



SEVA SEAHAWKS
8 & Younger Meet
November 7, 2009
SANCTION NO. VS-10-27



SANCTION:	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-10-27
LOCATION:	Fort Eustis Aquatic Center, Building 641 (corner of Washington Ave. & Tyler Ave.), Fort Eustis, Va. 23604, Phone (757) 878-1090 or 878-1091
FACILITY:	<ul style="list-style-type: none">• Eleven-lane 25 yard indoor pool, 7-9 feet deep. The competition will be run using 4 or 6 lanes depending on the number of entries.• Facility has Kiefer Wave Eater racing lane lines. The Daktronics Automatic Timing System will not be used during this competition. The competition will be run using three watches per lane.• The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2 (C).
MEET DIRECTOR:	Dave Henderson Phone: (757) 897-6127 (cell) Email: SEVAseahawks@aol.com
ELIGIBILITY:	<ul style="list-style-type: none">• Open to all Virginia Swimming athletes eight years old and younger from SEVA and CGBD registered by the first day of the meet. Other teams are welcome. Please contact the meet director if your team would like to attend.• No on deck Virginia Swimming athlete registration will be permitted.• Age on November 7, 2009 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none">• All swimmers will compete in one session.• All events will be timed finals.
WARM-UPS:	<ul style="list-style-type: none">• Warm-ups will be from 11:30 am to 11:50 am. The competition will start at 12:00 Noon.• Lane assignments for each club will be posted on the SEVA web site, www.sevaswimming.com by going to "Meets" followed by "SEVA Hosted Meets" no later than Thursday, November 5, 2009 and will also be e-mailed to the contact person of the participating clubs.
ENTRIES:	<p>DEADLINE FOR RECEIPT OF ENTRIES IS MONDAY, NOVEMBER 2, 2009.</p> <ul style="list-style-type: none">• Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.• Teams may submit entries as an e-mail attachment.• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, Email address, and phone number of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.• Coach's Times (CT) and "No Time" (NT) entries will be accepted for events which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT, must have been achieved in USA Swimming sanctioned, approved, or observed competition.• Swimmers may enter a maximum of 4 individual events and 1 relay.• Relay teams must be designated A, B, C, etc. if a team enters more than one relay.• Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit.• The Meet Director reserves the right to limit entries in any event, if necessary, to prevent too lengthy a session, and to combine heats and events in which actions may require reseeding.• E-Mail Entries To: SEVAseahawks@aol.com

	<ul style="list-style-type: none"> • Mail Entries To: Dave Henderson 929 Edgewater Drive Newport News, Va. 23602 Phone: (757) 897-6127 (cell) • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is not required for delivery, as this will delay receipt of your entries. • Deck entries will be accepted in the order received for swimmers already in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Meet Director.
FEES:	<p>Individual Events: \$3.00 Relay Events: \$12.00 Swimmer Surcharge: \$2.50 (entered in any capacity in the meet)</p> <ul style="list-style-type: none"> • Make Checks payable to: SEVA Inc. • Payment must be received by November 7, 2009 for email entries. Payment must be included with all mailed entries. • Failure to pay entry fees by this deadline could result in teams being barred from the meet.
AWARDS:	<ul style="list-style-type: none"> • Individual Events: Ribbons will be awarded for first (1st) through sixth (6th) place • Heat winner awards will be given in all events. • Relay Events: Ribbons will be awarded for first (1st) through third (3rd) place for each event.
SEEDING:	<ul style="list-style-type: none"> • All events will be pre-seeded. • Swimmers should report directly to the blocks for their events.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with United States Swimming by the day prior to the start of the meet may be fined \$100 per swimmer in each event so entered. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • The overhead start procedure may be used. • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: John Presgraves Email: fhs1981@cox.net Phone: (757) 599-4760 (home) (757) 869-4657 (cell)</p> <ul style="list-style-type: none"> • We ask for your teams help in supplying officials for the meet. • Anyone in the process of achieving certification through on-deck training is welcome. • Contact: Susan Gorton, SEVA Officials Chairman at (757) 864-5059(w) (757) 595-0971(h) or mpgorton@verizon.net. Thank you for your help in advance.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	SEVA will provide all timers for this meet.
GENERAL:	<ul style="list-style-type: none"> • Meet Programs/Heat Sheets: Heat sheets will be sold for \$1.00 • Snack Bar: Concessions will be run by the Aquatic Center. • Swim Shop: There will not be a swim shop present at this meet. • Hospitality: SEVA will provide a Hospitality Room for coaches and officials. Light snacks and drinks will be served.
RESULTS:	<ul style="list-style-type: none"> • All results will be announced, and then posted on the wall in the hallway near the locker rooms. • Meet results will be e-mailed to all participating teams within 24 hours of the conclusion of the

	<p>meet.</p> <ul style="list-style-type: none"> The results will be posted to the Virginia Swimming web site www.virginiaswimming.com after the conclusion of the meet.
FACILITY RULES:	<ul style="list-style-type: none"> PLEASE READ THOROUGHLY. RULES WILL BE ENFORCED BY THE MEET MARSHALLS, AQUATIC CENTER STAFF AND THE FORT EUSTIS FIRE MARSHALL. FORT EUSTIS AUTOMOBILE ACCESS: DRIVERS LICENSE AND AUTOMOBILE REGISTRATION ARE REQUIRED TO ENTER FORT EUSTIS. Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator who violates Aquatic Center rules, posted at the pool, will be disqualified from the meet and escorted from the facility. The Aquatic Center prohibits food of any kind in the pool area. Consumption of food is allowed in the lobby area and the spectator balcony. Permissible beverages, sports drinks and water must be in closed plastic containers. Deck Access: Access to the pool deck will be strictly controlled. Swimmers, coaches, officials and event staff are the only people permitted on deck during warm-ups and the competition. SWIMMERS WILL NOT BE ALLOWED IN THE BALACONY AREA. THE BALCONY SEATING AREA WILL BE FOR SPECTATORS ONLY. SWIMMERS MUST STAY ON THE COMPETITION POOL DECK. The Adventure Pool side of the building WILL NOT be available seating. Parents are responsible for any siblings brought to the meet. Please chaperon them closely. No glass, food, chewing gum.
DIRECTIONS:	<p>From the north/south, take Fort Eustis Blvd. from I-64 exit 250A, Route 17, Jefferson Avenue, Warwick Blvd. After passing through main gate, the road becomes Washington Blvd. In ½ mile you will come to a traffic circle. Go straight through it, DO NOT BEAR OFF. The first right will be Tyler Avenue. The Aquatic Center is on the left corner. Additional parking is available 50 yards past the entrance to the Center on both the right and left sides of Tyler Avenue.</p>

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ORDER OF EVENTS**

Warm-up: 11:30 am; Start: 12:00 pm		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	50 Freestyle	2
3	25 Butterfly	4
5	25 Backstroke	6
7	25 Breaststroke	8
9	25 Freestyle	10
11	50 Backstroke	12
13	50 Breaststroke	14
15	100 Free Relay	16
There will be a 4-minute break after each boy's event.		