will be converted to short course yard times prior to seeding. • Coaches Times (CT) will be accepted for events in which a swimmer does not have a time of record. Coaches’ times may not exceed a “B” time. All entry times other than Coaches Times must have been achieved in USA Swimming sanctioned or approved competition. • Swimmers may enter a maximum of three (3) <i>individual events</i> and one (1) <i>relay event</i> per day. • Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. • The Meet Director reserves the right to combine heats and events, which actions may require reseeding. • Email entries to: wjsablik@cox.net (W.J. Sablik) • Mail entries to: W.J. Sablik 7937 Forest Edge Drive SW Roanoke, VA 24018 • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. |
| FEES: | <p>Individual events: \$2.25 Relay events: \$8.00 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Checks should be made payable to: North Cross-Marlins • Payment must be received by February 15th for email entries. Payment must be included with all mailed entries. |
| AWARDS: | <ul style="list-style-type: none"> • Individual events will be awarded medals for first through fourth place and ribbons will be awarded for fifth through eighth place. • 8 & Younger events will be given separate awards for 8 year olds and 7 & Younger age groups. • 13 & Older events will be given separate awards for 13-14 and 15 & older age groups. • The 12 & Younger 500 freestyle will be given separate awards for 11-12 and 10 and Younger age groups. • 11 & Older events will be given separate awards for 11-12, 13-14 and 15 & older age groups. • Heat winner ribbons will be awarded for all individual events for 10 & Younger swimmers. • Relay events will be awarded ribbons for first through fourth place. |
| SEEDING: | <ul style="list-style-type: none"> • All events, except events 1-6 (13-18 500 Free, 12 and Younger 500 Free, and 13-18 400 IM) will be pre-seeded. • 8 & Younger swimmers in the morning sessions must report to the Clerk of Course and they will be brought to the blocks from there. • Swimmers in the afternoon sessions should report directly to the clerk of course for their events. • Events 1-6 (13-18 500 Free, 12 and Younger 500 Free, and 13-18 400 IM) will require a positive check-in to swim. • Positive check-in will close at 5:00 PM. • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. • Events 1-6 will be swum fastest to slowest and alternating heats of girls and boys. • Late entries will be accepted. A fee of \$10 per event prior to the first day of the meet and \$25 per event on or after the first day of the meet will be charged in addition to the regular entry fee for any entry received after the entry deadline. If received prior to the printing of the heat sheet, the swimmer will be seeded into the event; if after, he/she will go in the slowest heat in an empty lane. If needed, a heat will be added. |
| PENALTIES: | <p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be disqualified from the event entered illegally and the event shall be re- |

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| | <p>scored and awarded.</p> <ul style="list-style-type: none"> • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. |
| RULES: | <ul style="list-style-type: none"> • The 2004 USA Swimming Rules and Regulations will apply. • The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. • In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area. |
| OFFICIALS: | <p>Meet Referee: Roy Fisher Email: rfisher@bgf.com Phone: (434) 525-5456, (434) 369-2128</p> <ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Avis Aheron, avisaheron@hotmail.com, (540) 580-9203, (540) 774-0010 no later than February 14, 2005. • Please have your officials contact Avis and commit to assisting in officiating this meet especially on Friday and Saturday, as many of our parents will be at the AA State High School meet in Charlottesville. Thank you for your help in advance. • Officials meetings will be in the Hospitality Room 45 minutes before the start of each session. |
| SAFETY: | VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules. |
| TIMERS: | <ul style="list-style-type: none"> • <u>Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.</u> • The number of timers required per club and their lane assignments will be posted on the CCA Marlins (www.ccamarlins.org) no later than Monday, February 14, 2005 and will also be emailed to the contact person of each of the individual clubs. • Timing assignments will be posted in the pool and gym area. |
| GENERAL: | Heat sheets will be sold for \$7.00. Refreshments and lunch will be provided for the USS officials and coaches. Swim gear will be available through Dance Etc. Food and drinks will be available through the concession stand. |
| FACILITY RULES: | Each club is responsible for supervising the conduct of its swimmers. Swimmers are not permitted in any room of the buildings not directly associated with the meet. Any swimmer violating the rules may be disqualified from the meet and escorted from the pool building. |
| DIRECTIONS: | Directions to the pool is attached and is posted on the website, www.ccamarlins.org |
| HOTELS: | Hotel information for traveling club is attached and is posted on the web site, www.ccamarlins.org |

Order of Events:

Friday, February 18, 2005

Warm-ups: 4:30 PM

| Girls | Events | Boys |
|-------|------------------------------|------|
| 1 | 13 & older 500 freestyle | 2 |
| 3 | 12 and younger 500 freestyle | 4 |
| 5 | 13 & older 400 IM | 6 |

Saturday, February 19, 2005

Warm-ups: 7:30 AM

Warm-ups: 12:30 PM

AM Session

| Girls | Events | Boys |
|-------|-----------------------------|------|
| 7 | 9 - 10 50 Freestyle | 8 |
| 9 | 8 & Younger 25 Freestyle | 10 |
| 11 | 9 - 10 100 Butterfly | 12 |
| 13 | 8 & Younger 50 Butterfly | 14 |
| 15 | 9 - 10 100 IM | 16 |
| 17 | 8 & Younger 100 IM | 18 |
| 19 | 9 - 10 50 Breaststroke | 20 |
| 21 | 8 & Younger 25 Breaststroke | 22 |
| 23 | 9 - 10 100 Backstroke | 24 |
| 25 | 8 & Younger 50 Backstroke | 26 |
| 27 | 10 & Younger 200 Freestyle | 28 |
| 29 | 8 & Younger 100 Free Relay | 30 |
| 31 | 9 - 10 200 Free Relay | 32 |

PM Session

| Girls | Events | Boys |
|-------|-----------------------------|------|
| 33 | 11 - 12 100 Freestyle | 34 |
| 35 | 13 & older 100 Freestyle | 36 |
| 37 | 11 - 12 50 Butterfly | 38 |
| 39 | 11 & older 200 Butterfly | 40 |
| 41 | 11 - 12 200 IM | 42 |
| 43 | 13 & older 200 IM | 44 |
| 45 | 11 - 12 50 Breaststroke | 46 |
| 47 | 11 & older 200 Breaststroke | 48 |
| 49 | 11 - 12 100 Backstroke | 50 |
| 51 | 13 & older 100 Backstroke | 52 |
| 53 | 11 - 12 200 Free Relay | 54 |
| 55 | 13 & older 200 Free Relay | 56 |

Sunday, February 20, 2005

Warm-ups: 7:00 PM

Warm-ups: 12:00 PM

AM Session

| Girls | Events | Boys |
|-------|-----------------------------|------|
| 57 | 9 - 10 100 Freestyle | 58 |
| 59 | 8 & Younger 50 Freestyle | 60 |
| 61 | 9 - 10 50 Butterfly | 62 |
| 63 | 8 & Younger 25 Butterfly | 64 |
| 65 | 9 - 10 200 IM | 66 |
| 67 | 8 & Younger 50 Breaststroke | 68 |
| 69 | 9 - 10 100 Breaststroke | 70 |
| 71 | 8 & Younger 25 Backstroke | 72 |
| 73 | 9 - 10 50 Backstroke | 74 |
| 75 | 8 & Younger 100 Freestyle | 76 |
| 77 | 9 - 10 200 Medley Relay | 78 |
| 79 | 8 & Younger 100 Med. Relay | 80 |

PM Session

| Girls | Events | Boys |
|------------------------|-----------------------------|------|
| 81 | 11 - 12 200 Freestyle | 82 |
| 83 | 13 & older 200 Freestyle | 84 |
| 85 | 11 - 12 100 Butterfly | 86 |
| 87 | 13 & older 100 Butterfly | 88 |
| 89 | 11 - 12 100 IM | 90 |
| 91 | 13 & older 100 Breaststroke | 92 |
| 93 | 11 - 12 100 Breaststroke | 94 |
| 95 | 11 & older 200 Backstroke | 96 |
| 97 | 11 - 12 50 Backstroke | 98 |
| 99 | 13 & older 50 Freestyle | 100 |
| 101 | 11 - 12 50 Freestyle | 102 |
| 103 | 13 & older 200 Medley Relay | 104 |
| 105 | 11 - 12 200 Medley Relay | 106 |
| 15 Minute Break | | |
| 107 | 13 & older 1650 Freestyle | 108 |