

**Virginia Swimming, Inc.
Stroke and Turn
Apprenticeship Record**

Name _____

Address _____

Phone number (home) _____

(work) _____

E-mail Address _____

USA Swimming Team Affiliation _____

Clinic Attendance Date _____

Issued by _____

(Regional Officials Chair Signature)

Initial walks are made shadowing an assigned trainer and developing the skills listed on the reverse page. No more than two sessions may be at an A level meet.

	Meet	Date	Trainer	Referee
Walk 1	_____	_____	_____	_____
Walk 2	_____	_____	_____	_____
Walk 3	_____	_____	_____	_____
Walk 4	_____	_____	_____	_____
Walk 5	_____	_____	_____	_____
Walk _	_____	_____	_____	_____
Walk _	_____	_____	_____	_____
Walk _	_____	_____	_____	_____

A minimum of 5 walks are required with mastery of each skill demonstrated before the apprentice can proceed to the "final walks."

On the final walks, the apprentice dresses in uniform and makes all calls. Only one of the final sessions may be at an A level meet.

Walk _ _____

Walk _ _____

Walk _ _____

Walk _ _____

A minimum of 3 walks are required. At least one of the first two walks and the third walk must be satisfactorily completed in order for the Referee to recommend certification.

I certify that I have evaluated this apprentice and have found them well qualified to serve as a Stroke and Turn Official.

_____ Date _____

(Validating Referee Signature)

Please make a copy for your records and then turn this card into your District Officials Chair as soon as you have completed your training.

Comments

Meet type should be designated as B/C, BB/B/C, A+, Senior, etc. Back page must also be completed.

Session #1, Meet Type =

Session #2, Meet Type =

Session #3, Meet Type =

Session #4, Meet Type =

Session #5, Meet Type =

Session #6, Meet Type =

Session #7, Meet Type =

Session #8, Meet Type =

Session #9, Meet Type =

Skill	Session								
	1	2	3	4	5	6	7	8	9
Deck Knowledge and Skills									
Basic review of officials and their responsibilities (both "dry deck" vs. "wet deck")									
Importance of the pre-session stroke briefing									
Positioning at both ends of the pool for equitable judging									
Positioning on the sides and how to provide equitable judging particularly in an unfavorable Situation (i.e. swimmers spread out, coaches in path, open lanes, excessive glare on the pool)									
Proper posture for a stroke and turn official and how to decisively raise the hand to make a call									
Equitable coverage on all lanes and the importance of observing empty lanes									
Review jurisdiction for all positions on deck									
Rotation of officials on deck									
Uniform for officials									
Disqualifications									
Swimmer gets the benefit of the doubt									
Importance of raising the hand upon observing an infraction									
The three standard questions									
Importance of using correct terminology when explaining a potential infraction									
How to fill out the DQ slip									
Interacting with the Chief Judge									
Interacting with the Referee									
1 = Initially reviewed by trainer in depth									
2 = Apprentice demonstrates poor or little understanding of the concept									
3 = Apprentice grasps some but not all aspects of the concept									
4 = Apprentice demonstrates mastery of the concept									
A "4" is required for each skill before "final" walks may be done									
Individual Events									
Freestyle									
Backstroke									
Breaststroke									
Butterfly									
Individual Medley									
Relay Events									
Freestyle Relay									
Medley Relay									
Relay Take-offs									
1 = Rules initially reviewed by trainer in depth									
2 = Apprentice demonstrates minimal understanding of the rules									
3 = Apprentice demonstrates an understanding of many, but not all aspects of the rules; apprentice can verbalize many, but not all aspects of the rules									
4 = Apprentice demonstrates a complete understanding of the rules; apprentice can verbalize and/or reference all aspects of the rules									
A "4" is required for each skill before "final" walks may be done									
Final Walks (3 is standard, but more may be required depending upon skill assessment)									
On-time and attentive at stroke briefing									
Properly attired in correct uniform									
Correct positioning on deck									
Rotates as appropriate and returns from breaks on-time									
Understands jurisdictions									
Observes swimmers throughout the time they are within the apprentice's jurisdiction									
Gives equal coverage to all swimmers within jurisdiction									
Demonstrates a complete (or nearly complete) understanding of the rules									
Makes calls as appropriate (some calls might be missed when, for example, four swimmers simultaneously come to the turn of backstroke and the apprentice observes left to right and the trainer observes right to left, but otherwise the apprentice sees and calls what can readily be observed)									
Does not make inappropriate calls									
Raises hand when making calls and does so in a decisive manner									
Clearly and concisely provides answers to the standard three questions									
Fills out the DQ slip correctly									
1 = Needs work									
2 = Satisfactory									
A "2" is required for each skill in order for the session to be satisfactorily completed. At least one of the first two walks and the third walk must be satisfactorily completed in order for the Referee to recommend certification									