

USA SWIMMING
RULES & REGULATIONS COMMITTEE
PROPOSED
AMENDMENTS TO 2015 RULES AND REGULATIONS

No.	Description	Location	Recommendation
R-1	To clarify what constitutes a deck change	Glossary & 202.4.9 (I)	Not yet reviewed
R-2	To allow an athlete to compete in 6 timed final events per day provided there is at least a 2 hour break between sessions	102.2.3	Not yet reviewed
R-3	To align USA Swimming's rules with FINA's rules for permissible number of worn caps	102.8.1 (A)	Approval
R-4	In order to promote inclusion in all aspects of the sport, swimsuit waiver should be granted to swimmers who are transgendered	102.8.1 B (1)	Approval
R-5	To allow footage recorded with cameras approved by the Vice President of Program Operations to be used to review stroke or turn infractions called on deck	102.22.14	Approval
R-6	To align USA Swimming's practices of resolving a pad malfunction on a lane to be consistent with that of FINA's	102.24 various, Appendix 1-A & Appendix 1-B	Approval
R-7	To establish a teaching protocol for backstroke starts including use of the ledge and to prohibit use of backstroke ledges in water depth less than 4 feet	103.2.2, 103.2.3 A & 103.2.3 C, 103.14.4	Approval
R-8	To align the USA Swimming Rules for American and U.S. Open Records to the FINA rules for lead-off times in Mixed Relays	104.2.2 C	Not yet reviewed
R-9	To specify the limits of authority of a Zone Sanction Appeal Panel	202.3.2 (new) and .3	Approval
R-10	To deny deck access at an USA Swimming or LSC sanctioned event to an individual whose membership has been denied as provided in Article 304	202.5.2 (new)	Approval
R-11	To explicitly set forth the requirements for swimmers registered with USA Swimming as unattached athlete members	203.2.	Not yet reviewed
R-12	To clarify the start date for the 120 day transfer period for an athlete applies only to open competition and not to closed competition	203.3	Approval
R-13	To prohibit Individual Member and Group Members from privately coaching or providing services to any swimmer suspended for doping	303.5 (new)	Approval
R-14	To require forfeiture and return of prize money earned on account of a doped swimmer	303.6 (new)	Approval
R-15	To remove bullying from the jurisdiction of the National Board of Review and place it within the jurisdiction of local clubs	Glossary, 304.3.7, 304.3.13(new), 306.1, 307.1, 307.2, & 405.2.3	Approval
R-16	To prohibit individuals who have been banned or are currently suspended from serving as timers, marshals, or computer operators, or otherwise being on deck	305.4	Approval
R-17	To clarify that the technical rules are inclusive of Part Seven (Open Water)	404.1.1 G, 404.2.5 & 506.4.5	Approval

Proposed Amendments to Rules & Regulations
June 2015

No.	Description	Location	Recommendation
R-18	To distinguish between an initial inquiry and an investigation for alleged Code of Conduct violations	405.1	Approval
R-19	To clarify USA Swimming's rules on confidentiality with respect to investigations and proceedings before the National Board of Review	410.2, 410.2.5 (new) & 410.3	Approval
R-20	To remove the USA-S non-athlete family membership as it has been dropped due to no further financial benefit	502.4.4	Approval
R-21	To ensure that athletes constitute at least twenty percent (20%) of the votes eligible to be cast within each Zone	504.2 & 605.2 (new)	Approval
R-22	To prohibit a USA Swimming, Zone or LSC employee, or a member of such employee's immediate family, from serving as a voting member of the USA Swimming Board of Directors due to inherent conflicts of interest	504.5 (new)	No Recommendation
R-23	To clarify the role of the Rules and Regulations Committee regarding recommendations of rejection of legislation proposed by the USA Swimming Board of Directors, by a USA Swimming national committee or by a task force appointed by the President of USA Swimming	511.2.4 and .5	Not yet reviewed
R-24	To require the Safe Sport Chair (Coordinator) be a voting member of every LSC Board of Directors	Required LSC Bylaws 605.1.15 (new) & 606.1.16 (new)	Approval
HK-1	Correct acronyms to language currently used in the Rulebook	103.21	Approval
HK-2	To clarify that an LSC may host an approved meet	202.6.4	Approval
HK-3	To correct the substitution last year of "LSC" with "Zone" in the permitted recipient of notification regarding employees under investigation, when "Zone" should have added to the list and LSC retained in this subsection	410.3	Approval
HK-4	Correct organizational name from ASUA to UANA	507.1.5	Approval
HK-5	To clarify effective date for all housekeeping items	511.6	Approval

USA SWIMMING
RULES & REGULATIONS COMMITTEE
PROPOSED
AMENDMENTS TO RULES AND REGULATIONS

R-1	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 1 **Location:** Page 14 – **Official Glossary**
2 Page 60 – **Requirements for Sanction**
- 3 **Proposed by:** Rules and Regulations Committee
- 4 **Purpose:** To clarify what constitutes a deck change
- 5 **Recommendation:** *The Rules and Regulations Committee has not yet reviewed this proposal.*
- 6 **DECK CHANGING** – changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a
7 permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at
8 a practice, competition, or other pool-related activity.
- 9 **202.4 REQUIREMENTS FOR SANCTION** — Sanctions are issued, withheld or withdrawn in accordance with the following
10 regulations:
- 11 .1-8. [no changes]
- 12 .9 Application for sanction must be accompanied by a copy of the complete meet announcement which must include the
13 following:
- 14 A-H [no changes]
- 15 I The following statement: “Deck Changing into or out of swimsuits other than in locker rooms or other designated
16 areas is prohibited.”

R-2	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
REQUIRES 90% ADOPTION BY THE HOUSE OF DELEGATES							

- 17 **Location:** Page 25 – **102.2 General Rules**
- 18 **Proposed by:** Mark Bennett, Age Group Vice Chair – Central California Swimming
- 19 **Purpose:** To allow an athlete to compete in 6 timed final events per day provided there is at least a 2 hour break
20 between sessions.
- 21 **Recommendation:** *The Rules and Regulations Committee has not yet reviewed this proposal.*
- 22 **102.2 GENERAL RULES**
- 23 .1 In order to compete in a meet, a swimmer must be entered in compliance with the event entry requirements stated in the
24 meet announcement.
- 25 .2 In a preliminaries and finals meet a swimmer may compete in not more than three (3) individual events per day.
- 26 .3 ~~In a timed finals meet a swimmer may compete in not more than five (5) individual events per day.~~ In a timed finals meet in
27 which there is at least a two (2) hour break between meet sessions, an athlete may compete in a maximum of six (6)
28 individual events per day, but not more than five (5) individual events in a time finals session.

R-3	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 29 **Location:** Page 29 – **102.8 Swimwear**
- 30 **Proposed by:** Rules and Regulations Committee
- 31 **Purpose:** To align USA Swimming's rules with FINA's rules for permissible number of worn caps.
- 32 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
- 33 **Effective Date:** Immediately
- 34 **102.8 SWIMWEAR**
- 35 **.1 Design**
- 36 A Swimwear shall include only a swimsuit, cap, and goggles. It is permissible to wear two (2) caps. Armbands or leg
- 37 bands shall not be regarded as parts of the swimsuit and are not allowed.

R-4	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 38 **Location:** Page 29 – **102.8 Swimwear**
- 39 **Proposed by:** Rules and Regulations Committee Transgender Athlete Task Force
- 40 **Purpose:** In order to promote inclusion in all aspects of the sport, swimsuit waivers should be granted to swimmers
- 41 who are transgendered.
- 42 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
- 43 **102.8 SWIMWEAR**
- 44 **.1 Design**
- 45 A Swimwear shall include only a swimsuit, cap, and goggles. Armbands or leg bands shall not be regarded as parts of
- 46 the swimsuit and are not allowed.
- 47 B In swimming competitions, the swimmer must wear only one swimsuit in one or two pieces, except as provided in
- 48 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel
- 49 nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee
- 50 (see 701.4.4 for open water exception).
- 51 (1) Exemptions to the foregoing restriction may be granted to a swimmer, on a case by case basis, by the Chair of the
- 52 Rules & Regulations Committee, or his/her designee. Exemptions will be granted only for conflicts due to the
- 53 swimmer's verified religious beliefs, ~~or~~ verified medical conditions or verified transgender identity needs.
- 54 (2) Procedures for applying for an exemption will be established by the Rules & Regulations Committee and posted
- 55 on the USA Swimming website.
- 56 (3) No exemption to this restriction will be granted for a swimsuit that will give the swimmer a competitive advantage.
- 57 (4) The decision of the Rules Chair may be appealed only to the entire Rules & Regulations Committee, whose
- 58 decision shall be final and binding on all parties.

R-5	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- Location:** Page 36 **102.22 Disqualifications**
- Proposed by:** Rules & Regulations Committee
- Purpose:** Due to improved video recording capabilities, officials may use approved video evidence to confirm, overrule a disqualification, or provide additional information. Only when there is clear evidence that a call was made incorrectly, would the call be overturned.

Recommendation: *The Rules & Regulations Committee recommends approval.*

59 **102.22 DISQUALIFICATIONS**

60 .14 ~~Approved underwater video~~ replay footage from cameras approved by the Vice President of Program Operations may be
61 used to review stroke or turn infractions called on deck. The official(s) reviewing the video may only confirm the call made
62 on deck, overrule the call, or advise the Referee that the review proved inconclusive.

R-6	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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63 **Location:** Page 38 – **102.24 TIMING RULES**
64 Page 44 – **APPENDIX 1-A**
65 Page 45 – **APPENDIX 1-B**

66 **Proposed by:** Rules & Regulations Committee Timing Task Force

67 **Purpose:** When there is a pad malfunction on a lane, the backup time is used for that lane. We know that the backup
68 time is only our best guess as to the swimmer's time and feel that the further adjustment for the human
69 reaction time does not necessarily yield a more accurate time for the swimmer. FINA makes no such
70 adjustment when using backup times and this legislation seeks to make our practice consistent with FINA's.

71 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

72 **102.24 TIMING RULES**

73 .1 **Requirements for Official Time**

74 A **Performance Requirements** [no change]

75 B **Timing Resolution** [no change]

76 C **System Requirements for Specific Purposes**

77 (1) Official times achieved using a timing system in accordance with 102.24.3 are valid for all entry time and
78 recognition program purposes with the following exception: World, American, and U.S. Open Records can be
79 established only when timed by an automatic timing system, a backup camera system, or semiautomatic system if
80 the automatic system fails.

81 (2) A backup time adjusted for timing system differences as described in 102.24.4 may be used as an official time.

82 D **Backup Timing System Requirement** — Except when the primary system consists of watches, backup timing shall be
83 provided for all competitors. No swimmer shall be required to re-swim a race due to equipment failure which results in
84 unrecorded or inaccurate time or place. It is the Meet Director's responsibility to provide the proper timing systems so
85 that swimmers can expect to achieve official times that will satisfy the requirements of 102.24.1C.

86 E **Use of Secondary and Tertiary Times** — Secondary and tertiary times shall be recorded but shall not be used except
87 to corroborate or correct missing or inaccurate primary/secondary results.

88 .2 **Timing Systems** [no change]

89 .3 **Timing System Designation** [no change]

90 .4 **Determining Official Time**

91 A **Automatic Timing** — When recorded by properly operating automatic timing equipment, the pad time shall be the
92 official time.

93 B **Semi-Automatic and Manual Timing** — Whenever semi-automatic or manual timing is used, only valid times shall be
94 used in calculating the official time. The times shall be determined as follows:

95 (1) If two of the three button or watch times agree, that shall be the time for that timing system.

96 (2) If three valid buttons or watches disagree, the time of the intermediate button or watch shall be the time for that
97 timing system.

- 98 (3) If only two valid button or watch times are available, the time shall be the average of those two buttons or the
99 average of the two watch times. The digits representing thousandths of a second shall be dropped with no
100 rounding.
- 101 (4) If only one button or watch time is available, the time of that button or watch shall be the time for that timing system
102 provided it is supported by other information.
- 103 **C Primary Timing System Malfunction** — A malfunction may have occurred if:
- 104 (1) The difference between the time obtained by the primary system and the back-up system(s) is approximately .30
105 second or greater; or
- 106 (2) The place judge(s) reports a different order of finish; or
- 107 (3) It is reported the swimmer missed the touchpad or had a soft touch.
- 108 ~~D Adjustment for the Timing System Difference~~ — ~~When the Referee determines that there is a malfunction of the~~
109 ~~primary timing system, the back-up time(s) shall be adjusted for the timing system difference prior to integrating them~~
110 ~~with accurate primary times in establishing the official times and determining the results. The adjustment for timing~~
111 ~~system difference is determined by calculating the consistent average difference between the valid primary and backup~~
112 ~~systems used at that meet.~~
- 113 **E Adjustment for Malfunction on a Lane** — When a malfunction is confirmed on a lane, the back-up time for that lane
114 shall be calculated in accordance with 102.24.4B and integrated with the accurate primary times in establishing the
115 official time and determining the results. ~~adjusted by calculating the average difference between valid primary and valid~~
116 ~~back-up times of the other lanes in that heat, or if necessary, using times from heats immediately preceding and/or~~
117 ~~following the heat. This shall be done by adding, or subtracting when appropriate, that average difference to the valid~~
118 ~~back-up time of the lane where the malfunction occurred. (See Appendix 1-A on page 44)~~
- 119 **F Adjustment for Malfunction Equally Affecting an Entire Heat** — When, because of an early or late start, or other
120 equipment or operator malfunction, the time of the automatic or semi-automatic primary timing system is equally
121 incorrect for all the lanes in a heat, but the order of finish and thus the absolute difference of time between the swim-
122 mers is accurate, the times of the primary system shall be adjusted by calculating the average difference between the
123 primary times and the valid back-up times and adding, or subtracting when appropriate, that difference to the primary
124 times of every lane in that heat. (See Appendix 1-B on page 45)

125 .5 Determining Results [no change]

APPENDIX 1-A EXAMPLE OF LANE MALFUNCTION

- 126 **Primary** — Automatic
127 **Secondary** — Semi-automatic, three buttons
128 **Tertiary** — Manual, one watch.
129
130

LANE	PAD TIME	BUTTON A	BUTTON B	BUTTON C	WATCH TIME***	CALCULATED BUTTON TIME	PAD MINUS VALID BUTTON	OFFICIAL TIME	CALCULATED FINISH ORDER
1	52.21	52.17	52.23	52.25	52.04	52.23	-.02	52.21	7
2	52.08	52.14	52.06	52.16	51.95	52.14	-.06	52.08	5 — JD*
3	51.05	52.15+	51.04	51.01	50.97	51.02 -1 and 3	.03	51.05	2
4	51.04	50.98	Missing	Missing	50.84	50.98 -2	.06	51.04	1
5	52.96+	51.99	52.16	52.02	51.97	52.02	.94*	52.04*	6 — JD*
6	51.45	51.37	51.00 -4	50.97	51.30	51.37 + and 2	.08	51.45	3
7	52.27	52.23	52.18	52.23	52.10	52.23	.04	52.27	8
8	51.87	51.92	51.79	Missing	51.86	51.85*	.02	51.87	4
Place Judges Order of Finish:							.15 diff.	Total differential:	
Judge 1: 4-3-6-8-2-5-1-7							+.02 corr**	Correction Factor	
Judge 2: 3-4-6-8-2-5-7-1									

131 *Malfunction confirmed. .94 differential not used in the adjustment calculation.

132 **Adjustment calculation — the sum total of the valid pad times minus the calculated button times divided by the number of lanes

- 133 used in the calculation. ~~.15 total differential divided by 7 valid lanes = .02 correction.~~
- 134 ~~*** Watch Operator also operated BUTTON A in all lanes:~~
- 135 ~~1—Invalid—discarded—not used in calculations due to other data bringing into question that time’s validity.~~
- 136 ~~a. Lane 3—Button A is significantly after the Pad Time and Buttons B and C. The Button A time does not correlate with~~
 137 ~~the Place Judges order of finish. This points to excessive human error. The Timing Judge declares that the Lane 3~~
 138 ~~Button A is invalid and will not be used in future calculations. The Lane 3 Calculated Button Time would be the~~
 139 ~~average of the valid Button B and Button C—51.02 which confirms the pad time is valid and no adjustment is~~
 140 ~~necessary.~~
- 141 ~~b. Lane 6—Buttons B and C are both more than .3 seconds faster than the Pad, Button A and the Watch times. The~~
 142 ~~Place Judges order of finish correlates with the Pad, Button A and Watch times. The timing judge declares that Lane 6~~
 143 ~~Buttons B and C are invalid and are not used for future calculations. The Lane 6 Calculated Button Time would be the~~
 144 ~~valid Lane 6 Button A—51.37 again confirming the pad time is correct and no adjustment is needed.~~
- 145 ~~2—Calculated Button time equals the single valid button.~~
- 146 ~~3—Calculated Button time equals the average of the two valid buttons.~~
- 147 ~~4—Lane 5—All three buttons and the manual watch times are closely grouped. The Calculated Button Time matches the~~
 148 ~~order of finish in that lane 5 finishes ahead of lanes 1 and 7. The Timing Judge declares the Lane 5 Pad Time to be invalid~~
 149 ~~and proceeds with a backup time correction calculation for lane 5.~~
- 150 ~~5—Lane 5 Official Time is the Calculated Button Time—52.02—plus the correction factor of .02 for a final Official Time of~~
 151 ~~52.04.~~
- 152 ~~6—After adjusting the Lane 5 Calculated Button Time by .02, the resulting time is .04 seconds faster than the pad time for~~
 153 ~~Lane 2. Both Finish Judges recorded lane 2 finishing ahead of lane 5. The final results would indicate that Lane 2 finished~~
 154 ~~in 5th place and Lane 5 finished in 6th place.~~

APPENDIX 1-B EXAMPLE OF HEAT MALFUNCTION

- 157 **Primary** - Automatic (Late manual start confirmed);
- 158 **Secondary** - Semi-automatic, three buttons (button time not valid);

LANE	PRIMARY PAD TIME	WATCH TIME	WATCH TIME LESS PAD TIME	HEAT ADJUSTMENT*	OFFICIAL TIME
1	52.12	55.14	3.02	+3.06	55.18
2	51.56	54.61	3.05	+3.06	54.62
3	51.09	54.18	3.09	+3.06	54.15
4	50.12	53.18	3.06	+3.06	53.18
5	49.78	52.90	3.12	+3.06	52.84
6	49.06	52.06	3.00	+3.06	52.12
7	52.21	55.30	3.09	+3.06	55.27
8	52.92	55.99	3.07	+3.06	55.98
			24.50 total		

- 159 **Tertiary** - Manual, one watch
- 160 *Adjustment calculation:
- 161 ▼ Add the differences between the pad and watch times; total = 24.50; ▼ Divide 24.50 by the number of lanes to determine an
- 162 average: 24.50 divided by 8 = 3.0625; the digits after hundredths are dropped, leaving a heat adjustment of 3.06; ▼ Add the
- 163 adjustment factor of 3.06 seconds for late start of the primary system to each pad time to obtain the official time for that lane.

R-7	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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164 **Location:** Page 46 – **103.2 Water Depth**
165 Page 49 – **103.14 Backstroke Ledge**
166 **Proposed by:** Operational Risk Committee
167 **Purpose:** Both the Councilman Study and observation by our staff technical expert (Russell Mark) conclude that
168 backstroke ledges lead to deeper and longer backstroke starts. The Operational Risk Committee is aware
169 that a teaching protocol needs to be developed for backstroke starts including use of the ledge and believes
170 use of the backstroke ledge needs to be prohibited in shallow water.

171 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

172 **103.2 WATER DEPTH**

173 .1 **/NC/ 2 meters (6 feet 7 inches) deep throughout the course.**

174 .2 **/M/ Teaching Racing Starts** — Minimum water depth for teaching all racing starts, prior to certification, in any setting from
175 any height starting blocks, from backstroke ledges or from the deck shall be 6 feet (1.84 meters) measured for a distance of
176 3 feet 31/2 inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from the end wall. Teaching racing starts shall only take place
177 under the direct supervision of a USA Swimming member coach and shall include:

178 A All racing start instruction until a swimmer has been certified by his or her USA Swimming member coach as proficient in
179 performing a racing start, and

180 B Subsequent to certification, instruction which seeks to alter a swimmer's basic technique in performing a racing start.

181 Prior to certification, all racing starts must take place from a position in the water, regardless of pool depth. Subsequent to
182 certification, practicing of racing starts may take place in water depth of four (4) feet (1.22 meters) and deeper.

183 .3 **/M/ Racing Starts** — Minimum water depth for racing starts during practice and competition shall be measured for a distance
184 3 feet 31/2 inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from the end wall. Starting requirements and height of starting
185 block shall be:

186 A In pools with water depth less than 4 feet (1.22 meters) at the starting end, ~~the swimmer must start from within the~~
187 ~~water;~~

188 (1) The swimmer must start from within the water;

189 (2) Backstroke starting ledges are not permitted.

190 B In pools with water depth 4 feet (1.22 meters) or more at the starting end, starting platforms shall meet the height
191 requirements of 103.13.1.

192 ~~C Prior to certification, all racing starts must take place from the water, regardless of pool depth. Subsequent to~~
193 ~~certification, practicing of racing starts may take place in water depth of four (4) feet (1.22 meters) and deeper.~~

194 **Note:** Local, state and municipal statutes, ordinances, rules and regulations, may have depth limitations in conflict with this
195 section. The LSC and all Member Clubs should check for this at all times.

196 **103.14 BACKSTROKE LEDGE** — The backstroke ledge shall conform to FINA's specifications when used in competition: as
197 follows;

198 .1 /M/ The ledge may be adjustable to 4 centimeters above or 4 centimeters below the water level.

199 .2 /M/ The ledge ~~is~~ shall be a minimum of 65 centimeters in length.

200 .3 /M/ The ledge must be 8 centimeters in height, 2 centimeters at the width with 10 degrees of slope.

201 .4 /M/ The ledge may not be used in water depth less than 4 feet (1.22 meters).

R-8	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 202 **Location:** Page 51 – **104.2 USA Swimming Records**
- 203 **Proposed by:** Times and Recognition Committee
- 204 **Purpose:** To align the USA Swimming Rules for American and U.S. Open Records to the FINA rules for lead-off times
205 in Mixed Relays.
- 206 **Recommendation:** *The Rules and Regulations Committee has not yet reviewed this proposal.*
- 207 **104.2 USA SWIMMING RECORDS**
- 208 **.2 American and United States Open Records**
- 209 A-B [no changes]
- 210 C **Special Requirements and Conditions**
- 211 (1) Lead-off legs/initial distances of mixed gender relays shall not count for American or U.S. Open records.
- 212 [re-number remaining]

R-9	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 213 **Location:** Page 60 – **202.3 Procedure for Appeal**
- 214 **Proposed by:** Rules & Regulations Committee
- 215 **Purpose:** To specify the limits of authority of a Zone Sanction Appeal Panel.
- 216 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
- 217 **202.3 PROCEDURE FOR APPEAL** — An applicant whose application has been denied by an LSC shall have the right to appeal
218 the denial to the Zone Sanction Appeal Panel.
- 219 .1 Each Zone shall establish a Zone Sanction Appeal Panel.
- 220 A Each Zone shall designate a group of coaches, referees and athletes available to serve on an Appeal Panel.
- 221 B A petitioner may file an appeal with the Senior Zone Director within five (5) days of receiving notification of denial by an
222 LSC.
- 223 C When an appeal is filed, the Zone Director shall notify the LSC and appoint a panel made up of a coach, referee and
224 athlete, each from a different LSC and none from the petitioner's LSC.
- 225 .2 The Zone Sanction Appeal Panel is authorized to require an LSC to issue a sanction or approval except in those instances
226 where the sanction or approval was denied because the application was in conflict with a policy adopted by the LSC House
227 of Delegates or because the application was in conflict with USA Swimming rules or requirements.
- 228 .3 ~~The Zone Sanction Appeal Panel is authorized to direct the LSC to issue the sanction or approval. The Panel's decision~~
229 ~~shall be final.~~

R-10	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 230 **Location:** Page 62 – **(new) 202.5 Conditions of Sanction**
- 231 **Proposed by:** Robert Broyles, Administration Vice President, Paris Jacobs, Eastern Zone Director and the Safe Sport
232 Committee
- 233 **Purpose:** To deny deck access at a USA Swimming or LSC sanctioned event to an individual whose membership has
234 been denied as provided in Article 304.
- 235 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

236 **202.5 CONDITIONS OF SANCTION** — Any event for which a sanction is required according to 202.1 is subject to the following
237 conditions:

238 .1 [no changes]

239 .2 Individuals who have been banned or who are currently suspended from or are ineligible for membership are prohibited from
240 serving as timers, marshals, computer operators, or otherwise being on deck at any time in connection with a USA Swimming
241 activity.

242 [re-number remaining]

R-11	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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243 **Location:** Page 67 – **Article 203 Representation**

244 **Proposed by:** Niagara Swimming House of Delegates

245 **Purpose:** As currently written, this rule does not explicitly set forth the requirements for those swimmers who register
246 with USA Swimming as unattached athlete members, with no USA Swimming club affiliation. Current
247 interpretation and application of this rule has allowed swimmers to register as unattached athlete members in
248 the LSC of their choice, regardless of where they reside in the United States or any other country.

249 **Recommendation:** *The Rules and Regulations Committee has not yet reviewed this proposal.*

250 **Effective Date:** Immediately for the 2016 membership season

251 **ARTICLE 203**
252 **REPRESENTATION**

253 **203.1** [no changes]

254 **203.2**

255 .1 A swimmer need not reside within the geographical boundaries of the LSC in which the USA Swimming club he/she
256 represents is located, but he/she must be registered in that LSC; a swimmer who has been released by his/her club
257 pursuant to 203.4 to represent a secondary school, college or university, wherever located, during the school season, may
258 retain membership in the LSC in which the swimmer's club is located.

259 .2 A swimmer who registers as an unattached athlete member and is not affiliated with a USA Swimming club must reside
260 within the geographical boundaries of the LSC where they are registered, unless the LSC House of Delegates they wish to
261 join has approved such unattached athlete memberships.

262 .3 A swimmer who registers as an unattached athlete member and is not affiliated with a USA Swimming club, and does not
263 reside within the geographical boundaries of any LSC must be registered through USA Swimming headquarters, unless the
264 LSC House of Delegates they wish to join has approved such unattached athlete memberships.

R-12	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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265 **Location:** Page 67 – **Article 203 Representation**

266 **Proposed by:** Registration/Membership – Rules and Regulations Joint Task Force

267 **Purpose:** To clarify the start date for the 120 day transfer period for an athlete applies only to open competition and not
268 to closed competition.

269 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

270 **ARTICLE 203**
271 **REPRESENTATION**

272 **203.1-2** [no changes]

273 **203.3** For a swimmer to represent a USA Swimming club in a competitive event, one hundred twenty (120) consecutive days
274 must have elapsed without the swimmer having represented any other USA Swimming club in USA Swimming open or closed
275 competition. ~~This 120 day rule does not apply to representation in closed competition even if it is sanctioned or approved by the~~
276 ~~LSG.~~ The 120 day count shall begin on the day following the last date the athlete represented a USA Swimming club in open
277 competition.

R-13	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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278 **Location:** Page 99 – **Article 303 Eligibility**
279 **Proposed by:** International Relations Committee
280 **Purpose:** To prohibit member coaches from privately coaching swimmers suspended for doping.
281 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

ARTICLE 303
ELIGIBILITY

284 303.1-4 [no changes]

285 303.5 No individual Member or Group Member of USA Swimming shall coach, train or provide swimming-related advice or
286 service to any swimmer who is serving a period of ineligibility or provisional suspension for an anti-doping rule violation.

287 [re-number remaining]

R-14	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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288 **Location:** Page 99 – **Article 303 Eligibility**
289 **Proposed by:** International Relations Committee
290 **Purpose:** To require forfeiture and return of prize money earned on account of a doped swimmer.
291 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

ARTICLE 303
ELIGIBILITY

294 303.1-5 [no changes]

295 303.6 If a swimmer is required to forfeit any medals, points or prizes earned at an event on account of an anti-doping rule
296 violation, then any compensation paid by USA Swimming to the swimmer's coach(es) on account of that swimmer's result shall
297 also be forfeited and shall be returned to USA Swimming.

298 [re-number remaining]

R-15	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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299 **Location:** Page 14 – **Official Glossary**
300 Page 100 – **Article 304 code of Conduct**
301 Page 104 – **Article 306 Sexual Misconduct Reporting Requirements**
302 Page 104 – **Article 307 Prohibitions Against Retaliation for Good Faith Reporting of Abuse**
303 Page 109 – **405. 2 Investigation of Complaints**

304 **Proposed by:** John Morse, Susan Woessner and Lucinda McRoberts, USA Swimming

305 **Purpose:** To remove athlete-on-athlete bullying as a violation of the Code of Conduct, except in the most egregious
306 and flagrant situations and allow the investigation and resolution of such bullying to be handled by the local
307 club.

308 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

309 **Effective Date:** Immediately

310 **OFFICIAL GLOSSARY**
311 **Swimming Words and Terms**

312 **BULLYING** – the severe or repeated use, regardless of when or where it may occur, by one or more USA Swimming members
313 of an oral, written, electronic or other techno-logical expression, image, sound, data or intelligence of any nature (regardless
314 of the method of transmission), or a physical act or gesture, or any combination thereof, directed at any other member or
315 Participating Non-Member that to a reasonably objective person has the effect of: (i) causing physical or emotional harm to
316 the other person or damage to the other person's property; (ii) placing the other person in reasonable fear of harm to
317 himself/herself or of damage to his/her property; (iii) creating a hostile environment for the other person at any USA
318 Swimming activity; (iv) infringing on the rights of the other person at any USA Swimming activity; or (v) materially and
319 substantially disrupting the training process or the orderly operation of any USA Swimming activity (which shall include,
320 without limitation, practices, workouts and other events of a member club, LSC or Zone).

321 **ARTICLE 304**
322 **CODE OF CONDUCT**

323 **304.1-2** [no changes]

324 **304.3** The following shall be considered violations of the USA Swimming Code of Conduct:

325 .1-6 [no changes]

326 ~~.7 Bullying is prohibited. For the purposes of the Code of Conduct, the term "Bullying" shall mean, regardless of when or where~~
327 ~~it may occur, the severe or repeated use by one or more USA Swimming members ("Members") of an oral, written, electronic~~
328 ~~or other technological expression, image, sound, data or intelligence of any nature (regardless of the method of~~
329 ~~transmission), or a physical act or gesture, or any combination thereof, directed at any other Member that to a reasonably~~
330 ~~objective person has the effect of: (i) causing physical or emotional harm to the other Member or damage to the other~~
331 ~~Member's property; (ii) placing the other Member in reasonable fear of harm to himself/herself or of damage to his/her~~
332 ~~property; (iii) creating a hostile environment for the other Member at any USA Swimming activity; (iv) infringing on the rights~~
333 ~~of the other Member at any USA Swimming activity; or (v) materially and substantially disrupting the training process or the~~
334 ~~orderly operation of any USA Swimming activity (which for the purposes of this section shall include, without limitation,~~
335 ~~practices, workouts and other events of a member club or LSC). Allegations of Bullying of an athlete by a coach shall be~~
336 ~~investigated under 304.3.13.~~

337 [re-number remaining]

338 ~~.13~~ Abuse

339 A Physical abuse of an athlete by any person who, in the context of swimming, is in a position of authority over that
340 athlete. "Physical abuse" is defined as a non-accidental injury and/or an injury primarily caused by the gross
341 negligence on the part of the person in a position of authority over the athlete.

342 B Bullying of an athlete by a coach member or other non-athlete member who is in a position of authority over that
343 athlete.

344 ~~.13~~ Bullying of a member or Participating Non-Member of USA Swimming by a non-athlete member. Allegations of Bullying of
345 an athlete member by a coach member shall be investigated under 304.3.12. Bullying of an athlete member of USA
346 Swimming by another athlete member shall not be considered a Code of Conduct violation, except in the most egregious
347 and flagrant situation, but is nevertheless a serious matter to be handled by the applicable club(s) pursuant to its anti-
348 bullying plan required under 305.6.

349 [re-number remaining]

350 **306.1** It is every member's responsibility to promptly report any incident regarding sexual misconduct by a member as described
351 in Article 304.3. ~~7~~ to USA Swimming's Director of Safe Sport. Reporting must occur when an individual has firsthand knowledge
352 of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. Various
353 state laws may also require reporting to law enforcement or to a designated child protection agency.

354 **307.1** No Member shall retaliate against any individual who has made a good faith report under 306.1 or 304.3. ~~13~~ 12.

355 **307.2** For the purposes of 307.1, there shall be a rebuttable presumption that any adverse action regarding the employment,
356 membership, or other material rights of an individual who has made a good faith report under 306.1 or 304.3.1~~3~~ 12 within 90
357 days of a report is retaliatory. An adverse action includes, without limitation: discharge or termination; demotion or reduction in
358 compensation for services; or the removal of or from, or restrictions on, access to facilities, team activities or team membership
359 privileges

360 **405.2 INVESTIGATON OF COMPLAINTS**

361 .1-.2 [no changes]

362 .3 In those matters involving an alleged violation of 304.3.1~~2~~ or 304.13 by a coach, a committee of three coaches appointed
363 by the President of USA Swimming shall make a determination with such investigative assistance by the Executive Director
364 or his/her designee as the committee may request and report as to whether the coach's conduct is outside the customary
365 and acceptable bounds of coaching.

366 .4 In all other matters the Executive Director or his/her designee shall make the investigation and report.

R-16	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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367 **Location:** Page 103 – **Article 305 Athlete Protection Polices**

368 **Proposed by:** Safe Sport Committee

369 **Purpose:** To prohibit individuals who have been banned or are currently suspended from serving as timers,
370 marshals, or computer operators, or otherwise being on deck.

371 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

372 **ARTICLE 305**

373 **ATHLETE PROTECTION POLICIES**

374 The following policies related to Athlete Protection are mandatory components of the USA Swimming Code of Conduct:

375 **305.1-.3** [no changes]

376 **305.4** Employees and volunteers of USA Swimming, Zones, LSCs and member clubs who interact directly and frequently with
377 athletes as a regular part of their duties and individuals with any ownership interest in a member club must be non-athlete
378 members of USA Swimming and satisfactorily complete criminal background checks as required by USA Swimming. This does
379 not apply to volunteers such as timers, marshals, computer operators, etc. who only have limited contact with athletes during a
380 meet. Individuals who have been banned or who are currently suspended from or are ineligible for membership are prohibited
381 from serving as timers, marshals, computer operators, or otherwise being on deck at any time in connection with a USA
382 Swimming activity.

R-17	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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383 **Location:** Page 107 – **404.1 Zone Board of Review**
384 Page 108 – **404.2 National Board of Review**
385 Page 135 – **506.4 Rules and Regulations**

386 **Proposed by:** Rules & Regulations Committee

387 **Purpose:** To clarify that the technical rules are inclusive of Part Seven (Open Water).

388 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

389 **404.1 ZONE BOARD OF REVIEW** — The Zone Board of Review shall have the following power and authority:

390 .1 **Remedies and Penalties** — The Zone Board of Review, after conducting such hearings as it may determine to be
391 necessary or helpful, may, among other remedies, with regard to a party named in the Notice of Hearing and Petition:

392 A-F [no changes]

393 G With the exception of the technical rules (Parts One and Seven), interpret any provision of (i) the Rules and Regulations

394 of USA Swimming (to the extent not preempted by FINA or USA Swimming Rules and Regulations); (ii) the USA
395 Swimming Code of Conduct, the Required LSC Bylaws, other policies, rules, regulations and procedures of USA Swim-
396 ming, the Zone or the LSC; and (iii) the Amateur Sports Act and other applicable laws, rules and regulations; as well as
397 adjudicate alleged inconsistencies and claims of supremacy and invalidity with respect to the foregoing;

398 [no further changes]

399 **404.2 NATIONAL BOARD OF REVIEW** — The National Board of Review shall have the power and authority to do the following:

400 .1-4 [no changes]

401 .5 Interpret any provision of the rules and regulations of USA Swimming with the exception of the technical rules (Parts One
402 and Seven);

403 [no further changes]

404 **506.4 RULES & REGULATIONS COMMITTEE**

405 .1-4 [no changes]

406 .5 The Rules & Regulations Committee or its designee shall have the sole authority to officially interpret Parts One and
407 Seven, the authority to interpret the remainder of these Rules and Regulations, and shall be responsible for all redistricting
408 procedures for USA Swimming.

R-18	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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409 **Location:** Page 109 – **405.1 Filing Complaints**

410 **Proposed by:** John Morse, Susan Woessner and Lucinda McRoberts, USA Swimming

411 **Purpose:** To distinguish between (a) an initial inquiry, which is conducted for all reports and determines whether the
412 allegation(s), if true, could constitute a Code of Conduct violation, and (b) an investigation, which is conducted
413 when a report discloses allegations that, if true, could constitute a Code of Conduct violation; and to clarify that
414 the President's approval is required only in circumstances where the Executive Director does not initiate a
415 National Board of Review proceeding following an investigation (See Article 405.3).

416 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

417 **Effective Date:** Immediately

418 **405.1 FILING COMPLAINTS** — All complaints within the exclusive jurisdiction of the National Board of Review as set out in
419 403.2.1A through D above shall set forth the allegations and be filed with the Executive Director of USA Swimming, who shall
420 promptly perform an initial inquiry and, as appropriate, initiate an investigation of the matter as set forth below.

R-19	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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421 **Location:** Page 118 – **Article 410 Confidentiality**

422 **Proposed by:** John Morse, Susan Woessner and Lucinda McRoberts, USA Swimming

423 **Purpose:** To clarify USA Swimming's rules on confidentiality with respect to investigations and proceedings before the
424 National Board of Review.

425 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

426 **Effective Date:** Immediately

427 **ARTICLE 410**
428 **CONFIDENTIALITY**

429 **410.1** [no changes]

430 **410.2** All investigations conducted by the Executive Director or his/her designee regarding alleged Code of Conduct

431 ~~violations and all~~ proceedings before the National Board of Review ~~or~~ and the Board of Directors regarding alleged Code of
432 Conduct violations shall be and remain confidential until the National Board of Review, or Board of Directors if an appeal is filed,
433 has rendered its final decision, except:

- 434 .1 Information that is necessary to disclose in the course of an investigation to witnesses and other appropriate parties;
- 435 .2 Information disclosed pursuant to subpoena or court order;
- 436 .3 Information disclosed to complaining parties or victims; ~~and~~
- 437 .4 Information disclosed by USA Swimming in response to disclosures by other parties or witnesses in the proceeding; and
- 438 .5 Information disclosed to law enforcement.

439 For the purposes of this Article 410.2, a decision shall be considered final when either: (i) the National Board of Review has
440 rendered its final decision and the 30-day appeal period has run without an appeal being filed; or (ii) a party has appealed the
441 decision of the National Board of Review to the Board of Directors and the Board of Directors has rendered its final decision on
442 such appeal.

443 **410.3** USA Swimming shall also disclose information, including but not limited to the initiation of a National Board of Review
444 proceeding and its outcome, to a member club, LSC or Zone where an employee or volunteer of such club, LSC or Zone has
445 been alleged in a complaint to have violated the Code of Conduct.

446 **410.4** A redacted summary of each final Decision of the National Board of Review and Board of Directors that includes a
447 finding of a violation of the Code of Conduct may be published at the discretion of USA Swimming

R-20	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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448 **Location:** Page 126 – **502.4 Individual Membership**

449 **Proposed by:** Registration/Membership Committee

450 **Purpose:** To remove the USA-S non-athlete family membership as it has been dropped due to no further financial
451 benefit.

452 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

453 **Effective Date:** September 1, 2016

454 **502.4 INDIVIDUAL MEMBERSHIP**

455 .1-.3 [no changes]

456 .4 Non-athlete membership consists of ~~three~~ two classes: individual, ~~family,~~ and life.

R-21	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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457 **Location:** Page 129 – **504.2 Zone Directors**
458 Page 154 – **(new) 605.2 Zone Bylaws**

459 **Proposed by:** Athletes' Executive Committee

460 **Purpose:** To ensure that athletes constitute at least twenty percent (20%) of the votes cast within each Zone.

461 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

462 **504.2 ZONE DIRECTORS** — Each zone shall have one coach and one non-coach director from the zone as its Zone
463 Representatives, elected at the annual meeting in the following years:

464		Coach	Non-Coach
465	Eastern Zone	Even Years	Odd Years
466	Southern Zone	Odd Years	Even Years
467	Central Zone	Odd Years	Even Years
468	Western Zone	Even Years	Odd Years

- 469 .1 Both coach and non-coach Zone Directors will be elected by the members present ~~(with each LSC entitled to three votes)~~
470 at their Zone meeting in the appropriate year.
- 471 .2 Each LSC is entitled to five votes, of which at least one vote must be designated to the LSC Athlete Representative(s). If no
472 Athlete Representative is present, the LSC may cast only four votes.
- 473 ~~23~~ No director elected to two successive terms is eligible for re-election to that office until after a lapse of two years.
- 474 ~~34~~ For the purposes of casting ~~its three~~ votes, ~~an~~ each LSC may send one or more delegates to the Zone meeting.
- 475 ~~45~~ The election of zone members to the Board of Directors shall be based upon the zones in which the proposed Directors
476 maintain their residency.
- 477 **605.2 ZONE BYLAWS** — Each Zone shall adopt its own Bylaws.
- 478 .1 See 504.2 for election of the Zone Directors.
- 479 .2 On all voting matters, each LSC is entitled to five votes, of which at least one vote must be designated to the LSC Athlete
480 Representative(s). If no Athlete Representative is present, the LSC may cast only four votes.
- 481 [re-number remaining]

R-22	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 482 **Location:** Page 129 – (new) **504.5 Prohibition on Employees being Directors**
- 483 **Proposed by:** Governance Committee
- 484 **Purpose:** To prohibit a USA Swimming, Zone or LSC employee, or a member of such employee's immediate family,
485 from serving as a voting member of the USA Swimming Board of Directors due to inherent conflicts of
486 interest.
- 487 **Recommendation:** *The Rules and Regulations Committee makes no recommendation.*
- 488 **Effective Date:** January 1, 2016
- 489 **504.1-.4** [no changes]
- 490 **504.5 PROHIBITION ON EMPLOYEES BEING DIRECTORS** – Notwithstanding anything in these Bylaws to the contrary, no
491 employee of USA Swimming, a Zone or an LSC, or a member of such employee's immediate family, may serve as a voting
492 member of the Board of Directors. For the purposes of this section, the term "immediate family" means spouse or domestic partner.
- 493 [re-number remaining]

R-23	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 494 **Location:** Page 142 – **511.2 Amendments Proposed**
- 495 **Proposed by:** Governance Committee
- 496 **Purpose:** To clarify the role of the Rules and Regulations Committee regarding recommendations of rejection of
497 legislation proposed by the USA Swimming Board of Directors, by a USA Swimming national committee or
498 by a task force appointed by the President of USA Swimming.
- 499 **Recommendation:** *The Rules and Regulations Committee has not yet reviewed this proposal.*
- 500 **Effective Date:** January 1, 2016
- 501 **511.2 AMENDMENTS PROPOSED**
- 502 .1-.3 [no changes]
- 503 .4 **Consideration, Recommendation and Report** — The Rules & Regulations Committee shall consider all proposed
504 amendments, presenting the amendments ~~and shall present them~~ to the annual meeting of the House of Delegates ~~with the~~

- 505 ~~Committee's recommendations.~~ The Rules & Regulations Committee shall debate the merits of proposed amendments and
506 provide its recommendation to the House of Delegates, except that it shall not recommend rejection of any amendment
507 proposed by the USA Swimming Board of Directors, by a USA Swimming national committee or by a task force appointed by
508 the President of USA Swimming. In consideration of any amendment, the Committee shall ensure the proposed amendment:
- 509 A Is not in conflict with, nor a duplication of, other provisions in the Rulebook or with any rules or regulations of FINA or
510 the USOC;
- 511 B Is clearly and concisely written and grammatically correct;
- 512 C Conforms to Part One or Part Seven of the technical requirements of FINA; and
- 513 D Includes all required conforming amendments to other parts of the Rulebook are made and included as part of
514 the legislation.
- 515 .5 **Procedures for Recommendations** — ~~As a part of its consideration,~~ The Rules & Regulations Committee is encouraged to
516 consult with the proposer and any other interested parties and when suggesting changes (which may be substantive or
517 drafting) to the amendment that would enable the Committee to support adoption changes in accordance with 511.2.4. The
518 committee shall ~~Recommendations under this Article may be for or against adoption,~~ recommend adoption, rejection, a
519 statement of no recommendation, or a recommendation to ~~commit~~ refer the proposal to a USA Swimming Officer or another
520 USA Swimming Committee or the proposer for further consideration. Each recommendation for rejection shall include a
521 concise but informative rationale for the recommendation.

R-24	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 522 **Location:** Required LSC Bylaws – (new) 605.1 Members
523 Required LSC Bylaws – (new) 606.1 Elected Officers and Committee Chairs
- 524 **Proposed by:** Paul Lundsten, Rules & Regulations Committee
- 525 **Purpose:** To require that the Safe Sport Chair (Coordinator) be a voting member of every LSC Board of Directors as
526 either an appointed or elected position.
- 527 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
- 528 605.1 MEMBERS - The Board of Directors shall consist of the following officers, committee chairs, *coordinators*
529 and representatives of XXSI, together with those additional members designated in Sections 605.2 and 605.3:
- 530 .1 General Chair
531 .2 Administrative Vice Chair
532 .3 Senior **||Vice Chair| or |Committee Chair|**
533 .4 Age Group **||Vice Chair| or |Committee Chair|**
534 .5 Program Development Vice Chair
535 .6 Program Operations Vice Chair
536 .7 Finance Vice Chair
537 .8 Secretary
538 .9 Treasurer
539 .10 Coach Representatives (2)
540 .11 Athlete Representatives (2)
541 .12 Safety **||Committee Chair| or |Coordinator|**
542 .13 Technical Planning Chair
543 .14 At-Large Board Members
544 .15 Safe Sport **||Committee Chair| or |Coordinator|**

545 *This section permits an LSC to organize itself using either the traditional LSC organization (retaining the Age Group*
546 *and Senior vice-chairs positions) or the function-based organization similar to the USA Swimming organizational*
547 *format and hybrids in between. For more information in that regard, see the introductory guideline provided above.*
548 *While the new position of Finance Vice Chair is designated as optional, it is strongly recommended that the Finance*
549 *Division become a part of every LSC's structure. An LSC may add additional members to the Board of Directors, but*
550 *may delete only that indicated as numbers .13 and .14 and, if the traditional organization is used, only those indicated*

551 *as .5 and .6. If the functional organization is used, those indicated as .3 and .4 may also be deleted. Larger LSCs,*
 552 *however, would likely want to keep the Age Group and Senior Committee Chairs as Board Members even in the*
 553 *function-based structure. The order in which officers are listed here is not mandatory. The reference to Section 605.2*
 554 *may be omitted by LSCs without At-Large Board Members.*

- 555 606.1 ELECTED OFFICERS AND COMMITTEE CHAIRS — The officers, *At-Large Board Members*, and
 556 committee chairs and coordinators who shall be elected by the House of Delegates are:
 557
 558 .1 General Chair
 559 .2 Administrative Vice Chair
 560 .3 *Finance Vice Chair*
 561 .4 *Senior* ||**Vice Chair**| or |**Committee Chair**||
 562 .5 *Age Group* ||**Vice Chair**| or |**Committee Chair**||
 563 .6 *Program Development Vice Chair*
 564 .7 *Program Operations Vice Chair*
 565 .8 Secretary
 566 .9 Treasurer
 567 .10 *Technical Planning Chair*
 568 .11 *Safety* ||**Committee Chair**| or |**Coordinator**||
 569 .12 *Officials Committee Chair*
 570 .13 ||**Membership/Registration** ||**Chair**| or |**Coordinator**||| or |**Membership** ||**Chair**| or |**Coordinator**|| and
 571 **Registration** ||**Chair**| or |**Coordinator**|||
 572 .14 *At-Large Board Members (athlete and non-athlete)*
 573 .15 *Athlete Representatives*
 574 .16 *Safe Sport* ||**Committee Chair**| or |**Coordinator**||

575 *An LSC may add additional positions to the list of officers, chairs and coordinators to be elected by the House of*
 576 *Delegates, but may delete only those indicated by italics, except that numbers .4 and .5 may be deleted only (although*
 577 *not recommended) if numbers .6 and .7 are included; and if numbers .6 and .7 are deleted, then numbers .4 and .5 must*
 578 *be included as Vice-chairs. Larger LSCs electing the function-based organization will likely keep the Age Group and*
 579 *Senior Committee Chairs as elected Board Members. It is recommended that the position of Safety Chair or*
 580 *Coordinator be a position elected by the House of Delegates. If the position of At-Large Board Member is used, it must*
 581 *be elected by the House of Delegates, unless permission to do otherwise is obtained from the USA Swimming Rules and*
 582 *Regulations Committee. If any of numbers .10 through .13 are omitted, corresponding changes may need to be made*
 583 *elsewhere. Some LSCs may find it helpful to split a division into two or to appoint one or more deputy division vice-*
 584 *chairs to divide first tier responsibility. Any single-person position, other than General Chair, that has been listed as a*
 585 *chair should be changed to “coordinator”. The order in which officers is listed here is not mandatory. Any office may*
 586 *be combined with any other office except that of General Chair. Also, the offices of Treasurer and Finance Vice Chair*
 587 *may not be combined. The alternatives presented allow for traditional, functional or hybrid forms of organization and*
 588 *must be consistent with the choices made previously. The reference to “Athlete Representatives” must be omitted if*
 589 *Provision A is selected for use or if the second or third variant of Provision B is selected*

HK-1	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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590 **Location:** Page 51 – **103.21 Electrical Safety**
 591 **Proposed by:** Juan Pelaez – Florida Gold Coast
 592 **Purpose:** Correct acronyms to language currently used in the Rulebook.
 593 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
 594 **103.21 /M/ ELECTRICAL SAFETY** — All permanent or temporary electrical connections to the electronic loudspeaker start
 595 system, automatic officiating equipment, and other electrical or electronic devices operating on line voltages in the vicinity of the
 596 racing course shall be made only from a ground-fault circuit interrupter (GFI/GFCI) protected convenience receptacles or circuits.

597 In the event such receptacles or circuits are not available in the facility used for competition, portable U.L. approved self-
598 contained type ~~GFI~~GFCI outlet fittings shall be provided (furnished and installed) at the non-protected convenience receptacles
599 by the meet management, Meet Director, or the equipment operator(s) whenever such equipment is connected and in use.

HK-2	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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600 **Location:** Page 63 – **202.6 Requirements for Approval**
601 **Proposed by:** Rules and Regulations Committee
602 **Purpose:** To clarify that an LSC may host an approved meet.
603 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
604 **202.6 REQUIREMENTS FOR APPROVAL** — Approval of competition may be issued, withheld or withdrawn by an LSC in
605 accordance with the following regulations:
606 .1 Approvals may be issued to non-member clubs/organizations for meets conducted in accordance with USA Swimming
607 technical rules.
608 .2 Applicants for approval of an open water competition shall complete the application approved by USA Swimming. Before an
609 open water competition is approved by the LSC, the LSC sanction officer shall submit the completed sanction/approval
610 packet to USA Swimming for review and approval.
611 .3 Approvals may be issued to member clubs for closed competition (such as YMCAs) conducted in accordance with USA
612 Swimming technical rules.
613 .4 Approvals may be issued to member clubs or to LSCs for open competition conducted in accordance with USA Swimming
614 technical rules if that competition has been specifically approved by the USA Swimming Program Operations Vice-President
615 or his/her designee.
616 [no further changes]

HK-3	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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617 **Location:** Page 118 – **Article 410 Confidentiality**
618 **Proposed by:** Safe Sport Committee
619 **Purpose:** To correct the substitution last year of “LSC” with “Zone” in the permitted recipient of notification
620 regarding employees under investigation, when “Zone” should have added to the list and LSC retained
621 in this subsection.
622 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
623 **ARTICLE 410**
624 **CONFIDENTIALITY**
625 **410.1-.2** [no changes]
626 **410.3** USA Swimming shall also disclose information to a member club, LSC or Zone where an employee or volunteer of such
627 club, LSC or Zone has been alleged in a complaint to have violated the Code of Conduct.

HK-4	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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628 **Location:** Page 138 – **507.1 Organization**
629 **Proposed by:** Rules and Regulations Committee
630 **Purpose:** Correct organizational name from ASUA to UANA.

631 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

632 **507.1 ORGANIZATION**

633 .1-.4 [no change]

634 .5 The United States delegates to, and swimming technical committee members of, the Federation Internationale de Natation
635 and the ~~Amateur Swimming Union of the Americas~~ Union Americana de Natacion shall automatically be members of the
636 House of Delegates.

HK-5	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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637 **Location:** Page 143 – **511.6 EFFECTIVE DATE**

638 **Proposed by:** Rules and Regulations Committee

639 **Purpose:** To clarify effective date for all housekeeping items.

640 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

641 **511.6 EFFECTIVE DATE** — Housekeeping items approved as prescribed shall become effective immediately. All amendments
642 to Part One of these Rules and Regulations approved as prescribed shall become effective on May 1 of the year following their
643 adoption, unless otherwise specified at the time of adoption. All other amendments to these Rules and Regulations approved as
644 prescribed shall become effective on January 1 of the year following their adoption unless otherwise specified at the time of
645 adoption.

CHANGES TO USA SWIMMING TECHNICAL RULES
ADOPTED BY RULES & REGULATIONS COMMITTEE TO CONFORM TO FINA TECHNICAL RULES
[Informational Only]

101.2 BREASTSTROKE Effective November 30, 2014

- .3 **Kick** — After the start and each turn, at any time prior to the first breaststroke kick a single butterfly kick is permitted. Following which, all movements of the legs shall be simultaneous and in the same horizontal plane without alternating movement.

The feet must be turned outwards during the propulsive part of the kick. Scissors, alternating movements or downward butterfly kicks are not permitted except as provided herein. Breaking the surface of the water with the feet is allowed unless followed by a downward butterfly kick.

102.8 SWIMWEAR Effective April 15, 2015

.3 **Advertising**

A Advertising means the normal display of the name, designation, trademark, logo, or any other distinctive sign of the manufacturer of the item or any other advertiser permitted in accordance with this rule. FINA labeling and the USA Swimming logo or club logo shall not be considered as advertisements. Logos of the swimwear manufacturer shall be considered as advertising and are included in the limits described in (1) through (3) below. In the competition venue or complex of all events conducted by and under the control of USA Swimming or any LSC or division thereof, advertising appearing on swimwear is allowed as follows:

- (1) **Swimsuits** — A total of two separate advertising logos of a maximum size of 30 square centimeters (4.65 sq. in.) each, as measured as applied, shall be permitted.