



IMR/IMX SEASON KICKOFF MEET
June 1-3, 2018
SANCTION NO.VS-18-116



| | |
|-----------------------------|--|
| SANCTION: | <ul style="list-style-type: none">Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: S-18-116. USA Swimming, Inc., Virginia Swimming, Inc., and CSAC and 757 Swimming shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. |
| LOCATION: | Collegiate School Aquatic Center 5050 Ridgedale Parkway, Richmond, VA 23234, Phone: (804) 271-8271 (Pool front desk) |
| FACILITY: | <ul style="list-style-type: none">The 50-meter competition pool with bulkhead offers a total of eight 50-meter competition lanes with a depth of 7 feet and 7 inches at the sides and 8 feet and 2 inches in the center. Competition lanes are a minimum of 9 feet wide.Indoor 6 lane 25 yard pool for continuous warm-up, cool-down.Non-Turbulent Lane Markers in both poolsOmega Starting Blocks, CTS6 with automatic and semi-automatic timing, backup Dolphin wireless stopwatches.The CSAC provides 2 indoor pools and supporting amenities including hospitality, a swim shop, classroom and wireless internet.Spectator seating for 700 plus.The competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C (4). The copy of such certification is on file with USA. |
| MEET DIRECTOR: | Name: Erin Roehrl Email: meetdirector@757swim.com Phone:757.377.1532 |
| ELIGIBILITY: | <ul style="list-style-type: none">Open to all USA Swimming athletes registered before the first day of the meet.No on-deck USA Swimming athlete registration will be permitted.Age on June 1st, 2018 will determine age for the entire meet. |
| DISABILITY SWIMMERS: | <ul style="list-style-type: none">Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. |
| FORMAT: | <ul style="list-style-type: none">All 13 & Over swimmers will swim in the AM session.All 9-12 swimmers will swim in the PM session.All events will be timed finals. |
| WARM-UP: | <ul style="list-style-type: none">Friday PM Session: Warm-up not before 2pm; competition starts not before 3:00pmMorning sessions: Warm-ups not before 6:30am; competition starts not before 8:00am.Afternoon session: Warm-ups not before 10am; competition starts not before 11:00pm.Warm-up and meet start times may change based on the time line of the meet after receiving all entries. If the morning session runs late, mid-day warm-ups will begin immediately after the morning session ends.Lane assignment and warm-up times for individual clubs will be posted on the 757swim website (757swim.com) no later than Tuesday May 29th and will also be emailed to the contact person of the participating clubs. |
| ENTRIES: | DEADLINE FOR THE RECEIPT OF ENTRIES IS 11:59PM, May 22nd, 2018. <ul style="list-style-type: none">Swimmer's can enter a maximum of 3 events on Saturday and Sunday. Swimmers can enter a maximum of 2 events on Friday.Entries must be submitted in LCM time using Hy-Tek Team Manager and Commlink-2 software.Teams may submit entries via email. |

| | |
|-------------------|---|
| | <ul style="list-style-type: none"> • A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries. • Coach Time (CT) and “No Time” (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT must be slower than an “A” time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. • Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. • The Meet Director reserves the right to limit entries, if necessary, to prevent too lengthy a session. This may include combining heats and events; which actions may require reseeding. • Email entries to: Erin Roehrle, meetdirector@757swim.com |
| FEES: | <p>Entry Fee: \$6.75 per event Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Checks should be made payable to: 757swim • Mail payment to: 757swim PO Box 6641 Williamsburg, VA 23188 • Payment must be received by May 29th, 2018. Failure to pay entry fees by this deadline could result in teams being barred from the meet. • IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the acceptance of your entries. |
| AWARDS: | <ul style="list-style-type: none"> • Heat winner awards will be given for all 12 & Under events. |
| SEEDING: | <ul style="list-style-type: none"> • All events 200 yds or less will be pre-seeded. • All events 400 yds or longer will be deck seeded with positive check-in. • Positive check-in will close 30 minutes prior to the start of the session • Swimmers should report directly to the blocks for their events. • SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE SEEDED IN THE EVENT • Senior 800 free & 400 IM will be swum fastest to slowest in alternating heats of girls and boys. |
| PENALTIES: | <p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be marked as exhibition for the event swum illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with USA Swimming before the first day of the meet may be fined \$100 per swimmer in each event(s) swum • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. |
| RULES: | <ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval • Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. • The overhead start procedure will be used unless otherwise directed by the meet referee. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. • Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is PROHIBITED. • In accordance with VSI best practices, all swimmers should shower before entering the pool. |

| | |
|------------------------|--|
| | <ul style="list-style-type: none"> • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> ○ Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director ○ Coaches with expired or non-current credentials will be required to leave the deck area. |
| OFFICIALS: | <p>Meet Referee: Genny Kimbel Email: gennykimbel@gmail.com Phone: 757-876-9134</p> <ul style="list-style-type: none"> • Officials will be needed for all positions and all sessions for this meet. • Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to (host team officials chair Shana Wilkins, shana.wilkins83@gmail.com no later than May 22nd, 2018 • Officials meetings will be held one hour prior to the start of each session. |
| SAFETY: | Virginia Swimming Meet Safety Procedures will be in effect. |
| TIMERS: | <ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on the 757 swim website (757swim.com) no later than Wednesday May 23rd, 2018 and will also be emailed to the contact person of each of the individual clubs. |
| GENERAL: | <ul style="list-style-type: none"> • Meet programs will be sold • Concessions will be available during the meet featuring products by Martin's, Coca-Cola, and Ukrop's Homestyle Foods. Concessions will open for warm-ups and during competition each day. It will close 1 hour prior to the estimated end time of the meet each day. • Coaches' and officials' hospitality will be provided. Breakfast, lunch, and heavy snacks will be served on Saturday and Sunday. • Swim and Tri is the onsite full service swim shop. • If necessary, overflow parking will be available at the Martin's behind the aquatic center. |
| FACILITY RULES: | <ul style="list-style-type: none"> • No glass containers of any kind are permitted in the facility • Lawn/deck chairs are not permitted in the grandstand • No spectators/parents will be allowed on deck unless working the meet. • No smoking is allowed on the campus • Doors are not to be propped open (HVAC) and the front door is the only entry/exit door from the Facility • All rules are posted pool side |
| DIRECTIONS: | Go to www.757swim.com for directions |
| HOTELS: | Go to www.757swim.com under Meet/Events for hotel information. |

| | | |
|--|---------------------|---|
| Friday Afternoon Session Warm-ups: Not before 2:00pm Meet Start Time: Not before 3:00pm (Times are approximate) | | |
| 1 | 400 IM | 2 |
| 3 | 12 & Under 200 IM | 4 |
| 5 | 800 Free | 6 |
| 7 | 12 & Under 400 Free | 8 |

| | | |
|---|------------|----|
| Saturday Morning Session Warm-ups: Not before 6:30am Meet Start Time: Not before 8:00am | | |
| 9 | 200 Breast | 10 |
| 11 | 100 Free | 12 |
| 13 | 200 Fly | 14 |
| 15 | 400 Free | 16 |
| 17 | 100 Back | 18 |

| | | |
|--|-----------------------|----|
| Saturday Afternoon Session Warm-ups: 10:00am Meet Start Time: 11:00am (Times are approximate) | | |
| 19 | 12 & Under 200 Free | 20 |
| 21 | 12 & Under 50 Breast | 22 |
| 23 | 12 & Under 200 Breast | 24 |
| 25 | 12 & Under 100 Free | 26 |
| 27 | 12 & Under 50 Fly | 28 |
| 29 | 12 & Under 200 Fly | 30 |
| 31 | 12 & Under 100 Back | 32 |

| | | |
|---|------------|----|
| Sunday Morning Session Warm-ups: Not before 6:30am Meet Start Time: Not before 8:00am | | |
| 33 | 200 Back | 34 |
| 35 | 100 Breast | 36 |
| 37 | 50 Free | 38 |
| 39 | 200 IM | 40 |
| 41 | 100 Fly | 42 |
| 43 | 200 Free | 44 |

| | | |
|--|-----------------------|----|
| Sunday Afternoon Session Warm-ups: 10:00am Meet Start Time: 11:00am (Times are approximate) | | |
| 45 | 12 & Under 50 Back | 46 |
| 47 | 12 & Under 200 Back | 48 |
| 49 | 12 & Under 100 Breast | 50 |
| 51 | 12 & Under 50 Free | 52 |
| 53 | 12 & Under 100 Fly | 54 |