

# Virginia Swimming, Inc. Stroke and Turn Apprenticeship Record

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone number (Home) \_\_\_\_\_

(Work) \_\_\_\_\_

E-mail Address \_\_\_\_\_

USA Swimming Team Affiliation \_\_\_\_\_

Orientation Clinic Date \_\_\_\_\_

Issued by \_\_\_\_\_

(District Chair's Signature)

Walks 1-3 are made shadowing an assigned trainer and developing the skills listed on the reverse page. No more than one session may be at an A+ level meet.

	Meet	Date	Trainer	Referee
Walk 1	_____	_____	_____	_____
Walk 2	_____	_____	_____	_____
Walk 3	_____	_____	_____	_____
Walk _	_____	_____	_____	_____
Walk _	_____	_____	_____	_____

***The first 3 must be completed with mastery of each skill demonstrated before the apprentice can proceed to the "final walks."***

Prior to the final walks, the apprentice must have completed the S&T test, APT, background check and be registered with USA Swimming. They shall dress in uniform and make all calls.

Walk 4 \_\_\_\_\_

Walk 5 \_\_\_\_\_

Walk 6 \_\_\_\_\_

Walk \_ \_\_\_\_\_

Walk \_ \_\_\_\_\_

***A minimum of 3 walks are required. At least one of the first two walks and the third walk must be satisfactorily completed in order for the Referee to recommend certification.***

I certify that I have evaluated this apprentice and have found them qualified to serve as a Stroke and Turn Official.

\_\_\_\_\_ Date \_\_\_\_\_

(Validating Referee Signature)

**Please make a copy for your records and then turn this card into your District Officials Chair as soon as you have completed your training.**

Intro to stroke rules: Check the one that apply

- Classroom instruction
- Online instruction
- Deck instruction

*Online and Deck instruction requires prior arrangement with the District Chair*

**Comments:** Meet type should be designated as B/C, BB/B/C, A+, Senior, etc. Back page must also be completed

Walk #1, Meet Type =

Walk #2, Meet Type =

Walk #3, Meet Type =

Walk #4, Meet Type =

Walk #5, Meet Type =

Walk #6, Meet Type =

Additional Walk- Shadowing/Final(circle one) , Meet Type =

Additional Walk- Shadowing/Final(circle one) , Meet Type =

Deck Walks								
Clinic	1	2	3	4	5	6	7	8

**Orientation Clinic – Overview of a USA Swim Official**

FINA, USA Swimming, VSI/LSC's, Meet invites								
Registration & credentials- Applicable websites, OTS, BI, Athlete protection								
Process of becoming a certified USA swim official & retaining certification								
Basic review all officials on deck and their responsibilities ("dry deck" & "wet deck")								
Uniform for officials								
Importance of the pre-session briefing								

**Walk 1- 3 – On deck instruction, jurisdiction, stroke rules, disqualifications**

Jurisdiction	1	2	3					
Positioning at both ends of the pool for equitable judging								
Positioning on the sides and how to provide equitable judging particularly in an unfavorable situation (i.e. swimmers spread out, coaches in path, open lanes, excessive glare on the pool)								
Equitable coverage on all lanes and the importance of observing empty lanes								
Rotation, relief judges, reserve judges								

**Stroke Rules- Individual Events**

Freestyle								
Backstroke								
Breaststroke								
Butterfly								
Individual Medley								

**Stroke Rules - Relay Events**

Freestyle Relay								
Medley Relay								
Relay Take-offs								

1 = Rules initially reviewed by trainer in depth  
 2 = Apprentice demonstrates minimal understanding of the rules  
 3 = Apprentice demonstrates an understanding of many, but not all aspects of the rules; apprentice can verbalize many, but not all aspects of the rules  
 4 = Apprentice demonstrates a complete understanding of the rules; apprentice can verbalize and/or reference all aspects of the rules  
**A "4" is required for each skill before "final" walks may be done**

**Disqualifications**

	1	2	3	4	5	6		
Benefit of the doubt goes to the swimmer								
Answering three standard questions with Chief Judge and/or Deck Referee								
Fill out the DQ slip								
Overtaken calls								

1 = Initially reviewed by trainer in depth  
 2 = Apprentice demonstrates poor or little understanding of the concept  
 3 = Apprentice grasps some but not all aspects of the concept  
 4 = Apprentice demonstrates mastery of the concept  
**A "4" is required for each skill before "final" walks may be done**  
**Shaded boxes or those marked with a 4 are not required to be discussed unless the apprentice wishes to review.**

**Final Walks (3 is standard, however the trainee can ask for more sessions before becoming a certified official)**

	4	5	6					
On-time and attentive at stroke briefing								
Properly attired in correct uniform								
Correct positioning on deck								
Rotates as appropriate and returns from breaks on-time								
Understands jurisdictions								
Observes swimmers throughout the time they are within the apprentice's jurisdiction								
Gives equal coverage to all swimmers within jurisdiction								
Demonstrates a complete (or nearly complete) understanding of the rules								
Makes calls as appropriate (some calls might be missed when, for example, four swimmers simultaneously come to the turn of backstroke and the apprentice observes left to right and the trainer observes right to left, but otherwise the apprentice sees and calls what can readily be observed)								
Does not make inappropriate calls								
Raises hand when making calls and does so in a decisive manner								
Clearly and concisely provides answers to the standard three questions								
Fills out the DQ slip correctly								

1 = Apprentice grasps some but not all aspects of the concept  
 2 = Apprentice demonstrates mastery of the concept  
**A "2" is required for each skill in order for the session to be satisfactorily completed.**  
**At least one of the first two walks and the third walk must be satisfactorily completed in order for the Referee to recommend certification**