

<b>Virginia Swimming</b> <b>LC Top 10</b> <b>thru 13 August 2014</b> <b>Age Up Date = 1st day of meet</b>
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Times since: 01-Mar-14

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
<b>Women 11-12 50 Free</b>								
1	28.18 L	F	Brianna Romney	12	SEVA VA	7/24/2014	2014 VSI LC AG Champs-	CAC
2	28.86 L	F	Kierstin Godfrey	12	TIDE VA	7/24/2014	2014 VSI LC AG Champs-	CAC
3	28.89 L	P	Brooke Knisely	12	GATR VA	7/24/2014	2014 VSI LC AG Champs-	CAC
4	28.93 L	F	Olivia Bray	12	GATR VA	8/1/2014	2014 NC HPSC Tar Heel States	
5	28.99 L	F	Carly Griffith	12	YRVS VA	7/24/2014	2014 VSI LC AG Champs-	CAC
6	29.16 L	F	Katherine Farmer	12	PSDN VA	7/24/2014	2014 VSI LC AG Champs-	CAC
7	29.22 L	P	Morgan Burton	11	PSDN VA	7/24/2014	2014 VSI LC AG Champs-	CAC
8	29.47 L	P	Anna Clare Fleenor	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course	Champion
9	29.56 L	F	Sydney Whiting	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs-	CAC
10*	29.60 L	F	Allison Pickels	12	PSDN VA	7/24/2014	2014 VSI LC AG Champs-	CAC
10*	29.60 L L	F	Caroline Bentz	11	RAYS VA	7/24/2014	2014 VSI LC AG Champs-	CAC
<b>Women 11-12 100 Free</b>								
1	1:01.76 L	F	Olivia Bray	12	GATR VA	8/1/2014	2014 NC HPSC Tar Heel States	
2	1:01.86 L	F	Colby Hurt	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course	Champion
3	1:01.93 L	F	Brooke Knisely	12	GATR VA	7/24/2014	2014 VSI LC AG Champs-	CAC
4	1:02.95 L	F	Katherine Farmer	12	PSDN VA	7/24/2014	2014 VSI LC AG Champs-	CAC
5	1:03.94 L	P	Sofia Long	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course	Champion
6	1:04.01 L	P	Morgan Burton	11	VSI VA	8/6/2014	2014 Eastern Zone Long Course	Champion
7	1:04.11 L	F	Anna Clare Fleenor	12	YRVS VA	6/13/2014	2014 SE TNAQ June Invitational	
8	1:04.21 L	P	Carly Griffith	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course	Champion
9	1:04.33 L	F	Sydney Whiting	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs-	CAC
10	1:04.36 L	P	Sarah Bender	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course	Champion
<b>Women 11-12 200 Free</b>								
1	2:11.52 L	F	Olivia Bray	12	GATR VA	7/24/2014	2014 VSI LC AG Champs-	CAC
2	2:11.87 L	F	Colby Hurt	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course	Champion
3	2:16.01 L	F	Katherine Farmer	12	PSDN VA	7/24/2014	2014 VSI LC AG Champs-	CAC
4	2:17.26 L	F	Miranda Kirtley	11	GATR VA	7/24/2014	2014 VSI LC AG Champs-	CAC
5	2:17.33 L	P	Brooke Knisely	12	GATR VA	7/24/2014	2014 VSI LC AG Champs-	CAC
6	2:18.88 L	P	Sofia Long	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course	Champion
7	2:18.97 L	F	Carly Griffith	12	YRVS VA	7/24/2014	2014 VSI LC AG Champs-	CAC
8	2:19.35 L	F	Sydney Whiting	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs-	CAC
9	2:19.72 L	F	Myra Anne Martin	12	PSDN VA	5/8/2014	Poseidon Classic 2014	
10	2:19.84 L	F	Avery Rogers	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs-	CAC
<b>Women 11-12 400 Free</b>								
1	4:37.01 L	F	Olivia Bray	12	GATR VA	7/24/2014	2014 VSI LC AG Champs-	CAC
2	4:42.91 L	F	Colby Hurt	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course	Champion
3	4:46.38 L	F	Miranda Kirtley	11	GATR VA	7/24/2014	2014 VSI LC AG Champs-	CAC
4	4:47.32 L	F	Brooke Knisely	12	GATR VA	7/24/2014	2014 VSI LC AG Champs-	CAC
5	4:50.21 L	F	Alexandra Owen	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs-	CAC
6	4:50.91 L	F	Katherine Farmer	12	PSDN VA	7/24/2014	2014 VSI LC AG Champs-	CAC
7	4:51.54 L	F	Allison Langenburg	12	NOVA VA	6/13/2014	2014 Furniture City Invitational	
8	4:51.92 L	P	Kristen Wagner	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course	Champion
9	4:52.03 L	F	Erin Quinn	12	QDD VA	5/3/2014	2014 Jeff Rouse Open Invitational	
10	4:54.34 L	F	Myra Anne Martin	12	PSDN VA	5/8/2014	Poseidon Classic 2014	
<b>Women 11-12 800 Free</b>								
1	10:00.55 L	F	Allison Langenburg	12	NOVA VA	5/17/2014	Williamsburg Aquatic Club Spring Splash	
2	10:07.14 L	F	Kristen Wagner	12	SMAC VA	6/13/2014	2014 SE TNAQ June Invitational	
3	10:13.33 L	F	Alexandra Owen	12	NOVA VA	5/17/2014	Williamsburg Aquatic Club Spring Splash	
4	10:24.16 L	F	Alyssa Reilly	11	SEVA VA	5/2/2014	Tide Speedo Spring Challenge A/BB/B/C	
5	10:47.15 L	F	Caroline Bentz	11	RAYS VA	6/20/2014	2014 Winchester LC Invitational A/BB/B/C	
6	10:48.54 L	F	Moira Euker	12	RAYS VA	6/20/2014	2014 Winchester LC Invitational A/BB/B/C	
7	10:50.36 L	F	Lindsey Blake	12	QDD VA	6/20/2014	2014 Winchester LC Invitational A/BB/B/C	

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	Time	P/F/S	Name	Age/Yr			
8	10:50.55 L	F	Avery Rogers	12	NOVA VA	6/27/2014	Subway Commonwealth Games of Virginia
9	10:52.15 L	F	Isabella Kimbel	11	CGBD VA	6/20/2014	CGBD Summer Madness LC Invitational
10	10:59.33 L	F	Hannah Ettinger	11	PSDN VA	5/17/2014	Williamsburg Aquatic Club Spring Splash
<b>Women 11-12 1500 Free</b>							
1	19:02.24 L	F	Alexandra Owen	12	NOVA VA	5/17/2014	Williamsburg Aquatic Club Spring Splash
2	19:16.16 L	F	Allison Langenburg	12	NOVA VA	5/17/2014	Williamsburg Aquatic Club Spring Splash
3	19:38.69 L	F	Kristen Wagner	12	SMAC VA	6/27/2014	Subway Commonwealth Games of Virginia
4	20:18.19 L	F	Avery Rogers	12	NOVA VA	6/27/2014	Subway Commonwealth Games of Virginia
5	20:24.34 L	F	Carly Griffith	12	YRVS VA	6/27/2014	2014 VA Ultimate Challenge
6	20:36.10 L	F	Cameron Murie	12	SMAC VA	6/27/2014	Subway Commonwealth Games of Virginia
7	20:55.67 L	F	Emmaline Woodworth	12	SMAC VA	6/27/2014	Subway Commonwealth Games of Virginia
8	20:59.28 L	F	Anna Clare Fleenor	12	YRVS VA	6/27/2014	2014 VA Ultimate Challenge
9	21:04.22 L	F	Hanna Shifflett	12	SMAC VA	6/27/2014	Subway Commonwealth Games of Virginia
10	21:22.44 L	F	Kayla Jones	12	CCA VA	6/27/2014	2014 VA Ultimate Challenge
<b>Women 11-12 50 Back</b>							
1	31.73 L	F	Olivia Bray	12	GATR VA	7/24/2014	2014 VSI LC AG Champs- CAC
2	32.84 L L	F	Ashley Cusano	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion
3	33.66 L L	F	Courtney Isley	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC
4	33.87 L	F	Kierstin Godfrey	12	TIDE VA	7/24/2014	2014 VSI LC AG Champs- CAC
5	33.94 L L	F	Carly Griffith	12	YRVS VA	7/24/2014	2014 VSI LC AG Champs- CAC
6	34.00 L	F	Ashley Zicafoose	12	BAC VA	7/24/2014	2014 VSI LC AG Champs- CAC
7	34.47 L	F	Alice Sandoval	12	RPST VA	7/24/2014	2014 VSI LC AG Champs- CAC
8	34.82 L	F	Alexandra Owen	12	NOVA VA	6/27/2014	Subway Commonwealth Games of Virginia
9	34.84 L	P	Sofia Long	12	WAC VA	7/24/2014	2014 VSI LC AG Champs- CAC
10	34.86 L	F	Angela Ritchie	12	QSTS VA	7/24/2014	2014 VSI LC AG Champs- CAC
<b>Women 11-12 100 Back</b>							
1	1:08.51 L	F	Olivia Bray	12	GATR VA	7/24/2014	2014 VSI LC AG Champs- CAC
2	1:10.37 L	P	Ashley Cusano	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion
3	1:13.20 L	F	Carly Griffith	12	YRVS VA	7/24/2014	2014 VSI LC AG Champs- CAC
4	1:13.38 L	F	Alexandra Owen	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC
5	1:13.56 L	F	Ashley Zicafoose	12	BAC VA	7/24/2014	2014 VSI LC AG Champs- CAC
6	1:13.77 L L	F	Courtney Isley	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC
7*	1:13.86 L	F	Morgan Burton	11	PSDN VA	7/24/2014	2014 VSI LC AG Champs- CAC
7*	1:13.86 L	P	Alyssa Reilly	11	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion
9	1:14.47 L	F	Abby Reardon	11	VYAC VA	7/24/2014	2014 VSI LC AG Champs- CAC
10	1:14.78 L	F	Madeline Unowitz	12	NOVA VA	6/13/2014	2014 Furniture City Invitational
<b>Women 11-12 200 Back</b>							
1	2:26.23 L	P	Olivia Bray	12	GATR VA	8/1/2014	2014 NC HPSC Tar Heel States
2	2:29.61 L	F	Alexandra Owen	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC
3	2:30.25 L	F	Ashley Cusano	12	UN-01 VA	7/24/2014	2014 VSI LC AG Champs- CAC
4	2:34.88 L	P	Alyssa Reilly	11	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion
5	2:34.94 L	P	Callie Summerlin	12	GATR VA	7/24/2014	2014 VSI LC AG Champs- CAC
6	2:37.83 L	P	Allison Langenburg	12	NOVA VA	6/13/2014	2014 Furniture City Invitational
7	2:38.02 L	F	Logan White	12	GATR VA	7/24/2014	2014 VSI LC AG Champs- CAC
8	2:38.03 L	F	Abby Reardon	11	VYAC VA	7/24/2014	2014 VSI LC AG Champs- CAC
9	2:38.30 L	F	Sarah Bender	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC
10	2:38.66 L	F	Sally Ennis	12	NOVA VA	6/13/2014	2014 Furniture City Invitational
<b>Women 11-12 50 Breast</b>							
1	34.95 L	F	Georgia Johnson	12	RAYS VA	7/24/2014	2014 VSI LC AG Champs- CAC
2	35.23 L	P	Lauren Barakey	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion
3	35.96 L	F	Colby Hurt	12	WAC VA	7/24/2014	2014 VSI LC AG Champs- CAC
4	37.45 L	F	Alexandra Hoffman	12	PSDN VA	7/24/2014	2014 VSI LC AG Champs- CAC
5	37.98 L	F	Shay Walker	11	RAYS VA	7/24/2014	2014 VSI LC AG Champs- CAC

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6	38.12 L	F	Ella Higgins	11	GATR VA	6/13/2014	2014 SE TNAQ June Invitational	
7	38.37 L	F	Kinsey Brooks	11	RAYS VA	7/24/2014	2014 VSI LC AG Champs- CAC	
8	38.38 L	P	Kendall Scrimgeour	12	CGBD VA	7/24/2014	2014 VSI LC AG Champs- CAC	
9	38.59 L	F	Sarah Bender	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC	
10	38.88 L	P	Anna Clare Fleenor	12	YRVS VA	7/24/2014	2014 VSI LC AG Champs- CAC	
<b>Women 11-12 100 Breast</b>								
1	1:17.30 L	F	Lauren Barakey	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion	
2	1:18.77 L	F	Georgia Johnson	12	RAYS VA	7/24/2014	2014 VSI LC AG Champs- CAC	
3	1:19.39 L	F	Colby Hurt	12	WAC VA	7/24/2014	2014 VSI LC AG Champs- CAC	
4	1:21.26 L	P	Sarah Bender	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion	
5	1:23.29 L	F	Brienne Duplissey	12	PSDN VA	7/24/2014	2014 VSI LC AG Champs- CAC	
6	1:23.39 L	F	Shay Walker	11	RAYS VA	7/24/2014	2014 VSI LC AG Champs- CAC	
7	1:23.54 L	F	Kayla Jones	12	CCA VA	7/24/2014	2014 VSI LC AG Champs- CAC	
8	1:23.72 L	F	Ella Higgins	11	GATR VA	6/13/2014	2014 SE TNAQ June Invitational	
9	1:25.00 L	P	Alexandra Hoffman	12	PSDN VA	7/24/2014	2014 VSI LC AG Champs- CAC	
10	1:25.36 L	F	Ella Mullian	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC	
<b>Women 11-12 200 Breast</b>								
1	2:50.35 L	P	Georgia Johnson	12	RAYS VA	7/17/2014	2014 VA LC SR Championships	
2	2:51.42 L	F	Colby Hurt	12	WAC VA	7/24/2014	2014 VSI LC AG Champs- CAC	
3	2:52.58 L	F	Sarah Bender	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC	
4	2:52.82 L	P	Lauren Barakey	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion	
5	2:57.70 L	F	Brienne Duplissey	12	PSDN VA	7/24/2014	2014 VSI LC AG Champs- CAC	
6	3:00.95 L	F	Kayla Jones	12	CCA VA	7/24/2014	2014 VSI LC AG Champs- CAC	
7	3:01.49 L	P	Alexandra Hoffman	12	PSDN VA	7/24/2014	2014 VSI LC AG Champs- CAC	
8	3:03.33 L	F	Sadie Newkirk	12	PSDN VA	5/8/2014	Poseidon Classic 2014	
9	3:03.34 L	F	Madison Cottrell	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC	
10	3:03.53 L	F	Myra Anne Martin	12	PSDN VA	5/30/2014	River City Open A/BB/B/C	
<b>Women 11-12 50 Fly</b>								
1	29.46 L	F	Olivia Bray	12	GATR VA	7/24/2014	2014 VSI LC AG Champs- CAC	
2	30.77 L	F	Ashley Zicafoose	12	BAC VA	7/24/2014	2014 VSI LC AG Champs- CAC	
3	30.91 L	P	Sofia Long	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion	
4	31.12 L	P	Brooke Knisely	12	GATR VA	7/24/2014	2014 VSI LC AG Champs- CAC	
5	31.57 L	F	Colby Hurt	12	WAC VA	6/20/2014	CGBD Summer Madness LC Invitational	
6	31.80 L	F	Brianna Romney	12	SEVA VA	7/24/2014	2014 VSI LC AG Champs- CAC	
7*	31.92 L	F	Mary Heffron	12	YRVS VA	7/24/2014	2014 VSI LC AG Champs- CAC	
7*	31.92 L	P	Ashley Cusano	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion	
9	31.96 L	F	Sydney Whiting	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC	
10	31.99 L	F	Angela Ritchie	12	QSTS VA	7/24/2014	2014 VSI LC AG Champs- CAC	
<b>Women 11-12 100 Fly</b>								
1	1:05.63 L	F	Olivia Bray	12	GATR VA	8/1/2014	2014 NC HPSC Tar Heel States	
2	1:09.75 L	F	Alexandra Owen	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC	
3	1:10.31 L	F	Madison Walters	12	BAC VA	7/24/2014	2014 VSI LC AG Champs- CAC	
4	1:10.55 L	P	Sofia Long	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion	
5	1:10.82 L	F	Alyssa Reilly	11	SEVA VA	5/30/2014	2014 TAC LC Spring Luau	
6	1:11.16 L	F	Grace Sheble	11	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC	
7	1:11.18 L	F	Brooke Knisely	12	GATR VA	7/24/2014	2014 VSI LC AG Champs- CAC	
8	1:12.13 L	F	Caroline Sheble	11	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC	
9*	1:12.43 L	F	Georgia Johnson	12	RAYS VA	7/24/2014	2014 VSI LC AG Champs- CAC	
9*	1:12.43 L	F	Ella Higgins	11	GATR VA	7/24/2014	2014 VSI LC AG Champs- CAC	
<b>Women 11-12 200 Fly</b>								
1	2:23.04 L	F	Olivia Bray	12	GATR VA	8/1/2014	2014 NC HPSC Tar Heel States	
2	2:35.31 L	F	Alexandra Owen	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC	
3	2:35.45 L	P	Colby Hurt	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion	

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	Time	P/F/S	Name	Age/Yr			
4	2:35.87 L	P	Alyssa Reilly	11	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion
5	2:36.04 L	F	Brooke Knisely	12	GATR VA	7/24/2014	2014 VSI LC AG Champs- CAC
6	2:37.79 L	F	Grace Sheble	11	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC
7	2:37.95 L	P	Sofia Long	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion
8	2:38.10 L	F	Jesse Wallin	12	PSDN VA	7/24/2014	2014 VSI LC AG Champs- CAC
9	2:38.29 L	F	Kristen Wagner	12	SMAC VA	7/24/2014	2014 VSI LC AG Champs- CAC
10	2:38.94 L	F	Madison Walters	12	BAC VA	7/24/2014	2014 VSI LC AG Champs- CAC
<b>Women 11-12 200 IM</b>							
1	2:31.00 L	F	Colby Hurt	12	WAC VA	7/24/2014	2014 VSI LC AG Champs- CAC
2	2:33.09 L	F	Alexandra Owen	12	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC
3	2:34.72 L	P	Olivia Bray	12	GATR VA	6/13/2014	2014 SE TNAQ June Invitational
4	2:38.40 L	P	Sarah Bender	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion
5	2:38.71 L	P	Callie Summerlin	12	GATR VA	7/24/2014	2014 VSI LC AG Champs- CAC
6*	2:39.16 L	F	Grace Sheble	11	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC
6*	2:39.16 L	F	Miranda Kirtley	11	GATR VA	7/24/2014	2014 VSI LC AG Champs- CAC
8	2:39.37 L	P	Ava Settle	12	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion
9	2:39.59 L	P	Alyssa Reilly	11	VSI VA	8/6/2014	2014 Eastern Zone Long Course Champion
10	2:40.23 L	F	Georgia Johnson	12	RAYS VA	7/24/2014	2014 VSI LC AG Champs- CAC
<b>Women 11-12 400 IM</b>							
1	5:13.79 L	F	Olivia Bray	12	GATR VA	8/1/2014	2014 NC HPSC Tar Heel States
2	5:22.35 L	F	Alexandra Owen	12	NOVA VA	6/13/2014	2014 Furniture City Invitational
3	5:22.36 L	F	Colby Hurt	12	WAC VA	7/24/2014	2014 VSI LC AG Champs- CAC
4	5:28.46 L	F	Callie Summerlin	12	GATR VA	7/24/2014	2014 VSI LC AG Champs- CAC
5	5:32.59 L	F	Alyssa Reilly	11	SEVA VA	5/30/2014	2014 TAC LC Spring Luau
6	5:34.49 L	F	Ava Settle	12	STAT VA	7/24/2014	2014 VSI LC AG Champs- CAC
7	5:35.74 L	F	Grace Sheble	11	NOVA VA	7/24/2014	2014 VSI LC AG Champs- CAC
8	5:39.21 L	F	Ella Higgins	11	GATR VA	7/24/2014	2014 VSI LC AG Champs- CAC
9	5:39.76 L	F	Allison Langenburg	12	NOVA VA	6/13/2014	2014 Furniture City Invitational
10	5:40.81 L	F	Jesse Wallin	12	PSDN VA	7/24/2014	2014 VSI LC AG Champs- CAC