
Individual Records Report for LSC-Y

Men 11-12 50 Free

22.05	Thomas A. Heilman	10/6/2019	CYAC
21.50 **	Thomas A. Heilman at 27th Annual YOTA/Arena Capital Classic	12/6/2019	CYAC -VA

Men 11-12 100 Free

48.35	Thomas A. Heilman	11/1/2019	CYAC
47.15 **	Thomas A. Heilman at 27th Annual YOTA/Arena Capital Classic	12/6/2019	CYAC -VA

Men 11-12 200 Free

1:47.33	Thomas A. Heilman	1/18/2019	CYAC
1:44.28 **	Thomas A. Heilman at 27th Annual YOTA/Arena Capital Classic	12/6/2019	CYAC -VA

Men 11-12 500 Free

4:50.93	Thomas A. Heilman	3/27/2019	CYAC
4:49.76 **	Thomas A. Heilman at 27th Annual YOTA/Arena Capital Classic	12/6/2019	CYAC -VA

Men 11-12 50 Fly

24.51	Thomas A. Heilman	3/7/2019	CYAC
22.87 **	Thomas A. Heilman at 27th Annual YOTA/Arena Capital Classic	12/6/2019	CYAC -VA

Men 11-12 200 Fly

1:59.16	Thomas A. Heilman	10/11/2019	CYAC
1:53.66 **	Thomas A. Heilman at 27th Annual YOTA/Arena Capital Classic	12/6/2019	CYAC -VA

Men 11-12 200 IM

2:01.00	Eric M. Lambert	3/27/2019	NOVA
1:59.69 **	Thomas A. Heilman at 27th Annual YOTA/Arena Capital Classic	12/6/2019	CYAC -VA

Men 11-12 400 IM

4:20.34	Adam Kerr	4/16/2014	PSDN
4:14.68 **	Thomas A. Heilman at 27th Annual YOTA/Arena Capital Classic	12/6/2019	CYAC -VA