



## VSI ATHLETE HONOR CODE & PARENT CONSENT

Proper behavior has a positive influence on individual and team performance. The following Honor Code establishes minimum standards that will be administered by Virginia Swimming Inc. and selected Team Manager. Upon notification of any violation of the Honor Code, the Team Manager shall promptly investigate the circumstances of the violation and determine what disciplinary action, if any, shall be taken. All athletes and athlete's parents/guardians are required to acknowledge and support this code.

The undersigned athlete member participating in the **2016 Eastern Zone Long Course Age Group Championship Meet** agrees to abide by the standards of conduct outlined below. Any additional guidelines regarding conduct will be presented at team meetings and/or posted to the VSI website Zone Team Page.

1. All athletes are required to follow the direction of the staff members.
2. All athletes are required to attend all team meetings, training sessions, and events unless excused by the Head Coach or team manager.
3. All athletes must adhere to established curfews.
4. All athletes will not possess or use alcohol, tobacco, or any illegal or banned substances.
5. All athletes will follow guidelines established for mixed company (male and female) in the athlete's room. No male and female athlete pair shall be in an athlete's room alone under any circumstances.
6. All athletes will refrain from all illegal or inappropriate behaviors that would detract from a positive image of the team or be detrimental to its performance objectives.
7. All athletes will display proper respect and sportsmanship toward coaches, officials, administrators, fellow competitors, and the public.
8. All athletes will remain for the entire competition, through Saturday night Finals and Team Banquet
9. All athletes will **request** permission from their coach to use their **cell phone** at the **aquatic center**.
10. All athletes will refrain from deck changing
11. All athletes will refrain from inappropriate language
12. All athletes will refrain from inappropriate physical contact at team activities and events.

If an athlete fails to comply with the Honor Code, they will be subject to disciplinary action which may include, but is not limited to, being barred from competition, team activities and future Virginia swimming sponsored events, financial penalties and being sent home at the expense of the athlete/athlete's family. Any violation of the Code of Conduct may be referred to a Virginia Swimming Board of Review upon the team's return.

Athlete Name: \_\_\_\_\_ Athlete Cell Phone# \_\_\_\_\_

Athlete Signature: \_\_\_\_\_ Club: \_\_\_\_\_ Age: \_\_\_\_\_

Parents are asked to acknowledge and support the Honor Code specified above and understand the terms of the VSI refund policy. The refund policy indicates that once you have registered and paid for your child to attend Zones, no refunds will be offered. Refunds may be determined on a case-by-case basis, be granted in unusual circumstances and be submitted to the VSI board for approval.

**\*\*I understand my child cannot be released until the entire meet has concluded.**

I have read and understood the above requirements

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_