| SANCTION: | Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO VS-05-21 |
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| LOCATION: | The Bubble - 1316 Belvedere Dr., Charlottesville, VA 434-973-7946 |
| FACILITY: | 25 Meter, 6-lane pool, with non-turbulent lane lines, and a diving well that can be used for warm-up and cool down. A Colorado timing system with semi-automatic timing will be utilized. Indoor with ample deck space. |
| MEET DIRECTOR: | Leisa Gonnella Dave Phillips Jose Gomez <br> Phone: (434) 974-6839 Phone: (434) 981-8088 (cell) Phone: (434) 973-7864 <br> Email: LTG4a@virginia.edu Email: Dave@caar.com  |
| ELIGIBILITY: | - Open to all USA Swimming/VSI registered swimmers in Area 3 \& 4. Teams in area 3 \& 4 include : BSF, CCA, CYAC, GATR, HA, HMCH, LASO, LY, RATS, RSTC, SCAT, SMAC, SVFY, SWAT, BASS, FAST, PWSC, QDD, QS, RAYS, TSU, VAST, WST. <br> - All swimmers participating in this meet must be registered by the first day of the meet. <br> - No on deck registration will be permitted. <br> - 8 and under swimmers may participate regardless of classification. <br> - Swimmers 9 and older may compete in any event and relay strokes in which they have a " B " or "C" time. <br> - 2005-2008 NAG top 16 based times are in effect. <br> - Age on December 4, 2004 will determine age for the entire meet. |
| FORMAT: | - All 10 \& Younger swimmers will swim on Saturday and Sunday morning. <br> - All 11 \& Over swimmers will swim on Saturday and Sunday afternoon. <br> - All events will be timed finals. <br> - Morning sessions: Warm-ups at 8:00 AM to 8:50 AM; competition starts at 9:00 AM. <br> - Afternoon sessions: Warm-ups at 12:00 PM to 12:50 PM; competition starts at 1:00 PM. <br> - Distance sessions: The pool will be opened for 10 minutes of open warm-ups immediately following the finish of the afternoon sessions, with the distance session competition starting 5 minutes thereafter. The approximate start time for the distance sessions will be posted on the Virginia Gators website (www.virginiagators.org ) no later than December 1, 2004, and will also be emailed to the contact person of the participating clubs. The distance sessions will start no earlier than the estimated times. <br> - Lane assignment and warm-up times for individual clubs will be posted on the Virginia Gators website (www.virginiagators.org ) no later than December 1, 2004, and will also be emailed to the contact person of the participating clubs. <br> - If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. |
| ENTRIES: | DEADLINE FOR THE RECEIPT OF ENTRIES IS FRIDAY, NOVEMBER 26, 2004. <br> - Entry times may be submitted in any course using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. <br> - Teams may submit entries as an e-mail attachment (preferred) or on a $31 / 2^{\prime \prime}$ computer disk. <br> - A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. <br> - Non-conforming times will be converted to short course meters times prior to seeding. <br> - Coaches Times (CT) and No Time (NT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a " $B$ " time. All entry times other than CT must have been achieved in USA Swimming sanctioned or approved competition. <br> - Swimmers may enter a maximum of 4 individual events and 1 relay event per day. |


|  | - Relay teams must be designated $A, B, C$, etc., if more than one per club is entered per event. <br> - Entries will be processed in the order received. This meet will be limited to a total of 450 swimmers. <br> - The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. <br> - Email entries to: e-mail: mac 1103@yahoo.com <br> - Mail entries to: Michael Coppola <br> 308 Dover Road <br> Charlottesville, VA 22901 <br> - IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. |
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| FEES: | Individual events: \$2.75 <br> Relay events: \$11.00 <br> Swimmer surcharge: $\$ 2.00$ per person (entered in the meet in any capacity) <br> - Checks should be made payable to: Virginia Gators <br> - Payment must be received by December 1, 2004 for email entries. All mailed entries must have the payment included with the entries. |
| AWARDS: | - Individual events: Ribbons will be awarded for first through 6th place. <br> - 13 \& Over events will be given separate awards for 13-14 and 15 \& Over age groups. <br> - 11 \& Over events will be given separate awards for 11-12, 13-14, and 15 \& Over age groups. <br> - 10 \& Younger events will be given separate awards for 9-10 and $8 \&$ Younger age groups. <br> - Heat winner ribbons will be awarded for all 10 \& Younger individual events. <br> - Relay events: Ribbons will be awarded for first through 3rd place. <br> - Swimmers obtaining an "A" time or faster in an event will receive an Achiever Award. |
| SEEDING: | - All events, except events $25,26,53,54,77,78,105$ and 106 will be pre-seeded. Swimmers in the morning sessions must report to the Clerk of Course from where they will be brought to the blocks. <br> - Swimmers in the afternoon sessions should report directly to the blocks for their events. <br> - Events 25-26 (10\&U 400 M Freestyle), 53-54 (11\&O 800 M Freestyle), 77-78 (10\&U 200 M Freestyle) and 105-106 (11\&O 1500 M Freestyle) will require a positive check-in for seeding. <br> - Positive check-in will close at 9:00 AM for events 25-26 and 77-78 and 1:00 PM (or not earlier than the start of the afternoon session) for events 53-54 and 105-106. <br> - SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT <br> - Events $25,26,53,54,77,78,105$ and 106 will be swum fastest to slowest and alternating heats of girls and boys. <br> - Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms. |
| PENALTIES: | Penalties for entries using fraudulent and/or non-verifiable entry times: <br> - Swimmer shall be disqualified from the event entered illegally and the event shall be rescored and awarded. <br> - Club may be fined $\mathbf{\$ 1 0 0}$ for each offense, and a record of such offenses shall be kept and published as part of the official meet results. <br> - Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined $\mathbf{\$ 1 0 0}$ per swimmer in each event so entered. <br> - If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. |
| RULES: | - The 2004 USA Swimming Rules and Regulations will apply. <br> - The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. <br> - In accordance with VSI Policy, only those coaches who display current, valid USA Swimming |


|  | credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area. |
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| OFFICIALS: | Meet Referee: David Strider <br> Email: dvs7e@virginia.edu <br> Phone: (434) 973-4832 <br> - Officials at all positions will be required for this meet. <br> - Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Joann Walker, joannwalk@aol.com, no later than November 30, 2004. <br> - There will be a meeting of all officials (certified and trainees) 45 minutes prior to the start of the morning and afternoon sessions (Morning session-8:15 AM; Afternoon session-12:15 PM). |
| SAFETY: | VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules. |
| TIMERS: | Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the www.virginiagators.org no later than November 30, 2004 and will also be emailed to the contact person of each of the individual clubs. |
| GENERAL: | - A complementary lunch will be served for coaches and certified/training officials. <br> - A concession stand will be available for swimmers and spectators. <br> - Heat sheets will be sold for $\$ 5.00$ each. |
| FACILITY RULES: | - No glass containers of any kind are allowed within the facility. <br> - Do not enter areas marked as being off limits. <br> - No smoking is permitted in or around the facility. <br> - No running, playing, or horseplay is allowed in the revolving door. <br> - Except in an emergency, the emergency doors in the bubble are NOT to be opened. |
| DIRECTIONS: | Posted on the Virginia Gator website at www.virginiagators.org Note: The directions have been corrected. If you have an old copy of the directions, your team may have a tough time finding the pool. |
| HOTELS: | Posted on the Virginia Gator website at www.virginiagators.org |


|  | Saturday AM Warm-ups 8:00-8:50 AM Meet Starts 9:00 AM |  |
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| Girls | Event | Boys |
| 1 | 10\&U 100 Individual Medley | 2 |
| 3 | 8\&U 100 Individual Medley | 4 |
| 5 | 10\&U 100 Freestyle | 6 |
| 7 | 8\&U 50 Freestyle | 8 |
| 9 | 10\&U 50 Breaststroke | 10 |
| 11 | 8\&U 25 Breaststroke | 12 |
| 13 | 10\&U 50 Backstroke | 14 |
| 15 | 8\&U 25 Backstroke | 16 |
| 17 | 10\&U 100 Butterfly | 18 |
| 19 | 8\&U 50 Butterfly | 20 |
| 21 | 10\&U 200 Medley Relay | 22 |
| 23 | 8\&U 100 Medley Relay | 24 |
| 25* | 10\&U 400 Freestyle <br> *Positive check-in events | 26* |


|  | Saturday PM <br> Warm-ups 12:00-12:50 PM Meet Starts 1:30 PM |  |
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| Girls | Event | Boys |
| 27 | 11-12 200 IM | 28 |
| 29 | 11\&Over 400 IM | 30 |
| 31 | 11-12 50 Butterfly | 32 |
| 33 | 13\&O 100 Butterfly | 34 |
| 35 | 11-12 100 Backstroke | 36 |
| 37 | 11\&O 200 Backstroke | 38 |
| 39 | 11-12 50 Breaststroke | 40 |
| 41 | 13\&O 100 Breaststroke | 42 |
| 43 | 11-12 200 Freestyle | 44 |
| 45 | 13\&O 100 Freestyle | 46 |
| 47 | 11-12 50 Freestyle | 48 |
| 49 | 13\&O 200 Medley Relay | 50 |
| 51 | 11-12 200 Medley Relay <br> 10 Minute Break | 52 |
| 53* | 11\&O 800 Freestyle *Positive check-in events | 54* |

## Meet Entry Check List and Summary Form

Mail in with entries:

- Master entry sheet or Team Manager printout of entries
- Check for entries payable to: Charlottesville Virginia Gators
- Meet Entry Check List and Summary Form

Name of Team: $\qquad$
Team Code: $\qquad$
Number female swimmers-morning: $\qquad$
Number female swimmers-afternoon: $\qquad$
Number male swimmers-morning:
Number male swimmers-afternoon:
Total number of swimmers: $\qquad$ x $\$ 2.00=\$$ $\qquad$
Total number of individual entries: $\square$ x \$2.75 = \$ $\qquad$
Total number of relays: x $\$ 11.00=\$$ $\qquad$
Total Amount Enclosed = \$ $\qquad$
Send Meet Entries To: Michael Coppola
308 Dover Road
Charlottesville, VA 22901
mac_1103@yahoo.com
Meet Entry Deadline:
Friday, November 26, 2004 by email or surface mail.

Person to contact in case there are questions or problems with the entries:
Name: $\qquad$
Email: $\qquad$
Telephone (day): $\qquad$
Telephone (night): $\qquad$

