2007 Eastern Zone SuperSectional

Order of Events/Qualifying Times July 19-22, 2007 -- St Mary's, Maryland

(includes both Regions 1 and 2 in a "Super Sectional")

(all scm times corrected April 9, 2007)

Thursday				Saturday			
Day 1 Prelim				Day 3 Prelim			
Event	LCM QT	SCY QT	SCM QT	Event	LCM QT	SCY QT	SCM QT
W 200 IM	02:28.89	02:08.89	02:26.09	W 200 Fly	02:27.89	02:09.69	02:25.09
M 200 IM	02:17.19	01:57.49	02:14.39	M 200 Fly	02:16.89	02:01.39	02:14.09
W 100 Free	01:01.39	00:53.79	00:59.99	W 100 Back	01:09.19	00:59.69	01:07.79
M 100 Free	00:55.99	00:47.89	00:54.59	M 100 Back	01:03.79	00:53.99	01:02.39
W 100 Breast	01:18.69	01:07.49	01:17.29	W 400 Free	04:34.89	05:03.69	04:29.29
M 100 Breast	01:12.69	01:00.79	01:11.29	M 400 Free	04:18.59	04:44.29	04:12.99
W 1500 Free	18:05.69	17:49.19	17:44.69	W 800 Free Rel	09:06.19	07:57.59	08:54.99
M 800 Free	09:00.39	09:51.09	08:49.19	M 800 Free Rel	08:26.19	07:13.39	08:14.99
				Sunday			
Friday				Day 4 Prelim			
Day 2 Prelim				Event	LCM QT	SCY QT	SCM QT
Event	LCM QT	SCY QT	SCM QT	W 200 Back	02:28.29	02:08.69	02:25.49
W 200 Free	02:11.29	01:54.79	02:08.49	M 200 Back	02:16.89	01:57.79	02:14.09
M 200 Free	02:01.69	01:44.19	01:58.89	W 50 Free	00:28.49	00:24.99	00:27.79
W 100 Fly	01:07.69	00:58.89	01:06.29	M 50 Free	00:25.49	00:22.29	00:24.79
M 100 Fly	01:00.99	00:52.69	00:59.59	W 200 Breast	02:48.99	02:25.59	02:46.19
W 400 IM	05:14.89	04:35.49	05:09.29	M 200 Breast	02:38.99	02:13.29	02:36.19
M 400 IM	04:54.59	04:14.79	04:48.99	W 400 MedRel	04:47.99	04:09.49	04:42.39
W 400 Free Rel	04:15.39	03:43.79	04:09.79	M 400 MedRel	04:23.59	03:43.89	04:17.99
M 400 Free Rel	03:52.99	03:19.29	03:47.39	W 800 Free	09:29.49	10:27.99	09:18.29
				M 1500 Free	17:23.89	16:49.09	17:02.89

Qualifying Period: January 1, 2006 through entry deadline for this meet.

Notes:

(1) Reflects revised Order of Events approved by Zone -- September, 2006

(2) Times highlighted in BOLD RED have been changed from 2006 based on guidance provided by Eastern Zone -- September, 2006

- (3) Relay swimmers only are permitted.
- (4) All entered relays must have bettered the event qualifying time, 2 relays max per team.
- (5) At least ONE (1) swimmer on each relay entered must enter and compete in an individual event.
- (6) There will be NO Bonus events.
- (7) There will be NO TIME TRIALS for relay only swimmers.
- (8) The fastest two heats of relays will be swum in finals
- (9) Fastest heat of 800 and 1500 Freestyle will be swum in finals.