**Regionals Warm-Up Assignments**

**Friday (meet starts at 8:10 am)**  
7:00 to 7:30 am 7:30 to 8 am  
PWSC – 1 & 2 RAYS – 1 & 2, C & D  
RAPP – 3 NOVA – 3-10, A & B  
TSU - 4  
WST – 4 & 5  
STAT – 6-7, D  
VSTP – 7  
BAC – 8, A & B  
RPST – 9 & C  
QDD – 10

**Saturday (meet starts at 8:10 am)**7:00 to 7:30 am 7:30 to 8 am  
RAYS – 1 & 2, C & D PWSC – 1 & 2  
TSU – 3 RAPP – 3 & 4  
NOVA – 4-10, A & B VSTP – 4  
 STAT – 5, C & D  
 RPST – 6 & 7  
 WST – 7 & 8  
 BAC – 9, A & B  
 QDD – 10

**Sunday (meet starts at 8:10 am)**  
7:00 to 7:30 am 7:30 to 8 am  
PWSC – 1 & 2 RAYS – 1 & 2, C & D  
RAPP – 3 & 4 TSU - 3  
RPST – 4 & 5 NOVA – 4-10, A & B  
VSTP – 6  
STAT – 6, C & D  
WST – 7 & 8  
BAC – 9, A & B  
QDD - 10