

**2009 Virginia Swimming Long Course
LSC Top 10
August 2009, Age Up Date = 8/31/2009**

Time	P/F/S	Name	Age/Yr			
Women 13-14 50 Free						
1	27.83 L	F *I Caroline Buscaglia	14	SQST VA	7/30/2009	2009 VSI LC Age Group Champs
2	28.22 L	F Hailey Lane	14	VA VA	8/12/2009	2009 Eastern Zone LC Championships
3	28.33 L	F *I Athena Summa	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
4	28.37 L	F *I Kayla Brumbaum	14	RAYS VA	7/30/2009	2009 VSI LC Age Group Champs
5	28.39 L	F Victoria Barley	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
6	28.48 L	F Jennifer Vieni	14	BAC VA	7/30/2009	2009 VSI LC Age Group Champs
7	28.58 L	F Meredith Vay	13	SQST VA	7/30/2009	2009 VSI LC Age Group Champs
8	28.66 L	P Lauren Wood	14	WAC VA	7/30/2009	2009 VSI LC Age Group Champs
9	28.75 L	F MaryElizabeth Warhol	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
10	28.76 L	F Emily Plowman	14	ODAC VA	7/30/2009	2009 VSI LC Age Group Champs
Women 13-14 100 Free						
1	59.51 L L	F *I Caroline Buscaglia	14	SQST VA	8/6/2009	2009 Speedo Champions Series
2	59.97 L	F MaryElizabeth Warhol	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
3	1:00.41 L	T *I Nicole Gray	14	NOVA VA	7/23/2009	VA LC Senior Championships
4	1:01.12 L	F *I Elizabeth Maltby	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
5	1:01.60 L	F Hailey Lane	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
6	1:02.05 L	P *I Athena Summa	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
7	1:02.17 L	P Meredith Vay	13	SQST VA	7/30/2009	2009 VSI LC Age Group Champs
8	1:02.34 L	F *I Alex Gharbo	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
9	1:02.48 L	F Allie Christy	14	WAC VA	7/30/2009	2009 VSI LC Age Group Champs
10	1:02.75 L L	F Emily Egress	14	TIDE VA	7/30/2009	2009 VSI LC Age Group Champs
Women 13-14 200 Free						
1	2:08.22 L	P *I Nicole Gray	14	NOVA VA	7/23/2009	VA LC Senior Championships
2	2:09.27 L L	F MaryElizabeth Warhol	14	CGBD VA	7/23/2009	VA LC Senior Championships
3	2:10.21 L	F *I Caroline Buscaglia	14	SQST VA	7/23/2009	VA LC Senior Championships
4	2:11.54 L	F *I Elizabeth Maltby	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
5	2:13.22 L	F *I Athena Summa	14	CGBD VA	6/26/2009	CGBD Summer Madness LC Invitational
6	2:13.55 L	F Hailey Lane	14	VA VA	8/12/2009	2009 Eastern Zone LC Championships
7	2:14.26 L	F *I Bailey Hall	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
8	2:14.81 L	F Madison Boswell	13	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
9	2:15.50 L	F Shannon Loud	14	ODAC VA	7/30/2009	2009 VSI LC Age Group Champs
10	2:15.56 L	F Emily Egress	14	TIDE VA	7/30/2009	2009 VSI LC Age Group Champs
Women 13-14 400 Free						
1	4:33.19 L	F *I Nicole Gray	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
2	4:35.71 L	F *I Elizabeth Maltby	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
3	4:39.15 L	P *I Bailey Hall	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
4	4:41.55 L	F Madison Boswell	13	PSDN VA	6/26/2009	6th Annual YSSC Firecracker Invitational
5	4:42.09 L	P Emma Skelley	14	QDD VA	7/30/2009	2009 VSI LC Age Group Champs
6	4:42.69 L	F MaryElizabeth Warhol	14	CGBD VA	6/5/2009	2009 EST Summer Sizzler Prelims &
7	4:43.11 L	F *I Caroline Buscaglia	14	SQST VA	6/5/2009	2009 EST Summer Sizzler Prelims &
8	4:46.81 L	P Emily Egress	14	TIDE VA	7/30/2009	2009 VSI LC Age Group Champs
9	4:47.21 L	P Shannon Loud	14	ODAC VA	7/30/2009	2009 VSI LC Age Group Champs
10	4:48.29 L	P Kelsey Stroud	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
Women 13-14 800 Free						
1	9:15.85 L	F *I Bailey Hall	14	NOVA VA	8/5/2009	2009 NBAC Far Eastern Meet
2	9:22.26 L	F *I Nicole Gray	14	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial
3	9:25.98 L	F Madison Boswell	13	VA VA	8/12/2009	2009 Eastern Zone LC Championships
4	9:27.35 L	F *I Elizabeth Maltby	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
5	9:41.18 L	F Emma Skelley	14	QDD VA	7/30/2009	2009 VSI LC Age Group Champs
6	9:56.87 L	F Becca Phillips	14	ODAC VA	7/30/2009	2009 VSI LC Age Group Champs
7	9:57.70 L	F Sunny Johnson	13	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
8	9:59.30 L	F Heidi Turner	14	QDD VA	6/27/2009	Winchester LC Invitational
9	9:59.87 L	F Kelsey Stroud	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs

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10*	10:01.20	L	F	*I Caroline Buscaglia	14	SQST VA	6/19/2009	2009 Edwin C. Cuttino Memorial
10*	10:01.20	L	F	Hannah White	14	TAC VA	7/30/2009	2009 VSI LC Age Group Champs
Women 13-14 1500 Free								
1	17:54.31	L	F	*I Bailey Hall	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
2	18:02.04	L	F	*I Elizabeth Maltby	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
3	18:03.61	L	F	*I Nicole Gray	14	NOVA VA	7/23/2009	VA LC Senior Championships
4	18:27.24	L	F	Madison Boswell	13	PSDN VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
5	18:49.32	L	F	MaryElizabeth Warhol	14	VA VA	8/12/2009	2009 Eastern Zone LC Championships
6	18:56.29	L	F	Kelsey Stroud	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
7	19:00.08	L	F	Hannah Guzik	14	ODAC VA	7/30/2009	2009 VSI LC Age Group Champs
8	19:03.94	L	F	Becca Phillips	14	ODAC VA	7/30/2009	2009 VSI LC Age Group Champs
9	19:04.91	L	F	Kelsey Hahn	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
10	19:10.63	L	F	Hannah White	14	TAC VA	7/17/2009	2009 VSI Regional Summer Awards
Women 13-14 100 Back								
1	1:07.41	L	F	MaryElizabeth Warhol	14	CGBD VA	7/23/2009	VA LC Senior Championships
2	1:07.78	L	F	*I Nicole Gray	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
3	1:09.25	L	F	*I Kali Edsall	13	CCA VA	7/30/2009	2009 VSI LC Age Group Champs
4	1:09.37	L	F	Shannon Loud	14	ODAC VA	7/30/2009	2009 VSI LC Age Group Champs
5	1:09.92	L L	F	Christine Areson	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
6	1:10.13	L	F	Michelle McDonnell	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
7	1:10.66	L L	F	*I Caroline Buscaglia	14	SQST VA	7/23/2009	VA LC Senior Championships
8*	1:10.68	L	F	*I Athena Summa	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
8*	1:10.68	L L	F	Katelyn Admire	13	VA VA	8/12/2009	2009 Eastern Zone LC Championships
10	1:11.43	L	P	Hannah Augst	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
Women 13-14 200 Back								
1	2:24.41	L	F	MaryElizabeth Warhol	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
2	2:28.74	L	F	Shannon Loud	14	ODAC VA	7/30/2009	2009 VSI LC Age Group Champs
3	2:29.20	L	P	*I Nicole Gray	14	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial
4	2:29.66	L	F	*I Kali Edsall	13	CCA VA	7/30/2009	2009 VSI LC Age Group Champs
5	2:30.74	L	F	Christine Areson	14	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial
6	2:31.98	L	F	*I Caroline Buscaglia	14	SQST VA	6/5/2009	2009 EST Summer Sizzler Prelims &
7	2:32.90	L	P	Chelsea Harpool	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
8	2:33.83	L	P	Mary Katherine Kish	13	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial
9	2:34.37	L	F	Katelyn Admire	13	VA VA	8/6/2008	2008 Eastern Zone LC Championships
10	2:34.88	L	F	Jane Nester	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
Women 13-14 100 Breast								
1	1:14.15	L	P	*I Kayla Brumbaum	14	RAYS VA	7/30/2009	2009 VSI LC Age Group Champs
2	1:15.11	L	F	*I Blair Carnes	14	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
3	1:15.35	L	F	*I Molly Robinson	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
4	1:16.25	L	F	*I Alex Gharbo	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
5	1:18.94	L	P	*I Sommer Harris	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
6	1:19.28	L	P	*I Lindsey Page	13	US VA	7/30/2009	2009 VSI LC Age Group Champs
7	1:19.49	L	P	Allie Christy	14	WAC VA	7/30/2009	2009 VSI LC Age Group Champs
8	1:20.36	L	F	Hailey Lane	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
9	1:20.52	L	P	*I Isabelle Little	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
10	1:20.53	L	P	Taylor Hague	14	SQST VA	7/23/2009	VA LC Senior Championships
Women 13-14 200 Breast								
1	2:36.68	L	F	*I Blair Carnes	14	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
2	2:43.17	L	F	*I Molly Robinson	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
3	2:43.47	L	F	*I Kayla Brumbaum	14	RAYS VA	7/30/2009	2009 VSI LC Age Group Champs
4	2:47.51	L	F	*I Sommer Harris	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
5	2:47.67	L	F	*I Alex Gharbo	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
6	2:49.87	L	F	*I Casey Morrison	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
7	2:50.43	L	F	*I Taylor Cartagena	13	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs

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8	2:51.06 L	F	*I Athena Summa	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
9	2:52.41 L	P	*I Katelynn Happney	14	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial
10	2:53.17 L	P	*I Lindsey Page	13	US VA	7/30/2009	2009 VSI LC Age Group Champs
Women 13-14 100 Fly							
1	1:04.90 L	F	*I Molly Robinson	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
2	1:05.16 L	F	*I Athena Summa	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
3	1:05.59 L	F	Madison Boswell	13	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
4	1:05.96 L	F	Hannah Harper	13	GATR VA	7/31/2009	2009 NE LCM Open Championships
5	1:06.62 L	F	*I Caroline Buscaglia	14	SQST VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
6	1:06.73 L	F	MaryElizabeth Warhol	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
7	1:07.34 L	F	Michelle McDonnell	14	VA VA	8/12/2009	2009 Eastern Zone LC Championships
8	1:07.55 L	P	Allie Christy	14	WAC VA	7/30/2009	2009 VSI LC Age Group Champs
9	1:07.61 L	F	Emily Egress	14	TIDE VA	7/30/2009	2009 VSI LC Age Group Champs
10	1:08.53 L	P	Maggie Sweeney	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships
Women 13-14 200 Fly							
1	2:21.46 L	F	*I Molly Robinson	14	NOVA VA	7/23/2009	VA LC Senior Championships
2	2:23.42 L	F	Madison Boswell	13	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
3	2:23.50 L	F	*I Bailey Hall	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships
4	2:28.95 L	F	Allie Christy	14	WAC VA	7/30/2009	2009 VSI LC Age Group Champs
5	2:29.47 L	F	*I Elizabeth Maltby	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
6	2:29.85 L	P	Hannah Harper	13	GATR VA	7/31/2009	2009 NE LCM Open Championships
7	2:30.45 L	F	Michelle McDonnell	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
8	2:31.35 L	F	Emily Egress	14	TIDE VA	7/30/2009	2009 VSI LC Age Group Champs
9	2:31.40 L	P	Haley Smith	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships
10	2:31.70 L	P	Maggie Sweeney	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships
Women 13-14 200 IM							
1	2:26.32 L	F	*I Athena Summa	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
2	2:28.42 L	F	*I Nicole Gray	14	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
3	2:29.50 L	T	*I Blair Carnes	14	NOVA VA	8/10/2009	2009 TimeTrials Speedo Junior National
4	2:30.08 L	F	MaryElizabeth Warhol	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
5	2:30.15 L	F	*I Molly Robinson	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
6	2:30.49 L	F	*I Alex Gharbo	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
7	2:30.93 L	F	Christine Areson	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships
8	2:32.36 L	P	*I Sommer Harris	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
9	2:33.53 L	F	Madison Boswell	13	PSDN VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
10	2:34.13 L	F	Victoria Barley	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
Women 13-14 400 IM							
1	5:09.75 L	P	*I Athena Summa	14	CGBD VA	7/30/2009	2009 VSI LC Age Group Champs
2	5:11.71 L	F	*I Nicole Gray	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
3	5:11.88 L	F	*I Blair Carnes	14	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial
4	5:16.24 L	F	*I Molly Robinson	14	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial
5	5:17.66 L	P	*I Bailey Hall	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
6	5:19.12 L	P	Madison Boswell	13	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
7	5:19.16 L	F	Christine Areson	14	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs
8	5:19.35 L	P	*I Elizabeth Maltby	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
9	5:22.28 L	P	*I Sommer Harris	14	PSDN VA	7/30/2009	2009 VSI LC Age Group Champs
10	5:24.26 L	F	Mary Katherine Kish	13	NOVA VA	7/30/2009	2009 VSI LC Age Group Champs