



AMENDED
H20KIE THANKSGIVING INVITATIONAL
BB+ Meet
November 14-16, 2008
SANCTION NO. VS-09-17



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-09-17
LOCATION:	War Memorial Pool, Blacksburg, VA (540) 231-3019
FACILITY:	25 yards, 8 lanes with non-turbulent lane lines, deck-anchored starting blocks and water depth of 5.0 feet at the starting end. Colorado Timing System with eight line scoreboard will be used. A 6 lane 20 yd. warm-up/warm-down pool will be available continuously.
MEET DIRECTOR:	Name: Ken Clark Name: Diane Frizzell Email: lrclark58@comcast.net Email: dfhokie@aol.com Phone: (276) 233-7080 Phone: (540) 230-7595
ELIGIBILITY:	<ul style="list-style-type: none"> • Open to all USA Swimming/VSI registered swimmers and invited out of LSC teams • All swimmers must possess a “BB” time in each event entered. Host team swimmers may swim all events regardless of classification • All swimmers participating in this meet must be registered by the first day of this meet • No on deck registration will be permitted • 2009-2012 NAG times are in effect • Age on November 14, 2008 will determine age for the entire meet
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> • Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none"> • All 12 and younger swimmers will swim timed finals on Friday PM and Saturday and Sunday afternoon. • All 13 and older swimmers will swim on Friday PM, Saturday and Sunday morning and Finals Saturday and Sunday night. 13-14 and senior entrants will swim combined preliminaries during the Morning session except for the 500 Freestyle, and 400 IM • 13-14 and senior entrants will swim separate consolation and championships Finals for each age group (13-14, and senior) girls and boys, in the FINALS session.
WARM-UPS:	<ul style="list-style-type: none"> • Friday night distance events: warm-ups at 3:00 PM; competition starts at 4:30 PM. • Morning preliminary sessions: Saturday and Sunday warm-ups at 7:00 AM; Competition starts at 8:30 AM. • Afternoon sessions: <ul style="list-style-type: none"> ○ Saturday: warm-ups at 11:30 PM; competition starts at 12:30 PM. ○ Sunday: warm-ups at 12:00 PM; competition starts at 1:00 PM • If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends • Finals session: warm-ups: Saturday at 5:00 PM and Sunday at 4:00 PM: competition starts Saturday at 6:00 PM and Sunday at 5:00 PM. • Lane assignment and warm-up times will be posted on the H20kie web site no later than November 12, 2008, and will also be emailed to the contact person of the participating clubs. • Finals warm-ups; open/general for the first 25 minutes, remaining 20 minutes as follows: Lane 1, 8 pace; 2,7 dive starts/one-way sprints; 3-6 general warm-up.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, NOVEMBER 4, 2008</p> <ul style="list-style-type: none"> • Entries must be submitted in short course yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. • Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½” computer disk. • A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, phone number, and email address of the person to contact in case of questions

	<p>must accompany the entries, regardless of how they are submitted.</p> <ul style="list-style-type: none"> • Coaches Time (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. • "No Time" (NT) entries will not be accepted. • 13 and older Swimmers may enter a maximum of 3 individual events and 1 relay event per day. 12 and younger swimmers may enter a maximum of 4 individual events and 1 relay event per day. • Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. • Meet will be limited to 250 swimmers per session. • The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. • Email entries to: edbaldwi@vt.edu • Mail entry fees to: Scott Baldwin 820 Walters Drive Christiansburg, VA 24073 Phone: (540) 998-2327 • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
FEES:	<p>Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Checks should be made payable to: H20kie Aquatics • Payment must be received by November 11, 2008 for email entries. Payment must be included with all mailed entries. • Failure to pay entry fees by this deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> • Individual events: Ribbons will be awarded for first through eighth place. <ul style="list-style-type: none"> ○ 12 and younger individual events will be awarded by 8 and younger, 9, 10, 11, and 12 year old single age groups. ○ 11-12 events will be awarded by 11 year old and 12 year old single age groups. ○ 13 and older will be awarded by 13-14 and senior age groups. • Relay events: Ribbons will be awarded for first through 4th place .
SEEDING:	<ul style="list-style-type: none"> • All events 200 yds or less will be pre-seeded. • All events 400 yds or longer will be deck seeded with a positive check-in as described below • Swimmers in the afternoon sessions should report directly to the blocks for their events • Positive check-in will close at the end of warm-ups • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT • 13-14 & senior 1000 free will be swum fastest to slowest in alternating heats of girls and boys • There will be a maximum of 8 heats for the 1000 Free: 4 girls and 4 boys • Proof of time must be submitted with entry • The fastest 16 of the 13-14 swimmers, girls and boys and the fastest 16 senior swimmers, girls and boys, are guaranteed entry • If the number of entries for an age group is less than 16, heats will be filled from the remaining entries, based on time and gender, not age group. The fastest 24 swimmers in each age group and gender in the 500 Free and 400 IM are guaranteed entry. • Proof of time must be submitted with entry. • The fastest heat of the 500 Free, events #17-20 will swim in the final session on Saturday in numerical event order. • The remaining heats will swim in the Saturday preliminary session after the 200 free relay, events #21-24.

	<ul style="list-style-type: none"> • All heats of the 400 IM will be held in the preliminary session on Sunday. • Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the clerk of course on the provided forms.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. • In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Steve Woolfolk Email: woolfolks@aol.com Phone: (540) 890-6160</p> <ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Alison Goforth no later than November 5, 2008. • A meeting of all strokes and turns officials 30 minutes prior to the start of the first session and 45 minutes prior to sessions 2-5.
SAFETY:	<ul style="list-style-type: none"> • VSI Safety and Warm-up procedures will be in effect. • Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules. • Shaving in the swim venue is not permitted. Swimmer noncompliance will result in dismissal from the meet.
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be posted on the H20kie website no later than November 13, 2008 and will also be emailed to the contact person of each of the individual clubs. • Distance event participants will be expected to provide their own timers and lap counters.
GENERAL:	<ul style="list-style-type: none"> • Bleacher seating for spectators is available on deck. No chairs set up on the pool deck. • Gymnasium will be available for swimmers and guests. • Kast-A-Way swimwear will be in attendance for swimming related items. • Hospitality will be provided to certified USA swimming coaches and registered USA swimming officials only.
FACILITY RULES:	<ul style="list-style-type: none"> • Each club is responsible for supervising the conduct of its swimmers/spectators. Swimmers are not permitted in any room not directly associated with the meet. • Virginia Tech classes will be in session so parking will be an issue. Maps will be available on Friday. Swimmer drop off is available in front of the War Memorial pool.
DIRECTIONS:	<p>Coming from North or South on I-81, take EXIT 118B onto 460 west by-pass. Follow to first traffic signal, turn right onto Southgate Drive. Turn left onto Duck Pond Drive, then right onto Washington Street. Turn left at traffic circle to West Campus Drive. At base of descent, turn right on Drillfield Drive. War Memorial gym will be halfway down on your right. The pool is directly across from Burruss Hall (castle-like structure).</p>

**2008 H2OKIE AQUATICS INVITATIONAL
ORDER OF EVENTS**

Warm-up 3PM - Start 4 PM

Friday Evening Events		
Girls	Event	Boys
1	10 & under 200 Freestyle	2
3	12 & under 500 Freestyle	4
5	13&14/ Senior 1000 Freestyle	6

Warm-up 6:30AM - Start 8 AM

Saturday 13&Over Morning Session		
Girls	Event	Boys
7	13-14/Senior 200 I.M.	8
9	13-14/Senior 100 Back	10
11	13-14/Senior 50 Free	12
13	13-14/Senior 200 Fly	14
15	13-14/Senior 100 Breast	16
17*	13-14 500 Free	18*
19*	Senior 500 Free	20*
21	13-14 200 Freestyle Relay	22
23	Senior 200 Freestyle Relay	24

* indicates a "Timed Final" event. Events #17-20 will swim after events #21-24 during the Saturday Preliminary session, but in numerical order during the Saturday Finals session.

Warm-up 6:30 AM - Start 8 AM

Sunday 13&Over Morning Session		
Girls	Event	Boys
41	13-14/Senior 100 Free	42
43	13-14/Senior 200 Back	44
45	13-14/Senior 100 Fly	46
47	13-14/Senior 200 Breast	48
49	13-14/Senior 200 Free	50
51*	13-14 400 I.M.	52*
53*	Senior 400 I.M.	54*
55	13-14 200 Medley Relay	56
57	Senior 200 Medley Relay	58

* indicates a "Timed Final" event. Event #51-54 will swim after event #55-58 during the Sunday preliminary session

Warm-up 12:30 PM - Start 1:30 PM

Saturday 12&U Afternoon Session		
Girls	Event	Boys
25	11-12 200 Fly	26
27	12& Under 50 Fly	28
29	12& Under 100 Free	30
31	12& Under 100 IM	32
33	11-12 200 Back	34
35	12& Under 50 Back	36
37	12& Under 100 Breast	38
39	12&Under 200 Free Relay	40

Warm-up 12:30 PM - Start 1:30 PM

Sunday 12&U Afternoon Session		
Girls	Event	Boys
59	12& Under 200 IM	60
61	12& Under 100 Back	62
63	12& Under 50 Free	64
65	12& Under 100 Fly	66
67	11-12 200 Breast	68
69	12& Under 50 Breast	70
71	11-12 200 Free	72
73	12&Under 200 Medley Relay	74