



AUTUMN SPLASH
Area 2, BB/B/C Meet
November 19-21, 2004
VS-05-14



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-05-14
LOCATION:	Riverside Wellness and Fitness Center, 11621 Robious Road, Midlothian, VA 23113
FACILITY:	The pool is 25 yards long with 8 lanes. Each lane is 8 feet wide with Kieffer-McNeil non-turbulent lane markers. A Colorado timing system will be used.
MEET DIRECTOR:	Maria and Joe Maltby Email: maltbyva@aol.com Phone: (804) 379-5090,
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all USA Swimming/VSI registered swimmers in Area 2. Teams in Area 2 are: BAC, DC, NOVA, RACE, PSDN, SQST, VACS.• All swimmers participating in this meet must be registered by the first day of the meet.• No on deck registration will be permitted.• 8 & younger swimmers may enter 10 & younger events in which they possess a provable "B" or "BB" 10 & younger time standard. 8 & younger swimmers in 10 & younger events may be required, if dictated by the host club, to provide proof of time in the form of meet name, date and sanction number.• Swimmers 9-18 years old may compete in any event and relay strokes in which they have a "BB", "B", or "C" Time.• 15 & Older swimmers may swim one individual event per session in which they have an "A" time or better as long as they are entered in another event in which they have a "BB", "B", "C" time.• 2005-2008 NAG top 16 based times are in effect.• Age on November 19, 2004 will determine age for the entire meet.
FORMAT:	<ul style="list-style-type: none">• All 10 & Younger swimmers will swim on Saturday and Sunday morning.• All 11 & Older swimmers will swim on Saturday and Sunday afternoon.• All events will be timed finals.• Friday Evening Distance session: Warm-ups at 4:00 PM, competition starts 5:00 PM• Morning sessions: Warm-ups at 7:30 AM; competition starts at 8:40 AM.• Afternoon sessions: Warm-ups at 12:30 PM; competition starts at 1:30 PM.• Lane assignment and warm-up times for individual clubs will be posted on the Poseidon website, www.poseidonswimming.com, no later than November 16, 2004 and will also be emailed to the contact person of the participating clubs.• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, NOVEMBER 10, 2004</p> <ul style="list-style-type: none">• Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.• Non-conforming times will be converted to short course yard times prior to seeding.• Coaches Times (CT) and No Time (NT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned or approved competition.• Swimmers may enter 2 events on Friday and a maximum of 3 individual events and 1 relay event on Saturday and Sunday.• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.

	<ul style="list-style-type: none"> • The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. • Email entries to: poseidonva@aol.com • Mail entries to: Marla Shreve RWFC/11621 Robious Road Midlothian, VA 23113 • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
FEES:	<p>Individual events: \$3.10 Relay events: \$12.40 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Checks should be made payable to: Poseidon Swimming • Payment must be received by November 17, 2004, regardless of how entries are sent.
AWARDS:	<ul style="list-style-type: none"> • Individual events: Ribbons will be awarded for first through eighth place. • 13-18 events will be given separate awards for 13-14 and 15-18 age groups. • 10 & Younger events will be given separate awards for 9-10 and 8 & Younger age groups. • Relay events: Ribbons will be awarded for first through fourth place.
SEEDING:	<ul style="list-style-type: none"> • All events, except events Friday night's events, will be pre-seeded. A positive check-in will be required. All 12 & younger swimmers must check-in with the clerk of course by 4:00 PM. 13 & older swimmers must check-in by 4:30 PM. • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. • Swimmers should report directly to the blocks for Saturday's and Sunday's pre-seeded events. • The 1650 free will be swum fastest to slowest and alternating heats of girls and boys. • Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The 2004 USA Swimming Rules and Regulations will apply. • The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. • In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Patricia Donohue Email: UsDonohues@aol.com Phone (804) 740-5553</p> <ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Al Thompson, ast3@comcast.net no later than November 10. • A coaches meeting will be held immediately after each day's warm-up session. • Swimmers competing in the 500 and 1650 free are responsible for providing their won lap counters.

SAFETY:	VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
GENERAL:	<ul style="list-style-type: none"> • Heat sheets will be sold for \$6.00. • Small snack bar services will be provided. • Lunch will be provided on Saturday and Sunday to coaches and certified officials present at the meet. • A warm-up schedule and any other general information will be emailed to teams no later than Tuesday, November 16.
FACILITY RULES:	<ul style="list-style-type: none"> • All swim meet participants and spectators must use only the rear entrance to the swimming pool. Use of the main entrance to Riverside is not permitted. • No swim meet participants or spectators are permitted to use any RWFC facilities other than the pool locker rooms. • Friday – park at Riverside. • Saturday and Sunday – park in the River south Children’s Pavilion in the designated areas only. • Parking attendants will be on duty to assist you.

Order of Events

Session 1

Friday, Warm-ups: 4:00 PM, Meet Start 5:00 PM

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	10 & Y 200 IM	2
3	11-12 500 free	4
5	13-18 500 free	6
7	Senior 400 IM	8
9	10 & Y 500 free	10
11	Senior 1650	12

Session 2

Saturday AM Warm-ups 8:00 AM, Meet Start 9:10 AM

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
13	10 & Y 100 IM	14
15	8 & Y 25 free	16
17	9-10 50 free	18
19	8 & Y 50 back	20
21	10 & Y 100 back	22
23	8 & Y 25 breast	24
25	9-10 50 breast	26
27	8 & Y 50 fly	28
29	10 & Y 100 fly	30
31	8 & Y 100 free relay	32
33	10 & Y 200 free relay	34

Session 3

Saturday PM Warm-ups 12:50, Meet Start 2:00 PM

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
35	11-12 50 free	36
37	13-14 50 free	38
39	15-18 50 free	40
41	11-12 100 back	42
43	13-14 100 back	44
45	15-18 100 back	46
47	11-12 100 fly	48
49	13-14 100 fly	50
51	15-18 100 fly	52
53	11-12 50 breast	54
55	11-12 200 breast	56
57	13-14 200 breast	58
59	15-18 200 breast	60
61	11-12 200 free	62
63	13-14 200 free	64
65	15-18 200 free	66
67	11-12 200 free relay	68
69	13-18 200 free relay	70

Session 4

Sunday AM, Warm-ups 8:00 AM, Start 9:10 AM

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
71	8 & Y 100 IM	72
73	10 & Y 200 free	74
75	8 & Y 25 fly	76
77	9-10 50 fly	78
79	8 & Y 50 free	80
81	10 & Y 100 free	82
83	8 & Y 25 back	84
85	9-10 50 back	86
87	8 & Y 50 breast	88
89	10 & Y 100 breast	90
91	8 & Y 100 Medley Relay	92
93	10 & Y 200 Medley Relay	94

Session 5

Sunday PM, Warm-ups 12:50 PM, Start 2:00 PM

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
95	11-12 200 IM	96
97	13-14 200 IM	98
99	15-18 200 IM	100
101	11-12 100 breast	102
103	13-14 100 breast	104
105	15-18 100 breast	106
107	11-12 50 back	108
109	11-12 200 back	110
111	13-14 200 back	112
113	15-18 200 back	114
115	11-12 50 fly	116
117	11 & O 200 fly	118
119	11-12 100 free	120
121	13-14 100 free	122
123	15-18 100 free	124
125	11-12 200 Medley Relay	126
127	13-18 200 Medley Relay	128

Friday Evening: Warm-ups 4:00 PM, Start 5:00 PM

AM Sessions: Warm-ups 8:00 AM, Start 9:10 AM

PM Sessions: Warm-ups 12:50 PM, Start 2:00 PM

Swimmers may enter 2 events on Friday and 3 events on each of Saturday and Sunday.