

**RECORDS VA Swimming**

**Yards-Women**

10 & U	50 Free	25.65	<b>30-Mar-16</b>	TIDE	Kayleigh Duffy		
	100 Free	56.03	<b>4-Apr-94</b>	RAYS	Trisha Blackwell		
	200 Free	2:04.54	<b>9-Mar-17</b>	NOVA	Amelia C. Chen		
	500 Free	5:27.30	<b>3-Apr-13</b>	GATR	Miranda B. Kirtley		
	50 Back	28.93	<b>8-Apr-15</b>	NOVA	Zoe A. Dixon		
	100 Back	1:02.67	<b>8-Apr-15</b>	NOVA	Zoe A. Dixon		
	50 Breast	33.01	<b>28-Mar-96</b>	BASS	Lauren Brick		
	100 Breast	1:12.68	<b>26-Mar-15</b>	CGBD	Alden Koupal		
	50 Fly	28.01	<b>8-Apr-15</b>	NOVA	Zoe A. Dixon		
	100 Fly	1:01.71	<b>8-Apr-15</b>	NOVA	Zoe A. Dixon		
	100 IM	1:05.10	<b>30-Mar-00</b>	WAC	Katie Hoff		
	200 IM	2:19.42	<b>14-Oct-16</b>	GATR	Ava M. Muzzy		
	200 Free Relay	1:52.25	<b>8-Nov-14</b>	NOVA	NOVA	M. Ferguson, S. Peterson, M. Tan, Z. Dixon	
	400 Free Relay	4:07.63	<b>29-Mar-14</b>	NOVA	NOVA	Z. Dixon, A. Young, M. Ferguson, O. Ericson	
	200 Medley Relay	2:03.10	<b>8-Nov-14</b>	NOVA	NOVA	M. Ferguson, M. Tan, Z. Dixon, S. Peterson	
	11-12	50 Free	24.18	<b>10-Mar-11</b>	TIDE	Georgia A. DaCruz	
		100 Free	52.63	<b>10-Mar-11</b>	TIDE	Georgia A. DaCruz	
200 Free		1:53.31	<b>11-Dec-15</b>	NOVA	Grace E. Sheble		
500 Free		4:58.73	<b>11-Dec-15</b>	NOVA	Grace E. Sheble		
1000 Free		10:20.09	<b>11-Apr-12</b>	NOVA	Maddie Hadd		
1650 Free		17:19.80	<b>16-Oct-15</b>	GATR	Miranda B. Kirtley		
50 Back		26.55	<b>7-Nov-14</b>	GATR	Olivia G. Bray		
100 Back		58.02	<b>9-Mar-17</b>	NOVA	Zoe A. Dixon		
200 Back		2:05.47	<b>13-Mar-14</b>	HOKI	Shelby Raber		
50 Breast		30.47	<b>14-Mar-02</b>	TPHN	Katie Hoff		
100 Breast		1:05.89	<b>11-Dec-15</b>	NOVA	Grace E. Sheble		
200 Breast		2:21.49	<b>30-Mar-06</b>	NOVA	Rebecca Rainer		
50 Fly		25.37	<b>16-Apr-14</b>	GATR	Olivia G. Bray		
100 Fly		56.21	<b>28-Mar-89</b>	ODAC	Darby Chang		
200 Fly		2:04.28	<b>11-Dec-15</b>	NOVA	Grace E. Sheble		
100 IM		58.18	<b>16-Mar-89</b>	ODAC	Darby Chang		
200 IM		2:05.40	<b>11-Dec-15</b>	NOVA	Grace E. Sheble		
400 IM		4:26.24	<b>30-Oct-15</b>	NOVA	Grace E. Sheble		
200 Free Relay		1:40.51	<b>9-Dec-16</b>	TIDE	TIDE	G. Wagner, A. Albano, K. Wilson, K. Duffy	
400 Free Relay		3:38.89	<b>28-Mar-15</b>	NOVA	NOVA	G. Sheble, O. Erickson, C. Isley, C. Sheble	
200 Medley Relay		1:51.01	<b>9-Dec-16</b>	NOVA	NOVA	M. Ferguson, A. Macholz, Z. Dixon, S. Peterson	
400 Medley Relay		3:58.95	<b>11-Dec-15</b>	NOVA	NOVA	C. Sheble, G. Sheble, Z. Dixon, O. Erickson	
13-14		50 Free	23.23	<b>30-Mar-16</b>	GATR	Whitney L. Hamilton	
		100 Free	50.64	<b>9-Apr-85</b>	VACS	Karen Burgess	
		200 Free	1:48.75	<b>9-Mar-17</b>	NOVA	Grace E. Sheble	
		500 Free	4:46.97	<b>17-Dec-15</b>	GATR	Caroline G. Kulp	
	1000 Free	9:46.29	<b>8-Dec-95</b>	UNAT	Ginny Johnson		
	1650 Free	16:16.86	<b>14-Dec-85</b>	VACS	Whitney Hedgepeth		
	100 Back	54.30	<b>10-Mar-16</b>	GATR	Olivia G. Bray		
	200 Back	1:56.06	<b>4-Dec-15</b>	GATR	Olivia G. Bray		
	100 Breast	1:03.14	<b>9-Mar-17</b>	NOVA	Grace E. Sheble		
	200 Breast	2:16.34	<b>20-Mar-03</b>	TPHN	Katie Hoff		
	100 Fly	53.00	<b>10-Mar-16</b>	GATR	Olivia G. Bray		

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13-14	200 Fly	1:58.12	<b>10-Mar-16</b>	GATR	Olivia G. Bray	
	200 IM	2:01.34	<b>4-Dec-15</b>	GATR	Caroline G. Kulp	
	400 IM	4:13.96	<b>8-Dec-16</b>	NOVA	Grace E. Sheble	
	200 Free Relay	1:36.12	<b>9-Mar-17</b>	TIDE	TIDE	E. Caldwell, M. Dominick, A. Kopal, S. Tadder
	400 Free Relay	3:27.63	<b>17-Dec-15</b>	GATR	GATR	O. Bray, W. Hamilton, M. Kirtley, C. Kulp
	800 Free Relay	7:28.25	<b>17-Dec-15</b>	GATR	GATR	O. Bray, B. Knisely, M. Kirtley, C. Kulp
	200 Medley Relay	1:44.85	<b>17-Dec-15</b>	GATR	GATR	O. Bray, E. Higgins, W. Hamilton, C. Kulp
	400 Medley Relay	3:48.51	<b>9-Mar-17</b>	NOVA	NOVA	C. Sheble, G. Sheble, M. Pulley, M. Burton
15-16	50 Free	22.58	<b>11-Dec-14</b>	PSDN	Casey Fanz	
	100 Free	50.39	<b>17-Mar-09</b>	NOVA	Allison Titley	
	200 Free	1:46.05	<b>12-Mar-87</b>	VACS	Whitney Hedgepeth	
	500 Free	4:41.03	<b>8-Mar-87</b>	VACS	Whitney Hedgepeth	
	1000 Free	9:43.11	<b>8-Mar-87</b>	VACS	Whitney Hedgepeth	
	1650 Free	16:07.53	<b>17-Mar-09</b>	NOVA	Rachel S. Naurath	
	100 Back	53.17	<b>15-Dec-16</b>	GATR	Emma E. Muzzy	
	200 Back	1:56.29	<b>4-Dec-15</b>	TIDE	Callie Dickinson	
	100 Breast	1:00.82	<b>16-Mar-10</b>	NOVA	Rebecca Rainer	
	200 Breast	2:10.99	<b>15-Mar-11</b>	NOVA	Blair M. Carnes	
	100 Fly	52.92	<b>15-Dec-16</b>	GATR	Olivia G. Bray	
	200 Fly	1:57.08	<b>17-Mar-09</b>	NOVA	Rachel S. Naurath	
	200 IM	1:58.04	<b>15-Dec-16</b>	GATR	Emma E. Muzzy	
	400 IM	4:08.37	<b>30-Nov-16</b>	GATR	Emma E. Muzzy	
	200 Free Relay	1:33.16	<b>15-Mar-16</b>	GATR	GATR	O. Bray, E. Muzzy, C. Kulp, W. Hamilton
	400 Free Relay	3:23.69	<b>15-Dec-16</b>	GATR	GATR	W. Hamilton, E. Muzzy, O. Bray, C. Kulp
	800 Free Relay	7:18.87	<b>17-Mar-09</b>	NOVA	NOVA	R. Naurath, A. Haulsee, A. Brown, A. Titley
	200 Medley Relay	1:42.74	<b>17-Mar-09</b>	GATR	GATR	E. Muzzy, C. Kulp, O. Bray, W. Hamilton 031516
	400 Medley Relay	3:44.41	<b>17-Mar-09</b>	NOVA	NOVA	E. Worrell, R. Rainer, R. Naurath, A. Titley
	17-18	50 Free	22.81	<b>10-Dec-15</b>	PSDN	Casey Fanz
100 Free		49.06	<b>4-Dec-08</b>	TIDE	Rebecca L. Jones	
200 Free		1:45.44	<b>5-Mar-09</b>	TIDE	Rebecca Jones	
500 Free		4:44.52	<b>16-Mar-10</b>	NOVA	Rachel S. Naurath	
1000 Free		9:36.53	<b>16-Mar-10</b>	NOVA	Rachel S. Naurath	
1650 Free		16:10.59	<b>16-Mar-10</b>	NOVA	Rachel S. Naurath	
100 Back		53.04	<b>10-Dec-14</b>	QSTS	Madeline A. Banic	
200 Back		1:54.53	<b>30-Mar-15</b>	SMAC	Remedy Rule	
100 Breast		1:01.43	<b>15-Mar-11</b>	NOVA	Rebecca Rainer	
200 Breast		2:09.99	<b>15-Mar-11</b>	NOVA	Rebecca Rainer	
100 Fly		52.41	<b>5-Mar-15</b>	QSTS	Madeline A. Banic	
200 Fly		1:55.92	<b>30-Mar-15</b>	SMAC	Remedy Rule	
200 IM		1:58.90	<b>5-Apr-11</b>	LY	Susanna White	
400 IM		4:11.39	<b>15-Mar-11</b>	NOVA	Rebecca Rainer	
200 Free Relay		1:35.88	<b>26-Mar-14</b>	ODAC	ODAC	C. Walker, S. Hynes, L. Williams, C. McLemore
400 Free Relay		3:24.58	<b>16-Mar-10</b>	NOVA	NOVA	R. Naurath, A. Haulsee, A. Brown, A. Titley
800 Free Relay		7:17.36	<b>15-Mar-11</b>	NOVA	NOVA	A. Haulsee, A. Brown, S. Justis, A. Titley
200 Medley Relay		1:42.35	<b>16-Mar-10</b>	NOVA	NOVA	E. Worrell, R. Rainer, R. Naurath, A. Titley
400 Medley Relay		3:41.96	<b>15-Mar-11</b>	NOVA	NOVA	S. Justis, R. Rainer, E. Nunn, A. Titley
50 Free		22.58	<b>11-Dec-14</b>	PSDN	Casey Fanz	
100 Free		49.06	<b>4-Dec-08</b>	TIDE	Rebecca L. Jones	
200 Free		1:45.44	<b>5-Mar-09</b>	TIDE	Rebecca L. Jones	

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500 Free	4:41.03	<b>12-Mar-87</b>	VACS	Whitney Hedgepeth	
1000 Free	9:36.53	<b>16-Mar-10</b>	NOVA	Rachel Naurath	
1650 Free	16:07.53	<b>17-Mar-09</b>	NOVA	Rachel Naurath	
100 Back	53.04	<b>10-Dec-14</b>	QSTS	Madeline A. Banic	
200 Back	1:54.53	<b>30-Mar-15</b>	SMAC	Remedy Rule	
100 Breast	1:00.82	<b>16-Mar-10</b>	NOVA	Rebecca Rainer	
200 Breast	2:09.99	<b>15-Mar-11</b>	NOVA	Rebecca Rainer	
100 Fly	52.41	<b>5-Mar-15</b>	QSTS	Madeline A. Banic	
200 Fly	1:55.92	<b>30-Mar-15</b>	SMAC	Remedy Ruke	
200 IM	1:58.04	<b>15-Dec-16</b>	GATR	Emma E. Muzzy	
400 IM	4:08.37	<b>30-Nov-16</b>	GATR	Emma E. Muzzy	
200 Free Relay	1:32.37	<b>15-Mar-16</b>	GATR	GATR	W. Hamilton, E. Muzzy, O. Bray, C. Kulp
400 Free Relay	3:23.20	<b>11-Mar-15</b>	PSDN	PSDN	S. Pesitti, C. Fanz, C. Curry, K Nezelek
800 Free Relay	7:17.36	<b>15-Mar-11</b>	NOVA	NOVA	A. Haulsee, A. Brown, S. Justis, A. Titley
200 Medley Relay	1:42.14	<b>15-Mar-16</b>	PSDN	PSDN	C. Curry, O. Fisher, M. Burton, C. Fanz
400 Medley Relay	3:41.96	<b>15-Mar-11</b>	NOVA	NOVA	S. Justis, R. Rainer, E. Nunn, A. Titley

**RECORDS VA Swimming**

**Yards-Men**

10 & U	50 Free	25.79	<b>11-Dec-15</b>	TIDE	Samuel Quarles		
	100 Free	56.63	<b>11-Apr-85</b>	BRAC	Ryan Bradley		
	200 Free	2:02.08	<b>29-Jan-16</b>	TIDE	Samuel Quarles		
	500 Free	5:25.61	<b>18-Mar-10</b>	GATR	Keith M. Myburgh		
	50 Back	29.28	<b>8-Apr-15</b>	PSDN	Marc Macomson		
	100 Back	1:02.57	<b>30-Mar-16</b>	PSDN	Crash Ackerly		
	50 Breast	33.04	<b>22-Oct-04</b>	NOVA	Robert DeWolff		
	100 Breast	1:12.67	<b>28-Mar-96</b>	CGBD	Tim Kegelman		
	50 Fly	28.18	<b>11-Apr-85</b>	BRAC	Ryan Bradley		
	100 Fly	1:02.97	<b>29-Jan-16</b>	TIDE	Samuel Quarles		
	100 IM	1:05.40	<b>30-Mar-16</b>	PSDN	Crash Ackerly		
	200 IM	2:19.41	<b>6-Apr-10</b>	GATR	Keith M. Myburgh		
	200 Free Relay	1:50.44	<b>11-Apr-12</b>	GATR	GATR	J. Ibarra, N. Lawson, K. John, N. Bowers	
	400 Free Relay	4:03.18	<b>11-Apr-12</b>	GATR	GATR	J. Ibarra, N. Lawson, K. John, N. Bowers	
	200 Medley Relay	2:05.08	<b>11-Apr-12</b>	GATR	GATR	N. Bowers, C. Myburgh, N. Lawson, K. John	
	11-12	50 Free	22.71	<b>6-Jan-01</b>	SMAC	Lee Robertson	
		100 Free	49.44	<b>15-Nov-14</b>	TIDE	Alex Neff	
200 Free		1:48.73	<b>15-Nov-14</b>	TIDE	Alex Neff		
500 Free		4:55.41	<b>16-Apr-14</b>	PSDN	Adam Kerr		
1000 Free		10:02.45	<b>16-Apr-14</b>	PSDN	Adam Kerr		
1650 Free		17:04.67	<b>27-Mar-14</b>	PSDN	Adam Kerr		
50 Back		25.77	<b>8-Apr-15</b>	NOVA	Atesh B. Camurdan		
100 Back		55.10	<b>8-Apr-15</b>	NOVA	Atesh B. Camurdan		
200 Back		1:58.92	<b>19-Apr-02</b>	NOVA	David Wren		
50 Breast		29.40	<b>6-Feb-98</b>	PSDN	Robbie Fischetti		
100 Breast		1:03.69	<b>30-Mar-00</b>	CGBD	John Kegelman		
200 Breast		2:21.37	<b>3-Apr-08</b>	NOVA	Zack Browne		
50 Fly		24.81	<b>10-Mar-16</b>	TIDE	Barrett Heritage		
100 Fly		54.84	<b>10-Mar-16</b>	TIDE	Barrett Heritage		
200 Fly		2:02.55	<b>7-Mar-13</b>	BAC	Patrick E. Townsend		
100 IM		56.50	<b>30-Mar-00</b>	CGBD	John Kegelman		
200 IM		2:03.39	<b>6-Feb-98</b>	PSDN	Robbie Fischetti		
400 IM		4:20.34	<b>16-Apr-14</b>	PSDN	Adam Kerr		
200 Free Relay		1:38.16	<b>9-Mar-17</b>	TIDE	TIDE	J. Nickel, S. Quarles, R. DiNunzio, L. Barakey	
400 Free Relay		3:36.74	<b>9-Mar-17</b>	TIDE	TIDE	J. Nickel, S. Quarles, R. DiNunzio, L. Barakey	
200 Medley Relay		1:48.53	<b>2-Feb-07</b>	CGBD	CGBD	P. Beiley, B. Hartman, G. Lynn, G. Marsten	
400 Medley Relay		3:54.91	<b>22-Mar-02</b>	NOVA	NOVA	D. Wren, J. Arencibia, I. Vogt, G. Brown	
13-14		50 Free	21.24	<b>10-Mar-16</b>	ECAT	Cason Wilburn	
	100 Free	46.06	<b>10-Mar-16</b>	ECAT	Cason Wilburn		
	200 Free	1:41.32	<b>10-Mar-16</b>	ECAT	Cason Wilburn		
	500 Free	4:34.48	<b>10-Mar-11</b>	QDD	Henry C. Campbell		
	1000 Free	9:29.23	<b>6-Nov-15</b>	ECAT	Cason Wilburn		
	1650 Free	15:52.31	<b>16-Apr-14</b>	GATR	Keith M. Myburgh		
	100 Back	50.91	<b>11-Dec-14</b>	RPST	Luke Durocher		
	200 Back	1:50.26	<b>16-Apr-14</b>	QSTS	Clark G. Beach		
	100 Breast	57.09	<b>9-Mar-17</b>	TIDE	Kendall Ewing		
	200 Breast	2:05.70	<b>8-Dec-05</b>	PSDN	Stuart Ferguson		
	100 Fly	50.11	<b>19-Mar-15</b>	RPST	Luke Durocher		

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13-14	200 Fly	1:48.43	12-Dec-13	NOVA	David A. Dixon	
	200 IM	1:53.54	12-Dec-13	NOVA	David A. Dixon	
	400 IM	4:00.38	12-Dec-13	NOVA	David A. Dixon	
	200 Free Relay	1:29.05	12-Dec-13	TIDE	TIDE	S. Ryan, P. Southern, K. Ewing, A. Neff
	400 Free Relay	3:16.94	8-Apr-15	PSDN	PSDN	N. Wakefield, C. Mills, R. Polino, S. Hogan
	800 Free Relay	7:03.50	12-Dec-13	NOVA	NOVA	D. Dixon, C. Nystrom, M. Whelan, J. Johnson
	200 Medley Relay	1:37.98	12-Dec-13	NOVA	NOVA	J. Johnson, H. Holweger, D. Dixon, C. Nystrom
	400 Medley Relay	3:32.97	12-Dec-13	NOVA	NOVA	J. Johnson, H. Holweger, D. Dixon, C. Nystrom
15-16	50 Free	20.39	10-Dec-15	PSDN	Cody Bollinger	
	100 Free	44.68	12-Dec-13	NOVA	Townley Haas	
	200 Free	1:36.94	12-Dec-13	NOVA	Townley Haas	
	500 Free	4:17.45	12-Dec-13	NOVA	Townley Haas	
	1000 Free	9:06.72	15-Mar-16	GATR	Greg C. Reed	
	1650 Free	15:06.13	12-Dec-13	NOVA	Townley Haas	
	100 Back	48.51	4-Dec-15	GATR	Kahlil D. Fonder	
	200 Back	1:45.61	3-Mar-16	QSTS	Clark Beach	
	100 Breast	54.96	29-Nov-07	PSDN	Stuart G. Ferguson	
	200 Breast	2:00.05	11-Dec-14	NOVA	Charlie Swanson	
	100 Fly	48.56	7-Dec-16	ECAT	Cason Wilburn	
	200 Fly	1:46.47	10-Dec-15	NOVA	David A. Dixon	
	200 IM	1:49.26	17-Dec-15	GATR	Keith M. Myburgh	
	400 IM	3:52.55	17-Dec-15	GATR	Keith M. Myburgh	
	200 Free Relay	1:24.87	10-Dec-15	PSDN	PSDN	C. Bollinger, K. Hoffman, N. Wakefield, P. Costin
	400 Free Relay	3:05.25	13-Mar-13	NOVA	NOVA	F. Haas, A. Branin, S. Erickson, L. Martin
	800 Free Relay	6:42.32	5-Dec-13	NOVA	NOVA	F. Haas, T. Schubert, G. Brown, J. Cortright
	200 Medley Relay	1:33.66	15-Mar-16	GATR	GATR	A. Russo, K. Myburgh, K. Fonder, G. Reed
	400 Medley Relay	3:22.74	29-Mar-14	NOVA	NOVA	W. O'Brien, C. Swanson, A. Schultz, F. Schubert
	17-18	50 Free	20.09	26-Mar-14	TIDE	Harrison Pierce
100 Free		43.82	18-Mar-14	NOVA	Townley Haas	
200 Free		1:35.07	9-Mar-06	TPHN	David Walters	
500 Free		4:14.19	3-Dec-14	NOVA	Townley Haas	
1000 Free		8:53.31	18-Mar-14	NOVA	Townley Haas	
1650 Free		14:49.49	3-Dec-14	NOVA	Townley Haas	
100 Back		47.85	26-Mar-14	TIDE	Harrison Pierce	
200 Back		1:42.59	7-Dec-16	QSTS	Clark Beach	
100 Breast		52.87	26-Mar-14	TIDE	Austin Temple	
200 Breast		1:57.63	3-Mar-16	CGBD	Jared T. Norton	
100 Fly		47.52	26-Mar-14	TIDE	Harrison Pierce	
200 Fly		1:44.49	15-Mar-16	NOVA	Ted Schubert	
200 IM		1:47.24	2-Mar-17	NOVA	David A. Dixon	
400 IM		3:47.04	15-Mar-16	NOVA	Ted Schubert	
200 Free Relay		1:22.88	19-Mar-15	NOVA	NOVA	A. Schultz, C. Swanson, T. Schubert, L. Martin
400 Free Relay		3:02.54	19-Mar-15	NOVA	NOVA	A.Schultz, C. Swanson,J. Cortright, L. Martin
800 Free Relay		6:34.17	9-Dec-15	NOVA	NOVA	F. Schubert, C. Swanson, A. Schultz, J. Cortright
200 Medley Relay		1:29.89	9-Dec-15	NOVA	NOVA	S. Cuthbert, C. Swanson, F. Schubert, A. Schultz
400 Medley Relay		3:16.63	9-Dec-15	NOVA	NOVA	S. Cuthbert, C. Swanson, F. Schubert, A. Schultz
50 Free		20.00	19-Mar-15	STRM	William Copeland	
100 Free		42.92	19-Mar-15	STRM	William Copeland	
200 Free		1:35.07	9-Mar-06	TPHN	David Walters	

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**RECORDS VA Swimming**

500 Free	4:14.19	<b>3-Dec-14</b>	NOVA	Townley Haas	
1000 Free	8:53.31	<b>18-Mar-14</b>	NOVA	Townley Haas	
1650 Free	14:49.49	<b>3-Dec-14</b>	NOVA	Townley Haas	
100 Back	47.85	<b>26-Mar-14</b>	TIDE	Harrison Pierce	
200 Back	1:42.59	<b>7-Dec-16</b>	QSTS	Clark Beach	
100 Breast	52.87	<b>8-Mar-07</b>	TIDE	Austin Temple	
200 Breast	1:57.63	<b>3-Mar-16</b>	CGBD	Jared T. Norton	
100 Fly	47.52	<b>26-Mar-14</b>	TIDE	Harrison Pierce	
200 Fly	1:44.49	<b>15-Mar-16</b>	NOVA	Ted Schubert	
200 IM	1:46.87	<b>6-Mar-08</b>	UNAT	Bo Greenwood	
400 IM	3:47.04	<b>15-Mar-16</b>	NOVA	Ted Schubert	
200 Free Relay	1:22.20	<b>15-Mar-16</b>	NOVA	NOVA	A. Schultz, F. Schubert, C. Swanson, J. Johnson
400 Free Relay	2:58.74	<b>15-Mar-16</b>	NOVA	NOVA	A. Schultz, F. Schubert, C. Swanson, J. Johnson
800 Free Relay	6:33.28	<b>15-Mar-16</b>	NOVA	NOVA	A. Schultz, F. Schubert, C. Swanson, J. Johnson
200 Medley Relay	1:29.38	<b>15-Mar-16</b>	NOVA	NOVA	S. Cuthbert, C. Swanson, F. Schubert, A. Schultz
400 Medley Relay	3:15.71	<b>15-Mar-16</b>	NOVA	NOVA	S. Cuthbert, C. Swanson, F. Schubert, A. Schultz