

**2008-2009 Virginia Swimming Short Course  
LSC Top 10**

**April 2009, Age Up Date = 5/1/2009**

Time	P/F/S	Name	Age/Yr				
<b>Women 11-12 50 Free</b>							
1	25.37 Y	F	Remedy Rule	12	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
2	25.88 Y L	F	Jessie Arnold	12	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
3	26.14 Y L	F	Sydney Pesetti	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
4	26.16 Y	F	*I Taylor Vitaletti	12	WAC VA	3/19/2009	2009 VSI SC Age Group Championships
5	26.54 Y	P	Kira Tomenchok	12	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
6	26.71 Y	P	Jillian Breeger	11	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
7	26.83 Y	P	Caroline Pollard	11	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
8	26.94 Y	F	Carly Witt	12	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
9	26.96 Y	F	Kishona Sutton	11	TAC VA	3/19/2009	2009 VSI SC Age Group Championships
10	27.03 Y	F	Taylor Jones	12	ODAC VA	3/19/2009	2009 VSI SC Age Group Championships
<b>Women 11-12 100 Free</b>							
1	53.84 Y	F	Remedy Rule	12	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
2	56.08 Y	F	Jessie Arnold	12	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
3	56.74 Y	F	Sydney Pesetti	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
4	58.05 Y	F	*I Taylor Vitaletti	12	WAC VA	3/19/2009	2009 VSI SC Age Group Championships
5	58.06 Y	F	Annie Boone	11	BASS VA	3/19/2009	2009 VSI SC Age Group Championships
6	58.66 Y	F	Caroline Pollard	11	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
7	58.72 Y L	F	Mary Bernadette Escobar	12	ODAC VA	12/12/2008	2008 12 & Younger Christmas Champ
8	59.07 Y	F	Susan Hynes	12	TAC VA	3/19/2009	2009 VSI SC Age Group Championships
9	59.16 Y	F	Kelly Henry	12	PWSC VA	12/12/2008	2008 12 & Younger Christmas Champ
10	59.21 Y	P	Anna Dickinson	12	TIDE VA	3/19/2009	2009 VSI SC Age Group Championships
<b>Women 11-12 200 Free</b>							
1	1:56.38 Y	F	Remedy Rule	12	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
2	2:01.46 Y	F	Sydney Pesetti	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
3	2:01.58 Y	F	Jessie Arnold	12	SMAC VA	12/12/2008	2008 Christmas Meet Inviational
4	2:06.07 Y	F	Mary Bernadette Escobar	12	ODAC VA	12/12/2008	2008 12 & Younger Christmas Champ
5	2:06.41 Y	F	Eileen Cunningham	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
6	2:06.68 Y	F	Dorothy Halmly	11	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
7	2:07.47 Y	F	Susan Hynes	12	TAC VA	3/19/2009	2009 VSI SC Age Group Championships
8	2:08.36 Y	F	Jessie Gvozdaz	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
9	2:08.43 Y	P	Allie Criss	12	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
10	2:08.58 Y	F	Megan Motter	11	TAC VA	3/19/2009	2009 VSI SC Age Group Championships
<b>Women 11-12 500 Free</b>							
1	5:10.85 Y	F	Remedy Rule	12	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
2	5:21.13 Y	F	Jessie Arnold	12	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
3	5:24.32 Y	F	Sydney Pesetti	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
4	5:34.56 Y	F	Abigail Jones	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
5	5:36.50 Y	F	Mary Bernadette Escobar	12	ODAC VA	3/19/2009	2009 VSI SC Age Group Championships
6	5:39.00 Y	F	Susan Hynes	12	TAC VA	3/19/2009	2009 VSI SC Age Group Championships
7	5:39.97 Y	F	Eileen Cunningham	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
8	5:40.14 Y	F	Michelle Musco	12	PSDN VA	3/19/2009	2009 VSI SC Age Group Championships
9	5:40.42 Y	F	Allie Criss	12	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
10	5:41.29 Y	F	Megan Motter	11	TAC VA	3/19/2009	2009 VSI SC Age Group Championships
<b>Women 11-12 1000 Free</b>							
1	10:36.50 Y	F	Remedy Rule	12	SMAC VA	1/30/2009	Nova January BB+
2	11:38.45 Y	F	Susan Hynes	12	TAC VA	12/5/2008	2008 TAC Winter Challenge
3	11:41.24 Y	F	Heather Connelly	12	TAC VA	12/5/2008	2008 TAC Winter Challenge
4	11:44.59 Y	F	Sydney Pesetti	12	NOVA VA	11/15/2008	Autumn Splash Odd Age-Group
5	11:51.58 Y	F	Eileen Cunningham	12	NOVA VA	1/30/2009	Nova January BB+
6	11:56.52 Y	F	Abigail Jones	12	NOVA VA	11/15/2008	Autumn Splash Odd Age-Group

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	Time	P/F/S	Name	Age/Yr			
7	11:57.07 Y	F	Mary Bernadette Escobar	12	ODAC VA	10/10/2008	SEVA - Virginia Statewide A/BB/B/C
8	12:00.26 Y	F	Michelle Musco	12	PSDN VA	2/6/2009	IMX Challenge, BB+
9	12:02.08 Y	F	Ct Skorcz	12	LY VA	1/24/2009	2009 BAC Breaker Distance Meet
10	12:07.78 Y	F	Dorothy Reilly	12	NOVA VA	12/5/2008	December B/C Mini
<b>Women 11-12 1650 Free</b>							
1	19:19.34 Y	F	Dorothy Halmy	11	GATR VA	1/16/2009	2009 NC RSA January Jubilee Meet
2	19:42.47 Y	F	Abigail Jones	12	NOVA VA	1/9/2009	NOVA January BB/B/C
3	19:48.50 Y	F	Mary Bernadette Escobar	12	ODAC VA	11/14/2008	CGBD Fall Invitation 2008
4	20:30.70 Y	F	Dorothy Reilly	12	NOVA VA	1/9/2009	NOVA January BB/B/C
5	20:33.89 Y	F	Brittany Shealy	12	NOVA VA	1/9/2009	NOVA January BB/B/C
6	20:53.23 Y	F	Michelle Musco	12	PSDN VA	1/24/2009	2009 BAC Breaker Distance Meet
7	20:55.00 Y	F	Abbey Elmendorf	12	PSDN VA	1/24/2009	2009 BAC Breaker Distance Meet
8	20:56.26 Y	F	Elizabeth Deglau	12	NOVA VA	1/9/2009	NOVA January BB/B/C
9	21:13.67 Y	F	Dani Houghtaling	12	NOVA VA	1/9/2009	NOVA January BB/B/C
10	21:30.74 Y	F	Susana Martinez	12	SQST VA	1/24/2009	2009 BAC Breaker Distance Meet
<b>Women 11-12 50 Back</b>							
1	28.77 Y L	F	Remedy Rule	12	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
2	29.48 Y	F	Annie Boone	11	BASS VA	3/19/2009	2009 VSI SC Age Group Championships
3	29.73 Y L	F	Emily Erard	11	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
4	29.78 Y L	F	Jessie Arnold	12	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
5	30.29 Y	F	Sarah Jurczyk	12	WAC VA	2/27/2009	Tidewater Region Championships
6	30.45 Y	F	Virginia Thornhill	12	CCA VA	3/19/2009	2009 VSI SC Age Group Championships
7	30.57 Y	F	Kira Tomenchok	12	PSDN VA	3/19/2009	2009 VSI SC Age Group Championships
8*	30.70 Y	F	Emily Neuburg	12	CYAC VA	3/13/2009	2009 Short Course USY Championships
8*	30.70 Y	F	Anna Dickinson	12	TIDE VA	3/19/2009	2009 VSI SC Age Group Championships
10	31.03 Y	F	Emily Vaughan	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
<b>Women 11-12 100 Back</b>							
1	1:01.61 Y	P	Remedy Rule	12	SMAC VA	3/5/2009	2009 VA SC Senior Championships
2	1:01.81 Y	F	Jessie Arnold	12	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
3	1:03.52 Y	F	Emily Erard	11	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
4	1:03.92 Y	F	Mary Bernadette Escobar	12	ODAC VA	3/19/2009	2009 VSI SC Age Group Championships
5	1:04.10 Y	F	Annie Boone	11	BASS VA	3/19/2009	2009 VSI SC Age Group Championships
6	1:04.54 Y	F	Kira Tomenchok	12	PSDN VA	3/19/2009	2009 VSI SC Age Group Championships
7	1:04.95 Y	F	Abigail Jones	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
8	1:05.65 Y L	F	Josie Snow	12	BASS VA	3/19/2009	2009 VSI SC Age Group Championships
9	1:06.09 Y	F	Emily Neuburg	12	VYAC VA	3/19/2009	2009 VSI SC Age Group Championships
10	1:06.19 Y	F	Alexa Collins	12	RAYS VA	3/19/2009	2009 VSI SC Age Group Championships
<b>Women 11-12 200 Back</b>							
1	2:10.29 Y	F	Remedy Rule	12	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
2	2:12.60 Y	F	Jessie Arnold	12	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
3	2:16.78 Y	F	Emily Erard	11	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
4	2:19.23 Y	F	Allie Criss	12	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
5	2:19.25 Y	F	Abigail Jones	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
6	2:20.52 Y	F	Mary Bernadette Escobar	12	ODAC VA	3/19/2009	2009 VSI SC Age Group Championships
7	2:21.09 Y	F	Dorothy Halmy	11	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
8	2:21.35 Y	F	Annie Boone	11	BASS VA	3/19/2009	2009 VSI SC Age Group Championships
9	2:21.56 Y	F	Anna Dickinson	12	TIDE VA	12/12/2008	2008 12 & Younger Christmas Champ
10	2:22.62 Y	F	Olivia Stanley	11	CCA VA	3/19/2009	2009 VSI SC Age Group Championships
<b>Women 11-12 50 Breast</b>							
1	32.33 Y	F	Kelly Henry	12	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
2	33.49 Y	P	Larissa Neilan	12	VA VA	4/2/2009	2009 Eastern Zone SC Swimming

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3	34.02 Y	F	*I Taylor Vitaletti	12	WAC VA	3/19/2009	2009 VSI SC Age Group Championships
4	34.12 Y	F	Jessie Arnold	12	SMAC VA	12/12/2008	2008 Christmas Meet Inviational
5	34.17 Y	P	Campbell Brewer	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
6	34.20 Y	P	Kiersten Nelson	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
7	34.26 Y	F	Sarah Jurczyk	12	WAC VA	12/12/2008	2008 12 & Younger Christmas Champ
8	34.32 Y	P	Brittany Shealy	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
9	34.64 Y	F	Hanna Motsenbocker	12	RAYS VA	12/12/2008	2008 Holiday Meet
10	34.91 Y	F	Annalee Johnson	11	SHKS VA	3/19/2009	2009 VSI SC Age Group Championships
<b>Women 11-12 100 Breast</b>							
1	1:10.43 Y	P	Kelly Henry	12	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
2	1:12.42 Y	F	Brittany Shealy	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
3	1:12.97 Y	F	Susan Hynes	12	TAC VA	3/19/2009	2009 VSI SC Age Group Championships
4	1:13.07 Y	F	Sarah Jurczyk	12	WAC VA	3/19/2009	2009 VSI SC Age Group Championships
5	1:13.38 Y	P	Ct Skorcz	12	LY VA	12/5/2008	16th Annual TYR Capital Classic
6	1:13.66 Y	F	Larissa Neilan	12	BASS VA	3/19/2009	2009 VSI SC Age Group Championships
7	1:14.11 Y	F	Annalee Johnson	11	SHKS VA	3/19/2009	2009 VSI SC Age Group Championships
8	1:14.24 Y	P	Campbell Brewer	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
9	1:14.61 Y	F	Erin Meeker	12	PSDN VA	3/19/2009	2009 VSI SC Age Group Championships
10	1:15.03 Y	F	*I Taylor Vitaletti	12	WAC VA	12/12/2008	2008 12 & Younger Christmas Champ
<b>Women 11-12 200 Breast</b>							
1	2:34.45 Y	F	Brittany Shealy	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
2	2:35.72 Y	F	Susan Hynes	12	TAC VA	3/19/2009	2009 VSI SC Age Group Championships
3	2:37.09 Y	P	Kelly Henry	12	PWSC VA	3/19/2009	2009 VSI SC Age Group Championships
4	2:38.26 Y	F	Larissa Neilan	12	BASS VA	3/19/2009	2009 VSI SC Age Group Championships
5	2:38.63 Y	P	Ct Skorcz	12	LY VA	12/5/2008	16th Annual TYR Capital Classic
6*	2:38.67 Y	F	Campbell Brewer	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
6*	2:38.67 Y	F	Erin Meeker	12	PSDN VA	12/12/2008	2008 12 & Younger Christmas Champ
8	2:39.30 Y	F	Sarah Jurczyk	12	WAC VA	3/19/2009	2009 VSI SC Age Group Championships
9	2:41.51 Y	F	Abbey Elmendorf	12	PSDN VA	3/19/2009	2009 VSI SC Age Group Championships
10	2:42.99 Y	F	Annalee Johnson	11	SHKS VA	3/19/2009	2009 VSI SC Age Group Championships
<b>Women 11-12 50 Fly</b>							
1	27.70 Y	F	Remedy Rule	12	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
2	28.13 Y	P	Kira Tomenchok	12	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
3	28.14 Y	F	Sarah Jurczyk	12	WAC VA	3/19/2009	2009 VSI SC Age Group Championships
4	28.37 Y	F	Caroline Pollard	11	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
5	28.88 Y	F	Jillian Breeger	11	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
6	28.91 Y	F	Sydney Pesetti	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
7	29.04 Y	F	Carly Witt	12	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
8	29.30 Y	P	Abigail Jones	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
9	29.31 Y	F	Kiersten Nelson	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
10	29.49 Y	F	Jessie Arnold	12	SMAC VA	1/30/2009	Nova January BB+
<b>Women 11-12 100 Fly</b>							
1	59.86 Y	F	Remedy Rule	12	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
2	1:02.67 Y	F	Sydney Pesetti	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
3	1:02.93 Y	F	Sarah Jurczyk	12	WAC VA	3/19/2009	2009 VSI SC Age Group Championships
4	1:03.45 Y	F	Kira Tomenchok	12	PSDN VA	3/19/2009	2009 VSI SC Age Group Championships
5	1:03.55 Y	F	Jillian Breeger	11	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
6	1:04.08 Y	F	Abigail Jones	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
7	1:04.93 Y	F	Mary Bernadette Escobar	12	ODAC VA	3/19/2009	2009 VSI SC Age Group Championships
8	1:05.11 Y	F	Christina McLemore	12	CCA VA	3/19/2009	2009 VSI SC Age Group Championships
9	1:05.51 Y	F	Dorothy Reilly	12	NOVA VA	1/16/2009	2009 NC RSA January Jubilee Meet

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	<b>Time</b>	<b>P/F/S</b>	<b>Name</b>	<b>Age/Yr</b>			
10	1:05.73 Y	F	Caroline Pollard	11	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
<b>Women 11-12 200 Fly</b>							
1	2:10.04 Y	F	Remedy Rule	12	VA VA	4/2/2009	2009 Eastern Zone SC Swimming
2	2:18.46 Y	F	Sydney Pesetti	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
3	2:22.13 Y	P	Abigail Jones	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
4	2:22.56 Y	F	Christina McLemore	12	CCA VA	3/19/2009	2009 VSI SC Age Group Championships
5	2:22.83 Y	F	Mary Bernadette Escobar	12	ODAC VA	12/12/2008	2008 12 & Younger Christmas Champ
6	2:23.33 Y	P	Dorothy Reilly	12	NOVA VA	1/16/2009	2009 NC RSA January Jubilee Meet
7	2:27.44 Y	F	Kiersten Nelson	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
8	2:29.93 Y	P	Haley Malloy	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
9	2:30.06 Y	F	Eileen Cunningham	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
10	2:30.32 Y	F	Dorothy Halmly	11	GATR VA	3/19/2009	2009 VSI SC Age Group Championships
<b>Women 11-12 100 IM</b>							
1	1:03.89 Y	F	Jessie Arnold	12	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
2	1:04.25 Y	F	Abigail Jones	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
3	1:05.04 Y	F	Remedy Rule	12	SMAC VA	1/30/2009	Nova January BB+
4	1:05.26 Y	F	Kira Tomenchok	12	PSDN VA	3/19/2009	2009 VSI SC Age Group Championships
5	1:05.98 Y	F	Jillian Breeger	11	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
6	1:06.10 Y	F	*1 Taylor Vitaletti	12	WAC VA	3/19/2009	2009 VSI SC Age Group Championships
7	1:06.27 Y	F	Sarah Jurczyk	12	WAC VA	3/19/2009	2009 VSI SC Age Group Championships
8	1:06.28 Y	F	Kelly Henry	12	PWSC VA	1/24/2009	2009 QDD Snowflake Classic
9	1:06.62 Y	F	Kiersten Nelson	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
10	1:06.69 Y	F	Campbell Brewer	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
<b>Women 11-12 200 IM</b>							
1	2:15.39 Y	F	Remedy Rule	12	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
2	2:15.98 Y	F	Jessie Arnold	12	SMAC VA	3/19/2009	2009 VSI SC Age Group Championships
3	2:19.49 Y	P	Abigail Jones	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
4	2:21.19 Y	F	Susan Hynes	12	TAC VA	3/19/2009	2009 VSI SC Age Group Championships
5	2:21.28 Y	F	Megan Motter	11	TAC VA	3/19/2009	2009 VSI SC Age Group Championships
6	2:22.28 Y	F	Kelly Henry	12	PWSC VA	12/12/2008	2008 12 & Younger Christmas Champ
7	2:22.86 Y	F	Sarah Jurczyk	12	WAC VA	12/12/2008	2008 12 & Younger Christmas Champ
8	2:23.18 Y	F	Sydney Pesetti	12	NOVA VA	1/16/2009	2009 NC RSA January Jubilee Meet
9	2:23.22 Y	F	Jillian Breeger	11	CGBD VA	3/19/2009	2009 VSI SC Age Group Championships
10	2:24.40 Y	P	Campbell Brewer	12	NOVA VA	3/19/2009	2009 VSI SC Age Group Championships
<b>Women 11-12 400 IM</b>							
1	4:56.53 Y	F	Jessie Arnold	12	SMAC VA	1/30/2009	Nova January BB+
2	4:58.85 Y	F	Remedy Rule	12	SMAC VA	11/22/2008	2008 Waynesboro YMCA SMAC Fall
3	5:02.28 Y	F	Abigail Jones	12	NOVA VA	1/16/2009	2009 NC RSA January Jubilee Meet
4	5:03.20 Y	F	Ct Skorcz	12	LY VA	3/13/2009	2009 Short Course USY Championships
5	5:06.10 Y	F	Sydney Pesetti	12	NOVA VA	1/30/2009	Nova January BB+
6	5:06.39 Y	F	Dorothy Reilly	12	NOVA VA	1/16/2009	2009 NC RSA January Jubilee Meet
7	5:10.53 Y	F	Martha Sperandio	12	NOVA VA	1/30/2009	Nova January BB+
8	5:11.59 Y	F	Kiersten Nelson	12	NOVA VA	1/16/2009	2009 NC RSA January Jubilee Meet
9	5:12.24 Y	F	Ashley Mauzy	11	LY VA	3/13/2009	2009 Short Course USY Championships
10	5:13.63 Y	F	Brittany Shealy	12	NOVA VA	1/16/2009	2009 NC RSA January Jubilee Meet