

**2018 VSI Long Course Age Group Championships - 7/26/2018 to 7/29/2018**  
**Session Report**

Session: 1 Thursday Distance / 800 Free Relay

Day of Meet: 1 Starts at 02:35 PM Heat Interval: 20 Seconds / Chase -30

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11-14 1500 Freestyle	27	4 u	02:35 PM	_____
Finals	2 Boys 11-14 1500 Freestyle	38	5 u	03:53 PM	_____
	Break: 20 Minutes:				
Finals	3 Girls 11-12 400 Freestyle	18	3 u	05:47 PM	_____
Finals	4 Boys 11-12 400 Freestyle	25	4 u	06:02 PM	_____
Finals	5 Girls 10 & Under 400 Freestyle	21	3 u	06:22 PM	_____
Finals	6 Boys 10 & Under 400 Freestyle	23	3 u	06:39 PM	_____
	Break: 20 Minutes:				
Finals	7 Girls 13-14 800 Freestyle Relay	15	2 u	07:16 PM	_____
Finals	8 Boys 13-14 800 Freestyle Relay	13	2 u	07:36 PM	_____
	Swimmers Counts for Warm-ups: 151	=====	=====		
	Entry / Heat Totals:	180	26		
	Finish Time			07:55 PM	_____

Session: 2 Friday Preliminaries

Day of Meet: 2 Starts at 08:20 AM Heat Interval: 20 Seconds / Chase -30

Round	Event	Entries	Heats	Starts at	
Prelims	9 Girls 10 & Under 50 Breaststroke	23	3 u	08:20 AM	_____
Prelims	10 Boys 10 & Under 50 Breaststroke	27	4 u	08:24 AM	_____
Prelims	11 Girls 11-12 50 Breaststroke	24	3 u	08:28 AM	_____
Prelims	12 Boys 11-12 50 Breaststroke	32	4 u	08:31 AM	_____
Prelims	13 Girls 13-14 100 Breaststroke	38	5 u	08:35 AM	_____
Prelims	14 Boys 13-14 100 Breaststroke	36	5 u	08:41 AM	_____
Prelims	15 Girls 10 & Under 200 Freestyle	27	4 u	08:47 AM	_____
Prelims	16 Boys 10 & Under 200 Freestyle	30	4 u	08:58 AM	_____
Prelims	17 Girls 11-12 200 Freestyle	25	4 u	09:08 AM	_____
Prelims	18 Boys 11-12 200 Freestyle	31	4 u	09:17 AM	_____
Prelims	19 Girls 13-14 200 Freestyle	40	5 u	09:26 AM	_____
Prelims	20 Boys 13-14 200 Freestyle	40	5 u	09:37 AM	_____
Prelims	21 Girls 10 & Under 100 Butterfly	23	3 u	09:46 AM	_____
Prelims	22 Boys 10 & Under 100 Butterfly	21	3 u	09:51 AM	_____
Prelims	23 Girls 11-12 100 Butterfly	22	3 u	09:54 AM	_____
Prelims	24 Boys 11-12 100 Butterfly	24	3 u	09:58 AM	_____
Prelims	25 Girls 13-14 100 Butterfly	39	5 u	10:01 AM	_____
Prelims	26 Boys 13-14 100 Butterfly	39	5 u	10:06 AM	_____
Prelims	27 Girls 10 & Under 50 Backstroke	31	4 u	10:11 AM	_____
Prelims	28 Boys 10 & Under 50 Backstroke	28	4 u	10:15 AM	_____
Prelims	29 Girls 11-12 200 Backstroke	24	3 u	10:19 AM	_____
Prelims	30 Boys 11-12 200 Backstroke	26	4 u	10:26 AM	_____
Prelims	31 Girls 13-14 400 IM	32	4 u	10:37 AM	_____
Prelims	32 Boys 13-14 400 IM	35	5 u	10:58 AM	_____
Finals-S	33 Girls 11-12 400 IM	8	1 u	11:23 AM	_____
Finals-S	34 Boys 11-12 400 IM	0	0	11:29 AM	_____
Finals	35 Girls 10 & Under 400 Medley Relay	9	2 u	11:29 AM	_____

**2018 VSI Long Course Age Group Championships - 7/26/2018 to 7/29/2018**  
**Session Report**

Session: 2 Friday Preliminaries

Day of Meet: 2 Starts at 08:20 AM Heat Interval: 20 Seconds / Chase -30

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	36 Boys 10 & Under 400 Medley Relay	11	2 u	11:42 AM	_____
Finals-S	37 Girls 13-14 400 Medley Relay	8	1 u	11:56 AM	_____
Finals-S	38 Boys 13-14 400 Medley Relay	8	1 u	12:01 PM	_____
Finals-S	39 Girls 11-12 400 Medley Relay	7	1 u	12:06 PM	_____
Finals-S	40 Boys 11-12 400 Medley Relay	3	1 u	12:12 PM	_____
	Swimmers Counts for Warm-ups: 382	=====	=====		
	Entry / Heat Totals:	771	105		
	Finish Time			12:18 PM	_____

**2018 VSI Long Course Age Group Championships - 7/26/2018 to 7/29/2018**  
**Session Report**

Session: 3 Friday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	9 Girls 10 & Under 50 Breaststroke	8	1 u	05:00 PM	_____
Finals	10 Boys 10 & Under 50 Breaststroke	8	1 u	05:02 PM	_____
Finals	11 Girls 11-12 50 Breaststroke	16	2 u	05:04 PM	_____
Finals	12 Boys 11-12 50 Breaststroke	16	2 u	05:07 PM	_____
Finals	13 Girls 13-14 100 Breaststroke	16	2 u	05:11 PM	_____
Finals	14 Boys 13-14 100 Breaststroke	16	2 u	05:15 PM	_____
Finals	15 Girls 10 & Under 200 Freestyle	8	1 u	05:20 PM	_____
Finals	16 Boys 10 & Under 200 Freestyle	8	1 u	05:23 PM	_____
Finals	17 Girls 11-12 200 Freestyle	16	2 u	05:27 PM	_____
Finals	18 Boys 11-12 200 Freestyle	16	2 u	05:34 PM	_____
Finals	19 Girls 13-14 200 Freestyle	16	2 u	05:40 PM	_____
Finals	20 Boys 13-14 200 Freestyle	16	2 u	05:47 PM	_____
Finals	21 Girls 10 & Under 100 Butterfly	8	1 u	05:53 PM	_____
Finals	22 Boys 10 & Under 100 Butterfly	8	1 u	05:55 PM	_____
Finals	23 Girls 11-12 100 Butterfly	16	2 u	05:58 PM	_____
Finals	24 Boys 11-12 100 Butterfly	16	2 u	06:02 PM	_____
Finals	25 Girls 13-14 100 Butterfly	16	2 u	06:07 PM	_____
Finals	26 Boys 13-14 100 Butterfly	16	2 u	06:11 PM	_____
Finals	27 Girls 10 & Under 50 Backstroke	8	1 u	06:15 PM	_____
Finals	28 Boys 10 & Under 50 Backstroke	8	1 u	06:17 PM	_____
Finals	29 Girls 11-12 200 Backstroke	16	2 u	06:19 PM	_____
Finals	30 Boys 11-12 200 Backstroke	16	2 u	06:27 PM	_____
Finals	31 Girls 13-14 400 IM	16	2 u	06:35 PM	_____
Finals	32 Boys 13-14 400 IM	16	2 u	06:47 PM	_____
Finals-1	33 Girls 11-12 400 IM	8	1 u	06:59 PM	_____
Finals-1	34 Boys 11-12 400 IM	7	1 u	07:06 PM	_____
	Break: 5 Minutes:				
Finals-1	37 Girls 13-14 400 Medley Relay	8	1 u	07:18 PM	_____
Finals-1	38 Boys 13-14 400 Medley Relay	8	1 u	07:24 PM	_____
Finals-1	39 Girls 11-12 400 Medley Relay	8	1 u	07:30 PM	_____
Finals-1	40 Boys 11-12 400 Medley Relay	8	1 u	07:37 PM	_____
	Swimmers Counts for Warm-ups: 212	=====	=====		
	Entry / Heat Totals:	367	46		
	Finish Time			07:44 PM	_____

**2018 VSI Long Course Age Group Championships - 7/26/2018 to 7/29/2018****Session Report**

Session: 4 Saturday Preliminaries

Day of Meet: 3 Starts at 08:20 AM Heat Interval: 20 Seconds / Chase -30

Round	Event	Entries	Heats	Starts at	
Finals-S	41 Girls 13-14 200 Medley Relay	9	2 u	08:20 AM	_____
Finals-S	42 Boys 13-14 200 Medley Relay	9	2 u	08:31 AM	_____
Finals-S	43 Girls 11-12 200 Medley Relay	7	1 u	08:41 AM	_____
Finals-S	44 Boys 11-12 200 Medley Relay	2	1 u	08:44 AM	_____
Finals	45 Girls 10 & Under 200 Medley Relay	9	2 u	08:47 AM	_____
Finals	46 Boys 10 & Under 200 Medley Relay	10	2 u	08:53 AM	_____
Prelims	47 Girls 11-12 200 Butterfly	16	2 u	09:00 AM	_____
Prelims	48 Boys 11-12 200 Butterfly	11	2 u	09:05 AM	_____
Prelims	49 Girls 13-14 200 Butterfly	31	4 u	09:11 AM	_____
Prelims	50 Boys 13-14 200 Butterfly	32	4 u	09:21 AM	_____
Prelims	51 Girls 10 & Under 50 Freestyle	29	4 u	09:30 AM	_____
Prelims	52 Boys 10 & Under 50 Freestyle	30	4 u	09:33 AM	_____
Prelims	53 Girls 11-12 50 Freestyle	34	5 u	09:37 AM	_____
Prelims	54 Boys 11-12 50 Freestyle	39	5 u	09:41 AM	_____
Prelims	55 Girls 13-14 50 Freestyle	47	6 u	09:45 AM	_____
Prelims	56 Boys 13-14 50 Freestyle	54	7 u	09:50 AM	_____
Prelims	57 Girls 10 & Under 100 Breaststroke	17	3 u	09:56 AM	_____
Prelims	58 Boys 10 & Under 100 Breaststroke	16	2 u	10:01 AM	_____
Prelims	59 Girls 11-12 100 Breaststroke	23	3 u	10:04 AM	_____
Prelims	60 Boys 11-12 100 Breaststroke	15	2 u	10:08 AM	_____
Prelims	61 Girls 13-14 200 Breaststroke	38	5 u	10:10 AM	_____
Prelims	62 Boys 13-14 200 Breaststroke	33	5 u	10:24 AM	_____
Prelims	63 Girls 10 & Under 200 IM	25	4 u	10:38 AM	_____
Prelims	64 Boys 10 & Under 200 IM	20	3 u	10:50 AM	_____
Prelims	65 Girls 11-12 200 IM	19	3 u	10:58 AM	_____
Prelims	66 Boys 11-12 200 IM	21	3 u	11:06 AM	_____
Prelims	67 Girls 13-14 100 Backstroke	38	5 u	11:14 AM	_____
Prelims	68 Boys 13-14 100 Backstroke	33	5 u	11:19 AM	_____
Prelims	69 Girls 11-12 50 Backstroke	34	5 u	11:24 AM	_____
Prelims	70 Boys 11-12 50 Backstroke	24	3 u	11:28 AM	_____
Prelims	71 Girls 13-14 400 Freestyle	44	6 u	11:31 AM	_____
Prelims	72 Boys 13-14 400 Freestyle	47	6 u	11:59 AM	_____
Finals	73 Girls 10 & Under 200 Freestyle Relay	9	2 u	12:26 PM	_____
Finals	74 Boys 10 & Under 200 Freestyle Relay	10	2 u	12:32 PM	_____
Finals-S	75 Girls 11-12 200 Freestyle Relay	7	1 u	12:37 PM	_____
Finals-S	76 Boys 11-12 200 Freestyle Relay	2	1 u	12:40 PM	_____
Finals-S	77 Girls 13-14 200 Freestyle Relay	9	2 u	12:42 PM	_____
Finals-S	78 Boys 13-14 200 Freestyle Relay	9	2 u	12:47 PM	_____
	Swimmers Counts for Warm-ups: 402	=====	=====		
	Entry / Heat Totals:	862	126		
	Finish Time			12:52 PM	_____

**2018 VSI Long Course Age Group Championships - 7/26/2018 to 7/29/2018**  
**Session Report**

Session: 5 Saturday Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	41 Girls 13-14 200 Medley Relay	8	1 u	05:00 PM	_____
Finals-1	42 Boys 13-14 200 Medley Relay	8	1 u	05:07 PM	_____
Finals-1	43 Girls 11-12 200 Medley Relay	8	1 u	05:13 PM	_____
Finals-1	44 Boys 11-12 200 Medley Relay	8	1 u	05:16 PM	_____
	Break: 5 Minutes:				
Finals	47 Girls 11-12 200 Butterfly	16	2 u	05:25 PM	_____
Finals	48 Boys 11-12 200 Butterfly	11	2 u	05:33 PM	_____
Finals	49 Girls 13-14 200 Butterfly	16	2 u	05:40 PM	_____
Finals	50 Boys 13-14 200 Butterfly	16	2 u	05:47 PM	_____
Finals	51 Girls 10 & Under 50 Freestyle	8	1 u	05:54 PM	_____
Finals	52 Boys 10 & Under 50 Freestyle	8	1 u	05:56 PM	_____
Finals	53 Girls 11-12 50 Freestyle	16	2 u	05:57 PM	_____
Finals	54 Boys 11-12 50 Freestyle	16	2 u	06:00 PM	_____
Finals	55 Girls 13-14 50 Freestyle	16	2 u	06:03 PM	_____
Finals	56 Boys 13-14 50 Freestyle	16	2 u	06:06 PM	_____
Finals	57 Girls 10 & Under 100 Breaststroke	8	1 u	06:09 PM	_____
Finals	58 Boys 10 & Under 100 Breaststroke	8	1 u	06:12 PM	_____
Finals	59 Girls 11-12 100 Breaststroke	16	2 u	06:14 PM	_____
Finals	60 Boys 11-12 100 Breaststroke	15	2 u	06:19 PM	_____
Finals	61 Girls 13-14 200 Breaststroke	16	2 u	06:24 PM	_____
Finals	62 Boys 13-14 200 Breaststroke	16	2 u	06:32 PM	_____
Finals	63 Girls 10 & Under 200 IM	8	1 u	06:39 PM	_____
Finals	64 Boys 10 & Under 200 IM	8	1 u	06:43 PM	_____
Finals	65 Girls 11-12 200 IM	16	2 u	06:47 PM	_____
Finals	66 Boys 11-12 200 IM	16	2 u	06:55 PM	_____
Finals	67 Girls 13-14 100 Backstroke	16	2 u	07:02 PM	_____
Finals	68 Boys 13-14 100 Backstroke	16	2 u	07:07 PM	_____
Finals	69 Girls 11-12 50 Backstroke	16	2 u	07:11 PM	_____
Finals	70 Boys 11-12 50 Backstroke	16	2 u	07:15 PM	_____
Finals	71 Girls 13-14 400 Freestyle	16	2 u	07:19 PM	_____
Finals	72 Boys 13-14 400 Freestyle	16	2 u	07:30 PM	_____
	Break: 5 Minutes:				
Finals-1	75 Girls 11-12 200 Freestyle Relay	8	1 u	07:46 PM	_____
Finals-1	76 Boys 11-12 200 Freestyle Relay	8	1 u	07:49 PM	_____
Finals-1	77 Girls 13-14 200 Freestyle Relay	8	1 u	07:53 PM	_____
Finals-1	78 Boys 13-14 200 Freestyle Relay	8	1 u	07:56 PM	_____
	Swimmers Counts for Warm-ups: 225	=====	=====		
	Entry / Heat Totals:	426	54		
	Finish Time			07:58 PM	_____

**2018 VSI Long Course Age Group Championships - 7/26/2018 to 7/29/2018**  
**Session Report**

Session: 6 Sunday Preliminaries

Day of Meet: 4 Starts at 08:20 AM Heat Interval: 20 Seconds / Chase -30

Round	Event	Entries	Heats	Starts at	
Prelims	79 Girls 11-12 200 Breaststroke	19	3 u	08:20 AM	_____
Prelims	80 Boys 11-12 200 Breaststroke	16	2 u	08:29 AM	_____
Prelims	81 Girls 13-14 200 Backstroke	38	5 u	08:35 AM	_____
Prelims	82 Boys 13-14 200 Backstroke	33	5 u	08:47 AM	_____
Prelims	83 Girls 10 & Under 100 Backstroke	25	4 u	08:58 AM	_____
Prelims	84 Boys 10 & Under 100 Backstroke	21	3 u	09:04 AM	_____
Prelims	85 Girls 11-12 100 Backstroke	32	4 u	09:07 AM	_____
Prelims	86 Boys 11-12 100 Backstroke	26	4 u	09:12 AM	_____
Prelims	87 Girls 13-14 100 Freestyle	38	5 u	09:16 AM	_____
Prelims	88 Boys 13-14 100 Freestyle	50	7 u	09:21 AM	_____
Prelims	89 Girls 10 & Under 100 Freestyle	29	4 u	09:27 AM	_____
Prelims	90 Boys 10 & Under 100 Freestyle	31	4 u	09:31 AM	_____
Prelims	91 Girls 11-12 100 Freestyle	32	4 u	09:35 AM	_____
Prelims	92 Boys 11-12 100 Freestyle	30	4 u	09:39 AM	_____
Prelims	93 Girls 13-14 200 IM	48	6 u	09:43 AM	_____
Prelims	94 Boys 13-14 200 IM	47	6 u	09:57 AM	_____
Prelims	95 Girls 10 & Under 50 Butterfly	32	4 u	10:11 AM	_____
Prelims	96 Boys 10 & Under 50 Butterfly	28	4 u	10:15 AM	_____
Prelims	97 Girls 11-12 50 Butterfly	38	5 u	10:19 AM	_____
Prelims	98 Boys 11-12 50 Butterfly	38	5 u	10:23 AM	_____
Finals	99 Girls 10 & Under 400 Freestyle Relay	9	2 u	10:28 AM	_____
Finals	100 Boys 10 & Under 400 Freestyle Relay	10	2 u	10:40 AM	_____
Finals	101 Girls 11-12 400 Freestyle Relay	15	2 u	10:52 AM	_____
Finals	102 Boys 11-12 400 Freestyle Relay	10	2 u	11:02 AM	_____
Finals	103 Girls 13-14 400 Freestyle Relay	17	3 u	11:13 AM	_____
Finals	104 Boys 13-14 400 Freestyle Relay	16	2 u	11:27 AM	_____
	Swimmers Counts for Warm-ups: 352	=====	=====		
	Entry / Heat Totals:	728	101		
	Finish Time			11:36 AM	_____

Session: 7 Sunday 800 Free

Day of Meet: 4 Starts at 12:00 PM Heat Interval: 20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	105 Girls 11-14 800 Freestyle	32	4 u	12:00 PM	_____
Finals	106 Boys 11-14 800 Freestyle	45	6 u	12:42 PM	_____
	Swimmers Counts for Warm-ups: 77	=====	=====		
	Entry / Heat Totals:	77	10		
	Finish Time			01:43 PM	_____

**2018 VSI Long Course Age Group Championships - 7/26/2018 to 7/29/2018**  
**Session Report**

Session: 8 Sunday Finals

Day of Meet: 4 Starts at 04:30 PM Heat Interval: 60 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	79 Girls 11-12 200 Breaststroke	16	2 u	04:30 PM	_____
Finals	80 Boys 11-12 200 Breaststroke	16	2 u	04:39 PM	_____
Finals	81 Girls 13-14 200 Backstroke	16	2 u	04:47 PM	_____
Finals	82 Boys 13-14 200 Backstroke	16	2 u	04:54 PM	_____
Finals	83 Girls 10 & Under 100 Backstroke	8	1 u	05:01 PM	_____
Finals	84 Boys 10 & Under 100 Backstroke	8	1 u	05:04 PM	_____
Finals	85 Girls 11-12 100 Backstroke	16	2 u	05:07 PM	_____
Finals	86 Boys 11-12 100 Backstroke	16	2 u	05:12 PM	_____
Finals	87 Girls 13-14 100 Freestyle	16	2 u	05:17 PM	_____
Finals	88 Boys 13-14 100 Freestyle	16	2 u	05:21 PM	_____
Finals	89 Girls 10 & Under 100 Freestyle	8	1 u	05:25 PM	_____
Finals	90 Boys 10 & Under 100 Freestyle	8	1 u	05:27 PM	_____
Finals	91 Girls 11-12 100 Freestyle	16	2 u	05:29 PM	_____
Finals	92 Boys 11-12 100 Freestyle	16	2 u	05:33 PM	_____
Finals	93 Girls 13-14 200 IM	16	2 u	05:37 PM	_____
Finals	94 Boys 13-14 200 IM	16	2 u	05:44 PM	_____
Finals	95 Girls 10 & Under 50 Butterfly	8	1 u	05:51 PM	_____
Finals	96 Boys 10 & Under 50 Butterfly	8	1 u	05:53 PM	_____
Finals	97 Girls 11-12 50 Butterfly	16	2 u	05:54 PM	_____
Finals	98 Boys 11-12 50 Butterfly	16	2 u	05:57 PM	_____
	Swimmers Counts for Warm-ups: 192	=====	=====		
	Entry / Heat Totals:	272	34		
	Finish Time			06:01 PM	_____