

**2009 Virginia Swimming Long Course
LSC Top 10
August 2009, Age Up Date = 8/31/2009**

	Time	P/F/S	Name	Age/Yr			
Men 15-18 50 Free							
1	23.77 L	F *I	Dimitri Higgins	17	NOVA VA	7/23/2009	VA LC Senior Championships
2	23.93 L	F *I	Evan Gregg	18	HOKI VA	3/17/2009	2009 NCSA Junior National Swimming
3	23.96 L	P *I	Mac Anthony	17	NOVA VA	8/10/2009	2009 Speedo Junior National
4	24.22 L	P *I	Jameson Hill	17	QDD VA	8/10/2009	2009 Speedo Junior National
5	24.26 L	F *I	Trevor Carr	18	RAYS VA	7/27/2009	2009 YMCA National Long Course
6	24.29 L	F *I	Zack Motter	17	TAC VA	7/23/2009	VA LC Senior Championships
7	24.32 L	F *I	Samuel Rairden	18	PSDN VA	7/23/2009	VA LC Senior Championships
8	24.38 L	F *I	Adam Skipper	18	CGBD VA	7/23/2009	VA LC Senior Championships
9	24.41 L	F *I	Alexander Aceino	18	PSDN VA	7/23/2009	VA LC Senior Championships
10	24.57 L	F *I	Michael Covert	17	SQST VA	8/6/2009	2009 Speedo Champions Series
Men 15-18 100 Free							
1	51.15 L	P *I	Thomas Stephens	16	NOVA VA	8/10/2009	2009 Speedo Junior National
2	51.80 L	F *I	Evan Gregg	18	HOKI VA	3/17/2009	2009 NCSA Junior National Swimming
3	52.07 L	P *I	Samuel Rairden	18	PSDN VA	8/10/2009	2009 Speedo Junior National
4	52.30 L	P *I	Dimitri Higgins	17	NOVA VA	8/10/2009	2009 Speedo Junior National
5	52.41 L	P *I	Jameson Hill	17	QDD VA	8/10/2009	2009 Speedo Junior National
6	52.45 L	F *I	Seth Wensel	18	GATR VA	3/17/2009	2009 NCSA Junior National Swimming
7	52.76 L	P *I	Mac Anthony	17	NOVA VA	8/10/2009	2009 Speedo Junior National
8	52.81 L	F *I	Trevor Carr	18	RAYS VA	3/17/2009	2009 NCSA Junior National Swimming
9	52.93 L L	F *I	Alexander Aceino	18	PSDN VA	8/10/2009	2009 Speedo Junior National
10	53.62 L	F *I	Zack Motter	17	TAC VA	7/23/2009	VA LC Senior Championships
Men 15-18 200 Free							
1	1:50.02 L	F *I	Jameson Hill	17	QDD VA	8/10/2009	2009 Speedo Junior National
2	1:51.80 L	P *I	Thomas Stephens	16	NOVA VA	8/10/2009	2009 Speedo Junior National
3	1:52.77 L	F *I	Seth Wensel	18	GATR VA	3/17/2009	2009 NCSA Junior National Swimming
4	1:54.44 L	F *I	Jake Stronko	18	QDD VA	3/5/2009	2009 Grand Prix
5	1:54.48 L	F *I	Evan Gregg	18	HOKI VA	3/17/2009	2009 NCSA Junior National Swimming
6	1:55.41 L	F *I	Josh Friedel	16	RAYS VA	7/27/2009	2009 YMCA National Long Course
7	1:55.96 L	F *I	Austin Criss	15	GATR VA	8/6/2009	2009 Speedo Champions Series
8	1:56.23 L	P *I	Mac Anthony	17	NOVA VA	8/10/2009	2009 Speedo Junior National
9	1:56.55 L	P *I	Alexander Aceino	18	PSDN VA	8/10/2009	2009 Speedo Junior National
10	1:56.72 L	F *I	Samuel Rairden	18	PSDN VA	7/23/2009	VA LC Senior Championships
Men 15-18 400 Free							
1	3:57.22 L	P *I	Jameson Hill	17	QDD VA	8/10/2009	2009 Speedo Junior National
2	4:03.26 L	F *I	Seth Wensel	18	GATR VA	8/6/2009	2009 Speedo Champions Series
3	4:04.37 L	P *I	Alexander Aceino	18	PSDN VA	8/10/2009	2009 Speedo Junior National
4	4:05.31 L	P *I	Thomas Stephens	16	NOVA VA	8/10/2009	2009 Speedo Junior National
5	4:06.13 L	P *I	Brooks Ross	18	NOVA VA	8/10/2009	2009 Speedo Junior National
6	4:06.53 L	F *I	Kemp Pettyjohn	16	LY VA	7/23/2009	VA LC Senior Championships
7	4:07.40 L	F *I	Mike Camper	16	RAYS VA	7/27/2009	2009 YMCA National Long Course
8	4:09.94 L	F *I	Jacob Siar	15	GATR VA	8/6/2009	2009 Speedo Champions Series
9	4:11.40 L	P *I	Fernando Rubio	18	SQST VA	8/6/2009	2009 Speedo Champions Series
10	4:11.44 L	F *I	Andrew Cook	16	LY VA	7/23/2009	VA LC Senior Championships
Men 15-18 800 Free							
1	8:21.34 L	F *I	Brooks Ross	18	NOVA VA	8/10/2009	2009 Speedo Junior National
2	8:21.54 L	F *I	Jameson Hill	17	QDD VA	8/10/2009	2009 Speedo Junior National
3	8:29.15 L	F *I	Michael Bogese	18	NOVA VA	8/10/2009	2009 Speedo Junior National
4	8:37.41 L	F *I	Andrew Cook	16	LY VA	7/23/2009	VA LC Senior Championships
5	8:38.53 L	F *I	Jason Brame	18	LY VA	7/23/2009	VA LC Senior Championships
6	8:38.56 L	F *I	West Cuthbert	17	NOVA VA	7/23/2009	VA LC Senior Championships
7	8:39.43 L	F *I	Jacob Siar	15	GATR VA	8/6/2009	2009 Speedo Champions Series
8	8:40.36 L	F *I	Alexander Aceino	18	PSDN VA	8/10/2009	2009 Speedo Junior National
9	8:41.84 L	F *I	Seth Wensel	18	GATR VA	8/6/2009	2009 Speedo Champions Series

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10	8:44.36 L	F *I	Kemp Pettyjohn	16	LY VA	7/23/2009	VA LC Senior Championships
Men 15-18 1500 Free							
1	15:57.14 L	F *I	Brooks Ross	18	NOVA VA	8/10/2009	2009 Speedo Junior National
2	16:14.31 L	F *I	Jameson Hill	17	QDD VA	7/23/2009	VA LC Senior Championships
3	16:19.09 L	F *I	Michael Bogese	18	NOVA VA	8/10/2009	2009 Speedo Junior National
4	16:19.85 L	F *I	Andrew Cook	16	LY VA	7/23/2009	VA LC Senior Championships
5	16:28.67 L	F *I	West Cuthbert	17	NOVA VA	8/5/2009	2009 NBAC Far Eastern Meet
6	16:33.87 L	F *I	Jacob Siar	15	GATR VA	8/6/2009	2009 Speedo Champions Series
7	16:36.16 L	F *I	Jason Brame	18	LY VA	7/23/2009	VA LC Senior Championships
8	16:39.79 L	F	Jerry Burton	15	VA VA	8/12/2009	2009 Eastern Zone LC Championships
9	16:41.35 L	F *I	William Nicely	15	SQST VA	8/6/2009	2009 Speedo Champions Series
10	16:42.32 L	F *I	Morgan Latimer	16	PSDN VA	7/23/2009	VA LC Senior Championships
Men 15-18 100 Back							
1	57.04 L	F *I	Josh Friedel	16	RAYS VA	7/27/2009	2009 YMCA National Long Course
2	57.91 L	F *I	Michael Covert	17	SQST VA	8/6/2009	2009 Speedo Champions Series
3	58.59 L L	F *I	Samuel Rairden	18	PSDN VA	8/10/2009	2009 Speedo Junior National
4	58.69 L	F *I	Alex Mazure	17	SQST VA	8/6/2009	2009 Speedo Champions Series
5	58.95 L	F *I	Mike Camper	16	RAYS VA	7/27/2009	2009 YMCA National Long Course
6	59.05 L	F *I	Tom Sheranek	18	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
7	59.63 L	P *I	Sidney Glass	18	BAC VA	8/6/2009	2009 Speedo Champions Series
8	59.83 L	P *I	Kohl Hurdle	18	CGBD VA	8/10/2009	2009 Speedo Junior National
9	1:00.54 L L	F *I	Timmy Blackwood	18	NOVA VA	8/10/2009	2009 Speedo Junior National
10	1:00.59 L	F	Michael Fox-Moles	16	VA VA	8/12/2009	2009 Eastern Zone LC Championships
Men 15-18 200 Back							
1	2:01.70 L	F *I	Josh Friedel	16	RAYS VA	7/27/2009	2009 YMCA National Long Course
2	2:05.20 L	F *I	Michael Covert	17	SQST VA	8/6/2009	2009 Speedo Champions Series
3	2:07.99 L	F *I	Conor Campbell	17	QDD VA	7/23/2009	VA LC Senior Championships
4	2:08.40 L	P *I	Kohl Hurdle	18	CGBD VA	8/10/2009	2009 Speedo Junior National
5	2:08.52 L	F *I	Mike Camper	16	RAYS VA	7/27/2009	2009 YMCA National Long Course
6	2:09.20 L	F *I	Alex Mazure	17	SQST VA	7/23/2009	VA LC Senior Championships
7	2:09.25 L	P *I	Christian Vivadelli	15	NOVA VA	8/10/2009	2009 Speedo Junior National
8	2:09.52 L	F *I	Jared Lovett	18	LASO VA	7/23/2009	VA LC Senior Championships
9	2:09.61 L	F *I	Sidney Glass	18	BAC VA	8/6/2009	2009 Speedo Champions Series
10	2:10.22 L	P *I	Timmy Blackwood	18	NOVA VA	8/10/2009	2009 Speedo Junior National
Men 15-18 100 Breast							
1	1:03.91 L	F *I	Stuart Ferguson	18	PSDN VA	3/17/2009	2009 NCSA Junior National Swimming
2	1:05.26 L	F *I	Benjamin Grove	17	WST VA	7/23/2009	VA LC Senior Championships
3	1:05.71 L	F *I	Alex Vance	16	CCA VA	7/23/2009	VA LC Senior Championships
4	1:05.88 L	F *I	Hunter Knight	17	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
5	1:06.76 L	F *I	Matthew Vaughan	18	UTIDE VA	7/23/2009	VA LC Senior Championships
6	1:06.91 L	P *I	Andrew Strait	17	PSDN VA	7/23/2009	VA LC Senior Championships
7	1:07.23 L	F *I	Jason Haigh	17	WAC VA	8/6/2009	2009 Speedo Champions Series
8	1:08.04 L	F *I	Garrett Greenland	18	GATR VA	3/17/2009	2009 NCSA Junior National Swimming
9	1:08.07 L	P *I	Adam Skipper	18	CGBD VA	7/23/2009	VA LC Senior Championships
10	1:08.80 L	P *I	Carter Head	16	LY VA	7/23/2009	VA LC Senior Championships
Men 15-18 200 Breast							
1	2:22.78 L	F *I	Alex Vance	16	CCA VA	7/23/2009	VA LC Senior Championships
2	2:23.44 L	P *I	Hunter Knight	17	NOVA VA	8/10/2009	2009 Speedo Junior National
3	2:24.53 L	F *I	Andrew Strait	17	PSDN VA	7/23/2009	VA LC Senior Championships
4	2:24.90 L	F *I	Benjamin Grove	17	WST VA	7/23/2009	VA LC Senior Championships
5	2:26.73 L	P *I	Carter Head	16	LY VA	7/23/2009	VA LC Senior Championships
6	2:28.05 L	F *I	Chase Williams	15	ODAC VA	7/23/2009	VA LC Senior Championships
7	2:28.74 L	F *I	Fernando Rubio	18	SQST VA	8/6/2009	2009 Speedo Champions Series
8	2:29.15 L	F *I	Nick Montes de Oca	17	BASS VA	3/17/2009	2009 NCSA Junior National Swimming

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9	2:29.72 L	F *I	Matthew Vaughan	18	UTIDE VA	7/23/2009	VA LC Senior Championships
10	2:30.52 L	P *I	Jared Lovett	18	LASO VA	8/10/2009	2009 Speedo Junior National
Men 15-18 100 Fly							
1	55.47 L	P *I	Samuel Rairden	18	PSDN VA	8/10/2009	2009 Speedo Junior National
2	56.09 L	P *I	Alexander Aceino	18	PSDN VA	8/10/2009	2009 Speedo Junior National
3	56.67 L	P *I	Dimitri Higgins	17	NOVA VA	8/10/2009	2009 Speedo Junior National
4	56.72 L	P *I	Christopher Cirillo	18	CGBD VA	8/10/2009	2009 Speedo Junior National
5	57.02 L	F *I	Jake Stronko	18	QDD VA	3/5/2009	2009 Grand Prix
6	57.34 L	F *I	Mason Wilcox	18	CGBD VA	3/17/2009	2009 NCSA Junior National Swimming
7	57.40 L	P *I	Jonathan Keltner	18	CGBD VA	7/23/2009	VA LC Senior Championships
8	57.76 L	F *I	Morgan Latimer	16	PSDN VA	7/23/2009	VA LC Senior Championships
9	57.83 L	F *I	Stuart Ferguson	18	PSDN VA	3/17/2009	2009 NCSA Junior National Swimming
10	57.85 L	P *I	Thomas Stephens	16	NOVA VA	8/10/2009	2009 Speedo Junior National
Men 15-18 200 Fly							
1	2:03.13 L	F *I	Josh Friedel	16	RAYS VA	7/27/2009	2009 YMCA National Long Course
2	2:03.34 L	F *I	Morgan Latimer	16	PSDN VA	7/23/2009	VA LC Senior Championships
3	2:04.20 L	P *I	Thomas Stephens	16	NOVA VA	8/10/2009	2009 Speedo Junior National
4	2:04.66 L	P *I	Christopher Cirillo	18	CGBD VA	8/10/2009	2009 Speedo Junior National
5	2:04.88 L	F *I	Stuart Ferguson	18	PSDN VA	3/17/2009	2009 NCSA Junior National Swimming
6	2:06.85 L	P *I	Benjamin Yacano	17	NOVA VA	7/23/2009	VA LC Senior Championships
7	2:07.18 L	F *I	Austin Criss	15	GATR VA	8/6/2009	2009 Speedo Champions Series
8	2:07.74 L	F *I	Seth Wensel	18	GATR VA	3/17/2009	2009 NCSA Junior National Swimming
9	2:08.24 L	F *I	Ben Catanese	18	BAC VA	7/23/2009	VA LC Senior Championships
10	2:08.31 L	P *I	Hunter Knight	17	NOVA VA	7/16/2009	2009 PV Senior LC Championships
Men 15-18 200 IM							
1	2:06.89 L	F *I	Evan Gregg	18	HOKI VA	3/17/2009	2009 NCSA Junior National Swimming
2	2:07.78 L	F *I	Michael Covert	17	SQST VA	8/6/2009	2009 Speedo Champions Series
3	2:08.44 L	F *I	Nick Montes de Oca	17	BASS VA	7/23/2009	VA LC Senior Championships
4	2:09.45 L	F *I	Adam Skipper	18	CGBD VA	7/23/2009	VA LC Senior Championships
5	2:09.83 L	F *I	Fernando Rubio	18	SQST VA	8/6/2009	2009 Speedo Champions Series
6	2:10.47 L	P *I	Alex Vance	16	CCA VA	7/23/2009	VA LC Senior Championships
7	2:10.68 L	P *I	Timmy Blackwood	18	NOVA VA	8/10/2009	2009 Speedo Junior National
8	2:10.73 L	P *I	Jared Lovett	18	LASO VA	8/10/2009	2009 Speedo Junior National
9	2:11.98 L	F *I	Carter Watson	16	LY VA	7/23/2009	VA LC Senior Championships
10	2:12.04 L	P *I	Kohl Hurdle	18	CGBD VA	8/10/2009	2009 Speedo Junior National
Men 15-18 400 IM							
1	4:34.09 L	F *I	Tom Sheranek	18	NOVA VA	3/17/2009	2009 NCSA Junior National Swimming
2	4:34.35 L	P *I	Jameson Hill	17	QDD VA	8/10/2009	2009 Speedo Junior National
3	4:36.21 L	P *I	Michael Bogese	18	NOVA VA	8/10/2009	2009 Speedo Junior National
4	4:36.85 L	P *I	Fernando Rubio	18	SQST VA	8/6/2009	2009 Speedo Champions Series
5	4:40.53 L	P *I	Jason Brame	18	LY VA	7/23/2009	VA LC Senior Championships
6	4:40.83 L	F *I	Kohl Hurdle	18	CGBD VA	3/17/2009	2009 NCSA Junior National Swimming
7	4:41.65 L	P *I	Hunter Knight	17	NOVA VA	8/10/2009	2009 Speedo Junior National
8	4:41.94 L	P *I	Alex Vance	16	CCA VA	7/23/2009	VA LC Senior Championships
9	4:42.04 L	F *I	Ben Catanese	18	BAC VA	8/6/2009	2009 Speedo Champions Series
10	4:43.11 L	P *I	Carter Watson	16	LY VA	7/23/2009	VA LC Senior Championships