



JIM FRYE MEMORIAL INVITATIONAL
A/BB/B/C Meet
MAY 2-3, 2020
SANCTION NO. VS 20-103



SANCTION:	<ul style="list-style-type: none"> Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-20-103. USA Swimming, Inc., Virginia Swimming, Inc., BASS Swimming, and the Collegiate School Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
LOCATION:	Collegiate School Aquatic Center, 5050 Ridgedale Parkway, Richmond, Va. 23234 Phone: (804) 271-8271
FACILITY:	<p>Competition Pool:</p> <ul style="list-style-type: none"> Indoor 8 lane 50 meters x 25 yard pool, has 9 ft. wide lanes with non-turbulent lane lines. Pool depth of 7'7" at the sides and 8'2" in the center. Competition course is swum bulkhead to bulkhead. Omega starting blocks, CTS6 with automatic and semi-automatic timing, backup Dolphin wireless stopwatches. Full color LED scoreboard will be used. The competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C (4). A copy of the certification is on file with USA Swimming. <p>Instructional Pool:</p> <ul style="list-style-type: none"> Indoor 6 lane 25 yard pool for continuous warm-up/warm-down.
MEET DIRECTOR:	Name: Alex Montes de Oca Email: alex.montesdeoca5@gmail.com Phone: 540-604-1767
ELIGIBILITY:	<ul style="list-style-type: none"> Open to all USA Swimming athletes from BASS, NOVA, ACAC, Dolphin Club, Hanover Aquatics, SwimRVA, FUAC, and QSTS registered before the first day of the meet. Teams not listed wishing for an invite must receive confirmation from the Meet Director prior to entries being accepted. No on-deck USA Swimming athlete registration will be permitted. Age on May 2, 2020 will determine age for the entire meet.
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	<ul style="list-style-type: none"> All 13 & Over swimmers will swim in the morning session Saturday and Sunday. All 12 & Under swimmers will swim in the afternoon session Saturday and Sunday. 13 & over 400 Free will swim in a Saturday mid-day session. MIXED gender events (800m & 1500m) will swim in a Sunday Late Afternoon Session. Girls and boys will be mixed together and seeded by time in these events. All events will be timed finals. Chase starts may be utilized at the discretion of the meet referee. Teams will be notified by Tuesday, April 28, 2020 All events will be deck seeded.
WARM-UP:	<ul style="list-style-type: none"> Morning sessions: Warm-ups at 7:30am; competition starts at 8:40am. Saturday mid-day distance session will begin after a 10 minute warm up, at the discretion of the meet referee, in the competition pool immediately following the completion of the previous session. The Saturday mid-day distance session will start no earlier than the estimated timeline. Saturday Afternoon session: Warm-ups not before 1:00pm; competition starts no earlier than

	<p>2:00pm</p> <ul style="list-style-type: none"> • Sunday Afternoon session: Warm-ups not before 11:00am; competition starts no earlier than 12:00pm • Sunday late afternoon (distance) session will begin after a 10 minute warm up, at the discretion of the meet referee, in the competition pool immediately following the conclusion of the previous session. The distance sessions will start no earlier than the estimated times. • Estimated timelines, lane assignment and warm-up times for individual clubs will be emailed to the contact person of the participating clubs no later than Tuesday April 28, 2020. Information also will be posted on the BASS website (www.swimbass.com). • If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends. If the morning session runs late, afternoon warm-ups will begin immediately after the morning session ends.
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDESDAY, APRIL 22, 2020</p> <ul style="list-style-type: none"> • Entries must be submitted in long course meters times using Hy-Tek Team Manager and Commlink-2 software. • Teams must submit entries via email. • A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries. • Coach Times (CT) may be used for events in which a swimmer does not have a time of record (CT must be slower than an "A" time) except for events #15 - #16 (13 & O 400 free); #57- #58 (9-12 400 free); and events #59 - #60 (13 & over 800 and 1500 freestyles). All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. • Entries in events #15, #16 (13 & over 400 Free), #57 and #58 (9-12 400 free) are limited to those swimmers who have a time of record equal to a BB or faster in the 400m free or 500y free for their current age. No coaches' times are allowed for these events. • Entries in events #59 & #60 (13 & over 800 and 1500 freestyle) are limited to those swimmers who have a time of record equal to BB or faster in the 800m free, 1000y free, 1650y free or 1500m free for their current age. No coaches' times are allowed for these events. • Events #57- #60 MAY be limited to 3 heats each. Teams will be notified when these events are full. • 12 & Under swimmers may enter a maximum of 3 individual event(s) per day. 13 & Over swimmers may enter a maximum of 3 individual event(s) per day plus 1 distance event per day. • Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. • Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Administrative Official on the provided forms. • Email entries to: Ann Wood, annwood304@gmail.com
FEES:	<p>Individual events: \$6.50 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Checks should be made payable to: Battlefield Area Star Swimmers. • Mail payment to: Ann Wood, Attn: BASS, 304 Great Run Lane, Radiant, VA22732 • Payment must be received by Wednesday, April 29, 2020. Failure to pay entry fees by this deadline could result in teams being barred from the meet. IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery.
SEEDING:	<ul style="list-style-type: none"> • All events will be deck seeded and will require that team scratch sheets be turned in to the admin table 45 minutes prior to the start of the session. • Swimmers competing in the MIXED 800m Free and 1500m Free are responsible for providing their own lap counters and timers. • Swimmers competing in the 400m Free are responsible for providing their own lap counters and timers.

	<ul style="list-style-type: none"> • Events 57 & 58 (9-12 400 Free), Event 59 (Mixed 13 & Over 800 Free), and Event 60 (Mixed 13 & Over 1500 Free) will swim fastest to slowest. • All swimmers should report directly to the blocks for their events
AWARDS:	<ul style="list-style-type: none"> • Individual events: Ribbons will be awarded for first through eighth place. • Age Groups receiving ribbons will be 8 & younger, 9-10, 11-12, 13-14, 15 & over.
PENALTIES:	<ul style="list-style-type: none"> • A fine of up to \$100 per event may be assessed for any illegal participation in the meet. Illegal participation is defined as <ul style="list-style-type: none"> • Entries using fraudulent or non-verifiable times. • Athlete competed in the incorrect age group. • Athlete is not registered with USA Swimming prior to the first day of the meet. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. • Any event in which an athlete participated illegally will be rescored and re-awarded.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations, including the Minor Athlete Abuse Protection Policy, will govern this meet. • All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. • Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval. • Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED. • In accordance with VSI best practices, all swimmers should shower before entering the pool. • Any athlete suspected of sustaining a concussion or exhibiting signs of a concussion, will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider. • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Ralph Jones Email: ralph.jones@vdot.virginia.gov Phone: 804-786-4034</p> <ul style="list-style-type: none"> • Officials will be needed for all positions and all sessions for this meet. • Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to the host team officials chair Alex Montes deOca (alex.montesdeoca5@gmail.com or 540-604-1767) no later than April 28, 2020. • Officials meetings will be held in the hospitality area one hour prior to the start of each session.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • A timers representative will need to be emailed to the meet directors prior to the first day of the meet. Timers for each session will be required to sign in prior to the start of the timers meeting for each session.

	<ul style="list-style-type: none"> • The number of timers required per club and their lane assignments will be posted on the BASS website no later than Tuesday, April 28, 2020, and will also be emailed to the contact person of each of the individual clubs. • Athletes competing in the mid-day session are required to provide their own timers.
GENERAL:	<ul style="list-style-type: none"> • Heat sheets will be available for purchase. • Concessions will be available during the meet. Concessions will open for warm-ups and during competition each day. It will close approx. 1 hour prior to the estimated end time of the meet each day. • Hospitality room will be open to coaches and certified officials. • A swim shop will be open for swimming accessories and shopping. • If necessary, overflow parking will be available at the parking lot behind the Aquatic Center.
FACILITY RULES:	<ul style="list-style-type: none"> • No glass containers of any kind are permitted in the facility. • Lawn/deck chairs are not permitted in the grandstand. • No spectators/parents will be allowed on deck unless working the meet. • No smoking is allowed on the campus. <ul style="list-style-type: none"> • Doors are not to be propped open (HVAC) and the front door is the only entry/exit door from the facility.
DIRECTIONS:	Directions to CSAC Aquatic Center
HOTELS:	Go to the following link for Hotel information:

**MEET TITLE
ORDER OF EVENTS**

May 2, 2020

ALL EVENTS REQUIRE POSITIVE CHECK IN

Morning Session Warm-up: 7:30am; Start: 8:40am			Afternoon Session Warm-up: 1:00pm; Start: 2:00pm (Times are approximate)		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	13 & Over 100m Free	2	17	12 & Under 50m Back	18
3	13 & Over 50m Back	4	19	9-12 100m Fly	20
5	13 & Over 200m Breast	6	21	12 & Under 50m Breast	22
7	13 & Over 100m Fly	8	23	9-12 100m Free	24
9	13 & Over 50m Breast	10	25	11-12 200m Back	26
11	13 & Over 200m Back	12	27	9-12 200m Free	28
13	13 & Over 400m IM	14	29	11-12 200m Breast	30
Midday Session Warm up Immediately Following <u>Morning</u> Session; Start: After 10 minute warm up					
15	13 & Over 400m Free	16			

May 3, 2020

ALL EVENTS REQUIRE POSITIVE CHECK IN

Morning Session Warm-up: 7:30am; Start: 8:40am			Afternoon Session Warm-up: 11:00am; Start: 12:00pm (Times are approximate)		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>	<u>Girls</u>	<u>Events</u>	<u>Boys</u>
31	13 & Over 50m Free	32	45	12 & Under 50m Free	46
33	13 & Over 200m Fly	34	47	9-12 100m Back	48
35	13 & Over 100m Back	36	49	12 & Under 50m Fly	50
37	13 & Over 100m Breast	38	51	9-12 100m Breast	52
39	13 & Over 50m Fly	40	53	9-12 200m IM	54
41	13 & Over 200m Free	42	55	11-12 200m Fly	56
43	13 & Over 200m IM	44	57	9-12 400m Free	58
Late Afternoon Session Warm up Immediately Following <u>Afternoon</u> Session; Start: After 10 minute warm up					
59	Mixed 13 & Over 800m Free	N/A			
60	Mixed 13 & Over 1500m Free	N/A			