

# VIRGINIA SWIMMING

## 2017 Eastern Zone Long Course Age Group Championship Coaching Staff

Head Coach

**BRIDGET BURKOT**

### MEN

9-10	Luke Nelson
11-12	Bryce Hartman
13-14	Blake Proffitt
15-18	Kyle Lippiatt

### WOMEN

Carina Masson
Lindsey Winston
Bridget Burkot
Jess Laird