

# WARM UP ASSIGNMENTS

Friday, July 27th & Sunday, July 29th								
<b>Ages 11/12 &amp; 13/14</b>								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:00-7:30am	NOVA	NOVA	NOVA	TIDE	TIDE (7) TAC 757	GATR STRM	QSTS	CGBD
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:30-8:00am	CYAC	CYAC (6) ODAC	PSDN	RAYS WST	SEVA WAC ACAC	HOKI STAT SMAC	DIG CCA TSU RACE	ECAT TAC DC SFY
<b>8:30 Meet Start</b>								

<b>Ages 10 &amp; Under</b>								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
8:00-8:20am	NOVA	NOVA	GATR TSU TIDE	QSTS CGBD SMAC	PSDN WAC	RAYS ODAC SEVA	757 STAT WST	ALL OTHER TEAMS
<b>8:30 Meet Start</b>								