



**NOVA JANUARY  
Area 2 B/C Meet  
January 7-8, 2005  
SANCTION NO. VS-05-24**

Hosted by:  
**NOVA  
AQUATICS**  
of Virginia

<b>SANCTION:</b>	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-05-24</b>
<b>LOCATION:</b>	NOVA Aquatics Center, 12207 Gayton Road, Richmond, VA 23233, 804/754-3401
<b>FACILITY:</b>	10-lane 25-yard pool with Kieffer Wave eater lanes, Daktronics Automatic Timing System. 8 lanes will be used for competition with 2 warm-up/warm-down lanes.
<b>MEET DIRECTOR:</b>	Ellen Walk <b>Phone:</b> (804) 289-8770 (work) <b>Email:</b> <a href="mailto:ewalk@richmond.edu">ewalk@richmond.edu</a>
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>• Open to all USA Swimming/VSI registered swimmers in Area 2. Team in Area 2 are: BAC, DC, NOVA, PSDN, RACE, SQST, TRAC, and VACS</li><li>• All swimmers participating in this meet must be registered by the first day of the meet.</li><li>• No on deck registration will be permitted.</li><li>• <b>8 &amp; Younger swimmers may participate regardless of classification.</b></li><li>• <b>Swimmers 9-18 years old may compete in any event and relay strokes in which they have a "B" or "C" Time.</b></li><li>• 2005-2008 NAG top 16 based times are in effect.</li><li>• Age on January 7, 2005 will determine age for the entire meet.</li></ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>• Distance events for all age groups Friday evening.</li><li>• All 9 – 10 year olds will swim on Saturday morning.</li><li>• All 8 &amp; Younger swimmers will swim on Saturday mid-day.</li><li>• All 11 - 18 year olds will swim on Saturday afternoon.</li><li>• All events will be timed finals.</li><li>• Friday pm session: Warm-ups at 6:00-6:45 pm; competition starts at 7:00 pm.</li><li>• Saturday am session: Warm-ups at 7:00-8:00 am; competition starts at 8:15 am.</li><li>• Saturday mid-day session: Warm-ups at 11:30 – 12:15; competition starts at 12:30.</li><li>• Saturday pm session: Warm-ups at 2:45-3:45 pm; competition starts at 4:00 pm.</li><li>• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.</li><li>• <b>Finalized warm-up times will depend on entries; final lane assignment and warm-up times for individual clubs will be emailed to the contact person of the participating clubs by the Wednesday preceding the meet.</b></li></ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS FRIDAY, DECEMBER 31, 2004</b></p> <ul style="list-style-type: none"><li>• Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li><li>• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.</li><li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.</li><li>• Coaches Times (CT) or No Time (NT) will be accepted for events in which a swimmer does not have a time of record. Coaches' times may not exceed a "B" time. All entry times other than Coaches Times must have been achieved in USA Swimming sanctioned or approved competition.</li><li>• Swimmers 8 &amp; Younger may enter a maximum of 4 individual events on Saturday.</li><li>• Swimmers 9-18 may enter 1 event on Friday evening and 3 events on Saturday.</li><li>• Entries will be processed in the order received. This meet will be limited to about 250 swimmers per session or about 750 swimmers total.</li><li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require</li></ul>

	<p>reseeding.</p> <ul style="list-style-type: none"> <li>• Email entries to: <a href="mailto:swimnova@aol.com">swimnova@aol.com</a></li> <li>• Mail entries to: Leigh Robbins 12207 Gayton Road Richmond, VA 23233</li> </ul>
<b>FEES:</b>	<p>Individual events: \$2.00 Swimmer surcharge: \$2.00 per person</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: <b>NOVA OF VA AQUATICS</b></li> <li>• Payment must be received by January 5, 2005 for email entries. Payment must be included with all mailed entries.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events: Ribbons will be awarded for first through 8th place</li> <li>• 11-18 and 13-18 events will be given separate awards for 11-12, 13-14, and 15-18 age groups.</li> <li>• Heat winner ribbons will be awarded for 8 &amp; Younger and 9-10 individual events.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• <b>ALL FRIDAY EVENTS WILL BE DECK SEEDED WITH A POSITIVE CHECK IN BY 5:30 PM</b></li> <li>• All Saturday events will be pre-seeded.</li> <li>• Swimmers in all sessions should report directly to the blocks for their events.</li> <li>• <b>SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.</b></li> <li>• Deck entries will be accepted in the order received to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.</li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li>• <b>Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The 2004 USA Swimming Rules and Regulations will apply.</li> <li>• The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee.</li> <li>• In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.</li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: John Vogt</b> <b>Phone:</b> 804/740-6126 <b>Email:</b> <a href="mailto:jvogt01@comcast.net">jvogt01@comcast.net</a></p> <ul style="list-style-type: none"> <li>• Officials at all positions will be required for this meet.</li> <li>• Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Dennis Vaughan at <a href="mailto:dlvaughan@msn.com">dlvaughan@msn.com</a> no later than January 5, 2005.</li> </ul>
<b>SAFETY:</b>	<ul style="list-style-type: none"> <li>• VSI Safety and Warm-up procedures will be in effect.</li> <li>• Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.</li> <li>• During the competition, swimmers must enter the warm-up lanes from the far end of the pool (opposite the starting blocks), jumping in feet first.</li> </ul>
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>• Clubs may be required to provide timers.</li> <li>• The head timer will assign specific lanes prior to each session</li> </ul>
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>• Heat sheets will be available for purchase</li> </ul>

	<ul style="list-style-type: none"> <li>• Bleacher seating for 280</li> <li>• Hospitality room will be open to coaches and certified officials</li> <li>• The Virginia Swim Shop will be open for swimming accessories and shopping.</li> <li>• Please inform swimmers and parents that spectator deck space may be extremely tight.</li> <li>• Any help in reducing the number of spectators and their carry in possessions would be greatly appreciated</li> <li>• Swim bags should be placed under the seats</li> <li>• No glass containers, smoking or alcohol is permitted in the pool area.</li> </ul>
<b>PARKING:</b>	<ul style="list-style-type: none"> <li>• The NOVA Aquatics Center has parking for 75 cars.</li> <li>• Additional parking is available in the lot next door, and in several lots one block east of the pool at the intersection of Gayton and Cambridge.</li> <li>• <b>PLEASE DO NOT PARK AT THE APARTMENT BUILDING.</b></li> </ul>
<b>DIRECTIONS:</b>	<p><b>NOVA AQUATICS CENTER 12207 GAYTON RD. RICHMOND, VA 23233 PHONE: 754-4301</b></p> <ul style="list-style-type: none"> <li>• <b>SOUTH</b> – 95 North to 64 West to the Gaskins Road South exit. Follow Gaskins Rd. south to Ridgefield Parkway (3rd light); turn right. Proceed on Ridgefield until you intersect with Gayton Rd. (4th light); turn left. NOVA Aquatics Center less than ½ mile on left.</li> <li>• <b>NORTH</b> – 95 South to 64 West to the Gaskins Road South exit. Then follow the directions above.</li> <li>• <b>WEST</b> – 64 East to the Short Pump/Broad Street 250 West exit. Follow Broad Street (250 West) to Pump Rd. Take a left at that light. Follow Pump Rd. to Ridgefield Parkway (3rd light); take a right. Follow Ridgefield to Gayton Rd. (2 lights); take a left on to Gayton. Pool is less than ½ mile on your left.</li> <li>• <b>SOUTHSIDE</b> – Take Chippenham Parkway North which will turn into Parham Rd. Follow Parham to Quioccasin/Gayton Rd. (Regency Mall on left); take a left at that light. Proceed for 4-5 miles. The pool will be on your right.</li> </ul>

### ORDER OF EVENTS NOVA JANUARY B/C MEET

<b>Friday Evening January 7</b>			
<u>Girls</u>	<u>Age</u>	<u>Event</u>	<u>Boys</u>
1	10 & Younger	200 Free	2
3	9-10	500 Free	4
5	11-18	500 Free	6
7	11-18	1000 Free	8
<b>Saturday AM January 8</b>			
<u>Girls</u>	<u>Age</u>	<u>Event</u>	<u>Boys</u>
9	9-10	100 Free	10
11	9-10	50 Back	12
13	10 & Younger	100 Back	14
15	9-10	50 Breast	16
17	10 & Younger	100 Breast	18
19	9-10	50 Free	20
21	9-10	50 Fly	22
23	10 & Younger	100 Fly	24
25	9-10	50 Free	26
27	9-10	100 IM	28
29	10 & Younger	200 IM	30

**Saturday Mid-day January 8**

<u>Girls</u>	<u>Age</u>	<u>Event</u>	<u>Boys</u>
31	8 & Younger	100 Free	32
33	6 & Younger	25 Back	34
35	7 Yr. Old	25 Back	36
37	8 Yr. Old	25 Back	38
39	8 & Younger	50 Back	40
41	6 & Younger	25 Breast	42
43	7 Yr. Old	25 Breast	44
45	8 Yr. Old	25 Breast	46
47	8 & Younger	50 Breast	48
49	6 & Younger	25 Free	50
51	7 Yr. Old	25 Free	52
53	8 Yr. Old	25 Free	54
55	8 & Younger	50 Fly	56
57	8 Yr. Old	25 Fly	58
59	7 & Younger	25 Fly	60
61	8 & Younger	50 Free	62
63	8 & Younger	100 IM	64

**Saturday PM January 8**

<u>Girls</u>	<u>Age</u>	<u>Event</u>	<u>Boys</u>
65	11-12	200 Free	66
67	13-18	200 Free	68
69	11-12	50 Back	70
71	11-12	100 Back	72
73	13-18	100 Back	74
75	11-12	50 Breast	76
77	11-12	100 Breast	78
79	13-18	100 Breast	80
81	11-12	50 Free	82
83	13-18	50 Free	84
85	11-12	50 Fly	86
87	11-12	100 Fly	88
89	13-18	100 Fly	90
91	11-12	100 Free	92
93	13-18	100 Free	94
95	11-12	100 IM	96
97	11-12	200 IM	98
99	13-18	200 IM	100