

Virginia Swimming, Inc.  
Head Coach Roster

Club	Club Name	Head Coach	Email	Phone
757	757 Swim	Morgan Cordle	coachmorgan@757swim.com	(757) 871-2144
ACAC	Atlantic Coast Athletic Clubs of VA, Inc.	Helen Dixon	helend@acac.com	(434) 978-3800 Ext: 1385
ACST	ACAST-Amberjacks	Jack Taylor	ithirstnomore@gmail.com	(757) 675-5105
BASS	Battlefield Area Star Swimmers	Alejandro Montes De Oca	alex.montesdeoca5@gmail.com	(540) 604-1767
BASS-S	Bass South	Cosmo DiFazio	cos.difazio@gmail.com	(434) 962-1168
CAST	Coomes Area Swim Team	Chelsea Crowder	cast@abingdon-va.gov	(423) 833-8608
CAV	Cavalier Swimming	Todd DeSorbo	tdesorbo@virginia.edu	(919) 606-2052
CCA	Carter Center Aquatics	Amina Serir	aserir@ccamarlins.com	(540) 761-9488
CGBD	Coast Guard Blue Dolphins	Jon Bierie	jebierie@gmail.com	(757) 816-6688
CYAC	Piedmont Family YMCA/cyac	Michael Wenert	mwenert@outlook.com	(513) 328-1163
DC	Dolphin Club	Craig Clift	cclift@weinsteinjcc.org	(757) 729-2609
DYST	Danville YMCA Swim Team	Jenna Leach	jenna.leach@ymcadanville.org	(757) 927-5123
ECAT	East Coast Aquatic Team	Francis Poulin	ecat.frank@gmail.com	(757) 570-4621
FUAC	Fork Union Aquatic Club	Jon Larson	larsonj@fuma.org	(434) 842-4210
GATR-R	Virginia Gators - Roanoke	Douglas Fonder	dougfonder@gmail.com	(540) 397-0505
GATR-C	GATR - Charlottesville	John Bean	gatorbean@embarqmail.com	(434) 882-2003
GATR-H	GATR - Harrisonburg	Raminta Pinzon	rpinzon@fastswimming.net	(214) 728-0813
HOKI	H2okie Aquatics	Edward Baldwin	edbaldwi@vt.edu	(540) 998-2327
LASO	Lifetime Aquatic Swim Org	Kyle Doty	kdoty@lifetimewc.com	(810) 494-1436
LY	Lynchburg YMCA Swim Team	Ryan Woodruff	ryan.d.woodruff@gmail.com	(919) 943-6420
NOVA	NOVA of Virginia Aquatics, Inc	Geoffrey Brown	nova.gbrown1@verizon.net	(804) 690-2396
NOVA-S	NOVA South	Lauren Waterworth	laurenwaterworth11@gmail.com	(804) 955-8572

Virginia Swimming, Inc.  
Head Coach Roster

Club	Club Name	Head Coach	Email	Phone
ODAC	Old Dominion Aquatic Club	Stephen Bialorucki	stevebialorucki@swimodac.com	(757) 471-1828
PRVT	Pinnacle Racing	Sergio Lopez Miro	coachsergiolopez@gmail.com	(904) 449-3005
PSDN	Poseidon Swimming Inc	William Sallade	tedpsdn@poseidonswimming.com	(804) 334-2804
PSDN-H	Poseidon Swimming Hanover	David Kienlen	davekienlen@comcast.net	(253) 951-9368
PWSC	Prince William Swim Club	Lorena Caballero	colore5@comcast.net	(703) 473-5676
QSTS	Quest Swimming	John Smithson	swimcoachjohn@hotmail.com	(804) 301-3332
RACE	Richmond Racers	Michael Hodges	coachmike1130@gmail.com	(804) 833-7037
RAYS	Rappahannock Area YMCA Swim Team, Inc	Robert Herlinger	robert.herlinger@gmail.com	(540) 207-0846
SCAT	Star City Aquatic Team	Robert Braaten	rcbraaten123@gmail.com	(540) 309-0865
SEVA	South Eastern Virginia Aquatics	David Henderson	sevaseahawks@aol.com	(757) 897-6127
SFY	Salem Family YMCA	Daniel Smith	dsmith@ymcavbr.org	(804) 402-2233
SMAC	Shenandoah Marlins Aquatic Club	William Nicholson	bnicholson@smacswimming.org	(540) 471-7152
SRVA	SwimRVA	Jonathan Kaplan	jonathan.kaplan@swimrichmond.c	(864) 508-2961
STAT	Stafford Aquatics Team	Delwyn Jones	djones.stat@gmail.com	(540) 207-2527
STLH	Stealth Swim Team	Kristen Bartlett	krissy@swimkids.us	(571) 238-4201
STRM	Rockbridge Storm Swim Team	Leslie Ayers	forswimming@gmail.com	(540) 460-7469
TAC	Tidewater Aquatic Club	Jessica Livsey	jhm329@gmail.com	(757) 373-0199
TIDE	Tide Swimming	Jackson Roach	jroach@tideswimming.com	(757) 306-0591
TORP	TSC Torpedoes	Virginia Moffitt	coachginger@swim4theclub.com	(703) 401-0686
TSU	Tsunami Swimming	Peter Maloney	swimcoachpeter@yahoo.com	(540) 371-4369
VSTP	Valley Swim Team-Phoenix	Jeffery Reed	slwjbr@comcast.net	(540) 877-0135
WAC	Williamsburg Aquatic Club	Henry Baker	coachharold2@cox.net	(757) 229-8662

Virginia Swimming, Inc.  
Head Coach Roster

<b>Club</b>	<b>Club Name</b>	<b>Head Coach</b>	<b>Email</b>	<b>Phone</b>
WFS	Woodberry Forest Swimming	Gregory Guldin	gregory.guldin@woodberry.org	(732) 586-2525
WST	Winchester Swim Team	Thomas Grove	wstswim@hotmail.com	(540) 539-4440
YMST	YMCA Marlin Swim Team	Caitlin Lacy	caitlinlacy01@gmail.com	(276) 224-4883
YOBX	Outer Banks YMCA Tidal Waves	Chelsey Larsen	clarsen@ymcashr.org	(252) 449-8897