



2010 NEW YEAR SPRINT SWIM MEET
North District A/BB/B/C Mini Meet
January 3, 2010
SANCTION NO. VS-10-36

Hosted by



Battlefield Area Star Swimmers

SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-10-36
LOCATION:	Barbee Center Indoor Pool, Woodberry Forest School, Woodberry Forest, VA
FACILITY:	<ul style="list-style-type: none">• 25 Yard, 6 Lanes, indoor pool with non-turbulent lane lines, 4 feet in depth at the start end and 13 ½ feet in depth at the turn end; Colorado Timing System with a six-line digital display board.• The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).
MEET DIRECTOR:	Kevin McHaney Email: kmchaney@yahoo.com Work Phone: (540)948-7629 Cell Phone: (540)718-BASS
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all Virginia Swimming athletes in the North District registered by the first day of the meet. Teams in the North District are: BASS, PWSC, QDD, RAYS, RPST, SHKS, STAT, TSU, VAST, VSPT, & WST• Teams outside of the North District may participate by invitation only• No on deck Virginia Swimming athlete registration will be permitted• Age on January 3, 2010 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• All 10 & Younger swimmers will swim on Sunday morning.• All 11 & Older swimmers will swim on Sunday afternoon.• All events will be timed finals.
WARM-UP:	<ul style="list-style-type: none">• Morning session: Warm-ups at 7:30-8:30 am; competition starts at 8:40 am.• Afternoon session: Warm-ups not prior to 11:00 am; competition starts not prior to 12:15 pm.• Lane assignment and warm-up times for individual clubs will be posted on the BASS website www.BASS-Swim.org no later than December 30, 2009, and will also be emailed to the contact person of the participating clubs.• If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, DECEMBER 23, 2009</p> <ul style="list-style-type: none">• Entries from teams outside the North District until 12:00 pm, Thursday, December 24, 2009, if space is available after North district entries have been accepted.• Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.• Teams submit entries as an e-mail attachment• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.• Coach's Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.• "No Time" (NT) entries will not be accepted.• Swimmers may enter a maximum of 4 individual events and 1 relay event per day

	<ul style="list-style-type: none"> Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. Email entries to: drosenblatt@hughes.net Mail entries to: Dot Rosenblatt PO Box 41 Hood VA 22723 Phone: (540) 948-3734 IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms. (Optional if you choose to accept deck entries.)
FEES:	<p>Individual events: \$3.00 Relay events: \$12.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> Checks should be made payable to: BASS Swim Team. Payment must be received by December 30, 2009 for email entries. All mailed entries must have the payment included with the entries. Failure to pay entry fees by this deadline could result in teams being barred from this meet.
AWARDS:	<ul style="list-style-type: none"> Individual events: Ribbons will be awarded for first through sixth place. <ul style="list-style-type: none"> 13-18 individual events will be given separate awards for 13-14 and 15-18 age groups. 11-18 individual events will be given separate awards for 11-12, 13-14, and 15-18 age groups. 10 & Under individual events will be given separate awards for 9-10 and 8 & Under age groups. 8 & Under individual events will be given separate awards for 7-8 and 6 & Under age groups. Heat winner ribbons will be awarded for all 10 & Under individual events. Relay events: Ribbons will be awarded for first through fourth place.
SEEDING:	<ul style="list-style-type: none"> All events will be pre-seeded. All morning swimmers must report to the Clerk of Course and they will be brought to the blocks from there. Swimmers in the afternoon sessions should report directly to the blocks for their events.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered. If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> The Current USA Swimming Rules and Regulations will apply. The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee. In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

OFFICIALS:	<p>Meet Referee: Jim Frye Email: jamfrye@comcast.net Phone: (540) 582-3238</p> <ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Ric Barklund, Email: ric.barklund@comcast.net no later than December 29th, 2009. • Officials will meet in the Hospitality room 45 minutes before the start of each session.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be emailed to the contact person of each of the individual clubs no later than Dec. 30, 2009.
GENERAL:	<ul style="list-style-type: none"> • Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. • Heat sheets will be available for sale. • Concessions: There will be a variety of refreshments offered by the BASS Swim Team; Breakfast and lunch items will be available • Swim Supplies & Apparel: <i>Sportfair</i> will provide swimming supplies & apparel during the meet.
FACILITY RULES:	<ul style="list-style-type: none"> • Certain areas will be marked off limits. Please obey the rules. • No glass is permitted in the facility. • No smoking is permitted in the building. • Please be courteous in sharing the locker rooms and bathrooms by keeping them neat. • No food or drinks in the pool or lobby area. All food and drinks must be kept in the gym area. • Please park in designated areas at the direction of parking attendants. There is very limited parking. Please carpool if possible. • PLEASE DO NOT PARK ON THE GRASS.
DIRECTIONS:	<p>PLEASE DO NOT CALL WOODBERRY FOREST SCHOOL FOR DIRECTIONS!! THANK YOU</p> <ul style="list-style-type: none"> • Woodberry Forest School is located on Rt. 15, 12 miles south of the intersection of Rt. 15 and Rt. 29. Turn into Woodberry at Rt. 622 (there are signs designating the school). Once you pass the guard house the Barbee Center is the first building on the left. • FROM THE NORTH: Take Rt. 29S to Rt. 15S. Turn left into Woodberry after 12 miles on Rt. 622. • FROM THE EAST: Take Rt. 3W to Rt. 20S to Rt. 15N. Turn right into Woodberry 3 miles north of Orange on Rt. 622. • FROM THE SOUTH: Take 29N to Rt.230E to Rt. 15N. Turn right into Woodberry after 1 mile on RT.622.
HOTES	<p>Following are some available Hotels in the area.</p> <ul style="list-style-type: none"> • Holiday Inn Express Orange Hotel, www.hiexpress.com - (540) 672-6691 About 4 minutes from the pool • Microtel Inn & Suites Culpeper, www.microtelinn.com - (800) 771-7171 About 12 minutes from the pool • Best Western Culpeper Inn, www.bestwesternvirginia.com - (540) 825-1253 About 12 minutes from the pool • Culpeper Super 8 Motel, www.super8.com - (540) 825-8088 About 12 minutes from the pool • Holiday Inn Express Hotel & Suites Culpeper, www.hiexpress.com - (540) 825-7444 About 12 minutes from the pool

BASS New Year Sprint
Sunday, January 3, 2010
Woodberry Forest, Va.

SUNDAY AM

Warm-ups 7:30-8:30AM Meet Starts @ 8:40AM

Girls		Boys
1	10 & U 100 IM	2
3	8&U 25 Free	4
5	9-10 100 Free	6
7	10&U 50 Fly	8
9	8&U 25 Breast	10
11	10&U 50 Free	12
13	8&U 25 Back	14
15	10&U 50 Breast	16
17	8&U 25 Fly	18
19	10&U 50 Back	20
21	8&U 100 Fr Relay	22
23	10&U 200 Fr Relay	24

SUNDAY PM

Warm-ups 11:00 AM Meet Starts @ 12:15PM

Girls		Boys
25	11-12 200 Fr Relay	26
27	13-18 200 Fr Relay	28
29	11-12 100 IM	30
31	13-18 200 IM	32
33	11-18 50 Free 34	
35	11-18 100 Fly	36
37	11-18 50 Breast	38
39	11-18 100 Free	40
41	11-18 50 Back	42
43	11-18 100 Breast	44
45	11-18 50 Fly	46
47	11-18 100 Back	48
49	13-18 200 Free	50

BASS 2010 New Year Sprint Swim Meet January 3, 2010
Virginia Swimming, Inc.
SANCTION # VS-10-
MEET ENTRY CHECK LIST AND SUMMARY FORM

Mail in with entries:

1. Master entry Sheets
2. Check for Entries Payable to: BASS Swim Team
3. Summary Sheet

Name of Team: _____ Team Code _____

Number of Female swimmers: morning _____ afternoon _____

Number of Male swimmers: morning _____ afternoon _____

Total number of swimmers: _____ x \$2.50= \$ _____

Total number of individual entries: _____ x \$3.00 = \$ _____

Total number of relays: _____ x \$12.00 = \$ _____

Total Amount Enclosed: \$ _____

MEET ENTRY CHAIRPERSON:

Dot Rosenblatt
P.O. Box 41
Hood, VA 22723
(540) 948-3734 e-mail – drosenblatt@hughes.net

Meet Entry Deadline: Wednesday, Dec. 23, 2009 for e-mail entries, checks need to be received by mail NO LATER THAN DECEMBER 31, 2009.

Contact Person:

Please provide information below in case of questions regarding this entry.

Name: _____ e-mail _____

Address: _____

Telephone: Day _____ Night _____

OFFICIALS: Please list and email (ric.barklund@comcast.net) available certified officials able to assist with this meet. Indicate Stroke & Turn, Starter, CTS, Timing Judge etc & Sessions available.

Name: _____ Telephone: _____

Name: _____ Telephone: _____

Name: _____ Telephone: _____

Name: _____ Telephone: _____