



**SMAC FALL INVITATIONAL 2004**  
**Area 3 B/C Meet**  
**November 20-21, 2004**  
**SANCTION NO. VS-05-18**

Hosted by:  
**Waynesboro**  
**YMCA/SMAC**

<b>SANCTION:</b>	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-05-18</b>
<b>LOCATION:</b>	Waynesboro YMCA, 648 S. Main Street, Waynesboro, VA 22980 (540) 942-5107
<b>FACILITY:</b>	Indoor 25yd 6 lane with Kieffer McNeil lane lines. Colorado Timing system with scoreboard
<b>MEET DIRECTOR:</b>	Jim Dugan                      E-mail: <a href="mailto:jimdugan@cville.net">jimdugan@cville.net</a> Phone: (434) 823-7865
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>• Open to all USA Swimming/VSI registered swimmers in Area 3. Teams in Area 3 are: BSF, CCA, CYAC, GATR, HA, HMCH, LASO, LY, RATS, RSTC, SCAT, SMAC, SVFY, &amp; SWAT.</li><li>• All swimmers participating in this meet must be registered by the first day of the meet.</li><li>• No on deck registration will be permitted.</li><li>• <b>8 &amp; Younger swimmers may participate regardless of classification.</b></li><li>• <b>Swimmers 9 &amp; Older may compete in any event and relay strokes in which they have a "B" or "C" Time.</b></li><li>• 2005-2008 NAG top 16 based times are in effect.</li><li>• Age on November 20, 2004 will determine age for the entire meet.</li></ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>• All 10 &amp; Younger swimmers will swim on Saturday and Sunday morning.</li><li>• All 11 &amp; Older swimmers will swim on Saturday and Sunday afternoon.</li><li>• All events will be timed finals.</li><li>• Morning sessions: Warm-ups at 7:15-8:15 am; competition starts at 8:30 am.</li><li>• Afternoon sessions: Warm-ups at 12:30-1:30 pm; competition starts at 1:45 pm.</li><li>• Lane assignment and warm-up times for individual clubs will be posted on the SMAC website, <a href="http://www.eteamz.active.com/SMACSWIMMING">www.eteamz.active.com/SMACSWIMMING</a>, no later than Wednesday, November 18, 2004, and will also be emailed to the contact person of the participating clubs.</li><li>• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.</li></ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, NOVEMBER 10, 2004.</b></p> <ul style="list-style-type: none"><li>• Entries must be submitted in short course yards times using Hy-Tek Team Manager and Commlink-2 software.</li><li>• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.</li><li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.</li><li>• Non-conforming times will be converted to short course yards times prior to seeding.</li><li>• Coaches Times (CT) and No Time (NT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned or approved competition.</li><li>• Swimmers may enter a maximum of <b>4 individual events and 1 relay event per day.</b></li><li>• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.</li><li>• Entries will be processed in the order received. This meet will be limited to a total of 400 swimmers.</li><li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.</li><li>• Email entries to: <a href="mailto:smacswim@ntelos.net">smacswim@ntelos.net</a></li><li>• Mail entries to: Jim Dugan c/o SMAC – Waynesboro YMCA</li></ul>

	<p>648 South Wayne Avenue Waynesboro, VA 22980 Phone: (540) 942-5107</p> <ul style="list-style-type: none"> <li>• <b>IMPORTANT:</b> If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.</li> </ul>
<b>FEES:</b>	<p>Individual events: \$2.00 Relay events: \$8.00 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: Waynesboro YMCA/SMAC.</li> <li>• Payment must be received by November 17, 2004 for email entries. All mailed entries must have the payment included with the entries.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events: Ribbons will be awarded for first through sixth place.</li> <li>• 13 &amp; Older events will be given separate awards for 13-14 and 15 &amp; Over age groups.</li> <li>• 11 &amp; Older events will be given separate awards for 11-12, 13-14, and 15 &amp; Older age groups.</li> <li>• 10 &amp; Younger events will be given separate awards for 9-10 and 8 &amp; Younger age groups.</li> <li>• Heat winner ribbons will be awarded for all 10 &amp; Younger individual events.</li> <li>• Relay events: Ribbons will be awarded for first through third place</li> <li>• High point awards will be awarded for each age group - boys and girls.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• All events will be pre-seeded. 8 &amp; Younger swimmers in the morning sessions must report to the Clerk of Course and they will be brought to the blocks from there</li> <li>• Swimmers in the afternoon sessions should report directly to the blocks for their events.</li> <li>• Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.</li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li>• <b>Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The 2004 USA Swimming Rules and Regulations will apply.</li> <li>• The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee.</li> <li>• In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.</li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: David Strider</b> <b>Email: <a href="mailto:dvs7@virginia.edu">dvs7@virginia.edu</a></b> <b>Phone: (434) 973-4832</b></p> <ul style="list-style-type: none"> <li>• Officials at all positions will be required for this meet.</li> <li>• Team Officials Chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to David Strider no later than Nov 10, 2004.</li> <li>• Officials meeting will be held 30 minutes prior to the start of each session</li> </ul>
<b>SAFETY:</b>	<p>VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.</p>
<b>TIMERS:</b>	<p>Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the SMAC website, <a href="http://www.eteamz.active.com/SMACSWIMMING">www.eteamz.active.com/SMACSWIMMING</a>, no later than November 17, 2004 and will also be emailed to the contact person of each of the individual clubs.</p>

<b>GENERAL:</b>	Concessions will be available .The gym will be open for the entire meet. Heat sheets will be available for \$5.00	
<b>FACILITY RULES:</b>	No smoking or running in the facility. Everyone will be expected to abide by the facility rules Swimmers, coaches, and teams will be held responsible for any damage.	
<b>DIRECTIONS:</b>	Take exit 96 off I-64. Go north to Waynesboro. Take second left (Windsor) and go to the end of the road, turn right onto Lyndhurst (changes to Wayne Ave.), the YMCA is ½ mile on the right.	
<b>HOTELS:</b>	Days Inn: (540) 943-1101 Hampton Inn: (540) 885-3762 Hampton Inn: (540) 213-9500	Holiday Inn: (540) 932-7170 Super 8: (540) 943-3888

## Order of Events

<b>Saturday AM</b>			<b>Sunday AM</b>		
<i>Girls</i>		<i>Boys</i>	<i>Girls</i>		<i>Boys</i>
1	8&Y 100 yd IM	2	63	9 yr old 100 yd IM	64
3	9/10 200 yd IM	4	65	10 yr old 100 yd IM	66
5	7&Y 25 yd Back	6	67	8&Y 50 yd Breast	68
7	8 yr old 25 yd Back	8	69	9 yr old 50 yd Breast	70
9	9/10 100 yd Back	10	71	10 yr old 50 yd Breast	72
11	8&Y 50 yd Fly	12	73	8&Y 100 yd Free	74
13	9 yr old 50 yd Fly	14	75	9/10 200 yd Free	76
15	10 yr old 50 yd Fly	16	77	7&Y 25 yd Fly	78
17	7&Y 25 yd Breast	18	79	8 yr old 25 yd Fly	80
19	8 yr old 25 yd Breast	20	81	9/10 100 yd Fly	82
21	9/10 100 yd Breast	22	83	8&Y 50 yd Back	84
23	7&Y 50 yd Free	24	85	9 yr old 50 yd Back	86
25	8 yr old 50 yd Free	26	87	10 yr old 50 yd Back	88
27	9 yr old 100 yd Free	28	89	7&Y 25 yd Free	90
29	10 yr old 100 yd Free	30	91	8 yr old 25 yd Free	92
31	8&Y 100 yd Medley Relay	32	93	9 yr old 50 yd Free	94
33	9/10 200 yd Medley Relay	34	95	10 yr old 50 yd Free	96
			97	8&Y 100 yd Free Relay	98
			99	9/10 200 yd Free Relay	100

<b>Saturday PM</b>			<b>Sunday PM</b>		
<i>Girls</i>		<i>Boys</i>	<i>Girls</i>		<i>Boys</i>
35	11/12 50 yd Free	36	101	13&O 100 yd Free	102
37	13&O 50 yd Free	38	103	11/12 100 yd Free	104
39	11/12 100 yd Fly	40	105	11&O 200 yd Fly	106
41	13&O 100 yd Fly	42	107	11/12 50 yd Fly	108
43	11/12 50 yd Back	44	109	13&O 100 yd Breast	110
45	11&O 400 yd IM	46	111	11/12 100 yd Back	112
47	11/12 100 yd IM	48	113	11&O 200 yd Back	114
49	13&O 100 yd Back	50	115	11/12 50 yd Breast	116
51	11/12 100 yd Breast	52	117	13&O 200 yd IM	118
53	11&O 200 yd Breast	54	119	11/12 200 yd IM	120
55	11/12 200 yd Free	56	121	13&O 200 yd Free Relay	122
57	13&O 200 yd Free	58	123	11/12 200 yd Free Relay	124
59	11/12 200 yd Medley Relay	60			
61	13&O 200 yd Medley Relay	62			