

## 2009 Eastern Zone Maximum Times for Zone Meets

All times are as of October 27, 2008

<b>WOMEN</b>			<b><u>EVENT</u></b>	<b>MEN</b>		
<b><u>SCY</u></b>	<b><u>LCM</u></b>	<b><u>SCM</u></b>		<b><u>SCM</u></b>	<b><u>LCM</u></b>	<b><u>SCY</u></b>
24.09	27.59	26.79	<b>50 FREESTYLE</b>	23.89	24.79	21.59
52.19	59.29	57.39	<b>100 FREESTYLE</b>	51.69	53.99	46.89
1:52.09	2:07.59	2:03.39	<b>200 FREESTYLE</b>	1:53.29	1:58.09	1:42.49
4:57.09	4:26.59	4:16.49	<b>400/500 FREESTYLE</b>	3:59.39	4:09.79	4:36.59
10:14.39	9:09.89	8:54.89	<b>800/1000 FREESTYLE</b>	8:23.99	8:40.19	9:36.29
17:00.99	17:38.69	16:54.49	<b>1500/1650 FREESTYLE</b>	16:02.39	16:37.59	16:03.49
57.79	1:06.89	1:03.39	<b>100 BACKSTROKE</b>	57.99	1:00.99	52.19
2:04.19	2:23.59	2:17.49	<b>200 BACKSTROKE</b>	2:05.39	2:12.29	1:53.09
1:05.29	1:15.29	1:12.79	<b>100 BREASTSTROKE</b>	1:05.09	1:08.79	58.69
2:21.39	2:42.19	2:37.09	<b>200 BREASTSTROKE</b>	2:23.29	2:29.39	2:07.99
57.29	1:04.79	1:02.49	<b>100 BUTTERFLY</b>	56.09	58.59	51.19
2:05.69	2:21.99	2:17.49	<b>200 BUTTERFLY</b>	2:04.59	2:10.59	1:53.99
2:06.89	2:24.49	2:19.19	<b>200 INDIVIDUAL MEDLEY</b>	2:06.49	2:13.19	1:54.59
4:28.49	5:05.29	4:55.29	<b>400 INDIVIDUAL MEDLEY</b>	4:29.89	4:43.19	4:04.09

**Comments:**

1) These times are based on the slowest of the 2008/2009 Time Standards for the 2008 Short Course Nationals, 2008 Short Course Junior Nationals, 2009 Speedo Junior National Championships, and the 2009 US Open Championships.

2) Athletes who have competed in an Individual Event at the USA Swimming National Championships, the USA Swimming Spring Championships, U.S. Open, the USA Swimming Junior Championships or a USA Swimming Trials Class meet are not eligible to enter and compete at an EZ AG Championship meet.

3) Athletes 13 years of age and over who have achieved a qualifying time in an individual event for any of the above meets (see F.5d) prior to the entry deadline for the EZ meet, may not enter and compete in an EZ AG Championship meet.

4) Athletes 12 years of age or younger who have achieved a qualifying time in an individual event for any of the above meets (see F.5d), but have not competed in that event at the stated meet, may enter and compete in that event in an EZ AG Championship meet.