

## Individual Records Report for LSC-L

### Women 13-14 100 Free

<b>57.87</b>	<b>Clare Wooddall-Gainey</b>	<b>7/31/2001</b>	<b>GATR</b>
57.68 **	Grace E. Sheble at 2017 NCSA Summer Swimming Championships	8/1/2017	NOVA -VA

### Women 13-14 400 IM

<b>4:49.49</b>	<b>Grace E. Sheble</b>	<b>8/9/2016</b>	<b>NOVA</b>
4:48.17 **	Grace E. Sheble at 2017 NCSA Summer Swimming Championships	8/1/2017	NOVA -VA

### Women 15-16 100 Fly

<b>1:00.67</b>	<b>Olivia G. Bray</b>	<b>7/20/2017</b>	<b>GATR</b>
59.61 **	Olivia G. Bray at 2017 ISCA Summer Senior Champs	8/2/2017	GATR -VA

### Men 10 & Under 100 Free

<b>1:04.11</b>	<b>Thomas A. Heilman</b>	<b>7/20/2017</b>	<b>CYAC</b>
1:03.19 **	Thomas A. Heilman at 2017 VA Eastern Zone LC Championship	8/9/2017	VSI -VA

### Men 10 & Under 100 Fly

<b>1:12.06</b>	<b>Brian Hynes</b>	<b>7/30/2009</b>	<b>CYAC</b>
1:10.78 **	Thomas A. Heilman at 2017 VA Eastern Zone LC Championship	8/9/2017	VSI -VA

### Men 15-16 100 Fly

<b>55.45</b>	<b>Khalil D. Fonder</b>	<b>7/24/2015</b>	<b>GATR</b>
55.09 **	Cason Wilburn at 2017 Speedo Junior National Ch	8/8/2017	ECAT -VA

### Men 17-18 100 Back

<b>55.84</b>	<b>Jeff Rouse</b>	<b>3/23/1988</b>	<b>QDD</b>
55.48 **	Clark Beach at 2017 U.S. Open Swimming Champs	8/2/2017	QSTS -VA

### Men 17-18 200 Back

<b>1:59.56</b>	<b>Clark G. Beach</b>	<b>8/8/2016</b>	<b>QSTS</b>
1:59.28 **	Clark Beach at 2017 U.S. Open Swimming Champs	8/2/2017	QSTS -VA

### Men 17-18 100 Fly

<b>54.25</b>	<b>Frederico Castro</b>	<b>8/4/2008</b>	<b>GATR</b>
54.00 **	Khalil D. Fonder at 2017 ISCA Summer Seniors Champ	8/2/2017	GATR -VA

\*\*Indicates Best Record for Each Event