



**2009 BASS WINTER WARM UP
A/BB/B/C Mini Meet
January 31- February 1, 2009
SANCTION NO. VS-09-36**

Hosted by
BASS
Swimming

SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-09-36
LOCATION:	Barbee Center Indoor Pool, Woodberry Forest School, Woodberry Forest, VA
FACILITY:	<ul style="list-style-type: none">• 25 Yard, 6 Lanes, indoor pool with non-turbulent lane lines; Colorado Timing System with a six-line digital display board.• The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).
MEET DIRECTOR:	Kevin McHaney Email: kmchaney@yahoo.com Work Phone: (540) 948-7629 Home Phone: (540)923-4626
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all USA Swimming/VSI registered swimmers in the Northern District and Southwest District and others by invitation.<ul style="list-style-type: none">○ North District Teams are: BASS, PWSC, QDD, RAYS, RPST, SHKS, STAT, TSU, VAST, VSTP, & WST○ Southwest District Teams are: ACST, CAST, CCA, CVA, CYAC, FUAC, GATR, GRTD, HA, HOKI, LASO, LU, LY, SCAT, SMAC, STRM, & SVFY.• All swimmers participating in this meet must be registered by the first day of the meet.• On deck registration may not be permitted.• All swimmers may participate regardless of classification.• Age on January 31, 2009 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• All 10 & Younger swimmers will swim on Saturday and Sunday morning.• All 11 & Older swimmers will swim on Saturday and Sunday afternoon.• All events will be timed finals.
WARM-UP:	<ul style="list-style-type: none">• Morning sessions: Warm-ups at 7:30-8:30 am; competition starts at 8:40 am.• Afternoon sessions: Warm-ups not prior to 11:00 am; competition starts not prior to 12:15 pm.• Lane assignment and warm-up times for individual clubs will be posted on the BASS website www.BASS-Swim.org no later than January 27, 2009, and will also be emailed to the contact person of the participating clubs.• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, JANUARY 21, 2009</p> <ul style="list-style-type: none">• Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person, email address and phone number to contact in case of questions must accompany the entries, regardless of how they are submitted.• Non-conforming times will be converted to short course yard times prior to seeding.• Coaches Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.• "No Time" (NT) entries will not be accepted.• Swimmers may enter a maximum of 3 individual events and 1 relay event per day.

	<ul style="list-style-type: none"> Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. Entries will be processed in the order received. This meet will be limited to a total of 550 swimmers. The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. Email entries to: drosenblatt@hughes.net Mail entries to: Dot Rosenblatt P.O. Box 41 Hood, VA 22723 Phone: (540) 948-3734 IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. 			
FEES:	<p>Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> Checks should be made payable to: BASS Swim Team. Payment must be received by January 27, 2009 for email entries. All mailed entries must have the payment included with the entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. 			
AWARDS:	<ul style="list-style-type: none"> Individual events: Ribbons will be awarded for first through sixth place. <ul style="list-style-type: none"> 13 & Older individual events will be given separate awards for 13-14 and 15 & Older age groups. 11 & Older individual events will be given separate awards for 11-12, 13-14, and 15 & Older age groups. 10 & Younger individual events will be given separate awards for 9-10 and 8 & Younger age groups. 8 & Younger individual events will be given separate awards for 7-8 and 6 & Younger age groups. Heat winner ribbons will be awarded for all 10 & Younger individual events. Relay events: Ribbons will be awarded for first through fourth place. 			
SEEDING:	<ul style="list-style-type: none"> All events will be pre-seeded. All morning swimmers must report to the Clerk of Course and they will be brought to the blocks from there. Swimmers in the afternoon sessions should report directly to the blocks for their events. 			
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. 			
RULES:	<ul style="list-style-type: none"> The current USA Swimming Rules and Regulations will apply. The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area. 			
OFFICIALS:	<table> <tr> <td>Meet Referee:</td> <td>Kevin Hogan Email: KevinHogan56@earthlink.net Phone: : (434) 964-1944</td> <td>David Strider Email: dvs7e@virginia.edu Phone: (434) 973-4832</td> </tr> </table>	Meet Referee:	Kevin Hogan Email: KevinHogan56@earthlink.net Phone: : (434) 964-1944	David Strider Email: dvs7e@virginia.edu Phone: (434) 973-4832
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	<ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to John Trout, Email: scienceguy17@comcast.net no later than December 27, 2009. • Officials will meet in the Hospitality room 45 minutes before the start of each session.
SAFETY:	<ul style="list-style-type: none"> • VSI Safety and Warm-up procedures will be in effect. • Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules. • Shaving in the swim venue is not permitted. Swimmer noncompliance will result in dismissal from the meet.
TIMERS:	Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be emailed to the contact person of each of the individual clubs no later than January 27, 2009.
GENERAL:	<ul style="list-style-type: none"> • Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. • Heat sheets will be available for \$5.00. • Concessions: There will be a variety of refreshments offered by the BASS Swim Team; Breakfast and lunch items will be available • Swim Supplies & Apparel: <i>Sportfair</i> will provide swimming supplies & apparel during the meet.
FACILITY RULES:	<ul style="list-style-type: none"> • Certain areas will be marked off limits. Please obey the rules. • No glass is permitted in the facility. • No smoking is permitted in the building. • Please be courteous in sharing the locker rooms and bathrooms by keeping them neat. • No food or drinks in the pool or lobby area. All food and drinks must be kept in the gym area. • Please park in designated areas at the direction of parking attendants. There is very limited parking. Please carpool if possible. • PLEASE DO NOT PARK ON THE GRASS.
DIRECTIONS:	<p>PLEASE DO NOT CALL WOODBERRY FOREST SCHOOL FOR DIRECTIONS!! THANK YOU</p> <ul style="list-style-type: none"> • Woodberry Forest School is located on Rt. 15, 12 miles south of the intersection of Rt. 15 and Rt. 29. Turn into Woodberry at Rt. 622 (there are signs designating the school). Once you pass the guard house the Barbee Center is the first building on the left. • FROM THE NORTH: Take Rt. 29S to Rt. 15S. Turn left into Woodberry after 12 miles on Rt. 622. • FROM THE EAST: Take Rt. 3W to Rt. 20S to Rt. 15N. Turn right into Woodberry 3 miles north of Orange on Rt. 622. • FROM THE SOUTH: Take 29N to Rt.230E to Rt. 15N. Turn right into Woodberry after 1 mile on RT.622.
HOTELS	<p>Following are some available Hotels in the area.</p> <ul style="list-style-type: none"> • Holiday Inn Orange (540) 672-6691 – Continental Breakfast (5-10 AM) Rt. 29, Orange About 4 minutes from the pool • Best Western Culpeper - (540) 825-1253 – Refrigerator, etc... Rt. 29 Business, Culpeper About 12 minutes from the pool • Comfort Inn - (540) 825-4900 – Continental Breakfast (6-10 AM) Rt. 29 Business, Culpeper About 12 minutes from the pool • Super 8 – (540) 825-8088 – Continental Breakfast (5-11 AM) Rt. 29 Business, Culpeper About 12 minutes from the pool • Red Carpet Inn – (540) 829-6700 – Continental Breakfast (6-10 AM) Rt. 15 South , Culpeper About 10 minutes from the pool

**BASS Winter Warm Up
Woodberry Forest, VA
Order of Events**

Saturday, January 31, 2009

Morning Session

Warm-ups 7:30-8:30 Meet Starts @ 8:40

<u>Girls</u>		<u>Boys</u>
1	8&U 50 Breast	2
3	10&U 100 Breast	4
5	8&U 25 Back	6
7	9-10 50 Back	8
9	10&U 200 Free	10
11	8&U 50 Fly	12
13	10&U 100 Fly	14
15	8&U 25 Free	16
17	9-10 50 Free	18
19	10&U 200 IM	20
21	10&U 200 Free Relay	22
23	8&U 100 Free Relay	24

Afternoon Session

Warm-ups 12:15-1:15 Meet Starts@ 1:25

<u>Girls</u>		<u>Boys</u>
25	11-12 100 Back	26
27	13&O 100 Back	28
29	11-12 200 IM	30
31	13&O 400 IM	32
33	11-12 50 Free	34
35	13&O 50 Free	36
37	11-12 50 Breast	38
39	11&O 200 Breast	40
41	11-12 100 Fly	42
43	13&O 100 Fly	44
45	11-12 200 Free	46
47	13&O 200 Free	48
49	11-12 200 Free Relay	50
51	13&O 200 Free Relay	52

Sunday, February 1, 2009

Morning Session

Warm-ups 7:30-8:30 Meet Starts @8:40

<u>Girls</u>		<u>Boys</u>
53	8&U 50 Back	54
55	10&U 100 Back	56
57	8&U 25 Breast	58
59	9-10 50 Breast	60
61	10&U 100 IM	62
63	8&U 50 Free	64
65	10&U 100 Free	66
67	8&U 25 Fly	68
69	9-10 50 Fly	70
71	8&U 100 Medley Relay	72
73	10&U 200 Medley Relay	74

Afternoon Session

Warm-ups 12:15-1:15 Meet Starts@ 1:25

<u>Girls</u>		<u>Boys</u>
75	11-12 100 Breast	76
77	13&O 100 Breast	78
79	11-12 50 Fly	80
81	11&O 200 Fly	82
83	11-12 100 Free	84
85	13&O 100 Free	86
87	11-12 100 IM	88
89	13&O 200 IM	90
91	11-12 50 Back	92
93	11&O 200 Back	94
95	11-12 200 Medley Relay	96
97	13&O 200 Medley Relay	98

BASS 2008 Winter Warm Up Swim Meet January 30-February 1, 2009
Virginia Swimming, Inc.
SANCTION # VS-09-36
MEET ENTRY CHECK LIST AND SUMMARY FORM

Mail in with entries:

1. Master entry Sheets
2. Check for Entries Payable to: BASS Swim Team
3. Summary Sheet

Name of Team: _____ Team Code _____

Number of Female swimmers: morning _____ afternoon _____

Number of Male swimmers: morning _____ afternoon _____

Total number of swimmers: _____ x \$2.00= \$ _____

Total number of individual entries: _____ x \$3.00 = \$ _____

Total number of relays: _____ x \$12.00 = \$ _____

Total Amount Enclosed: \$ _____

MEET ENTRY CHAIRPERSON:

Dot Rosenblatt
P.O. Box 41
Hood, VA 22723
(540) 948-3734 e-mail – drosenblatt@hughes.net

Meet Entry Deadline: Wednesday, Jan. 21, 2009 for e-mail entries, checks need to be received by mail NO LATER THAN January 27, 2009.

Contact Person:

Please provide information below in case of questions regarding this entry.

Name: _____ e-mail _____

Address: _____

Telephone: Day _____ Night _____

OFFICIALS: Please list and email (scienceguy17@comcast.net) available certified officials able to assist with this meet. Indicate Stroke & Turn, Starter, CTS, Timing Judge etc & Sessions available.

Name: _____ Telephone: _____

Name: _____ Telephone: _____

Name: _____ Telephone: _____

Name: _____ Telephone: _____