



**2005 SNOW FLAKE CLASSIC SWIM MEET**  
**Area 4 BB/B/C Meet**  
**January 29-30, 2005**  
**SANCTION NO. VS-05-31**

Hosted by:

**QDD**  
Swim Team

<b>SANCTION:</b>	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-05-31</b>
<b>LOCATION:</b>	George Mason University, Freedom Aquatic and Fitness Center, Manassas VA., 703-993-8444
<b>FACILITY:</b>	Ten Lane, 50 Meter indoor pool; Non-Turbulent Lane Markers; Colorado Automatic Timing System; setup to conduct competition in a 25 yard venue
<b>MEET DIRECTOR:</b>	Karen Harrison Phone: (703) 369-7669 Email: <a href="mailto:thebigmahmuh@aol.com">thebigmahmuh@aol.com</a>
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>• Open to all USA Swimming/VSI registered swimmers in Area 4. Teams in Area 4 are: BASS, DC, FAST, PWSC, QDD, RAYS, WST, VAST, QS, &amp; TSU</li><li>• All swimmers participating in this meet must be registered by prior to the first day of the meet.</li><li>• No on deck registration will be permitted.</li><li>• <b>8 &amp; younger swimmers may participate regardless of classification.</b></li><li>• <b>Swimmers 9 &amp; Older may compete in any event in which they have a "BB", "B", or "C" Time.</b></li><li>• 15 &amp; Older swimmers may swim one event per session in which they have an "A" time or better as long as they are entered in another event in which they have a "BB". "B", "C" time.</li><li>• 2005-2008 NAG top 16 based times are in effect.</li><li>• Age on January 29, 2005 will determine age for the entire meet.</li></ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>• All 10 &amp; Younger swimmers will swim on Saturday and Sunday morning.</li><li>• All 11 &amp; Older swimmers will swim on Saturday and Sunday afternoon.</li><li>• All events will be timed finals.</li><li>• Morning sessions: Warm-ups at 7:00-8:00 am; competition starts at 8:15 am</li><li>• Afternoon sessions: Warm-ups not prior to: 11:00 am; competition starts not prior to 12:15 pm.</li><li>• Distance session: The pool will be opened for 10 minutes of open warm-ups immediately following the finish of the Saturday afternoon session, with the distance session competition starting no more than 5 minutes thereafter.</li><li>• Swimmers are advised to take advantage of the continuous available warm-up lanes.</li><li>• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.</li></ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, JANUARY 19, 2005</b></p> <ul style="list-style-type: none"><li>• Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li><li>• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.</li><li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.</li><li>• Coaches Times (CT) and No Times (NT) will be accepted for events in which a swimmer does not have a time of record. Coaches' times may not exceed a "B" time. All entry times other than Coaches Times must have been achieved in USA Swimming sanctioned or approved competition.</li><li>• Swimmers may enter a maximum of 4 individual events per session.</li><li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.</li><li>• Email entries to: <a href="mailto:QDDswim@erols.com">QDDswim@erols.com</a></li><li>• Mail entries to: <b>Bill Shaw, 9446 Taney Road, Manassas, VA 20110</b></li></ul>

<b>FEES:</b>	Individual events: \$3.10 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity) <ul style="list-style-type: none"> <li>• Checks should be made payable to: <b>QDD Swim Team, Inc.</b></li> <li>• Payment must be received by January 26, 2005 for email entries. Payment must be included with all mailed entries.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events: Ribbons will be awarded for first through 8<sup>th</sup> place</li> <li>• 13 &amp; Older events will be given separate awards for 13-14 and 15 &amp; Older age groups.</li> <li>• 11 &amp; Older events will be given separate awards for 11-12, 13-14, and 15 &amp; Older age groups.</li> <li>• 10 &amp; Younger events will be given separate awards for 9-10 and 8 &amp; Younger age groups.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• All events, <b>except events 43, 44, 65, 66, 91, &amp; 92</b> will be pre-seeded.</li> <li>• The Clerk of Course will be available to help 10 &amp; Younger swimmers in the morning sessions needing assistance with their heat number and lane number.</li> <li>• Swimmers should report directly to the blocks for their events.</li> <li>• 11 &amp; Older 1650 Free, 10 &amp; Younger 500 Free, and the 11 &amp; Older 500 Free (events <b>43, 44, 65, 66, 91, &amp; 92</b>) will require a positive check-in to swim.</li> <li>• <b>Positive check-in</b> will close for <b>events 43, 44</b> will be at the <b>end of event 34</b>. Positive check-in will close for <b>events 65, 66, and 91, 92</b> at the <b>end of warm-ups for session 4 and 5, respectively.</b></li> <li>• <b>SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.</b></li> <li>• Events 43 and 44 will be swum fastest to slowest and alternating heats of girls and boys.</li> <li>• Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.</li> </ul>
<b>PENALTIES:</b>	Penalties for entries using fraudulent and/or non-verifiable entry times: <ul style="list-style-type: none"> <li>• <b>Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The 2004 USA Swimming Rules and Regulations will apply.</li> <li>• The overhead start procedure will be used for the all sessions.</li> <li>• No recall false start procedures will be used.</li> <li>• In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.</li> </ul>
<b>OFFICIALS:</b>	<b>Meet Referee: Debbie Moseley, Email: <a href="mailto:DBMoseley@aol.com">DBMoseley@aol.com</a>, Phone: (703) 791-3201.</b> <ul style="list-style-type: none"> <li>• Officials at all positions will be required for this meet.</li> <li>• Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Steve Swanson, Email: <a href="mailto:swanson01@comcast.net">swanson01@comcast.net</a> or Phone: (703) 680-6015 to coordinate your team's officials.</li> <li>• Officials will meet in Hospitality 45 minutes before the start of every session</li> </ul>
<b>SAFETY:</b>	<ul style="list-style-type: none"> <li>• VSI Safety and Warm-up procedures will be in effect.</li> <li>• These procedures may be found at <a href="http://www.VirginiaSwimming.com">www.VirginiaSwimming.com</a></li> <li>• Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.</li> </ul>

<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>• Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.</li> <li>• The number of timers required per club and their lane assignments will be posted on the QDD website at <a href="http://www.pwcweb.com/qddsim">www.pwcweb.com/qddsim</a> no later than the evening of January 25, 2005.</li> <li>• Lane timers will meet 30 minutes prior to the start of the competition.</li> </ul>		
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>• Heat sheets will be sold for \$5.</li> <li>• A Hospitality Suite will be available (refreshments &amp; lunch) for USA Swimming officials &amp; coaches.</li> <li>• Concessions snack bar and PRO SHOP will be available.</li> <li>• Refreshments and lunch (Sat/Sun sessions) will be provided for USS officials and coaches</li> </ul>		
<b>FACILITY RULES:</b>	<ul style="list-style-type: none"> <li>• Each club is responsible for supervising the conduct of their swimmers.</li> <li>• Swimmers are not permitted in any room of the buildings not directly associated with this swim meet.</li> <li>• No towels or suits etc. are to be hung on or around the lifeguard stands.</li> <li>• Only coaches, swimmers, and officials are allowed on the competition deck. All others are required to be in the elevated spectator bleachers or in the hallway.</li> <li>• Contact the Freedom Center Staff, (703) 993-8444, to request group rate use of the entire facility for your non swimming children/adults (3\$/person)</li> <li>• No cars are to be left in the fire lanes.</li> </ul>		
<b>HOTELS:</b>	<p><b>Our Host Hotel is the Marriott Courtyard (At I-66 exit #47)</b></p> <p><b>Marriott Hotels of Northern Virginia are proud to be a sponsor of QDD Swim Team. Our three hotels are all easy to get to and from Freedom Aquatics Center. All surrounded by shopping and delicious restaurants to choose from! We value the business you bring to us and we are offering discounted rates to those visiting Freedom Aquatics Center at the participating hotels!</b></p> <p><b>When you stay at Marriott you will have a restful nights sleep in order to be in your best condition for your swimming tournament. You will also be able to start your day off right with our delicious breakfasts served daily! Our exceptional customer service will exceed your expectations. Come on! We're waiting for you!</b></p> <p style="text-align: center;"><b><u>Participating Hotels</u></b></p> <p style="text-align: center;"><b>Courtyard Manassas 703-335-1300</b>  <b>Springhill Suites Centreville 703-815-7800</b>  <b>Fairfield Inn Manassas 703-393-9966</b></p> <p style="text-align: center;"><b>Rates range from \$60-\$90 a night on weekends</b>  <b>based upon availability</b></p> <p style="text-align: center;"><b>All rates do not include taxes and are based on availability.</b></p> <p style="text-align: center;"><b>Do you have a group coming in? Contact Chris Gachko at 703-318-6201 or email at</b>  <b><a href="mailto:christopher.gachko@marriott.com">christopher.gachko@marriott.com</a></b>  <b>for additional hotel discounts</b></p> <p style="text-align: center;"><b>Please visit Marriott's customized website for the Freedom Aquatics Center!</b>  <b><a href="http://stayatmarriott.com/FreedomAquatics/">http://stayatmarriott.com/FreedomAquatics/</a></b></p> <p><b>Courtyard by Marriott (5.5 miles to pool)</b>  <b>10701 Battleview Pkwy</b>  <b>(703) 335-1300</b></p> <table border="0" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Best Western Battlefield (5 miles to pool)  (123 rooms open to exterior)  10820 Balls Ford Rd  (703) 361-8000</p> <p>Country Inn &amp; Suites by Marriott (5.4 miles to pool) (75 rooms open to interior hallway)  10810 Battleview Pkwy  (703) 393-9797</p> <p>Hampton Inn (4.8 miles to pool)  (125 rooms open to interior hallway)  7295 Williamson Blvd  (703) 369-1100</p> </td> <td style="width: 50%; vertical-align: top;"> <p>Comfort Suites (4.8 miles to pool)  (138 rooms open to interior hallway)  7350 Williamson Blvd  (703) 686-1100</p> <p>Fairfield Inn by Marriott (5.5 miles to pool)  (80 rooms open to interior hallway)  6950 NOVA Way  (703) 393-9966</p> <p>Holiday Inn (5.3 miles to pool)  (158 rooms open to interior hallway)  10800 Vandor Ln  (703) 335-0000</p> </td> </tr> </table>	<p>Best Western Battlefield (5 miles to pool)  (123 rooms open to exterior)  10820 Balls Ford Rd  (703) 361-8000</p> <p>Country Inn &amp; Suites by Marriott (5.4 miles to pool) (75 rooms open to interior hallway)  10810 Battleview Pkwy  (703) 393-9797</p> <p>Hampton Inn (4.8 miles to pool)  (125 rooms open to interior hallway)  7295 Williamson Blvd  (703) 369-1100</p>	<p>Comfort Suites (4.8 miles to pool)  (138 rooms open to interior hallway)  7350 Williamson Blvd  (703) 686-1100</p> <p>Fairfield Inn by Marriott (5.5 miles to pool)  (80 rooms open to interior hallway)  6950 NOVA Way  (703) 393-9966</p> <p>Holiday Inn (5.3 miles to pool)  (158 rooms open to interior hallway)  10800 Vandor Ln  (703) 335-0000</p>
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# QDD's 2005 BB/B/C Snow Flake Classic Swim Meet

January 29-30, 2005

Freedom Aquatic and Fitness Center, Manassas VA

Sanction # VS-05-31

<u>Session #1</u>		
Saturday Morning, Jan 29		
Girls	Event Name	Boys
1	9-10 50 Free	2
3	8&U 25 Free	4
5	9-10 100 Fly	6
7	8&U 50 Fly	8
9	9-10 100 IM	10
11	8&U 100 IM	12
13	9-10 50 Breast	14
15	8&U 25 Breast	16
17	9-10 100 Back	18
19	8&U 50 Back	20
21	10 & u 200 Free	22

<u>Session #4</u>		
Sunday Morning, Jan 30		
Girls	Event Name	Boys
45	9-10 100 Free	46
47	8&U 50 Free	48
49	9-10 50 Fly	50
51	8&U 25 Fly	52
53	9-10 200 IM	54
55	8&U 50 Breast	56
57	9-10 100 Breast	58
59	8&U 25 Back	60
61	9-10 50 Back	62
63	8&U 100 Free	64
65	10&u 500 Free	66

<u>Session #2</u>		
Saturday Afternoon, Jan 29		
Girls	Event Name	Boys
23	11-12 100 Free	24
25	13&O 100 Free	26
27	11-12 50 Fly	28
29	11&O 200 Fly	30
31	11-12 200 IM	32
33	13&O 200 IM	34
35	11-12 50 Breast	36
37	11&O 200 Breast	38
39	11-12 100 Back	40
41	13&O 100 Back	42

<u>Session #5</u>		
Sunday Afternoon, Jan 30		
Girls	Event Name	Boys
67	11-12 200 Free	68
69	13&O 200 Free	70
71	11-12 100 Fly	72
73	13&O 100 Fly	74
75	11-12 100 IM	76
77	11&O 400 IM	78
79	11-12 100 Breast	80
81	13&O 100 Breast	82
83	11-12 50 Back	84
85	11&O 200 Back	86
87	11-12 50 Free	88
89	13&O 50 Free	90
	5 minute break	
91	11&O 500 Free	92

<u>Session #3</u>		
Saturday PM Distance, Jan 29		
Girls	Event	Boys
43	11&O 1650 Free	44