



**2009 NEW YEAR SPRINT SWIM MEET**  
**A/BB/B/C Meet**  
**January 3, 2009**  
**SANCTION NO. VS-09-27**

Hosted by  
**BASS**  
**Swimming**

<b>SANCTION:</b>	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-09-27</b>
<b>LOCATION:</b>	Barbee Center Indoor Pool, Woodberry Forest School, Woodberry Forest, VA.
<b>FACILITY:</b>	<ul style="list-style-type: none"> <li>• 25 Yard, 6 Lanes, indoor pool with non-turbulent lane lines; Colorado Timing System with a six-line digital display board.</li> <li>• The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).</li> </ul>
<b>MEET DIRECTOR:</b>	Kevin McHaney Email: <a href="mailto:kmchaney@yahoo.com">kmchaney@yahoo.com</a> Work Phone: (540) 948-7629 Cell Phone: (540) 718-BASS
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"> <li>• Open to all USA Swimming/VSI registered swimmers in the Northern District and others by invitation. Northern District Teams are: BASS, PWSC, QDD, RAYS, WST, VAST, SHKS, VSPT, WST, TSU, RPST &amp; STAT.</li> <li>• All swimmers participating in this meet must be registered by the first day of the meet.</li> <li>• On deck registration may not be permitted.</li> <li>• <b>All swimmers may participate regardless of classification.</b></li> <li>• 2009-2012 NAG times are in effect.</li> <li>• Age on January 3, 2009 will determine age for the entire meet.</li> </ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"> <li>• All 10 &amp; Under swimmers will swim on Saturday morning.</li> <li>• All 11 &amp; Over swimmers will swim on Saturday afternoon.</li> <li>• All events will be timed finals.</li> <li>• Morning session: Warm-ups at 7:30-8:30 am; competition starts at 8:40 am.</li> <li>• Afternoon session: Warm-ups not earlier than 11:00 am; competition starts not earlier than 12:15 pm.</li> <li>• Lane assignment and warm-up times for individual clubs will be posted on the BASS website <a href="http://www.BASS-Swim.org">www.BASS-Swim.org</a> no later than December 30, 2008, and will also be emailed to the contact person of the participating clubs.</li> <li>• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.</li> </ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, DECEMBER 24, 2008</b></p> <ul style="list-style-type: none"> <li>• Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li> <li>• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.</li> <li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person, email address and phone number to contact in case of questions must accompany the entries, regardless of how they are submitted.</li> <li>• Coaches Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li> <li>• "No Time" (NT) entries will not be accepted.</li> <li>• Swimmers may enter a maximum of <b>4 individual events and 1 relay event per day.</b></li> <li>• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event.</li> <li>• Entries will be processed in the order received. This meet will be limited to a total of 550 swimmers <b>Email confirmation of entries will be sent within 24 hours of receipt via email.</b></li> <li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require</li> </ul>



<b>SAFETY:</b>	<ul style="list-style-type: none"> <li>• VSI Safety and Warm-up procedures will be in effect.</li> <li>• Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.</li> <li>• Shaving in the swim venue is not permitted. Swimmer noncompliance will result in dismissal from the meet.</li> </ul>
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>• Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.</li> <li>• The number of timers required per club and their lane assignments will be emailed to the contact person of each of the individual clubs no later than December 30, 2008.</li> </ul>
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>• <b>Swimmer/Spectator Conduct:</b> Each club is responsible for supervising the conduct of its swimmers/spectators.</li> <li>• <b>Heat sheets</b> will be available for \$3.00.</li> <li>• <b>Concessions:</b> There will be a variety of refreshments offered by the BASS Swim Team; Breakfast and lunch items will be available</li> <li>• <b>Swim Supplies &amp; Apparel:</b> <i>Sportfair</i> will provide swimming supplies &amp; apparel during the meet.</li> </ul>
<b>FACILITY RULES:</b>	<ul style="list-style-type: none"> <li>• <b>Certain areas will be marked off limits. Please obey the rules.</b></li> <li>• <b>No glass is permitted in the facility.</b></li> <li>• <b>No smoking is permitted in the building.</b></li> <li>• <b>Please be courteous in sharing the locker rooms and bathrooms by keeping them neat.</b></li> <li>• <b>No food or drinks in the pool or lobby area. All food and drinks must be kept in the gym area.</b></li> <li>• <b>Please park in designated areas at the direction of parking attendants. There is very limited parking. Please carpool if possible.</b></li> <li>• <b>PLEASE DO NOT PARK ON THE GRASS.</b></li> </ul>
<b>DIRECTIONS:</b>	<p><b>PLEASE DO NOT CALL WOODBERRY FOREST SCHOOL FOR DIRECTIONS!!</b></p> <ul style="list-style-type: none"> <li>• Woodberry Forest School is located on Rt. 15, 12 miles south of the intersection of Rt. 15 and Rt. 29. Turn into Woodberry at Rt. 622 (there are signs designating the school). Once you pass the guard house the Barbee Center is the first building on the left.</li> <li>• <b>FROM THE NORTH:</b> Take Rt. 29S to Rt. 15S. Turn left into Woodberry after 12 miles on Rt. 622.</li> <li>• <b>FROM THE EAST:</b> Take Rt. 3W to Rt. 20S to Rt. 15N. Turn right into Woodberry 3 miles north of Orange on Rt. 622.</li> <li>• <b>FROM THE SOUTH:</b> Take 29N to Rt.230E to Rt. 15N. Turn right into Woodberry after 1 mile on RT.622.</li> </ul>
<b>HOTELS</b>	<p><b>Following are some available Hotels in the area.</b></p> <ul style="list-style-type: none"> <li>• <b>Holiday Inn Orange (540) 672-6691 – Continental Breakfast (5-10AM)</b> Rt. 29, Orange About 4 minutes from the pool</li> <li>• <b>Best Western Culpeper - (540) 825-1253 – Refrigerator, etc...</b> Rt. 29 Business, Culpeper About 12 minutes from the pool</li> <li>• <b>Comfort Inn - (540) 825-4900 – Continental Breakfast (6-10AM)</b> Rt. 29 Business, Culpeper About 12 minutes from the pool</li> <li>• <b>Super 8 – (540) 825-8088 – Continental Breakfast (5-11AM)</b> Rt. 29 Business, Culpeper About 12 minutes from the pool</li> <li>• <b>Red Carpet Inn – (540) 829-6700 – Continental Breakfast (6-10 AM)</b> Rt. 15 South , Culpeper About 10 minutes from the pool</li> </ul>

***BASS New Year Sprint***  
**Saturday, January 3, 2009**  
**Woodberry Forest, Virginia**

**Morning Session**

**Warm-up: 7:30-8:30 am; Start: 8:40 am**

**Afternoon Session**

**Warm-up: 11:00 am; Start: 12:15 pm**

<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	10 & Under 100 IM	2	25	11 & Over 200 Freestyle Relay	26
3	8 & Under 25 Freestyle	4	27	11-12 100 Individual Medley	28
5	9-10 100 Freestyle	6	29	13 & Over 200 Individual Medley	30
7	10 & Under 50 Butterfly	8	31	11 & Over 50 Freestyle	32
9	8 & Under 25 Breaststroke	10	33	11 & Over 100 Butterfly	34
11	10 & Under 50 Freestyle	12	35	11 & Over 50 Breaststroke	36
13	8 & Under 25 Backstroke	14	37	11 & Over 100 Freestyle	38
15	10 & Under 50 Breaststroke	16	39	11 & Over 50 Backstroke	40
17	8 & Under 25 Butterfly	18	41	11 & Over 100 Breaststroke	42
19	10 & Under 50 Backstroke	20	43	11 & Over 50 Butterfly	44
21	8 & Under 100 Freestyle Relay	22	45	11 & Over 100 Backstroke	46
			46	13 & Over 200 Freestyle	48

**BASS 2008 New Year Sprint Swim Meet January 3, 2009**  
**Virginia Swimming, Inc.**  
**SANCTION # VS-09-27**  
**MEET ENTRY CHECK LIST AND SUMMARY FORM**

**Mail in with entries:**

1. Master entry Sheets
2. Check for Entries Payable to: BASS Swim Team
3. Summary Sheet

Name of Team: \_\_\_\_\_ Team Code \_\_\_\_\_

Number of Female swimmers: morning \_\_\_\_\_ afternoon \_\_\_\_\_

Number of Male swimmers: morning \_\_\_\_\_ afternoon \_\_\_\_\_

Total number of swimmers: \_\_\_\_\_ x \$2.50= \$ \_\_\_\_\_

Total number of individual entries: \_\_\_\_\_ x \$3.00 = \$ \_\_\_\_\_

Total number of relays: \_\_\_\_\_ x \$12.00 = \$ \_\_\_\_\_

Total Amount Enclosed: \$ \_\_\_\_\_

**MEET ENTRY CHAIRPERSON:**

Dot Rosenblatt  
P.O. Box 41  
Hood, VA 22723  
(540) 948-3734 e-mail – drosenblatt@hughes.net

**Meet Entry Deadline: Wednesday, Dec 24, 2008 for e-mail entries, checks need to be received by mail NO LATER THAN DECEMBER 31, 2008.**

**Contact Person:**

Please provide information below in case of questions regarding this entry.

Name: \_\_\_\_\_ e-mail \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: Day \_\_\_\_\_ Night \_\_\_\_\_

**OFFICIALS: Please list and email (scienceguy17@comcast.net ) available certified officials able to assist with this meet. Indicate Stroke & Turn, Starter, CTS, Timing Judge etc & Sessions available.**

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_