



**WAC SPLASH - AMENDED**  
**14 & Younger A/Senior Meet**  
**JANUARY 14-16, 2005**  
**SANCTION NO. VS-05-26**



<b>SANCTION:</b>	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-05-26</b>
<b>HOST CLUB:</b>	Williamsburg Aquatic Club, 3909-B Midlands Road, Williamsburg, VA 23185 (757) 229-8662
<b>LOCATION:</b>	Ft. Eustis Aquatic Center, Corner of Washington & Tyler Avenues, Ft. Eustis, VA, (757) 878-1090
<b>FACILITY:</b>	Eleven (11) lane 25 yard indoor pool. All sessions will be run using an eight (10) lane course for competition. Facility uses a Daktronics Timing System with 10-lane scoreboard and Kiefer Wave Eater racing lane lines. The meet director reserves the right to use eight (8) or nine (9) lanes for competition during any session or individual event.
<b>MEET DIRECTOR:</b>	Linda S. Lockwood 112 W. Kingswood Drive Williamsburg, VA 23185 Email: <a href="mailto:linda.s.lockwood@usa.net">linda.s.lockwood@usa.net</a> Phone: (757) 784-5879 (cell)
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"> <li>• Open to all USA Swimming/VSI registered swimmers meeting eligibility requirements for the meet.</li> <li>• All swimmers participating in this meet must be registered by the first day of the meet.</li> <li>• 14 &amp; Younger swimmers with one "A" time in any event.</li> <li>• Senior swimmers who have achieved a 15-16 "A" time in the event entered.</li> <li>• Senior swimmers who have one 15-16 "A" time in a session may enter an additional event in that session in which they have at least a 15-16 "BB" time.</li> <li>• No on deck registration will be permitted.</li> <li>• 2005-2008 NAG top 16 based times are in effect.</li> <li>• Age on January 14, 2005 will determine age for the entire meet.</li> </ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"> <li>• Friday: Swimmers of all ages.</li> <li>• Saturday &amp; Sunday: Morning sessions: 12 &amp; Younger swimmers; Afternoon sessions: 13 &amp; Older swimmers (except for the 11 &amp; Older 400 IM on Sunday)</li> <li>• All events will be timed finals.</li> <li>• Morning sessions: Warm-ups at 7:00 a.m.; competition starts at 8:45a.m.</li> <li>• Afternoon sessions: Warm-ups at 12:00 p.m.; competition starts at 2:00 p.m.</li> <li>• Evening sessions: Warm-ups at 4:30 p.m.; competition starts at 6:30 p.m.</li> <li>• Lane assignment and warm-up times for individual clubs will be posted on the Williamsburg Aquatic Club (<a href="http://www.swimwac.com">www.swimwac.com</a>) website no later than Wednesday, January 12, 2005, and will also be emailed to the contact person of the participating clubs.</li> <li>• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.</li> </ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS 9:00 AM, TUESDAY, JANUARY 11, 2005.</b></p> <ul style="list-style-type: none"> <li>• Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li> <li>• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.</li> <li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.</li> <li>• All entry times for senior events must have been achieved in USA Swimming sanctioned or approved competition.</li> <li>• Coaches Times (CT) will be accepted for 14 &amp; Younger events in which a swimmer does not have a time of record. Coaches' times may not exceed a "B" time. All entry times other than Coaches Times must have been achieved in USA Swimming sanctioned or approved competition.</li> <li>• Swimmers may enter a maximum of <b>4 individual events and 1 relay event per day.</b></li> <li>• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.</li> </ul>

	<ul style="list-style-type: none"> <li>• Entries will be processed in the order received. Events #1/2 (12&amp;Y 500 freestyle), Events #43/44 (13&amp;O 500 freestyle) will be limited to 8 heats per event. Events #3/4 (11&amp;O 1000 freestyle) will be limited to 6 heats per event.</li> <li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.</li> <li>• Email entries to: <a href="mailto:linda.s.lockwood@usa.net">linda.s.lockwood@usa.net</a></li> <li>• Mail payment and entries to: <b>Linda Lockwood</b> <b>112 W. Kingswood Drive</b> <b>Williamsburg, VA 23185</b></li> <li>• <b>IMPORTANT:</b> If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.</li> </ul>
<b>FEES:</b>	<p>Individual events: \$3.00 Relay events: \$10.00 Swimmer surcharge: \$2.00 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: <b>WAC (Williamsburg Aquatic Club)</b>.</li> <li>• <b>Payment must be received by January 12, 2005 for email entries.</b> Payment must be included with all mailed entries.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events: Ribbons will be awarded for first through tenth place.</li> <li>• 13 &amp; Older events will be given separate awards for 13-14 age groups and Senior.</li> <li>• 12 &amp; Younger events will be given separate awards for 11-12 and 10 &amp; Younger age groups.</li> <li>• Relay events: Ribbons will be awarded for first through fifth place.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• All events, except the 12&amp;Y 500 freestyle, the 13&amp;O 500 freestyle, and the 11&amp;O 1000 freestyle events will be pre-seeded.</li> <li>• Swimmers should report directly to the blocks for their events.</li> <li>• Events for the 12&amp;Y 500 freestyle, the 13&amp;O 500 freestyle, and the 11&amp;O 1000 freestyle will require a positive check-in to swim.</li> <li>• Positive check-in will close as follows: <ul style="list-style-type: none"> <li>○ Event #1/2, 12&amp;Y 500 freestyle: 6:00 pm (Friday)</li> <li>○ Event #3/4, 11&amp;O 1000 freestyle: 6:00 pm (Friday)</li> <li>○ Event #43/44, 13&amp;O 500 freestyle: 2:00 pm (Saturday)</li> </ul> </li> <li>• <b>SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT.</b></li> <li>• Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Meet Director on the provided forms.</li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li>• <b>Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The 2004 USA Swimming Rules and Regulations will apply.</li> <li>• The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee.</li> <li>• In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.</li> </ul>

<b>OFFICIALS:</b>	<p><b>Meet Referee: Phil Mease</b>  <b>Email: <a href="mailto:pmease@james-city.va.us">pmease@james-city.va.us</a></b>  <b>Phone: (757) 229-2109</b></p> <ul style="list-style-type: none"> <li>• Officials at all positions will be required for this meet. Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees no later than January 10, 2005 to the official's coordinator.</li> <li>• <b>Official's Coordinator: Eric Young, Email: <a href="mailto:wacofficials@hotmail.com">wacofficials@hotmail.com</a>, Phone: (757) 258-4546</b></li> </ul>
<b>SAFETY:</b>	<p>VSI Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules. Please refer to facility rules</p>
<b>TIMERS:</b>	<p>Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the Williamsburg Aquatic Club (<a href="http://www.swimwac.com">www.swimwac.com</a>) no later than Wednesday, January 12, 2005, and will also be emailed to the contact person of each of the individual clubs.</p>
<b>GENERAL:</b>	<p>Meet Programs will be sold for \$8.00</p> <p>Hospitality: Breakfast and lunch will be provided for coaches and officials. Drinks and snacks will be available throughout each session.</p>
<b>FACILITY RULES:</b>	<p><b>PLEASE CONVEY THIS INFORMATION TO YOUR SWIMMERS AND PARENTS:</b></p> <ul style="list-style-type: none"> <li>• Picture identification will be required to gain access to the base.</li> <li>• Rules will be enforced by meet marshal, aquatic center staff and the Fort Eustis Fire Marshall.</li> <li>• Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator who violates Aquatic Center rules, posted at the pool and/or in the meet program, will be disqualified from the meet and escorted from the facility.</li> <li>• <b>The Aquatic Center prohibits food of any kind in the pool area. Consumption of food is allowed in the lobby area and the spectator balcony. Permissible beverages, sports drinks and water, must be in closed plastic containers.</b></li> <li>• <b>Deck Access:</b> Access to the pool deck will be strictly controlled. Swimmers, coaches, officials and event staff only will be permitted on the deck during warm-ups and the competition.</li> <li>• <b>Balcony:</b> Swimmers and their bags <b><u>will not be allowed</u></b> to stay in the area. Spectator seating is limited and swimmers must stay on the competition or adventure pool deck.</li> <li>• <b>ADVENTURE POOL AREA RESTRICTED TO SWIMMERS AND COACHES.</b></li> </ul>

**ORDER OF EVENTS**  
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Girls	FRIDAY EVENING	Boys
1	12 & Younger 500 Freestyle	2
3	11 & Older 1000 Freestyle	4

Girls	SATURDAY MORNING	Boys
5	11-12 200 Backstroke	6
7	10 & Younger 100 Butterfly	8
9	11-12 100 Butterfly	10
11	10 & Younger 50 Freestyle	12
13	11-12 50 Freestyle	14
15	10 & Younger 50 Breaststroke	16
17	11-12 50 Breaststroke	18
19	10 & Younger 200 Ind. Medley	20
21	11-12 200 Ind. Medley	22
23	10 & Younger 100 Freestyle	24
25	11-12 100 Freestyle	26
27	11-12 200 Breaststroke	28
29	10 & Younger 200 Freestyle Relay	30
31	11-12 200 Freestyle Relay	32

Girls	SATURDAY AFTERNOON	Boys
33	13 & Older 200 Ind. Medley	34
35	13 & Older 100 Freestyle	36
37	13 & Older 200 Backstroke	38
39	13 & Older 100 Butterfly	40
41	13 & Older 200 Breaststroke	42
43	13 & Older 500 Freestyle	44

Girls	SUNDAY MORNING	Boys
45	11-12 200 Medley Relay	46
47	10 & Younger Medley Relay	48
49	11-12 200 Butterfly	50
51	10 & Younger 100 Backstroke	52
53	11-12 100 Backstroke	54
55	10 & Younger 100 Ind. Medley	56
57	11-12 100 Ind. Medley	58
59	10 & Younger 50 Butterfly	60
61	11-12 50 Butterfly	62
63	10 & Younger 200 Freestyle	64
65	11-12 200 Freestyle	66
67	10 & Younger 50 Backstroke	68
69	11-12 50 Backstroke	70
71	10 & Younger 100 Breaststroke	72
73	11-12 100 Breaststroke	74

Girls	SUNDAY AFTERNOON	Boys
75	11 & Older 400 Ind. Medley	76
77	13 & Older 100 Breaststroke	78
79	13 & Older 200 Butterfly	80
81	13 & Older 100 Backstroke	82
83	13 & Older 50 Freestyle	84
85	13 & Older 200 Freestyle	86