

2010 Long Course Age Group Championship Qualifying Times

July 29-August 1, 2010 – Christiansburg Aquatic Center

10 and Under Girls				10 and Under Boys		
SCM	Yards	LCM	Events	LCM	Yards	SCM
35.49	32.09	36.39	50 Free	36.09	31.59	34.89
1:19.49	1:11.89	1:21.89	100 Free	1:20.59	1:10.79	1:18.19
2:52.79	2:36.39	2:58.49	200 Free	2:52.39	2:31.89	2:47.89
5:57.39	6:48.39	6:05.89	400 Free	6:06.79	6:44.59	5:54.09
42.09	38.09	43.69	50 Back	43.89	38.29	42.29
1:30.89	1:22.19	1:35.29	100 Back	1:33.29	1:21.29	1:29.79
46.49	41.99	48.29	50 Breast	48.49	42.19	46.69
1:43.19	1:33.39	1:46.99	100 Breast	1:45.99	1:31.79	1:41.39
41.19	37.19	42.09	50 Fly	40.99	36.29	40.29
1:35.79	1:26.69	1:37.89	100 Fly	1:36.49	1:25.59	1:34.59
3:14.49	2:55.99	3:19.89	200 IM	3:18.89	2:55.29	3:13.69
11-12 Girls				11-12 Boys		
SCM	Yards	LCM	Events	LCM	Yards	SCM
31.69	28.49	32.49	50 Free	32.59	28.59	31.59
1:08.99	1:02.19	1:10.59	100 Free	1:10.59	1:02.09	1:08.99
2:32.59	2:17.49	2:35.79	200 Free	2:34.19	2:15.99	2:30.49
5:21.49	6:07.39	5:27.89	400 Free	5:26.89	6:04.69	5:19.19
37.49	33.89	38.69	50 Back	38.29	33.49	36.99
1:20.99	1:12.99	1:22.19	100 Back	1:22.59	1:12.29	1:19.89
2:52.29	2:35.89	2:56.69	200 Back	2:56.39	2:32.89	2:48.89
41.09	36.99	42.09	50 Breast	43.09	37.29	41.19
1:30.79	1:21.79	1:32.79	100 Breast	1:32.49	1:20.49	1:28.99
3:15.49	2:56.89	3:21.49	200 Breast	3:20.79	2:52.89	3:10.99
34.99	31.59	35.69	50 Fly	36.19	32.09	35.49
1:20.89	1:13.19	1:22.89	100 Fly	1:21.49	1:11.69	1:19.19
2:55.19	2:37.59	2:59.29	200 Fly	2:58.49	2:35.59	2:51.59
2:51.99	2:34.89	2:55.19	200 IM	2:56.09	2:35.59	2:51.89
13-14 Girls				13-14 Boys		
SCM	Yards	LCM	Events	LCM	Yards	SCM
29.79	26.89	30.59	50 Free	29.49	25.89	28.69
1:04.59	58.19	1:06.19	100 Free	1:03.79	56.09	1:02.19
2:20.59	2:06.69	2:23.79	200 Free	2:20.69	2:03.89	2:17.49
4:58.99	5:42.19	5:05.39	400 Free	4:58.79	5:34.79	4:52.39
10:27.19	11:56.99	10:39.99	800 Free	10:23.99	11:36.39	10:09.49
20:00.79	20:00.69	20:24.79	1500 Free	19:55.69	19:15.69	19:08.99
1:15.69	1:08.19	1:16.89	100 Back	1:14.49	1:04.19	1:10.99
2:42.79	2:26.89	2:45.39	200 Back	2:40.69	2:18.19	2:32.79
1:25.79	1:17.49	1:28.09	100 Breast	1:21.29	1:12.09	1:19.59
3:04.29	2:46.79	3:09.29	200 Breast	3:01.99	2:36.29	2:52.69
1:13.89	1:06.59	1:15.29	100 Fly	1:11.09	1:02.89	1:09.49
2:44.19	2:28.39	2:47.59	200 Fly	2:38.79	2:20.29	2:34.99
2:40.29	2:24.49	2:43.49	200 IM	2:39.19	2:20.29	2:34.99
5:44.09	5:08.89	5:50.49	400 IM	5:42.79	5:00.49	5:31.99

Revised 10/2009