



**2017 BASS WINTER WARM UP  
A/BB/B/C Meet  
February 4-5, 2017  
SANCTION NO. VS-17-46**



<b>SANCTION:</b>	<ul style="list-style-type: none"><li>Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-17-46</b>.</li><li>USA Swimming, Inc., Virginia Swimming, Inc. BASS and the Barbee Center Indoor Pool, Woodberry Forest School, shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li></ul>
<b>LOCATION:</b>	Barbee Center Indoor Pool, Woodberry Forest School, Woodberry Forest, VA
<b>FACILITY:</b>	<ul style="list-style-type: none"><li>25 Yard, 6 Lanes, indoor pool with non-turbulent lane lines, 13 ½ feet in depth at the start end and 4 feet in depth at the turn end; New Paragon Wedge blocks along with Colorado Timing System with a six-line digital display board.</li><li>The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C (4)</li></ul>
<b>MEET DIRECTOR:</b>	Kevin McHaney Email: <a href="mailto:kmchaney@yahoo.com">kmchaney@yahoo.com</a> Work Phone: (540) 948-7629 Home Phone: (540) 923-4626
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"><li>Open to all Virginia Swimming athletes and those by invitation registered by the first day of the meet.</li><li>No on deck Virginia Swimming athlete registration will be permitted</li><li>Age on February 4, 2017 will determine age for the entire meet.</li></ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"><li>Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li><li>The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li></ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"><li>All 12&amp;U swimmers will swim on Saturday morning (girls) and afternoon (boys) sessions.</li><li>All 13 &amp; Older swimmers will swim Sunday during a first and second session.</li><li>All events will be timed finals.</li></ul>
<b>WARM-UP:</b>	<ul style="list-style-type: none"><li>Saturday Morning session: Warm-ups not before 7:30 am; competition starts not before 8:40am.</li><li>Saturday Afternoon session :Warm-ups not before 10:30am; competition starts not before 11:30am</li><li>Sunday Morning session: Warm-ups not before 7:30 am; competition starts not before 8:40am</li><li>Sunday Afternoon session: Warm-ups not before 10:30 am; competition starts not before 11:00am. There will be a modified warm up prior to the second session to the benefit of swimmers.</li><li>The pool will be opened for 10 minutes of open warm-ups between events as warranted at the discretion of the meet director. These breaks will be noted in the final timelines to be distributed with the Warm-up and timer assignments.</li><li>Lane assignment and warm-up times for individual clubs will be posted on the BASS website <a href="http://www.SwimBASS.com">www.SwimBASS.com</a> no later than January 31, 2017, and will also be emailed to the contact person of the participating clubs.</li><li>If any session runs late, the next session warm-ups will begin immediately upon its conclusion.</li><li><b>Depending on the number of entries, the meet director reserves the right to change the start time and format of warm-ups. Teams would be notified not later than Wednesday, February 1, 2017.</b></li></ul>
<b>ENTRIES:</b>	<b>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, JANUARY 25, 2017</b> <ul style="list-style-type: none"><li>Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li><li>Teams submit entries via e-mail</li><li>A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions. This must accompany the entries,</li></ul>

	<p>regardless of how they are submitted.</p> <ul style="list-style-type: none"> <li>• Coach Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "BB" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li> <li>• "No Time" (NT) entries will not be accepted.</li> <li>• <b>Swimmers</b> may enter a maximum of <b>5 individual events per day</b>.</li> <li>• Entries will be processed in the order received and <b>accepted to</b> the greatest extent possible without exceeding the 4-hour/session timeline limit.</li> <li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.</li> <li>• The 400 IM and 500 Free MAY be limited by the meet director, to the top 24 swimmers per event according to time constraints. There will be a positive check in for these events (39,40, 51 and 52) which will close 1 hour after the start of the session in which they are scheduled.</li> <li>• Email entries to: <a href="mailto:annwood304@gmail.com">annwood304@gmail.com</a></li> <li>• IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.</li> </ul>
<b>FEES:</b>	<p>Individual events: \$4.00 Relay events: \$12.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: <b>BASS Swim Team</b>.</li> <li>• Mail payment to: <b>Ann Wood</b> <b>304 Great Run Lane</b> <b>Radiant, VA 22732</b> <b>Phone: (540) 718-6933</b></li> <li>• <b>Payment must be received by January 31, 2017 for all entries.</b> Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events: Ribbons will be awarded for first through sixth place. <ul style="list-style-type: none"> <li>○ 13 &amp; over individual events will be given separate awards for 13-14, and 15 &amp; over age groups.</li> <li>○ 11 &amp; over individual events will be given separate awards for 11-12, 13-14, and 15 &amp; over age groups</li> <li>○ 9-12 individual events will be given separate awards for 9-10 and 11-12 age groups.</li> <li>○ 12 &amp; under individual events will be given separate awards for 11-12, 9-10 and 8&amp;U age groups.</li> </ul> </li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• All events will be pre-seeded.</li> <li>• On Saturday, all 12 &amp; younger swimmers must report to the Clerk of Course and they will be brought to the blocks from there.</li> <li>• All swimmers 13 and older swimmers should report directly to the blocks for their events.</li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li>• <b>Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with USA Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The current USA Swimming Rules and Regulations will apply.</li> <li>• Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval.</li> <li>• All swimmers participating in the meet must be dive certified.</li> </ul>

	<ul style="list-style-type: none"> <li>○ Swimmers unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water.</li> <li>○ Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.</li> <li>● The overhead start procedure will be used for the Sunday sessions, and may be used for the Saturday sessions at the discretion of the Referee.</li> <li>● Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>.</li> <li>● Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</li> <li>● In accordance with VSI best practices, all swimmers should shower before entering the pool.</li> <li>● In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> <li>○ Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director</li> <li>○ Coaches with expired or non-current credentials will be required to leave the deck area.</li> </ul> </li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee:</b> David Strider  Email: <a href="mailto:davidstrider9876@yahoo.com">davidstrider9876@yahoo.com</a>  Phone: 434-973-4832</p> <ul style="list-style-type: none"> <li>● Officials will be needed for all positions and all sessions for this meet.</li> <li>● Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to <b>David Strider</b> <a href="mailto:davidstrider9876@yahoo.com">davidstrider9876@yahoo.com</a> and Kevin McHaney <a href="mailto:kmchaney@yahoo.com">kmchaney@yahoo.com</a> no later than January 31, 2017.</li> <li>● Officials will meet in the Hospitality room one hour before the start of each session.</li> </ul>
<b>SAFETY:</b>	Virginia Swimming Meet Safety Procedures will be in effect.
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>● Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.</li> <li>● The number of timers required per club and their lane assignments will be emailed to the contact person of each of the individual clubs no later than February 1, 2017.</li> </ul>
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>● <b>Swimmer/Spectator Conduct:</b> Each club is responsible for supervising the conduct of its swimmers/spectators.</li> <li>● <b>Heat sheets</b> will be available for sale.</li> <li>● <b>Concessions:</b> There will be a variety of refreshments offered by the BASS Swim Team; Breakfast and lunch items will be available</li> <li>● <b>Swim Supplies &amp; Apparel:</b> <i>Sportfair</i> will provide swimming supplies &amp; apparel during the meet.</li> </ul>
<b>FACILITY RULES:</b>	<ul style="list-style-type: none"> <li>● <b>Certain areas will be marked off limits. Please obey the rules.</b></li> <li>● <b>No glass or smoking is permitted in the facility.</b></li> <li>● <b>Please be courteous in sharing the locker rooms and bathrooms by keeping them neat.</b></li> <li>● <b>No food or drinks in the pool or lobby area. All food and drinks must be kept in the gym.</b></li> <li>● <b>Please park in designated areas at the direction of parking attendants. There is very limited parking. Please carpool if possible. PLEASE DO NOT PARK ON THE GRASS.</b></li> </ul>
<b>DIRECTIONS:</b>	<p><b>PLEASE DO NOT CALL WOODBERRY FOREST SCHOOL FOR DIRECTIONS!! THANK YOU</b></p> <ul style="list-style-type: none"> <li>● Woodberry Forest School is located on Rt. 15, 12 miles south of the intersection of Rt. 15 and Rt. 29. Turn into Woodberry at Rt. 622 (there are signs designating the school). Once you pass the guard house the Barbee Center is the first building on the left.</li> <li>● <b>FROM THE NORTH:</b> Take Rt. 29S to Rt. 15S. Turn left into Woodberry after 12 miles on Rt. 622.</li> <li>● <b>FROM THE EAST:</b> Take Rt. 3W to Rt. 20S to Rt. 15N. Turn right into Woodberry 3 miles north of Orange on Rt. 622.</li> <li>● <b>FROM THE SOUTH:</b> Take 29N to Rt.230E to Rt. 15N. Turn right into Woodberry after 1 mile on RT.622.</li> </ul>

<b>HOTELS</b>	<p><b>Following are some available Hotels in the area.</b></p> <ul style="list-style-type: none"> <li>• <a href="http://www.hiexpress.com">Holiday Inn Express Orange Hotel</a>, <a href="http://www.hiexpress.com">www.hiexpress.com</a> - (540) 672-6691 <b>About 4 minutes from the pool</b></li> <li>• <a href="http://www.microtelinn.com">Microtel Inn &amp; Suites Culpeper</a>, <a href="http://www.microtelinn.com">www.microtelinn.com</a> - (800) 771-7171 <b>About 12 minutes from the pool</b></li> <li>• <a href="http://www.bestwesternvirginia.com">Best Western Culpeper Inn</a>, <a href="http://www.bestwesternvirginia.com">www.bestwesternvirginia.com</a> - (540) 825-1253 <b>About 12 minutes from the pool</b></li> <li>• <a href="http://www.super8.com">Culpeper Super 8 Motel</a>, <a href="http://www.super8.com">www.super8.com</a> - (540) 825-8088 <b>About 12 minutes from the pool</b></li> <li>• <a href="http://www.hiexpress.com">Holiday Inn Express Hotel &amp; Suites Culpeper</a>, <a href="http://www.hiexpress.com">www.hiexpress.com</a> - (540) 825-7444 <b>About 12 minutes from the pool</b></li> </ul>
---------------	---

**BASS Winter Warm Up February 4-5, 2017**

**ORDER OF EVENTS -SATURDAY**

Saturday, February 4, 2017			Saturday, February 4, 2017		
Girls 12&U Session			Boys 12&U Session		
Warm-ups - Not Earlier than 7:30 am			Warm-ups - Not Earlier than 10:30 am		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	9-12 100 Backstroke	x	x	9-12 100 Backstroke	15
2	12&U 50 Breaststroke	x	x	12&U 50 Breaststroke	16
3	9-12 200 Freestyle	x	x	9-12 200 Freestyle	17
4	12&U 50 Freestyle	x	x	12&U 50 Freestyle	18
5	11-12 200 Breaststroke	x	x	11-12 200 Breaststroke	19
6	9-12 100 Butterfly	x	x	9-12 100 Butterfly	20
7	12&U 100 Individual Medley	x	x	12&U 100 Individual Medley	21
8	9-12 100 Breaststroke	x	x	9-12 100 Breaststroke	22
9	12&U 50 Backstroke	x	x	12&U 50 Backstroke	23
10	11-12 200 Butterfly	x	x	11-12 200 Butterfly	24
11	9-12 100 Freestyle	x	x	9-12 100 Freestyle	25
12	9-12 200 Individual Medley	x	x	9-12 200 Individual Medley	26
13	12&U 50 Butterfly	x	x	12&U 50 Butterfly	27
14	11-12 200 Backstroke	x	x	11-12 200 Backstroke	28

**BASS Winter Warm Up - February 4-5, 2017**

**ORDER OF EVENTS -SUNDAY**

Sunday, February 5, 2017			Sunday, February 5, 2017		
First Session			Second Session		
Warm-ups: Not Earlier Than 7:30 am			Warm Ups: Not Earlier Than 10:30 am		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>
29	13 & Over 100 Backstroke	30	41	13 & O 200 Backstroke	42
31	13 & Over 50 Freestyle	32	43	13 & Over 100 Breaststroke	44
33	13 & Over 200 Breaststroke	34	45	13 & Over 200 Butterfly	46
35	13 & Over 100 Butterfly	36	47	13 & Over 100 Freestyle	48
37	13 & Over 200 Freestyle	38	49	13& Over 200 Individual Medley	50
39	11& O 400 Individual Medley	40	51	11 & Over 500 Freestyle	52

**BASS 2017 Winter Warm-up Swim Meet February 4-5, 2017**

**Virginia Swimming, Inc.**

**SANCTION # VS-17-**

**MEET ENTRY CHECK LIST AND SUMMARY FORM**

**Mail in with entries:**

- 1. Master entry Sheets**
- 2. Check for Entries Payable to: BASS Swim Team**
- 3. Summary Sheet**

**Name of Team:** \_\_\_\_\_ **Team Code** \_\_\_\_\_

**Number of swimmers: morning** \_\_\_\_\_ **midday 8&U** \_\_\_\_\_ **afternoon** \_\_\_\_\_

**Number of swimmers: morning** \_\_\_\_\_ **distance** \_\_\_\_\_ **afternoon** \_\_\_\_\_ **distance** \_\_\_\_\_

**Total number of swimmers:** \_\_\_\_\_ x \$2.50= \$ \_\_\_\_\_

**Total number of individual entries:** \_\_\_\_\_ x \$4.00 = \$ \_\_\_\_\_

**Total number of relays:** \_\_\_\_\_ x \$12.00 = \$ \_\_\_\_\_

**Total Amount Enclosed:** \$ \_\_\_\_\_

**MEET ENTRY CHAIRPERSON:**

**Ann Wood**  
**304 Great Run Lane**  
**Radiant, VA 22732**  
**(540) 718-6933 e-mail – [annwood304@gmail.com](mailto:annwood304@gmail.com)**

**Meet Entry Deadline: Wednesday, January, 25, 2017 for all entries, checks need to be received by mail NO LATER THAN February 1, 2017.**

**Contact Person:**

**Please provide information below in case of questions regarding this entry.**

**Name:** \_\_\_\_\_ **e-mail** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Telephone: Day** \_\_\_\_\_ **Night** \_\_\_\_\_

**OFFICIALS: Please list and email ( [davidstrider9876@yahoo.com](mailto:davidstrider9876@yahoo.com) and [kmchaney@yahoo.com](mailto:kmchaney@yahoo.com) ) available certified officials able to assist with this meet. Indicate Stroke & Turn, Starter, CTS, Timing Judge etc & Sessions available**

**Name:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_

**Name:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_

**Name:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_

**Name:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_