



8-UNDER SUPER CIRCUIT SERIES
Veterans Day Meet
November 14, 2009
SANCTION NO. VS-10-22

Hosted by:



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-10-22
LOCATION:	Great Bridge Swim and Racquet Club, 1200 Back Road, Chesapeake VA
FACILITY:	<ul style="list-style-type: none"> 6-Lane, 25-Meter pool, equipped with Swim-Quip non-turbulent land markers. Automatic timing by Colorado Systems The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).
MEET DIRECTOR:	Steve Bialorucki Phone: (757) 474-1015 Email: swimodac@msn.com
ELIGIBILITY:	<ul style="list-style-type: none"> Open to all USA Swimming/Virginia Swimming athletes 8 years old and younger from ODAC, TAC, TCAC, TIDE, US, VYAC, and WAC registered by the first day of the meet No on deck USA Swimming/Virginia Swimming athlete registration will be permitted. Age on November 14, 2009 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none"> The events are in a pentathlon format. All events will be timed finals.
WARM-UP:	Warm-ups are at 9:00 am; competition starts at 10:00 am
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, NOVEMBER 4, 2009</p> <ul style="list-style-type: none"> Entries must be submitted in short course meter times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. Teams submit entries as an e-mail attachment A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted Coach's Times (CT) and "No Time" (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. 6 and under swimmers may swim a maximum of 4 events. 7 and 8 year old swimmers may swim a maximum of 5 events. Entries will be processed in the order they are received. This meet will be limited to 125 swimmers. The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. Email entries to: stevebialorucki@swimodac.com Mail entries to: Steve Bialorucki 5165 Stratford Chase Drive Virginia Beach, VA 23464 Phone: (757)474-1015 IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.
FEES:	Individual events: \$3.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)

	<ul style="list-style-type: none"> • Checks should be made payable to: ODAC Meets • Payment must be received by November 14, 2009 for email entries. Payment must be included with all mailed entries • Failure to pay entry fees by this deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> • Individual events: Ribbons will be awarded for first to sixth place in each event • Awards will be given for each age group: 6 and under, 7 year olds and 8 year olds.
SEEDING:	<ul style="list-style-type: none"> • All events will be pre-seeded. • Swimmers should report directly to the blocks for their events. • Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Clerk-of-Course on the provided forms.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming at least 24 hours prior to the start of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • The overhead start procedure will may be used at the discretion of the Referee. • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Janet Law Email: janetlaw56@cox.net Phone: (757) 482-5146</p> <ul style="list-style-type: none"> • Officials at all positions will be required for this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to <u>Jeannine Bain, not later than November 14, 2009.</u>
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
GENERAL:	<ul style="list-style-type: none"> • NO SMOKING on the pool deck or in the spectator gallery. • Each Team is encouraged to ensure the good conduct of swimmers in all areas of the building, including but not limited to locker rooms and hallways. • NO GLASS containers are permitted in or around the pool area.

Old Dominion Aquatic Club
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Sanction Number

Saturday morning – November 14, 2009

Event #	Event	Event #
1	6-under 25 Meter Freestyle	2
3	7 and 8 year old 25 Meter Freestyle	4
5	6-under 25 Meter Backstroke	6
7	7 and 8 year old 25 Meter Backstroke	8
9	6-under 50 Meter Freestyle	10
11	7 and 8 year old 50 Meter Freestyle	12
13	6-under 25 Meter Free Kick	14
15	7 and 8 year old 25 Meter Free Kick	16
17	6-under 50 Meter Backstroke	18
19	7 and 8 year old 50 Meter Backstroke	20
21	6-under 25 Meter Butterfly	22
23	7 and 8 year old 25 Meter Butterfly	24
25	6-under 25 Meter Breaststroke	26
27	7 and 8 year old 25 Meter Breaststroke	28
29	6-under 25 Meter Fly Kick	30
31	7 and 8 year old 25 Meter Fly Kick	32
33	7 and 8 year old 100 Meter IM	34
35	7 and 8 year old 50 Meter Fly	36