2019 VA Eastern Zone LC Championship 07-Aug-19 to 10-Aug-19 LC Meters Location: Collegiate School Aquatic Center

Virginia Swimming INC [VSI-VA]

VA

VA				
WOMEN	Event	Time	Date	Meet
Jordan Adan	ns (10) 1/25/2009			
# 71	Women 10 & Under 100 Back	1:18.86L	7/25/2019	2019 VSI Long Course Age Group Championships
# 101	Women 10 & Under 50 Back	37.86L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	nt: 2			
Julia Addiso	n (14) 5/1/2005			
# 3	Women 13-14 200 IM	2:33.07L	7/25/2019	2019 VSI Long Course Age Group Championships
# 47	Women 13-14 100 Fly	1:09.74L		2019 VSI Long Course Age Group Championships
# 53	Women 13-14 200 Back	2:30.42L		2019 VSI Long Course Age Group Championships
# 57	Women 13-14 400 IM	5:23.76L		2019 VSI Long Course Age Group Championships
# 83	Women 13-14 100 Back	1:09.81L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	nt: 5			
_	rson (14) 7/16/2005			
# 47	Women 13-14 100 Fly	1:09.71L		2019 VSI Summer Awards- HOKI
# 77	Women 13-14 200 Fly	2:35.43L		2019 VSI Long Course Age Group Championships
# 111	Women 13-14 1500 Free	18:50.45L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	nt: 3			
Anne Avery	(12) 10/18/2006			
# 15	Women 11-12 100 Breast	1:24.34L	7/25/2019	2019 VSI Long Course Age Group Championships
# 119	Women 11-12 200 Breast	2:58.43L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	nt: 2			
Amanda Bar	mard (12) 9/23/2006			
# 1	Women 11-12 200 IM	2:35.45L	7/25/2019	2019 VSI Long Course Age Group Championships
# 15	Women 11-12 100 Breast	1:24.20L		2019 VSI Long Course Age Group Championships
# 45	Women 11-12 100 Fly	1:11.96L		2019 VSI Long Course Age Group Championships
# 75	Women 11-12 50 Fly	31.97L		2019 VSI Long Course Age Group Championships
# 93	Women 11-12 50 Breast	38.54L	, ,	2019 NBAC Long Course Championships
# 119	Women 11-12 200 Breast	2:59.11L	//25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	nt: 6			
	ett (10) 10/30/2008			
# 31	Women 10 & Under 100 Free	1:12.93L		STAT LC Invitational
# 71	Women 10 & Under 100 Back	1:23.09L		STAT LC Invitational
# 101 # 135	Women 10 & Under 50 Back Women 10 & Under 50 Free	38.19L 32.84L		2019 Poseidon's Long Course Luau STAT LC Invitational
Athletes cou		32.04L	3/17/2019	STAT LC HIVITAUOHAI
-	nno (10) 9/2/2008			
# 31	Women 10 & Under 100 Free	1:10.55L		2019 VSI Long Course Age Group Championships
# 33	Women 10 & Under 50 Breast	40.71L		2019 NBAC Long Course Championships
# 67	Women 10 & Under 200 Free	2:35.99L	//25/2019	2019 VSI Long Course Age Group Championships

WOMEN	Event	Time	Date	Meet
# 69	Women 10 & Under 50 Fly	35.02L	7/25/2019	2019 VSI Long Course Age Group Championships
# 105	Women 10 & Under 100 Breast	1:32.39L	6/7/2019	2019 NBAC Long Course Championships
# 133	Women 10 & Under 200 IM	2:54.89L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	nt: 6			
Shannon Bu	ckley (12) 3/25/2007			
# 9	Women 11-12 100 Free	1:04.69L	4/13/2019	Trofeo Nicola Ferrante 2nd
# 23	Women 11-12 200 Fly	2:38.71L	7/5/2019	Campionato Regionale Esordienti A
# 39	Women 11-12 200 Free	2:16.36L	7/5/2019	Campionato Regionale Esordienti A
# 87	Women 11-12 400 Free	4:42.02L	7/5/2019	Campionato Regionale Esordienti A
Athletes cou	nt: 4			
Emerson Cal	llis (11) 6/19/2008			
# 23	Women 11-12 200 Fly	2:43.45L	7/25/2019	2019 VSI Long Course Age Group Championships
# 45	Women 11-12 100 Fly	1:11.53L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	nt: 2			
Delaney Cox	(14) 1/27/2005			
# 3	Women 13-14 200 IM	2:33.10L	7/25/2019	2019 VSI Long Course Age Group Championships
# 11	Women 13-14 100 Free	1:02.99L	6/21/2019	CGBD Summer Madness LC Invitational
# 41	Women 13-14 200 Free	2:14.32L	7/25/2019	2019 VSI Long Course Age Group Championships
# 47	Women 13-14 100 Fly	1:07.51L	7/25/2019	2019 VSI Long Course Age Group Championships
# 53	Women 13-14 200 Back	2:24.70L	7/25/2019	2019 VSI Long Course Age Group Championships
# 83	Women 13-14 100 Back	1:08.76L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	nt: 6			
Christine Da	tovech (13) 10/4/2005			
# 11	Women 13-14 100 Free	1:01.73L	5/17/2019	Freedom Splash
# 47	Women 13-14 100 Fly	1:06.35L	7/25/2019	2019 VSI Long Course Age Group Championships
# 53	Women 13-14 200 Back	2:29.69L	7/25/2019	2019 VSI Long Course Age Group Championships
# 83	Women 13-14 100 Back	1:08.99L		2019 VSI Long Course Age Group Championships
# 115	Women 13-14 50 Free	27.84L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	nt: 5			
	11) 10/13/2007			
# 9	Women 11-12 100 Free	1:04.33L		2019 VSI Long Course Age Group Championships
# 39	Women 11-12 200 Free	2:17.28L	7/25/2019	2019 VSI Long Course Age Group Championships
# 113	Women 11-12 50 Free	28.92L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	nt: 3			
Ashley Dyer	(16) 12/30/2002			
# 17	Women 15-18 1500 Free	*20:13.94L	5/31/2019	2019 TIDE Speedo Red, White and Blue Invite
# 21	Women 15-18 100 Breast	1:20.23L	7/18/2019	2019 VA LC SR Championships
# 43	Women 15-18 200 Free	* 2:17.05L		2019 VA LC SR Championships
# 91	Women 15-18 400 Free	* 4:51.10L		2019 VA LC SR Championships
# 123	Women 15-18 200 Breast	2:56.28L	7/10/2010	2019 VA LC SR Championships

	Event	Time	Date	Meet
# 125	Women 15-18 800 Free	*10:01.87L	7/18/2019	2019 VA LC SR Championships
Athletes cou	unt: 6			
Meredith Fla	attum (15) 9/22/2003			
# 5	Women 15-18 200 IM	* 2:39.18L	7/12/2019	2019 VSI Regional Summer Awards - LSC 2
# 13	Women 15-18 100 Free	* 1:04.33L	7/12/2019	2019 VSI Regional Summer Awards - LSC 2
# 49	Women 15-18 100 Fly	* 1:14.89L	6/15/2019	2019 Poseidon's Long Course Luau
# 55	Women 15-18 200 Back	* 2:38.90L	7/12/2019	2019 VSI Regional Summer Awards - LSC 2
# 59	Women 15-18 400 IM	* 5:39.14L	7/12/2019	2019 VSI Regional Summer Awards - LSC 2
# 85	Women 15-18 100 Back	* 1:12.64L	7/12/2019	2019 VSI Regional Summer Awards - LSC 2
Athletes cou	unt: 6			
Sutton Forb	is (10) 1/15/2009			
# 33	Women 10 & Under 50 Breast	42.36L	7/25/2019	2019 VSI Long Course Age Group Championships
# 69	Women 10 & Under 50 Fly	35.04L	7/25/2019	2019 VSI Long Course Age Group Championships
# 71	Women 10 & Under 100 Back	1:23.16L	7/25/2019	2019 VSI Long Course Age Group Championships
# 101	Women 10 & Under 50 Back	38.56L	5/10/2019	2019 HOKI May Day Invitational
# 105	Women 10 & Under 100 Breast	1:33.43L	7/25/2019	2019 VSI Long Course Age Group Championships
# 135	Women 10 & Under 50 Free	32.96L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	unt: 6			
Camphell G:	arrett (15) 2/2/2004			
# 5	Women 15-18 200 IM	* 2:43.40L	6/14/2019	2019 SwimRVA Summer Invitational
# 13	Women 15-18 100 Free	* 1:08.16L		2019 VSI Regional Summer Awards - LSC 2
# 21	Women 15-18 100 Breast	1:20.30L		2019 VSI Regional Summer Awards - LSC 2
# 43	Women 15-18 200 Free	* 2:26.77L		2019 VSI Regional Summer Awards - LSC 2
# 117	Women 15-18 50 Free	* 30.59L		2019 VSI Regional Summer Awards - LSC 2
# 123	Women 15-18 200 Breast	* 2:59.83L		2019 VSI Regional Summer Awards - LSC 2
Athletes cou	unt: 6			
Delaney Gib	obons (14) 3/8/2005			
# 47	Women 13-14 100 Fly	1:09.16L	5/31/2019	757swim Spring Splash 2019
# 53	Women 13-14 200 Back	2:30.99L	5/31/2019	757swim Spring Splash 2019
# 83	Women 13-14 100 Back	1:08.42L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	unt: 3			
Elizabeth Go	oodwin-Birnie (13) 10/20/2005			
# 19	Women 13-14 100 Breast	1:20.52L	7/25/2019	2019 VSI Long Course Age Group Championships
# 115	Women 13-14 50 Free	29.01L		2019 VSI Long Course Age Group Championships
	Women 13-14 200 Breast	2:56.35L	7/25/2019	2019 VSI Long Course Age Group Championships
# 121				
# 121	unt: 3			
# 121 Athletes cou				
# 121 Athletes cou	regory (10) 8/25/2008	1:06.49L	7/25/2019	2019 VSI Long Course Age Group Championships
# 121 Athletes cou Elizabeth Gr		1:06.49L 1:16.08L		2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships

WOMEN	Event	Time	Date	Meet
# 103	Women 10 & Under 400 Free	5:01.48L	7/25/2019	2019 VSI Long Course Age Group Championships
# 133	Women 10 & Under 200 IM	2:44.41L	7/25/2019	2019 VSI Long Course Age Group Championships
# 135	Women 10 & Under 50 Free	29.80L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	int: 6			
Mary Grego	ry (12) 8/16/2006			
# 15	Women 11-12 100 Breast	1:18.62L	7/25/2019	2019 VSI Long Course Age Group Championships
# 23	Women 11-12 200 Fly	2:32.08L		2019 VSI Long Course Age Group Championships
# 51	Women 11-12 200 Back	2:30.12L		2019 VSI Long Course Age Group Championships
# 87	Women 11-12 400 Free	4:44.94L		2019 VSI Long Course Age Group Championships
# 93	Women 11-12 50 Breast	36.64L		2019 VSI Long Course Age Group Championships
# 119	Women 11-12 200 Breast	2:45.41L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	int: 6			
-	(12) 10/30/2006			
# 109	Women 11-12 50 Back	34.11L		2019 HOKI May Day Invitational
# 113	Women 11-12 50 Free	* 29.85L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	int: 2			
Dagny Hudg	ins (17) 2/7/2002			
# 49	Women 15-18 100 Fly	* 1:16.32L	6/21/2019	CGBD Summer Madness LC Invitational
# 55	Women 15-18 200 Back	* 2:36.13L		Poseidon Classic 2019
# 79	Women 15-18 200 Fly	* 2:56.31L	6/21/2019	CGBD Summer Madness LC Invitational
# 85	Women 15-18 100 Back	* 1:14.33L	7/18/2019	2019 VA LC SR Championships
# 91	Women 15-18 400 Free	* 5:10.07L	5/31/2019	757swim Spring Splash 2019
# 117	Women 15-18 50 Free	* 30.64L	5/31/2019	757swim Spring Splash 2019
Athletes cou	int: 6			
Molly Ivie (1	14) 2/24/2005			
# 3	Women 13-14 200 IM	2:31.78L		757swim Spring Splash 2019
# 47	Women 13-14 100 Fly	1:09.05L		757swim Spring Splash 2019
# 53	Women 13-14 200 Back	2:29.46L		757swim Spring Splash 2019
# 77	Women 13-14 200 Fly	2:33.09L		2019 VSI Long Course Age Group Championships
# 83	Women 13-14 100 Back	1:11.42L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	ınt: 5			
Chelsey Jone	es (14) 10/6/2004 Wayne 13 14 900 Free	0.46.201	E /17 /2010	CTAT I C Invitational
	Women 13-14 100 Free	9:46.20L		STAT LC Invitational 2019 VSI Long Course Age Group Championships
# 11 # 47	Women 13-14 100 Free Women 13-14 100 Fly	1:02.99L 1:06.12L		
	ř			2019 VSI Long Course Age Group Championships
# 57 # 77	Women 13-14 400 IM	5:19.34L		2019 VSI Long Course Age Group Championships
# 77 # 89	Women 13-14 200 Fly Women 13-14 400 Free	2:25.47L 4:44.69L		2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
	Wollich 13-14-400 lice	T.TT.U/L	7/23/2017	2019 var Long Course rige droup championships

WOMEN	Event	Time	Date	Meet
Sofia Kohle	r (12) 10/19/2006			
# 75	Women 11-12 50 Fly	31.80L	7/25/2019	2019 VSI Long Course Age Group Championships
# 81	Women 11-12 100 Back	* 1:14.51L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	unt: 2			
Emma Liebl	ler (10) 1/9/2009			
# 31	Women 10 & Under 100 Free	1:11.75L	7/25/2019	2019 VSI Long Course Age Group Championships
# 35	Women 10 & Under 100 Fly	1:19.09L	7/25/2019	2019 VSI Long Course Age Group Championships
# 69	Women 10 & Under 50 Fly	33.75L	7/25/2019	2019 VSI Long Course Age Group Championships
# 101	Women 10 & Under 50 Back	38.98L	7/25/2019	2019 VSI Long Course Age Group Championships
# 135	Women 10 & Under 50 Free	32.49L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	unt: 5			
Lauren Mas	ters (14) 3/17/2005			
# 11	Women 13-14 100 Free	1:00.92L	7/25/2019	2019 VSI Long Course Age Group Championships
# 19	Women 13-14 100 Breast	1:21.74L	7/25/2019	2019 VSI Long Course Age Group Championships
# 41	Women 13-14 200 Free	2:14.79L	7/25/2019	2019 VSI Long Course Age Group Championships
# 57	Women 13-14 400 IM	5:21.30L	7/18/2019	2019 VA LC SR Championships
# 115	Women 13-14 50 Free	27.91L	7/25/2019	2019 VSI Long Course Age Group Championships
# 121	Women 13-14 200 Breast	2:54.99L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes cou	unt: 6			
	unt: 6 vo (12) 2/2/2007			
		2:37.67L	7/25/2019	2019 VSI Long Course Age Group Championships
Phoebe May	vo (12) 2/2/2007	2:37.67L 1:02.95L		2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
Phoebe May	70 (12) 2/2/2007 Women 11-12 200 IM		7/25/2019	
Phoebe May # 1 # 9	70 (12) 2/2/2007 Women 11-12 200 IM Women 11-12 100 Free	1:02.95L	7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
Phoebe May # 1 # 9 # 45	70 (12) 2/2/2007 Women 11-12 200 IM Women 11-12 100 Free Women 11-12 100 Fly	1:02.95L 1:10.46L	7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 1 # 9 # 45 # 51	70 (12) 2/2/2007 Women 11-12 200 IM Women 11-12 100 Free Women 11-12 100 Fly Women 11-12 200 Back	1:02.95L 1:10.46L 2:33.61L	7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 1 # 9 # 45 # 51 # 81 # 109	Women 11-12 200 IM Women 11-12 100 Free Women 11-12 100 Fly Women 11-12 200 Back Women 11-12 100 Back Women 11-12 50 Back	1:02.95L 1:10.46L 2:33.61L 1:09.60L	7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 1 # 9 # 45 # 51 # 81 # 109	Women 11-12 200 IM Women 11-12 100 Free Women 11-12 100 Fly Women 11-12 200 Back Women 11-12 100 Back Women 11-12 50 Back	1:02.95L 1:10.46L 2:33.61L 1:09.60L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
# 1 # 9 # 45 # 51 # 81 # 109	Women 11-12 200 IM Women 11-12 100 Free Women 11-12 100 Fly Women 11-12 200 Back Women 11-12 100 Back Women 11-12 50 Back	1:02.95L 1:10.46L 2:33.61L 1:09.60L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 1 # 9 # 45 # 51 # 81 # 109 Athletes cou	Women 11-12 200 IM Women 11-12 100 Free Women 11-12 100 Fly Women 11-12 200 Back Women 11-12 100 Back Women 11-12 50 Back Unt: 6 2 (13) 12/14/2005 Women 13-14 100 Fly Women 13-14 200 Back	1:02.95L 1:10.46L 2:33.61L 1:09.60L 32.94L 1:08.44L 2:32.28L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
# 1 # 9 # 45 # 51 # 81 # 109 Athletes cou	70 (12) 2/2/2007 Women 11-12 200 IM Women 11-12 100 Free Women 11-12 100 Fly Women 11-12 200 Back Women 11-12 100 Back Women 11-12 50 Back Unt: 6 2 (13) 12/14/2005 Women 13-14 100 Fly	1:02.95L 1:10.46L 2:33.61L 1:09.60L 32.94L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 8/8/2018	2019 VSI Long Course Age Group Championships 2018 VA Eastern Zone LC Championship
# 1 # 9 # 45 # 51 # 81 # 109 Athletes cou	Women 11-12 200 IM Women 11-12 100 Free Women 11-12 100 Fly Women 11-12 200 Back Women 11-12 100 Back Women 11-12 50 Back Unt: 6 2 (13) 12/14/2005 Women 13-14 100 Fly Women 13-14 200 Back	1:02.95L 1:10.46L 2:33.61L 1:09.60L 32.94L 1:08.44L 2:32.28L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 8/8/2018	2019 VSI Long Course Age Group Championships
# 1 # 9 # 45 # 51 # 81 # 109 Athletes cou Reily Moore # 47 # 53 # 77 # 83	Women 11-12 200 IM Women 11-12 100 Free Women 11-12 100 Fly Women 11-12 200 Back Women 11-12 100 Back Women 11-12 50 Back Unt: 6 E (13) 12/14/2005 Women 13-14 100 Fly Women 13-14 200 Back Women 13-14 200 Fly Women 13-14 100 Back	1:02.95L 1:10.46L 2:33.61L 1:09.60L 32.94L 1:08.44L 2:32.28L 2:36.51L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 8/8/2018	2019 VSI Long Course Age Group Championships 2018 VA Eastern Zone LC Championship
# 1 # 9 # 45 # 51 # 81 # 109 Athletes cou Reily Moore # 47 # 53 # 77 # 83 Athletes cou	Women 11-12 200 IM Women 11-12 100 Free Women 11-12 100 Fly Women 11-12 200 Back Women 11-12 100 Back Women 11-12 50 Back Unt: 6 E (13) 12/14/2005 Women 13-14 100 Fly Women 13-14 200 Back Women 13-14 200 Fly Women 13-14 100 Back	1:02.95L 1:10.46L 2:33.61L 1:09.60L 32.94L 1:08.44L 2:32.28L 2:36.51L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 8/8/2018	2019 VSI Long Course Age Group Championships 2018 VA Eastern Zone LC Championship
# 1 # 9 # 45 # 51 # 81 # 109 Athletes cou Reily Moore # 47 # 53 # 77 # 83 Athletes cou	Women 11-12 200 IM Women 11-12 100 Free Women 11-12 100 Fly Women 11-12 200 Back Women 11-12 100 Back Women 11-12 50 Back Unt: 6 E (13) 12/14/2005 Women 13-14 100 Fly Women 13-14 200 Back Women 13-14 200 Fly Women 13-14 100 Back Women 13-14 100 Back	1:02.95L 1:10.46L 2:33.61L 1:09.60L 32.94L 1:08.44L 2:32.28L 2:36.51L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 8/8/2018 1/19/2019	2019 VSI Long Course Age Group Championships 2018 VA Eastern Zone LC Championship
# 1 # 9 # 45 # 51 # 81 # 109 Athletes cou Reily Moore # 47 # 53 # 77 # 83 Athletes cou Grace Morg.	70 (12) 2/2/2007 Women 11-12 200 IM Women 11-12 100 Free Women 11-12 100 Fly Women 11-12 200 Back Women 11-12 100 Back Women 11-12 50 Back Unt: 6 2 (13) 12/14/2005 Women 13-14 100 Fly Women 13-14 200 Back Women 13-14 200 Fly Women 13-14 100 Back Unt: 4 an (13) 12/5/2005	1:02.95L 1:10.46L 2:33.61L 1:09.60L 32.94L 1:08.44L 2:32.28L 2:36.51L 1:11.49L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 8/8/2018 1/19/2019	2019 VSI Long Course Age Group Championships 2018 VA Eastern Zone LC Championship NOVA LC Winter Invitational
# 1 # 9 # 45 # 51 # 81 # 109 Athletes cou Reily Moore # 47 # 53 # 77 # 83 Athletes cou Grace Morga	70 (12) 2/2/2007 Women 11-12 200 IM Women 11-12 100 Free Women 11-12 100 Fly Women 11-12 200 Back Women 11-12 100 Back Women 11-12 50 Back Unt: 6 2 (13) 12/14/2005 Women 13-14 100 Fly Women 13-14 200 Back Women 13-14 200 Fly Women 13-14 100 Back Unt: 4 an (13) 12/5/2005 Women 13-14 800 Free	1:02.95L 1:10.46L 2:33.61L 1:09.60L 32.94L 1:08.44L 2:32.28L 2:36.51L 1:11.49L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 8/8/2018 1/19/2019 7/18/2019 7/18/2019	2019 VSI Long Course Age Group Championships 2018 VA Eastern Zone LC Championship NOVA LC Winter Invitational

2019 VA Eastern Zone LC Championship 07-Aug-19 to 10-Aug-19 LC Meters Virginia Swimming INC [VSI-VA]

WOMEN	Event	Time	Date	Meet
Alison Pfat	ff (14) 4/29/2005			
# 11	Women 13-14 100 Free	1:01.05L	7/25/2019	2019 VSI Long Course Age Group Championships
# 47	Women 13-14 100 Fly	1:09.38L	5/3/2019	Poseidon Classic 2019
# 53	Women 13-14 200 Back	2:27.89L	7/25/2019	2019 VSI Long Course Age Group Championships
# 83	Women 13-14 100 Back	1:05.98L	7/25/2019	2019 VSI Long Course Age Group Championships
# 115	Women 13-14 50 Free	27.40L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	ount: 5			
Andrea Ro	gerson (9) 12/8/2009			
# 35	Women 10 & Under 100 Fly	1:25.09L	5/17/2019	Freedom Splash
# 71	Women 10 & Under 100 Back	1:24.02L	6/15/2019	2019 Poseidon's Long Course Luau
# 103	Women 10 & Under 400 Free	5:30.50L	6/22/2019	2019 WAC Summer Sizzle
Athletes co	punt: 3			
Alovic Stor	shone (12) 4/12/2006			
-	ohens (13) 4/12/2006 Women 13-14 100 Fly	1.09 511	5/3/2019	Posaidon Classic 2019
# 47	Women 13-14 100 Fly	1:09.51L 2:33.62L	, ,	Poseidon Classic 2019 Freedom Splash
# 47 # 53	Women 13-14 100 Fly Women 13-14 200 Back	2:33.62L	5/17/2019	Freedom Splash
# 47	Women 13-14 100 Fly		5/17/2019 5/3/2019	
# 47 # 53 # 83	Women 13-14 100 Fly Women 13-14 200 Back Women 13-14 100 Back Women 13-14 50 Free	2:33.62L 1:10.64L	5/17/2019 5/3/2019	Freedom Splash Poseidon Classic 2019
# 47 # 53 # 83 # 115	Women 13-14 100 Fly Women 13-14 200 Back Women 13-14 100 Back Women 13-14 50 Free	2:33.62L 1:10.64L	5/17/2019 5/3/2019	Freedom Splash Poseidon Classic 2019
# 47 # 53 # 83 # 115 Athletes co	Women 13-14 100 Fly Women 13-14 200 Back Women 13-14 100 Back Women 13-14 50 Free	2:33.62L 1:10.64L	5/17/2019 5/3/2019 7/12/2019	Freedom Splash Poseidon Classic 2019
# 47 # 53 # 83 # 115 Athletes cc	Women 13-14 100 Fly Women 13-14 200 Back Women 13-14 100 Back Women 13-14 50 Free Punt: 4 tts (13) 8/22/2005	2:33.62L 1:10.64L 28.55L	5/17/2019 5/3/2019 7/12/2019 7/25/2019	Freedom Splash Poseidon Classic 2019 2019 VSI Regional Summer Awards - LSC 2
# 47 # 53 # 83 # 115 Athletes cc Chloe Swat	Women 13-14 100 Fly Women 13-14 200 Back Women 13-14 100 Back Women 13-14 50 Free Dunt: 4 tts (13) 8/22/2005 Women 13-14 800 Free	2:33.62L 1:10.64L 28.55L 9:46.05L	5/17/2019 5/3/2019 7/12/2019 7/25/2019 6/21/2019	Freedom Splash Poseidon Classic 2019 2019 VSI Regional Summer Awards - LSC 2 2019 VSI Long Course Age Group Championships

Athletes count:

4

MEN	Event	Time	Date	Meet
Leomar Av	ala (14) 8/18/2004			
# 4	Men 13-14 200 IM	2:19.93L	6/21/2019	CGBD Summer Madness LC Invitational
# 12	Men 13-14 100 Free	56.69L	7/25/2019	2019 VSI Long Course Age Group Championships
# 42	Men 13-14 200 Free	2:04.71L	7/25/2019	2019 VSI Long Course Age Group Championships
# 48	Men 13-14 100 Fly	1:02.11L	7/25/2019	2019 VSI Long Course Age Group Championships
# 90	Men 13-14 400 Free	4:27.41L		2019 VSI Long Course Age Group Championships
# 116	Men 13-14 50 Free	26.54L		2019 VSI Long Course Age Group Championships
Athletes co	ount: 6			
John Baroo	ody (14) 8/9/2004			
# 42	Men 13-14 200 Free	2:06.80L	7/25/2019	2019 VSI Long Course Age Group Championships
# 48	Men 13-14 100 Fly	1:03.89L	7/25/2019	2019 VSI Long Course Age Group Championships
# 54	Men 13-14 200 Back	2:22.73L	7/25/2019	2019 VSI Long Course Age Group Championships
# 84	Men 13-14 100 Back	1:07.82L	5/31/2019	757swim Spring Splash 2019
# 90	Men 13-14 400 Free	4:29.51L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	ount: 5			
	rowne (12) 1/9/2007			
# 2	Men 11-12 200 IM	2:26.91L		2019 VSI Long Course Age Group Championships
# 16	Men 11-12 100 Breast	1:19.80L		2019 LY June Jam
# 24	Men 11-12 200 Fly	2:28.07L	7/25/2019	2019 VSI Long Course Age Group Championships
# 46	Men 11-12 100 Fly	1:05.94L	7/25/2019	2019 VSI Long Course Age Group Championships
# 114	Men 11-12 50 Free	27.95L	5/3/2019	Poseidon Classic 2019
# 120	Men 11-12 200 Breast	2:40.16L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	ount: 6			
Aidan Cam	pbell (16) 7/19/2003			
# 18	Men 15-18 1500 Free	*20:39.84L	5/18/2019	TAC's 2019 Spring Luau
# 56	Men 15-18 200 Back	* 2:28.00L	7/18/2019	2019 VA LC SR Championships
# 60	Men 15-18 400 IM	* 5:13.18L	7/18/2019	2019 VA LC SR Championships
# 80	Men 15-18 200 Fly	* 2:42.23L	3/23/2019	2019 SEVA LC Head Start Meet
# 124	Men 15-18 200 Breast	* 2:48.53L	7/18/2019	2019 VA LC SR Championships
# 126	Men 15-18 800 Free	*10:13.62L	3/23/2019	2019 SEVA LC Head Start Meet
Athletes co	ount: 6			
Alfiletes co				
	ampbell (12) 4/15/2007			
		2:31.07L	7/25/2019	2019 VSI Long Course Age Group Championships
Spencer Ca	ampbell (12) 4/15/2007	2:31.07L 1:07.96L		2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
Spencer Ca # 24	ampbell (12) 4/15/2007 Men 11-12 200 Fly		7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
Spencer Ca # 24 # 46	mpbell (12) 4/15/2007 Men 11-12 200 Fly Men 11-12 100 Fly	1:07.96L	7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
Spencer Ca # 24 # 46 # 76 # 82	Men 11-12 200 Fly Men 11-12 100 Fly Men 11-12 50 Fly Men 11-12 100 Back	1:07.96L 30.82L	7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 24 # 46 # 76 # 82	Men 11-12 200 Fly Men 11-12 100 Fly Men 11-12 50 Fly Men 11-12 100 Back	1:07.96L 30.82L	7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 24 # 46 # 76 # 82	Men 11-12 200 Fly Men 11-12 100 Fly Men 11-12 50 Fly Men 11-12 100 Back Munt: 4	1:07.96L 30.82L	7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
Spencer Ca # 24 # 46 # 76 # 82 Athletes co	mmpbell (12) 4/15/2007 Men 11-12 200 Fly Men 11-12 100 Fly Men 11-12 50 Fly Men 11-12 100 Back Dunt: 4 Couture (14) 9/19/2004	1:07.96L 30.82L 1:12.58L	7/25/2019 7/25/2019 7/25/2019 6/21/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
Spencer Ca # 24 # 46 # 76 # 82 Athletes co Radomyr C # 12	mmpbell (12) 4/15/2007 Men 11-12 200 Fly Men 11-12 100 Fly Men 11-12 50 Fly Men 11-12 100 Back Dunt: 4 Couture (14) 9/19/2004 Men 13-14 100 Free	1:07.96L 30.82L 1:12.58L	7/25/2019 7/25/2019 7/25/2019 6/21/2019 6/21/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships CGBD Summer Madness LC Invitational

MEN	Event	Time	Date	Meet
# 116	Men 13-14 50 Free	25.99L	6/21/2019	CGBD Summer Madness LC Invitational
Athletes co	unt: 5			
Paul Datov	ech (16) 4/11/2003			
# 6	Men 15-18 200 IM	* 2:29.97L	6/14/2019	2019 SwimRVA Summer Invitational
# 50	Men 15-18 100 Fly	* 1:08.17L	5/17/2019	Freedom Splash
# 56	Men 15-18 200 Back	* 2:23.59L	6/14/2019	2019 SwimRVA Summer Invitational
# 86	Men 15-18 100 Back	1:04.13L	7/18/2019	2019 VA LC SR Championships
Athletes co	unt: 4			
Thomas Di	nes (14) 1/9/2005			
# 12	Men 13-14 100 Free	56.62L	6/21/2019	CGBD Summer Madness LC Invitational
# 42	Men 13-14 200 Free	2:04.22L	7/25/2019	2019 VSI Long Course Age Group Championships
# 78	Men 13-14 200 Fly	2:24.35L	5/31/2019	757swim Spring Splash 2019
# 84	Men 13-14 100 Back	1:07.19L	7/25/2019	2019 VSI Long Course Age Group Championships
# 90	Men 13-14 400 Free	4:29.93L	5/31/2019	757swim Spring Splash 2019
# 116	Men 13-14 50 Free	25.92L	6/21/2019	CGBD Summer Madness LC Invitational
Athletes co	unt: 6			
Logan Euke	er (16) 5/30/2003			
# 14	Men 15-18 100 Free	56.17L	7/12/2019	2019 VSI Regional Summer Awards - LSC 2
# 22	Men 15-18 100 Breast	* 1:16.16L	7/12/2019	2019 VSI Regional Summer Awards - LSC 2
# 44	Men 15-18 200 Free	2:03.37L	7/12/2019	2019 VSI Regional Summer Awards - LSC 2
# 92	Men 15-18 400 Free	* 4:31.39L	7/12/2019	2019 VSI Regional Summer Awards - LSC 2
# 118	Men 15-18 50 Free	25.40L		2019 VSI Regional Summer Awards - LSC 2
# 124	Men 15-18 200 Breast	* 2:43.68L	7/12/2019	2019 VSI Regional Summer Awards - LSC 2
Athletes co	unt: 6			
Joshua Fari	nsworth (10) 8/14/2008			
# 32	Men 10 & Under 100 Free	1:11.34L	, ,	2019 VSI Long Course Age Group Championships
# 36	Men 10 & Under 100 Fly	1:16.80L		2019 VSI Long Course Age Group Championships
# 68	Men 10 & Under 200 Free	2:34.03L		2019 VSI Long Course Age Group Championships
# 70	Men 10 & Under 50 Fly	34.88L		2019 VSI Long Course Age Group Championships
# 102	Men 10 & Under 50 Back	38.77L		2019 SwimRVA Summer Invitational
# 136 Athletes co	Men 10 & Under 50 Free unt: 6	32.69L	5/31/2019	757swim Spring Splash 2019
	nklin (15) 6/22/2004	* 1 15 001	7/10/2010	2010 VALC CD Championships
# 22 # 50	Men 15-18 100 Breast Men 15-18 100 Fly	* 1:15.80L 1:03.29L		2019 VA LC SR Championships 2019 VA LC SR Championships
# 60	Men 15-18 400 IM	* 5:20.15L		Poseidon Classic 2019
# 80	Men 15-18 400 M Men 15-18 200 Fly	* 2:46.24L		TAC's 2019 Spring Luau
# 86	Men 15-18 200 Fiy Men 15-18 100 Back	* 1:11.77L		TAC's 2019 Spring Luau
# 118	Men 15-18 50 Free	26.93L		CGBD Summer Madness LC Invitational
# 1 1				

MEN	Event	Time	Date	Meet
Benjamin F	Franks (10) 8/8/2008			
# 32	Men 10 & Under 100 Free	1:10.70L	7/25/2019	2019 VSI Long Course Age Group Championships
# 36	Men 10 & Under 100 Fly	1:19.79L	7/25/2019	2019 VSI Long Course Age Group Championships
# 70	Men 10 & Under 50 Fly	35.27L	6/15/2019	2019 Poseidon's Long Course Luau
# 72	Men 10 & Under 100 Back	1:20.93L	6/15/2019	2019 Poseidon's Long Course Luau
# 102	Men 10 & Under 50 Back	38.05L	7/25/2019	2019 VSI Long Course Age Group Championships
# 136	Men 10 & Under 50 Free	31.98L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	unt: 6			
Alex Gertne	er (12) 8/14/2006			
# 10	Men 11-12 100 Free	1:02.71L	7/25/2019	2019 VSI Long Course Age Group Championships
# 46	Men 11-12 100 Fly	1:06.75L	7/25/2019	2019 VSI Long Course Age Group Championships
# 76	Men 11-12 50 Fly	29.43L	7/25/2019	2019 VSI Long Course Age Group Championships
# 82	Men 11-12 100 Back	1:07.61L	5/31/2019	757swim Spring Splash 2019
# 110	Men 11-12 50 Back	30.59L	7/25/2019	2019 VSI Long Course Age Group Championships
# 114	Men 11-12 50 Free	27.97L		2019 VSI Long Course Age Group Championships
Athletes co	unt: 6			
William Gla	ass (14) 10/18/2004			
# 12	Men 13-14 100 Free	58.82L	7/25/2019	2019 VSI Long Course Age Group Championships
# 90	Men 13-14 400 Free	4:31.95L	7/25/2019	2019 VSI Long Course Age Group Championships
# 112	Men 13-14 1500 Free	18:02.89L	7/25/2019	2019 VSI Long Course Age Group Championships
# 116	Men 13-14 50 Free	27.24L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	unt: 4			
Benjamin (Gordon (14) 8/17/2004			
# 4	Men 13-14 200 IM	2:12.62L	7/25/2019	2019 VSI Long Course Age Group Championships
#8	Men 13-14 800 Free	9:04.10L	1/19/2019	NOVA LC Winter Invitational
# 42	Men 13-14 200 Free	2:02.30L	7/25/2019	2019 VSI Long Course Age Group Championships
# 58	Men 13-14 400 IM	4:51.99L	1/19/2019	NOVA LC Winter Invitational
# 84	Men 13-14 100 Back	1:01.11L	7/25/2019	2019 VSI Long Course Age Group Championships
# 90	Men 13-14 400 Free	4:21.42L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	unt: 6			
William Gr	egory (14) 11/17/2004			
# 8	Men 13-14 800 Free	9:22.80L	7/25/2019	2019 VSI Long Course Age Group Championships
# 48	Men 13-14 100 Fly	1:04.74L	6/14/2019	2019 NC TAC TYR Triangle Classic
# 78	Men 13-14 200 Fly	2:22.85L	7/25/2019	2019 VSI Long Course Age Group Championships
# 112	Men 13-14 1500 Free	17:50.91L	7/25/2019	2019 VSI Long Course Age Group Championships
# 116	Men 13-14 50 Free	27.29L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	unt: 5			
Ryan Griffi	th (12) 10/2/2006			
Ryan Griffi	th (12) 10/2/2006 Men 11-12 100 Free	1:01.50L	7/25/2019	2019 VSI Long Course Age Group Championships
-		1:01.50L 2:15.29L		2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 10	Men 11-12 100 Free		7/25/2019	

	Event	Time	Date	Meet
# 110	Men 11-12 50 Back	32.08L	7/25/2019	2019 VSI Long Course Age Group Championships
# 114	Men 11-12 50 Free	28.16L	7/25/2019	2019 VSI Long Course Age Group Championships
thletes co	unt: 6			
Aiden Hall	(14) 5/24/2005			
# 12	Men 13-14 100 Free	58.16L	7/25/2019	2019 VSI Long Course Age Group Championships
# 42	Men 13-14 200 Free	2:05.21L	7/25/2019	2019 VSI Long Course Age Group Championships
# 48	Men 13-14 100 Fly	1:03.49L	6/14/2019	2019 SwimRVA Summer Invitational
# 78	Men 13-14 200 Fly	2:23.36L	7/25/2019	2019 VSI Long Course Age Group Championships
# 90	Men 13-14 400 Free	4:30.24L	7/25/2019	2019 VSI Long Course Age Group Championships
# 112	Men 13-14 1500 Free	17:58.74L	6/14/2019	2019 SwimRVA Summer Invitational
thletes co	unt: 6			
Charlie Ha	rrington (10) 5/15/2009			
# 32	Men 10 & Under 100 Free	1:09.52L	7/25/2019	2019 VSI Long Course Age Group Championships
# 70	Men 10 & Under 50 Fly	34.27L	7/25/2019	2019 VSI Long Course Age Group Championships
# 72	Men 10 & Under 100 Back	1:14.97L	7/25/2019	2019 VSI Long Course Age Group Championships
# 102	Men 10 & Under 50 Back	34.47L	7/25/2019	2019 VSI Long Course Age Group Championships
# 134	Men 10 & Under 200 IM	2:49.04L	7/25/2019	2019 VSI Long Course Age Group Championships
# 136	Men 10 & Under 50 Free	31.58L	7/25/2019	2019 VSI Long Course Age Group Championships
William Ha # 34 # 106	rtig (10) 11/6/2008 Men 10 & Under 50 Breast Men 10 & Under 100 Breast	42.96L 1:31.53L		2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 34 # 106	Men 10 & Under 50 Breast Men 10 & Under 100 Breast			
# 34 # 106 Athletes co	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006	1:31.53L	7/25/2019	2019 VSI Long Course Age Group Championships
# 34 # 106 thletes co Travis Hitt # 2	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006 Men 11-12 200 IM	1:31.53L 2:30.32L	7/25/2019 5/3/2019	2019 VSI Long Course Age Group Championships Poseidon Classic 2019
# 34 # 106 thletes co Travis Hitt # 2 # 16	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006 Men 11-12 200 IM Men 11-12 100 Breast	1:31.53L 2:30.32L 1:16.04L	7/25/2019 5/3/2019 7/25/2019	2019 VSI Long Course Age Group Championships Poseidon Classic 2019 2019 VSI Long Course Age Group Championships
# 34 # 106 thletes co Travis Hitt # 2 # 16 # 40	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006 Men 11-12 200 IM Men 11-12 100 Breast Men 11-12 200 Free	1:31.53L 2:30.32L 1:16.04L 2:10.17L	7/25/2019 5/3/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships Poseidon Classic 2019 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 34 # 106 thletes co Travis Hitt # 2 # 16 # 40 # 52	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006 Men 11-12 200 IM Men 11-12 100 Breast Men 11-12 200 Free Men 11-12 200 Back	1:31.53L 2:30.32L 1:16.04L 2:10.17L 2:25.44L	7/25/2019 5/3/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships Poseidon Classic 2019 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 34 # 106 thletes co Travis Hitt # 2 # 16 # 40 # 52 # 88	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006 Men 11-12 200 IM Men 11-12 100 Breast Men 11-12 200 Free Men 11-12 200 Back Men 11-12 400 Free	1:31.53L 2:30.32L 1:16.04L 2:10.17L 2:25.44L 4:34.16L	7/25/2019 5/3/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships Poseidon Classic 2019 2019 VSI Long Course Age Group Championships
# 34 # 106 *thletes co Travis Hitt # 2 # 16 # 40 # 52 # 88 # 120	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006 Men 11-12 200 IM Men 11-12 100 Breast Men 11-12 200 Free Men 11-12 200 Back Men 11-12 400 Free Men 11-12 200 Breast	1:31.53L 2:30.32L 1:16.04L 2:10.17L 2:25.44L	7/25/2019 5/3/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships Poseidon Classic 2019 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 34 # 106 Athletes co Travis Hitt # 2 # 16 # 40 # 52 # 88 # 120	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006 Men 11-12 200 IM Men 11-12 100 Breast Men 11-12 200 Free Men 11-12 200 Back Men 11-12 400 Free Men 11-12 200 Breast	1:31.53L 2:30.32L 1:16.04L 2:10.17L 2:25.44L 4:34.16L	7/25/2019 5/3/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships Poseidon Classic 2019 2019 VSI Long Course Age Group Championships
# 34 # 106 Athletes co Travis Hitt # 2 # 16 # 40 # 52 # 88 # 120 Athletes co	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006	1:31.53L 2:30.32L 1:16.04L 2:10.17L 2:25.44L 4:34.16L 2:44.06L	5/3/2019 5/3/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	Poseidon Classic 2019 2019 VSI Long Course Age Group Championships
# 34 # 106 **thletes co Travis Hitt # 2 # 16 # 40 # 52 # 88 # 120 **thletes co Joshua Hoo # 16	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006	1:31.53L 2:30.32L 1:16.04L 2:10.17L 2:25.44L 4:34.16L 2:44.06L	7/25/2019 5/3/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	Poseidon Classic 2019 2019 VSI Long Course Age Group Championships
# 34 # 106 thletes co Travis Hitt # 2 # 16 # 40 # 52 # 88 # 120 thletes co # 16 # 94	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006	1:31.53L 2:30.32L 1:16.04L 2:10.17L 2:25.44L 4:34.16L 2:44.06L 1:22.93L 35.87L	7/25/2019 5/3/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 6/21/2019 7/25/2019	Poseidon Classic 2019 2019 VSI Long Course Age Group Championships
# 34 # 106 thletes co Travis Hitt # 2 # 16 # 40 # 52 # 88 # 120 thletes co # 16 # 94 # 114	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006 Men 11-12 200 IM Men 11-12 100 Breast Men 11-12 200 Free Men 11-12 200 Back Men 11-12 400 Free Men 11-12 200 Breast unt: 6 lges (12) 3/15/2007 Men 11-12 100 Breast Men 11-12 50 Breast Men 11-12 50 Free	1:31.53L 2:30.32L 1:16.04L 2:10.17L 2:25.44L 4:34.16L 2:44.06L 1:22.93L 35.87L 29.15L	5/3/2019 5/3/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 6/21/2019 7/25/2019 6/21/2019	Poseidon Classic 2019 2019 VSI Long Course Age Group Championships 2019 LY June Jam 2019 VSI Long Course Age Group Championships
# 34 # 106 Athletes co Travis Hitt # 2 # 16 # 40 # 52 # 88 # 120 Athletes co Joshua Hoo # 16 # 94 # 114 # 120	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006	1:31.53L 2:30.32L 1:16.04L 2:10.17L 2:25.44L 4:34.16L 2:44.06L 1:22.93L 35.87L	5/3/2019 5/3/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 6/21/2019 7/25/2019 6/21/2019	Poseidon Classic 2019 2019 VSI Long Course Age Group Championships
# 34 # 106 Athletes co Travis Hitt # 2 # 16 # 40 # 52 # 88 # 120 Athletes co Joshua Hoo # 16 # 94 # 114 # 120	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006	1:31.53L 2:30.32L 1:16.04L 2:10.17L 2:25.44L 4:34.16L 2:44.06L 1:22.93L 35.87L 29.15L	5/3/2019 5/3/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 6/21/2019 7/25/2019 6/21/2019	Poseidon Classic 2019 2019 VSI Long Course Age Group Championships 2019 LY June Jam 2019 VSI Long Course Age Group Championships
# 34 # 106 Athletes co Travis Hitt # 2 # 16 # 40 # 52 # 88 # 120 Athletes co Joshua Hoo # 16 # 94 # 114 # 120 Athletes co Trent Holla	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006	1:31.53L 2:30.32L 1:16.04L 2:10.17L 2:25.44L 4:34.16L 2:44.06L 1:22.93L 35.87L 29.15L 2:56.39L	5/3/2019 5/3/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 6/21/2019 6/21/2019 5/31/2019	Poseidon Classic 2019 2019 VSI Long Course Age Group Championships 2019 LY June Jam 2019 VSI Long Course Age Group Championships 2019 LY June Jam 757swim Spring Splash 2019
# 34 # 106 Athletes co Travis Hitt # 2 # 16 # 40 # 52 # 88 # 120 Athletes co Joshua Hoo # 16 # 94 # 114 # 120	Men 10 & Under 50 Breast Men 10 & Under 100 Breast unt: 2 (12) 10/11/2006	1:31.53L 2:30.32L 1:16.04L 2:10.17L 2:25.44L 4:34.16L 2:44.06L 1:22.93L 35.87L 29.15L	5/3/2019 5/3/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 6/21/2019 6/21/2019 5/31/2019	Poseidon Classic 2019 2019 VSI Long Course Age Group Championships 2019 LY June Jam 2019 VSI Long Course Age Group Championships

MEN	Event	Time	Date	Meet
# 94	Men 11-12 50 Breast	36.69L	7/25/2019	2019 VSI Long Course Age Group Championships
# 110	Men 11-12 50 Back	33.29L	7/25/2019	2019 VSI Long Course Age Group Championships
# 114	Men 11-12 50 Free	29.17L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	unt: 5			
Matthew Je	nsen (12) 3/15/2007			
# 10	Men 11-12 100 Free	1:03.62L	6/15/2019	2019 Poseidon's Long Course Luau
# 46	Men 11-12 100 Fly	1:10.20L	6/21/2019	2019 Winchester Long Course Invitational
# 76	Men 11-12 50 Fly	31.04L	5/3/2019	2019 Jeff Rouse Invitational
# 94	Men 11-12 50 Breast	38.05L	6/15/2019	2019 Poseidon's Long Course Luau
# 110	Men 11-12 50 Back	33.60L	6/15/2019	2019 Poseidon's Long Course Luau
# 114	Men 11-12 50 Free	28.16L	6/15/2019	2019 Poseidon's Long Course Luau
Athletes co	unt: 6			
Parker Kna	pp (10) 9/25/2008			
# 32	Men 10 & Under 100 Free	1:08.04L	7/25/2019	2019 VSI Long Course Age Group Championships
# 68	Men 10 & Under 200 Free	2:30.86L	7/25/2019	2019 VSI Long Course Age Group Championships
# 70	Men 10 & Under 50 Fly	34.08L	7/25/2019	2019 VSI Long Course Age Group Championships
# 72	Men 10 & Under 100 Back	1:20.54L	7/25/2019	2019 VSI Long Course Age Group Championships
# 104	Men 10 & Under 400 Free	5:15.65L	7/25/2019	2019 VSI Long Course Age Group Championships
# 136	Men 10 & Under 50 Free	31.07L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	unt: 6			
tanotoc co				
	aril (14) 2/24/2005			
	aril (14) 2/24/2005 Men 13-14 800 Free	9:13.84L	7/25/2019	2019 VSI Long Course Age Group Championships
Colin Mama	. , , ,	9:13.84L 1:04.40L		2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
Colin Mama	Men 13-14 800 Free		7/25/2019	
Colin Mama # 8 # 48	Men 13-14 800 Free Men 13-14 100 Fly	1:04.40L	7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
Colin Mama # 8 # 48 # 78	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly	1:04.40L 2:20.51L	7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
Colin Mama # 8 # 48 # 78 # 90 # 116	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly Men 13-14 400 Free Men 13-14 50 Free	1:04.40L 2:20.51L 4:24.53L	7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 8 # 48 # 78 # 90 # 116 Athletes co	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly Men 13-14 400 Free Men 13-14 50 Free	1:04.40L 2:20.51L 4:24.53L	7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 8 # 48 # 78 # 90 # 116	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly Men 13-14 400 Free Men 13-14 50 Free	1:04.40L 2:20.51L 4:24.53L	7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 8 # 48 # 78 # 90 # 116 Athletes co	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly Men 13-14 400 Free Men 13-14 50 Free Men 13-14 50 Free Maril (12) 9/7/2006	1:04.40L 2:20.51L 4:24.53L 26.35L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
# 8 # 48 # 78 # 90 # 116 Athletes co	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly Men 13-14 400 Free Men 13-14 50 Free Men 13-14 50 Free aril (12) 9/7/2006 Men 11-12 200 IM	1:04.40L 2:20.51L 4:24.53L 26.35L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
# 8 # 48 # 48 # 90 # 116 Athletes co Kevin Mam # 2 # 10	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly Men 13-14 400 Free Men 13-14 50 Free Men 13-14 50 Free aril (12) 9/7/2006 Men 11-12 200 IM Men 11-12 100 Free	1:04.40L 2:20.51L 4:24.53L 26.35L 2:32.92L 1:02.87L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
# 8 # 48 # 48 # 78 # 90 # 116 # 2 # 10 # 16	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly Men 13-14 400 Free Men 13-14 50 Free Men 13-14 50 Free aril (12) 9/7/2006 Men 11-12 200 IM Men 11-12 100 Free Men 11-12 100 Breast	1:04.40L 2:20.51L 4:24.53L 26.35L 2:32.92L 1:02.87L 1:19.40L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
Colin Mam: # 8 # 48 # 78 # 90 # 116 Athletes co Kevin Mam # 2 # 10 # 16 # 88	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly Men 13-14 400 Free Men 13-14 50 Free Men 13-14 50 Free aril (12) 9/7/2006 Men 11-12 200 IM Men 11-12 100 Free Men 11-12 100 Breast Men 11-12 400 Free	1:04.40L 2:20.51L 4:24.53L 26.35L 2:32.92L 1:02.87L 1:19.40L 4:51.17L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
# 8 # 48 # 78 # 90 # 116 # 16 # 88 # 114 # 120	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly Men 13-14 400 Free Men 13-14 50 Free Men 13-14 50 Free Unt: 5 aril (12) 9/7/2006 Men 11-12 200 IM Men 11-12 100 Free Men 11-12 100 Breast Men 11-12 400 Free Men 11-12 50 Free Men 11-12 200 Breast	1:04.40L 2:20.51L 4:24.53L 26.35L 2:32.92L 1:02.87L 1:19.40L 4:51.17L 28.43L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
Colin Mam: # 8 # 48 # 78 # 90 # 116 Athletes co Kevin Mam # 2 # 10 # 16 # 88 # 114 # 120 Athletes co	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly Men 13-14 400 Free Men 13-14 50 Free Men 13-14 50 Free Unt: 5 aril (12) 9/7/2006 Men 11-12 200 IM Men 11-12 100 Free Men 11-12 100 Breast Men 11-12 400 Free Men 11-12 50 Free Men 11-12 200 Breast	1:04.40L 2:20.51L 4:24.53L 26.35L 2:32.92L 1:02.87L 1:19.40L 4:51.17L 28.43L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
# 8 # 48 # 48 # 78 # 90 # 116 Athletes co Kevin Mam # 2 # 10 # 16 # 88 # 114 # 120 Athletes co	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly Men 13-14 400 Free Men 13-14 50 Free Men 13-14 50 Free Unt: 5 aril (12) 9/7/2006 Men 11-12 200 IM Men 11-12 100 Free Men 11-12 100 Breast Men 11-12 400 Free Men 11-12 50 Free Men 11-12 200 Breast Men 11-12 200 Breast Men 11-12 200 Breast	1:04.40L 2:20.51L 4:24.53L 26.35L 2:32.92L 1:02.87L 1:19.40L 4:51.17L 28.43L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
# 8 # 48 # 48 # 90 # 116 Athletes co Kevin Mam # 2 # 10 # 16 # 88 # 114 # 120 Athletes co Aidin Mum	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly Men 13-14 400 Free Men 13-14 50 Free Men 13-14 50 Free Unt: 5 aril (12) 9/7/2006 Men 11-12 200 IM Men 11-12 100 Free Men 11-12 100 Breast Men 11-12 400 Free Men 11-12 50 Free Men 11-12 200 Breast Unt: 6 inovic (10) 2/20/2009	1:04.40L 2:20.51L 4:24.53L 26.35L 2:32.92L 1:02.87L 1:19.40L 4:51.17L 28.43L 2:53.99L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
# 8 # 48 # 48 # 78 # 90 # 116 Athletes co Kevin Mam # 2 # 10 # 16 # 88 # 114 # 120 Athletes co Aidin Mum # 32	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly Men 13-14 400 Free Men 13-14 50 Free Men 13-14 50 Free Unt: 5 aril (12) 9/7/2006 Men 11-12 200 IM Men 11-12 100 Free Men 11-12 100 Breast Men 11-12 50 Free Men 11-12 50 Free Men 11-12 200 Breast unt: 6 inovic (10) 2/20/2009 Men 10 & Under 100 Free	1:04.40L 2:20.51L 4:24.53L 26.35L 2:32.92L 1:02.87L 1:19.40L 4:51.17L 28.43L 2:53.99L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
Colin Mam: # 8 # 48 # 78 # 90 # 116 Athletes co Kevin Mam # 2 # 10 # 16 # 88 # 114 # 120 Athletes co Aidin Mum # 32 # 34	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly Men 13-14 400 Free Men 13-14 50 Free Men 13-14 50 Free Unt: 5 aril (12) 9/7/2006 Men 11-12 200 IM Men 11-12 100 Free Men 11-12 100 Breast Men 11-12 50 Free Men 11-12 50 Free Men 11-12 50 Breast unt: 6 inovic (10) 2/20/2009 Men 10 & Under 100 Free Men 10 & Under 50 Breast	1:04.40L 2:20.51L 4:24.53L 26.35L 26.35L 2:32.92L 1:02.87L 1:19.40L 4:51.17L 28.43L 2:53.99L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 6/7/2019	2019 VSI Long Course Age Group Championships
Colin Mam: # 8 # 48 # 78 # 90 # 116 Athletes co Kevin Mam # 2 # 10 # 16 # 88 # 114 # 120 Athletes co Aidin Mum # 32 # 34 # 68	Men 13-14 800 Free Men 13-14 100 Fly Men 13-14 200 Fly Men 13-14 400 Free Men 13-14 50 Free Men 13-14 50 Free Unt: 5 aril (12) 9/7/2006 Men 11-12 200 IM Men 11-12 100 Free Men 11-12 100 Breast Men 11-12 50 Free Men 11-12 50 Free Men 11-12 50 Free Men 11-10 Breast Men 11-10 Free Men 10 & Under 100 Free Men 10 & Under 50 Breast Men 10 & Under 200 Free	1:04.40L 2:20.51L 4:24.53L 26.35L 2:32.92L 1:02.87L 1:19.40L 4:51.17L 28.43L 2:53.99L	7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 7/25/2019 5/17/2019 5/17/2019	2019 VSI Long Course Age Group Championships

MEN	Event	Time	Date	Meet
Athletes co	unt: 6			
Harrison No	euhaus (14) 5/23/2005			
# 4	Men 13-14 200 IM	2:21.07L	7/25/2019	2019 VSI Long Course Age Group Championships
# 20	Men 13-14 100 Breast	1:12.74L	7/25/2019	2019 VSI Long Course Age Group Championships
# 48	Men 13-14 100 Fly	1:03.52L	7/25/2019	2019 VSI Long Course Age Group Championships
# 54	Men 13-14 200 Back	2:22.73L	7/25/2019	2019 VSI Long Course Age Group Championships
# 84	Men 13-14 100 Back	1:04.84L	7/25/2019	2019 VSI Long Course Age Group Championships
# 116	Men 13-14 50 Free	26.97L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	unt: 6			
Jorge Oque	ndo (12) 10/19/2006			
# 16	Men 11-12 100 Breast	1:19.75L	5/31/2019	757swim Spring Splash 2019
# 76	Men 11-12 50 Fly	30.81L	7/25/2019	2019 VSI Long Course Age Group Championships
# 94	Men 11-12 50 Breast	36.07L	5/31/2019	757swim Spring Splash 2019
# 120	Men 11-12 200 Breast	2:55.00L	5/31/2019	757swim Spring Splash 2019
Athletes co	unt: 4			
Andrey Rad	lkevich (12) 1/13/2007			
# 10	Men 11-12 100 Free	1:03.03L	7/25/2019	2019 VSI Long Course Age Group Championships
# 16	Men 11-12 100 Breast	1:23.68L	5/3/2019	2019 TIDE Wipe Out Speedo Challenge
# 94	Men 11-12 50 Breast	36.38L	7/25/2019	2019 VSI Long Course Age Group Championships
# 110	Men 11-12 50 Back	34.19L	7/25/2019	2019 VSI Long Course Age Group Championships
# 114	Men 11-12 50 Free	28.26L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	unt: 5			
Cooper Red	fern (9) 9/23/2009			
# 72	Men 10 & Under 100 Back	1:19.80L	7/25/2019	2019 VSI Long Course Age Group Championships
# 102	Men 10 & Under 50 Back	37.03L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	unt: 2			
-	lge (12) 11/1/2006			
# 16	Men 11-12 100 Breast	1:19.13L		2019 VSI Long Course Age Group Championships
# 94	Men 11-12 50 Breast	34.89L		2019 NBAC Long Course Championships
# 120	Men 11-12 200 Breast	2:46.03L	6/7/2019	2019 NBAC Long Course Championships
Athletes co	unt: 3			
Ian Rodgers	s (14) 4/26/2005			
#8	Men 13-14 800 Free	9:16.66L	7/25/2019	2019 VSI Long Course Age Group Championships
# 42	Men 13-14 200 Free	2:05.84L	7/25/2019	2019 VSI Long Course Age Group Championships
# 54	Men 13-14 200 Back	2:21.29L	7/25/2019	2019 VSI Long Course Age Group Championships
# 78	Men 13-14 200 Fly	2:16.31L	7/25/2019	2019 VSI Long Course Age Group Championships
	Man 12 14 400 Enga	4:25.90L	7/25/2019	2019 VSI Long Course Age Group Championships
# 90	Men 13-14 400 Free	1.23.702	,,20,2013	6

MEN	Event	Time	Date	Meet
Athletes co	ount: 6			
Troy Salpe	ter (10) 10/6/2008			
# 32	Men 10 & Under 100 Free	1:11.19L	7/25/2019	2019 VSI Long Course Age Group Championships
# 34	Men 10 & Under 50 Breast	42.20L	7/25/2019	2019 VSI Long Course Age Group Championships
# 68	Men 10 & Under 200 Free	2:32.64L	7/25/2019	2019 VSI Long Course Age Group Championships
# 104	Men 10 & Under 400 Free	5:22.97L	7/25/2019	2019 VSI Long Course Age Group Championships
# 106	Men 10 & Under 100 Breast	1:35.52L	7/25/2019	2019 VSI Long Course Age Group Championships
# 136	Men 10 & Under 50 Free	32.19L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	ount: 6			
Maxwell So	chonfelder (12) 10/5/2006			
# 16	Men 11-12 100 Breast	1:16.11L	7/25/2019	2019 VSI Long Course Age Group Championships
# 46	Men 11-12 100 Fly	1:09.35L	7/25/2019	2019 VSI Long Course Age Group Championships
# 76	Men 11-12 50 Fly	30.29L	7/25/2019	2019 VSI Long Course Age Group Championships
# 94	Men 11-12 50 Breast	35.09L	7/25/2019	2019 VSI Long Course Age Group Championships
# 114	Men 11-12 50 Free	28.37L	7/25/2019	2019 VSI Long Course Age Group Championships
# 120	Men 11-12 200 Breast	2:56.24L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	ount: 6			
Alexander	Schreck (14) 9/10/2004			
#8	Men 13-14 800 Free	9:06.14L	7/25/2019	2019 VSI Long Course Age Group Championships
# 42	Men 13-14 200 Free	2:03.67L	7/25/2019	2019 VSI Long Course Age Group Championships
# 48	Men 13-14 100 Fly	1:01.49L	7/25/2019	2019 VSI Long Course Age Group Championships
# 78	Men 13-14 200 Fly	2:15.57L	7/25/2019	2019 VSI Long Course Age Group Championships
# 90	Men 13-14 400 Free	4:24.04L	7/25/2019	2019 VSI Long Course Age Group Championships
# 112	Men 13-14 1500 Free	17:23.44L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	ount: 6			
Alexavier S	Schwabe (15) 1/19/2004			
# 6	Men 15-18 200 IM	* 2:23.69L	6/21/2019	2019 FL BSS TYR Summer Classic
# 14	Men 15-18 100 Free	56.64L	7/18/2019	2019 VA LC SR Championships
# 18	Men 15-18 1500 Free	17:38.37L	7/18/2019	2019 VA LC SR Championships
# 44	Men 15-18 200 Free	2:00.82L	7/18/2019	2019 VA LC SR Championships
# 92	Men 15-18 400 Free	4:21.59L	7/18/2019	2019 VA LC SR Championships
# 126	Men 15-18 800 Free	9:05.95L	7/18/2019	2019 VA LC SR Championships
Athletes co	ount: 6			
Jack Smith	(14) 1/17/2005			
# 4	Men 13-14 200 IM	2:21.50L	7/25/2019	2019 VSI Long Course Age Group Championships
	Men 13-14 100 Breast	1:10.00L	7/25/2019	2019 VSI Long Course Age Group Championships
# 20	Field 15 11 100 Breast			
	Men 13-14 400 IM	4:55.02L	7/25/2019	2019 VSI Long Course Age Group Championships
# 20		4:55.02L 4:30.62L		2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 20 # 58	Men 13-14 400 IM		7/25/2019	

MEN	Event	Time	Date	Meet
Athletes co	ount: 6			
Brandon T	emple (14) 1/20/2005			
# 12	Men 13-14 100 Free	57.21L	7/25/2019	2019 VSI Long Course Age Group Championships
# 42	Men 13-14 200 Free	2:06.83L	7/25/2019	2019 VSI Long Course Age Group Championships
# 48	Men 13-14 100 Fly	1:02.87L	7/25/2019	2019 VSI Long Course Age Group Championships
# 78	Men 13-14 200 Fly	2:21.30L	6/21/2019	CGBD Summer Madness LC Invitational
# 116	Men 13-14 50 Free	26.24L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	ount: 5			
John VanSl	yke (12) 9/6/2006			
# 24	Men 11-12 200 Fly	2:39.30L	7/25/2019	2019 VSI Long Course Age Group Championships
# 40	Men 11-12 200 Free	2:16.38L	7/25/2019	2019 VSI Long Course Age Group Championships
# 46	Men 11-12 100 Fly	1:11.18L		2019 VSI Long Course Age Group Championships
# 88	Men 11-12 400 Free	4:44.69L	7/25/2019	2019 VSI Long Course Age Group Championships
Athletes co	ount: 4			
	ount: 4 agiris (14) 4/8/2005			
		2:20.11L	7/25/2019	2019 VSI Long Course Age Group Championships
Paul Warn	agiris (14) 4/8/2005	2:20.11L 1:13.12L		2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
Paul Warn # 4	agiris (14) 4/8/2005 Men 13-14 200 IM		7/25/2019	
Paul Warn # 4 # 20	agiris (14) 4/8/2005 Men 13-14 200 IM Men 13-14 100 Breast	1:13.12L	7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships
Paul Warn # 4 # 20 # 58	agiris (14) 4/8/2005 Men 13-14 200 IM Men 13-14 100 Breast Men 13-14 400 IM	1:13.12L 4:55.19L	7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
Paul Warn # 4 # 20 # 58 # 90	agiris (14) 4/8/2005 Men 13-14 200 IM Men 13-14 100 Breast Men 13-14 400 IM Men 13-14 400 Free	1:13.12L 4:55.19L 4:29.78L	7/25/2019 7/25/2019 7/25/2019 7/18/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
# 4 # 20 # 58 # 90 # 112	agiris (14) 4/8/2005 Men 13-14 200 IM Men 13-14 100 Breast Men 13-14 400 IM Men 13-14 400 Free Men 13-14 1500 Free Men 13-14 200 Breast	1:13.12L 4:55.19L 4:29.78L 17:47.64L	7/25/2019 7/25/2019 7/25/2019 7/18/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VA LC SR Championships
Paul Warn # 4 # 20 # 58 # 90 # 112 # 122	agiris (14) 4/8/2005 Men 13-14 200 IM Men 13-14 100 Breast Men 13-14 400 IM Men 13-14 400 Free Men 13-14 1500 Free Men 13-14 200 Breast	1:13.12L 4:55.19L 4:29.78L 17:47.64L	7/25/2019 7/25/2019 7/25/2019 7/18/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VA LC SR Championships
# 4 # 20 # 58 # 90 # 112 # 122	Agiris (14) 4/8/2005 Men 13-14 200 IM Men 13-14 100 Breast Men 13-14 400 IM Men 13-14 400 Free Men 13-14 1500 Free Men 13-14 200 Breast	1:13.12L 4:55.19L 4:29.78L 17:47.64L	7/25/2019 7/25/2019 7/25/2019 7/18/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VA LC SR Championships
Paul Warn # 4 # 20 # 58 # 90 # 112 # 122 Athletes co	Agiris (14) 4/8/2005 Men 13-14 200 IM Men 13-14 100 Breast Men 13-14 400 IM Men 13-14 400 Free Men 13-14 1500 Free Men 13-14 200 Breast Dunt: 6	1:13.12L 4:55.19L 4:29.78L 17:47.64L 2:38.24L	7/25/2019 7/25/2019 7/25/2019 7/18/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VA LC SR Championships 2019 VSI Long Course Age Group Championships
Paul Warn # 4 # 20 # 58 # 90 # 112 # 122 Athletes cc Brendan V # 48	Agiris (14) 4/8/2005 Men 13-14 200 IM Men 13-14 100 Breast Men 13-14 400 IM Men 13-14 400 Free Men 13-14 1500 Free Men 13-14 200 Breast Dunt: 6 Whitfield (14) 8/15/2004 Men 13-14 100 Fly	1:13.12L 4:55.19L 4:29.78L 17:47.64L 2:38.24L	7/25/2019 7/25/2019 7/25/2019 7/18/2019 7/25/2019 7/25/2019 7/25/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VA LC SR Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships
Paul Warn # 4 # 20 # 58 # 90 # 112 # 122 Athletes co Brendan V # 48 # 54	Agiris (14) 4/8/2005 Men 13-14 200 IM Men 13-14 100 Breast Men 13-14 400 IM Men 13-14 400 Free Men 13-14 1500 Free Men 13-14 200 Breast Dunt: 6 Whitfield (14) 8/15/2004 Men 13-14 100 Fly Men 13-14 200 Back	1:13.12L 4:55.19L 4:29.78L 17:47.64L 2:38.24L 59.60L 2:13.52L	7/25/2019 7/25/2019 7/25/2019 7/18/2019 7/25/2019 7/25/2019 7/25/2019 7/18/2019	2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VA LC SR Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships 2019 VSI Long Course Age Group Championships

2019 VA Eastern Zone LC Championship $\,$ 07-Aug-19 to 10-Aug-19 LC Meters $\,$

Virginia Swimming INC [VSI-VA]

MEN	Event	Т	`ime	Date	Meet
Female IE	's: 152				
Male IE	's: 227		_		
Total IE	's: 379				
Total Athlet	es: 77				