

WARM UP ASSIGNMENTS

Saturday (7/28)

Ages 11/12 & 13/14

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:00-7:30am	CYAC	CYAC (6) ODAC	PSDN	RAYS WST	SEVA WAC ACAC	HOKI STAT SMAC	DIG CCA TSU RACE	ECAT TAC DC SFY
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:30-8:00am	NOVA	NOVA	NOVA	TIDE	TIDE (7) TAC 757	GATR STRM	QSTS	CGBD
8:30 Meet Start								

Ages 10 & Under

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
8:00-8:20am	NOVA	NOVA	GATR TSU TIDE	QSTS CGBD SMAC	PSDN WAC	RAYS ODAC SEVA	757 STAT WST	ALL OTHER TEAMS
8:30 Meet Start								